

## **How to use the “Empowering God’s Children” Curriculum (Parents/Guardians)**

Parents/Guardians are their child’s first and most important teachers, especially about topics of a personal nature. All families are being asked to participate in the Safe Environment Curriculum with your child. This meets our diocesan requirements with the United States Catholic Conference of Bishops (USCCB) “Charter for the Protection of Children and Young People.”

Below you will find links to help you present this lesson. These will include an overview, parents’ guide, age-appropriate video, and lesson ideas. When you have completed the lesson, please fill out a parent verification form and return it to CCD with your child.

If you have multiple children, we highly recommend you separate them during these videos and lessons since the content for older children is not suitable for young learners.

You do not need a VIRTUS account to complete this lesson. The hyperlinks are provided for all items. The lesson plans will open in PDF format and may be printed out.

***\*If you do not want your child to view this program, you can opt out. Please complete the opt-out form and return it with your child to CCD.***

Follow the steps below to complete the lesson with your child.

### **Step 1: Program Overview for Parent/Guardians**

Parents may wish to read the overview and “Founding Principles of Teaching Safety-Empowering God’s Children Program”. The Overview refers to several guiding documents provided by the Catholic Church to help you work comfortably in educating your child about preventing abuse.

#### ***Overview for Parent/Guardians***

<chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.virtusonline.org/educators/Teaching-Boundaries-and-Safety-Guide-English.pdf>

### **Step 2: Recommended Reading for Parents/Guardians**

This booklet for parents/guardians is provided through the Protecting God’s Children Program for Parents. This is a booklet designed to help families have open and honest conversations with their children about the dangers of abuse.

#### ***Teaching Boundaries and Safety Guide for Parents and Guardians***

<chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.virtusonline.org/educators/Teaching-Boundaries-and-Safety-Guide-English.pdf>

### **Step 3: Lesson Ideas for Families**

Use these links for age-appropriate video and lesson ideas. *You may wish to preview them before showing them to your child.* There are activity ideas for each lesson. Please choose one you feel is appropriate for your child.

#### **For Grades K-2**

*Lesson Ideas*

<https://www.virtusonline.org/educators/parents/Parent-Lesson4-K-2.pdf>

*Elementary Video*

<https://www.youtube.com/embed/As5weSqt9Jw>

#### **For Grades 3-5**

*Lesson Ideas*

<https://www.virtusonline.org/educators/parents/Parent-Lesson4-3-5.pdf>

*Elementary Video*

<https://www.youtube.com/embed/As5weSqt9Jw>

#### **For Grades 6-8**

*Lesson Ideas*

<https://www.virtusonline.org/educators/parents/Parent-Lesson4-6-8.pdf>

*Middle School (6th-8th) Video*

<https://www.youtube.com/embed/P3RoYAYkDQ4>

### **Step 4: Compliance Forms**

Please sign either the Completion Form **or** the Opt-Out form and return it with your child to CCD. Thank you for your help and participation in this program. ***\*Both have been printed and sent home in your child's folder for your convenience.***