



Parent Page Newsletter

For the parents of children in the CGS Atrium

November 2025

Sacred Moments

We are now well into the fall and children have settled into the routines of school and the atrium. Yet days can still seem hectic, and we long for peace. How do we live the peace of atrium life in our little domestic church?

It is in the quiet that we find God. Perhaps it's more precise to say, God finds us. Adults are often uncomfortable with silence, wanting to preempt the clamoring of to do lists and worries that might assault our senses if we stop for a moment. Yet we are given a sacred invitation to stop and rest in Him. In the atrium, we spend time making silence. We may wonder if we can be silent enough to hear the ticking of the clock, the flame catching in the match, or the leaves blowing against the window. We've even wondered if we can be silent enough to hear our own hearts beating. As the children get older, they realize that the silence comes from within. We have no control over the outside world; we can only create that space for ourselves and our Good Shepherd in our own "inner room." At home, we may dim the lights before dinner, light a candle once we're settled at table, and spend just half a minute in silence, thanking God within our hearts.

Cooler, longer nights are signaling that winter is approaching - a new season is edging in. The rapidly shrinking days cause us to ponder that even the heavens obey the laws of the Creator. This season often evokes nostalgia, or a yearning to be where we belong. As Christians, the home we yearn for is not in our past, but in our future, when God will be all in all. For us, the "good old days" are yet to come!

November is also the season of remembering and thanksgiving. On our prayer space at home, we may have photos of people who are no longer with us. The children love hearing stories of these people who handed on the gift of faith, stories, recipes to us. Outside, we may notice the beauty of the night sky, the changing colors, or wildlife preparing for winter. It's an ideal time for slowing down and noticing God's work in creation, the Church and in our family life.

The whole earth is filled with awe at your wonders; where morning dawns, where evening fades, you call forth songs of joy. ~ Psalm 65:8



We are invited to see our home as a sacred space – a “domestic church” – where the richness of our faith can quietly take root. We recognize that God's timing is not ours. Birds and butterflies head south, the acorns fall; our children grow and change following their own internal rhythm. Our time with them is limited. Perhaps we can carve out just small moments to observe and listen. In those moments, we find a way to tune our hearts to God and allow Him to show us how to lead our families into the deep mystery of faith.