



The United States Association of

The Catechesis of the Good Shepherd®

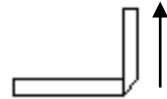
How to Make Palm Crosses

There are many ways to fold a palm cross, we offer a simple pattern. The palm frond should be approximately ¼-inch wide and 13-inches long will make an average size cross, but a cross can be made from nearly any length of frond.

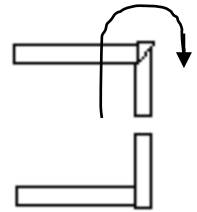
1. Hold the frond horizontally.



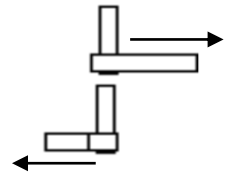
2. Bend the right end straight up from the center to form a right angle.



3. Fold this same top strip, from the center, **back and down, up and over again**, to form a square at the back. It will still be a right angle at this point.



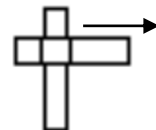
4. a) Bring the left strip **forward and fold over the center** towards the right.
b) Fold **away from you and pull through the square at back, all the way**.



5. Bend the **top strip forward and put the end through the center square** to make a shaft of desired length.



6. Fold left hand strip **backwards and put through the back square**. This makes the left crossbar and should be in proportion to the shaft.



7. Fold the **right strip back**, put through the back square and fasten your cross.

