



**Open Enrollment 2025-2026**



# Introductions

Alana Wilson-Human Resources  
Director

## **Benefits Team:**

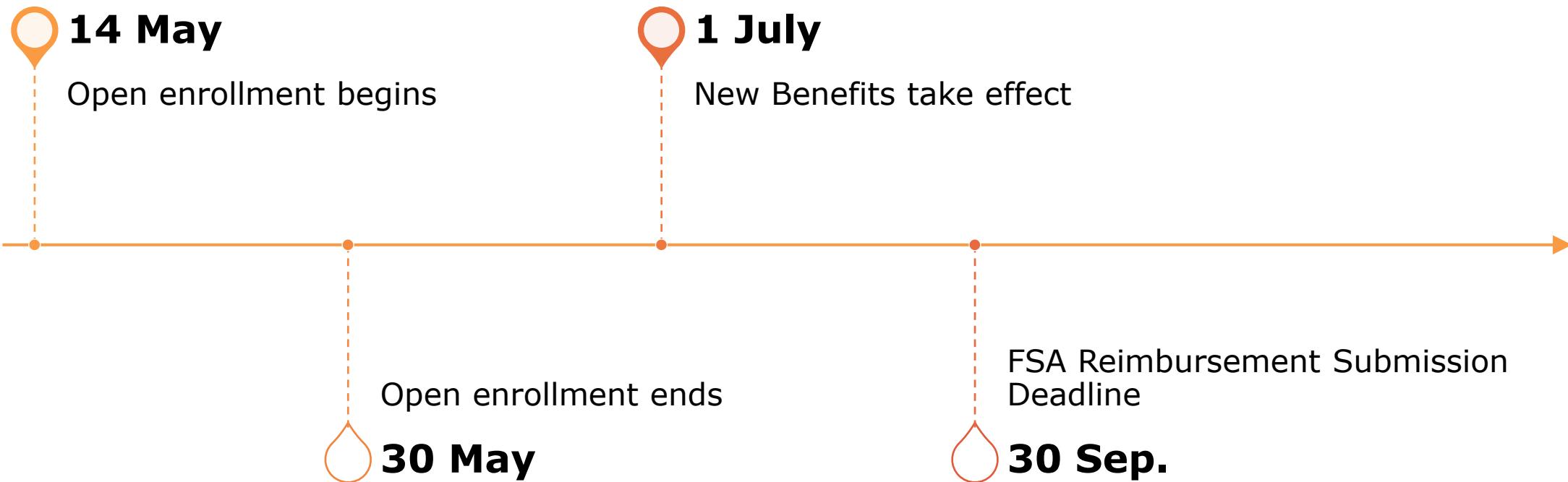
Joelle Aulson-Benefits Manager  
Carmen Edwards-Benefits Specialist



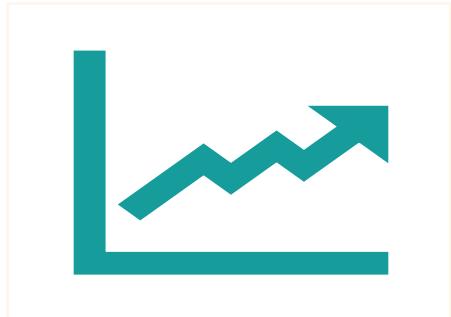
# Agenda

- Dates to Remember
- What's Changing
- Overview 2025-2026 Benefit Offerings
- Reta Plan Updates
- OE Reminders
- What to Expect
- FAQ
- Questions

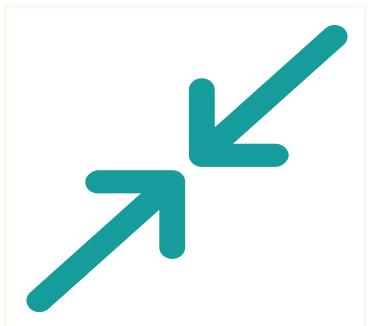
# Important Dates to Remember



# What's changing?



**Rates increasing across  
all plans eff 7/1/2025**



**HCFA max  
contribution will  
increase to \$3300**





# 2025-2026 Benefit Offerings

## Medical Plans

- Choice of six medical plans. All plans cover a wide range of services, including doctors' services, inpatient and outpatient hospital care, prescription drug coverage, pregnancy and childbirth, mental health services, and more.
- **Important:** If medical plan is not elected or waived, employee will be automatically enrolled in BS 2000 Plan

### Blue Shield Plans

- PPO 500
- PPO 1000
- PPO 2000

The PPO plans allow you to see any provider you wish, but you will pay less when you stay in-network. Be sure to visit the [Blue Shield](#) website to learn more about the network of providers.

### Kaiser Plans

- EPO
- DEPO 500
- DEPO 1000

The [Kaiser](#) plans provide coverage only when you receive care from providers within the [Kaiser](#) network. Your primary care provider (PCP) will coordinate your care. Please note that Kaiser is not available in all locations. View the [Kaiser Service Area map](#).

# Dental and Vision Plans

- **Dental (3 options)**

- Reta Delta Dental

- Willamette Dental

- Kaiser Permanente Dental

- **Reta VSP Vision**

- Vision is bundled with dental plans at no added cost.

Important: If you do not elect a dental/vision plan. Employees will be automatically enrolled in the EE only Reta Delta Dental plan and VSP Vision.

\*These are bundled and can not be waived\*



# Who Can I Enroll?

Many of the plan options allow you to enroll eligible dependents, including:

- Spouse
- Child or Stepchild under age 26
- Disabled Dependent
- Adopted Child/or Child placed for adoption
- Legal Guardianship/Foster Child



**REMEMBER!** All new dependents must be verified within 60 days of enrollment.

# Employee Assistance Program



**canopy**

- EAP is administered through Canopy
- Crisis Counselors are available by phone 24/7/365 call: 800-433-2320 text: 503-850-7721 email: [info@canopywell.com](mailto:info@canopywell.com), ***my.canopywell.com***
- Through the EAP, you get free phone support as well as referrals for in-person consultations with clinical, legal, and financial professionals
- Included with core benefits. No cost. Covers dependents living in the house.

# Canopy Service Summary

## Free and Confidential

### **Mental Health Counseling**

Up to Four (4) counseling sessions per incident, per year

### **Behavioral Coaching**

Up to Three (3) coaching sessions to support personal goal

### **Crisis Counseling**

24/7/365

### **Member Site**

Register with Company Name:  
Archdiocese of Portland



Childcare



Adult care



Unlimited financial coaching



Legal referrals and forms



Identity theft services



Fertility health support



Pet insurance discounts



Home ownership program



Wellness & gym membership discounts



Resource retrieval

# Reta Plan Updates



## Religious and Clergy Support Program Enhancement

**Beginning July 1, 2025,** A more comprehensive program for our priests. Nurse Navigator benefit along with clergy in crisis services will now be provided at no extra cost.

- Nurse Navigator-dedicated licensed nurse practitioner.
- Eligible Reta members will have unlimited direct call in, text or email access to their dedicated Nurse Navigator.



## New Program-One Medical (Blue Shield of California members)

A medical plan option with same day urgent care, up to an hour with a doctor at no cost to Reta members.

- [www.onemedical.com](http://www.onemedical.com) or call 1-888-ONEMED1, download OneMedical App



# Reminders prior to open enrollment

- Remind employees to review their login credentials with Reta Trust.
  - To reset passwords, employees should visit [RetaTrust.org](http://RetaTrust.org), go to “Reta Login” at the top right of the page, choose “Login for Reta Members” and then click “Forgot username or password”. If employees have difficulty accessing their account, refer them to the Reta Trust Service Team for assistance at 1-877-303-7382.
  - Even if employees feel they do not wish to make changes, **please still encourage them to log in to review plan offerings, rate changes, etc.**
- Ensure employees records are updated with current address to ensure they receive important communications.
- Designate someone to assist employees during the OE window, if needed.
- Provide materials and resources to employees. Direct employees to benefits website: **[benefitspdx.org](http://benefitspdx.org)**. The website has all OE details and plan information including vendor contacts for any questions employees may have. A great resource in addition to the RBC.
- Flexible spending accounts **require reenrollment** to continue participation

Continued...

**Important Update Regarding Salem Health and Blue Shield Network Coverage**

As you may be aware, Salem Health and Regence BlueCross BlueShield of Oregon, acting on behalf of Blue Shield of California, were unable to reach an agreement to remain in-network. We understand this may cause concern, especially for those currently receiving care. Please know that individuals who qualified for Continuity of Care during ongoing treatment have already been contacted and provided with next steps.

Blue Shield works closely with employers to ensure access to a broad network of high-quality providers and facilities at an affordable cost. While we are disappointed that an agreement was not reached with Salem Health, we are confident that there are many other in-network providers available to meet your healthcare needs.

Additionally, your PPO plans include out-of-network benefits. This means you may continue seeing your Salem Health provider if you choose, but please be aware that you will likely incur higher out-of-pocket costs.

If you would like assistance finding a high-quality in-network provider, please contact Blue Shield's Connect Team at 888-772-1076. They are your one-stop resource for all your Blue Shield of California needs.

# What to expect in the days to come...



TIME TO TAKE ACTION

## 2025 BENEFITS OPEN ENROLLMENT

Review your benefits and make elections between

**May 14-30, 2025 at [RetaTrust.org](https://RetaTrust.org)**



**OE Mailers will hit  
homes by May 9<sup>th</sup>**

# 2025 BENEFITS OPEN ENROLLMENT

**May 14<sup>th</sup>**  
through  
**May 30<sup>th</sup>**

Go to RetaTrust.org

It's time to review  
and consider changes  
to your benefits



Log in to  
explore rates  
and options

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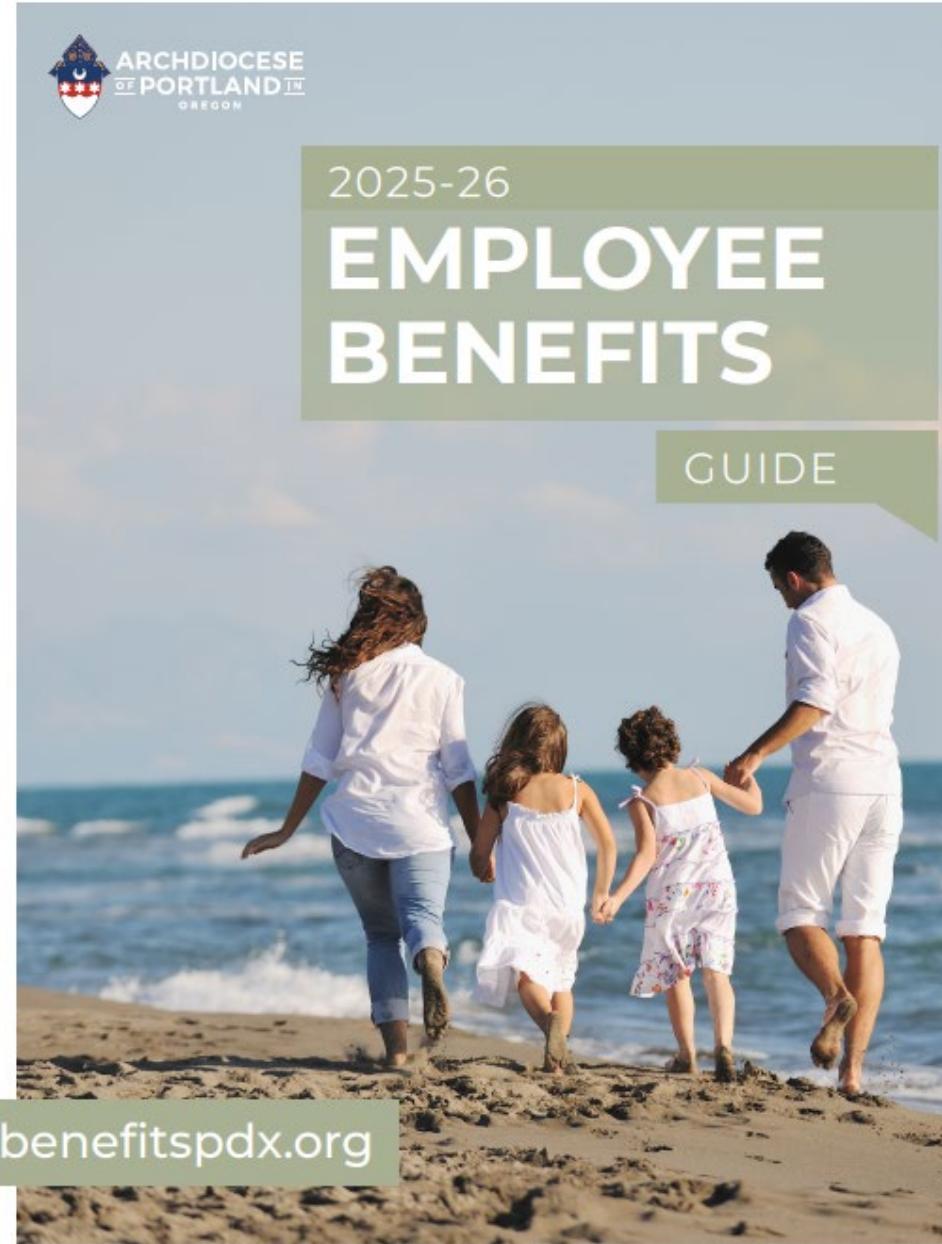
Need help?  
Contact the Reta Trust Client  
Service Team at (877) 303-7382

**Open enrollment posters  
are available to print and  
post at your locations**

**Available on >**  
**<https://archdpdx.org/recent-hr-correspondence>**

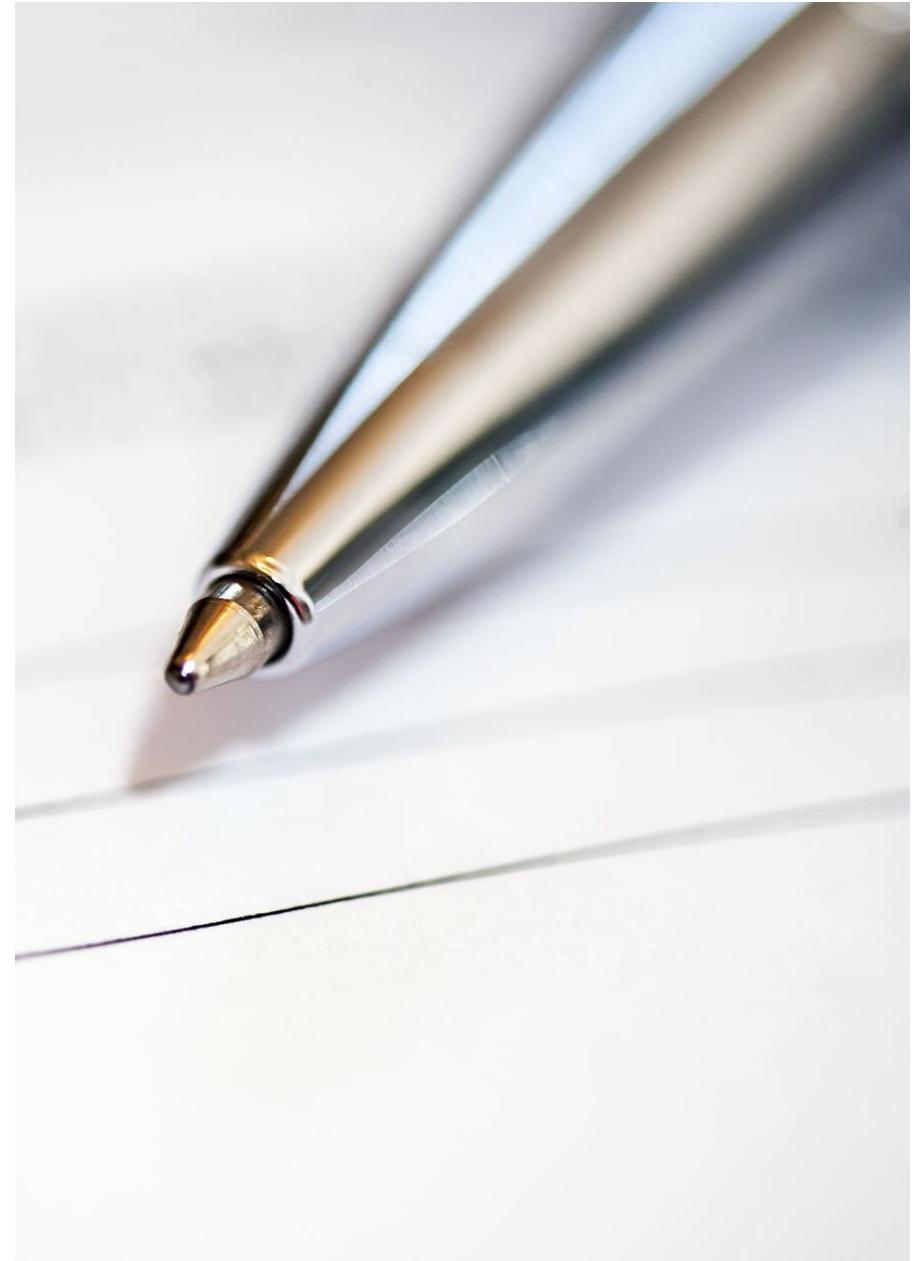
# 2025-2026 Benefits Guide

Benefit Guides  
will be posted to  
[benefitspdx.org](http://benefitspdx.org)



# Frequently Asked Questions

- **What are the Open Enrollment dates?**
  - May 14-30, 2025
  - Be sure to print/save your Benefits Statement for your records.
- **How do I review my full benefit statement?**
  - You can review your benefits by going to:  
[www.RetaTrust.org](http://www.RetaTrust.org)
  - Log in to your account to review your benefit statement



# Frequently Asked Questions

- **What happens if I forgot my password for RetaTrust.org?**
  - Log in to RetaTrust.org. Click the “Log In” button on the top right corner of the page. Then click “Forgot username or Password” or the “First Time User” button. Continue to follow the steps.
  - Need help? Contact Client Services at 877-303-7382 or [Service@RetaEnroll.org](mailto:Service@RetaEnroll.org).
- **Do I need to log in if I am not making any changes?**
  - Yes. We encourage all benefits eligible employees to login to view their elections, plan options, and rates.
  - If you do not login, your current elections will continue with the following exceptions:
    - Flexible Spending Accounts (FSAs) require re-enrollment to continue participation.
- **Benefits Questions:**
  - Contact your location’s administrator or call the vendor directly:  
<https://benefitspdx.org/resources/contacts>

A classroom scene with students raising their hands.

Questions?



## **Benefit Contacts**

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