Spiritual Exercises for Women

4-DAY SILENT RETREAT

The Spiritual Exercises are an opportunity to retreat from the hectic, noisy world and encounter Jesus Christ in a more profound and personal way - through prayerful introspection, discernment of God's will and a decision to follow Christ, Our Lord, more closely.

When:

Registration opens at 4:00 p.m. on Thursday, March 19, through 1:00 p.m. Sunday, March 22, 2026

Where:

Our Lady of the Holy Spirit Center
5440 Moeller Ave, Norwood, OH 45212
Retreat Director: Fr. Jesus Salinas, LC

Who:

Regnum Christi women of all ages.

Registration & Details:

Deadline to register is March 12, 2026
http://rcohiovalley.org/events/triduum-for-regnum-christi-women-members

Cost:

$385 before February 12, 2026, $435 after.
Includes: Overnight accommodations and meals.

Contact:

Anne Johns at amzj986@gmail.com

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