



What is the Monstrance?

The monstrance is a sacred vessel used to display the Blessed Sacrament.

- It is usually gold or silver and shaped like a sunburst
- At the center is a clear glass area called a luna
- Inside the lunette is the consecrated Host

When the Host is placed in the monstrance and set on the altar, it is called Exposition of the Blessed Sacrament.

Because the Host is consecrated, it is blessed and is truly Jesus Himself. When the Blessed Sacrament is exposed in the monstrance, we are literally in the presence of Jesus.

This is how we show reverence:

- We genuflect towards the altar when entering the chapel or church
- We keep silence
- We never touch the monstrance