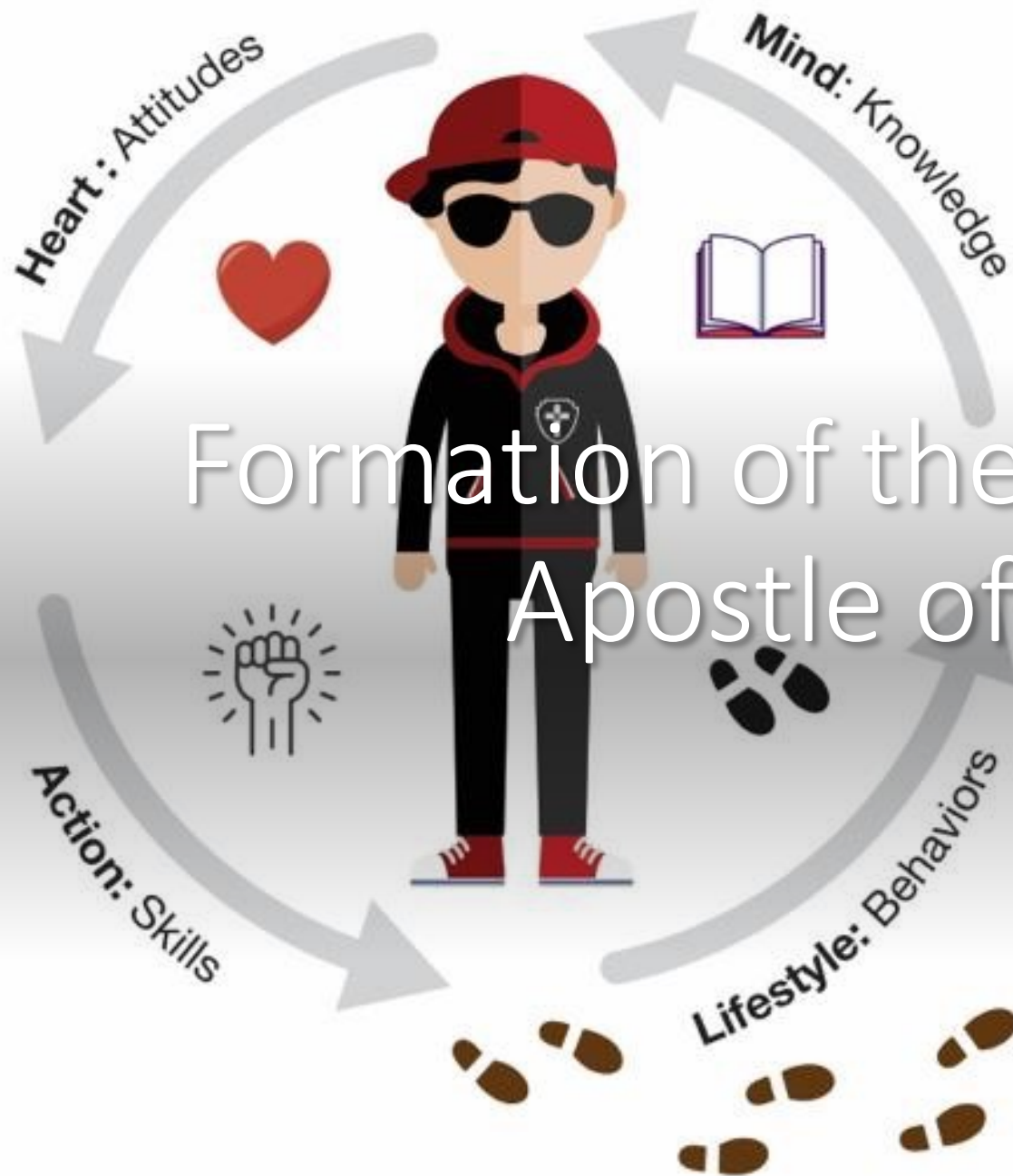




Formation of the Regnum Christi Lay Apostle of the Kingdom

2024



Premises of Regnum Christi Formation

- Formation given in Regnum Christi ***corresponds to its identity and mission***, and therefore helps the lay member of Regnum Christi discover the full meaning of their lives in Christ, to grow in their human and Christian maturity according to their state in life, and develop themselves as apostles, Christian leaders (Cf. RC Statutes #30, #8, RL #6).
- Regnum Christi formation is based on sound Christian anthropology and therefore adopts a ***positive view of the human person and of the world***.
- RC Formation takes place ***in and through Regnum Christi life*** (the 5 elements as described in the Rule of Life: Spiritual life, formation, apostolate, personal accompaniment, and team life). This implies that formation is a blend of content and experiences.
- Formation in Regnum Christi always entails ***accompaniment***.
- RC Formation is ***adapted to the needs of each of its members, to time and place***. (Revised Formation Pathway Framework)

Concept of Christian Human Anthropology

- Why is it Important?
- A sound Human Anthropology is critical and foundational to a solid formative journey.
- KEY TRUTHS:
 - We are created in God's image. Wounded by sin and Redeem by Christ.
 - We are embodied souls. We are male and female.
 - We are "a little less than a god"

From "Gaudium et Spes"

- "The call to grandeur and the depths of misery, both of which are a part of human experience, find their ultimate and simultaneous explanation in the light of Divine Revelation."

An Adequate Christian Anthropology

- We can focus on ten elements:

1. The person is a creature
2. The person is fundamentally good
3. The person is one in soul and body (*corpore et anima unus*)
4. The person is the image of God
5. The original differentiation between man and woman
6. The person has and seeks transcendence
7. The person has a conscience
8. The person is a moral agent
9. The person has inalienable dignity and inalienable rights flowing from that dignity.
10. The mystery of human suffering and death

Formation in Regnum Christi is Experiential and Born from an Encounter

The Mission of Regnum Christi... SRCF#8

The mission *presupposes* that each member has a ***transformative experience of Christ***, which, in communion with others, impels them to communicate the Good News of the Kingdom and commit themselves “to make this world a worthy home for the children of God” (RL 4).



The gradual process of configuration with Christ is the Father's work in us through the action of the Holy Spirit. It requires our active collaboration with Christ as the criterion, center, and model of our formation: "The measure of holiness stems from the stature that Christ achieves in us, in as much as with the power of the Holy Spirit, we model our whole life on his".

The Formation of the Apostle of the Kingdom

RC Formation is Gradual and in crescendo: The Regnum Christi formation pathway is a lifelong journey, a continual process of growth as a person and configuration into Christ





Terms and Meanings:

Christ the Apostle of the Kingdom

In its broadest and literal meaning from Classical Greek, apostle (ἀπόστολος - *apóstolos*), meaning "one who is sent off" correctly refers to Jesus as the One who is sent by the Father (cf. Jn. 20:21) to call “together all men, scattered and divided by sin, into the unity of his family, the Church” (CCC #1) also known as Kingdom.

Formator / Regnum Christi Formator



Formators are described in #36 as “People who are well prepared to form, guide and inspire others are essential for a deep, lasting and dynamic action.” In this broad sense as a principle of apostolic action, “formator” is to be a missionary to the missionaries, a leader to leaders, an apostle to apostles... it is all about missionary disciple making.

Regnum Christi Lay Apostle of the Kingdom

Not all RC Apostles are called to be forming and accompanying ***other RC apostles***, but EVERY RC Apostle is called to be forming and accompanying apostles.



Referring to the lay members of Regnum Christi as **Regnum Christi lay apostles** puts the emphasis on the evangelizing nature and call of both the lay vocation and the Regnum Christi charism.

Apostle, Christian Leader



Integral and Integrating

The Formation Pathway describes Regnum Christi formation as both integral and integrating.



Integrating formation therefore underscores *how formation is not a segmented formation or purely identified with content but also incorporates life experiences* because it aims to aid the process of personal fulfilment and being made whole.

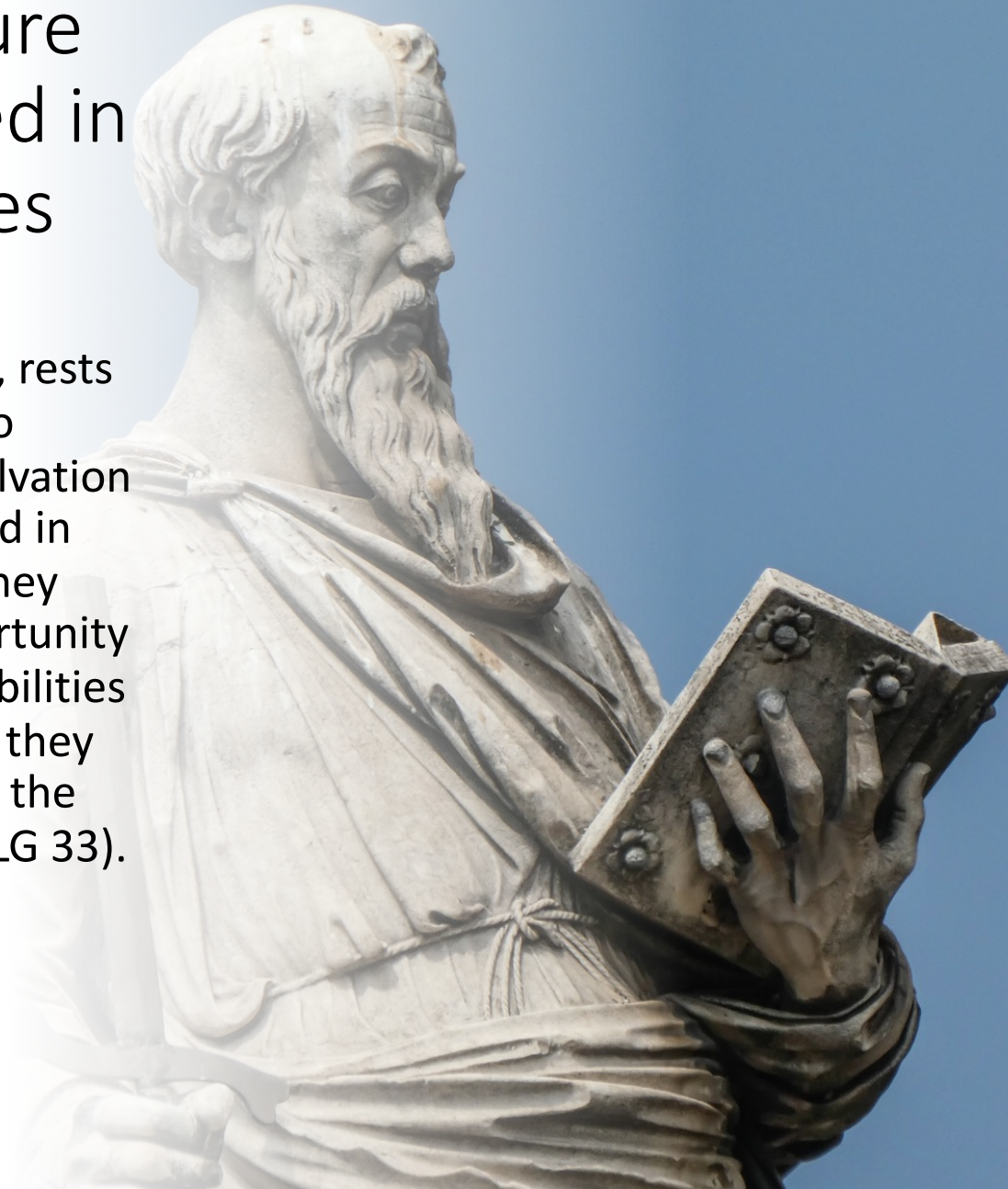
Identity of the Lay Member of Regnum Christi

Priest, Prophet, and King



The Secular Nature of Man-Immersed in Temporal Realities

Upon all the laity, therefore, rests the noble duty of working to extend the divine plan of salvation to all men of each epoch and in every land. Consequently, they should be given every opportunity so that, according to their abilities and the needs of the times, they may zealously participate in the saving work of the Church (LG 33).



Members of a Spiritual Family and an Apostolic Body

The Lay Members of Regnum Christi personally welcome this universal vocation to live their baptismal commitment fully among temporal realities, according to the spirit and mission of Regnum Christi.



Personal Mission



Each person has a mission that integrates their natural gifts, talents, personal charisms, desires, personal history, and frailties. Each person has been given a specific way in which Christ is made present in them, and through them, in the world. The contribution of each Regnum Christi member is important to the whole and to the common mission.

Formative Principles

- What They are Not:
- Formative principles **are not** a checklist of things to do to someone or for someone, but how the Formation is *lived out*
- It is not reduced to certain moments and means of doctrinal formation but rather is carried out during people's daily lives.



RC Formation Does:

- Seek to integrate the distinct aspects of the person into a unity of life and guides it toward fullness in its vocation and mission.
- Ensure a balanced and harmonic development of the faculties (affectivity, intellect, and will)
- Present Christ as the model and ideal of the whole formative journey. ***The personal encounter with him is the foundation and point of departure of the permanent process of the person's conversion and transformation:***
- Train men and women to discover Christ, who comes out to meet them and shapes their apostolic hearts so that they, in turn, come out to meet others in the various events of their lives starts from him and leads to him.

RC Formation Should:

Stimulate and foster growth in listening as an essential attitude to embrace the Word and the teachings of the Church, to exercise Mercy,

Guide the mindset of the apostles and orders their actions toward God so that they strive to give him glory in all things.



Form from Relationship and for Communion

- Seeks to help them develop:
 - their capacity to meet others and share what they have received in a true gift of self,
 - Gradually discovering and accepting their talents and limitations and those of others,
 - Gratuitousness in relationships and self-giving as a response of gratitude for everything they have received
- Formation of the human and social virtues,
- Teaches them to recognize and value the gift that each person is,
- Helps them develop their leadership—understood as the ability to inspire, guide, and form others—so that they exercise it as a service
- Promotes esprit de corps and the awareness that we need each other on the path of holiness and mission



Form through the Mission and for the Mission- the Mission itself is formative

- Invites the member to discover and know the world around them with the heart of Christ,
- to read the signs of the times, and to hear what the society in which they live says in order to be attuned to the joys and the most pressing problems they encounter in their daily lives
- situates a member's personal mission within the common mission of Regnum Christi in the Church, aware that the power of evangelization comes from communion
- With Gratitude, the apostle of Regnum Christi can bring the entirety of their being, including their talents, charisms, gifts, and goods, to collaborate in the spreading of the Kingdom of God in today's world.



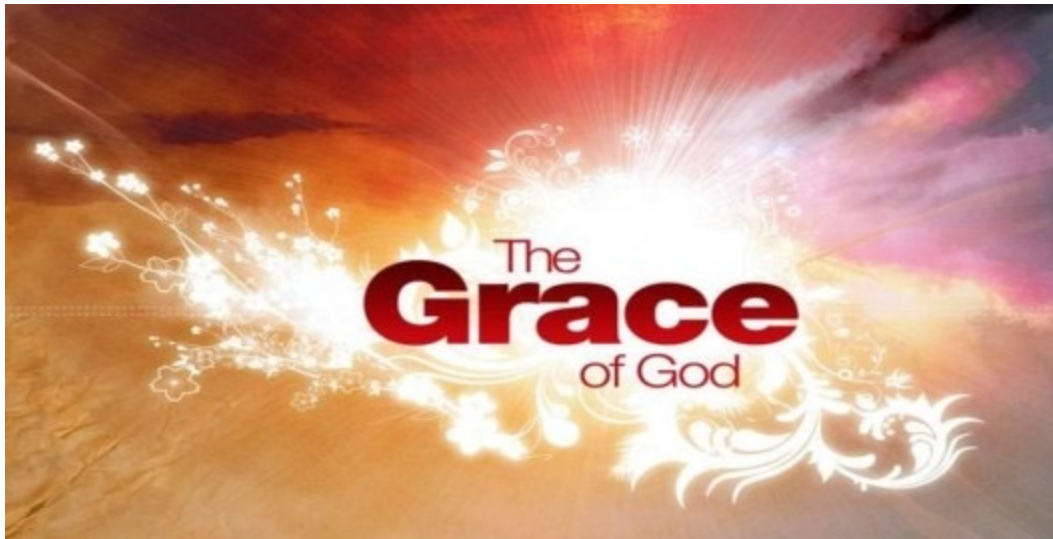
Vocational Fulfillment

- Formation in Regnum Christi fosters a personal relationship with Christ that gradually reveals to us our identity as men and women, Christians and apostles
- Inspires a yearning to live the Kingdom of Christ already present, like a seed in the earth, and lifts the gaze and the heart to live the present moment in the light of eternity.
- The aim of Regnum Christi formation is to discover the full meaning of our lives in Christ and to reach eternal salvation (RCFP Framework)



Formative Agents are the key players in the formative process.

God and His Grace



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- the sacraments of the Eucharist and Reconciliation occupy a special place as privileged moments of transformative encounters with the Lord.
- Regnum Christi recommends that its members get to know Christ by reading and meditating on the Word of God, especially in the Gospel.



Formative Agents

The Church (Scripture, Tradition and
Magisterium)



Formative Agents

Each Member



- Self Formation. Each Regnum Christi member is the primary one responsible for collaborating with God's grace and for taking on the challenge of their own formation (cf. RL 7 § 1).

Formative Agents

Formators



- These are the Regnum Christi members prepared to form, guide, and inspire others. They place their talents, knowledge, skills, and time at the service of the formative needs of others and of the programs and priorities defined for the section or locality.
- Personal testimony is essential

Formative Agents

The Community



- The RC Family at large
- The localities and sections are communities of apostles
- each person should have the support of a team, a “group of members united in Christian fraternity to help each other on their journey of sanctification