

During the month of January, the Senior Group (Club 55) pondered the following question: How can an individual be a peaceful presence in a troubled world?

Try not to be judgmental: try to be a good listener; say kind things to others; think positively; pray a lot; smile to others.

We can't cling to the ordinary things of life apart from God. Each experience can be a witness to God's love of each person we come in contact with.

To have God as the center of your life.

One's peacefulness and light comes from within so sometimes just listening and being kind is enough.

Listen first. Listen to all sides of the troubled world. Those who don't listen are the individuals who are destructive and reject peace.

By being a good listener! Then try to advise as our Lord would.

I believe by holding on to your faith and beliefs and praying for a better tomorrow.

By living the true Christian spirit each day.

By good example; by volunteering in good works; by assisting those in need; by educating the young in acts of faith.

Pray for the gift of forgiveness in your personal life so you do not harbor any resentment toward another human being. Treat others with the reverence and kindness that you desire for yourself, and see each day as an opportunity to share your faith and hope with others.

Radiate Jesus' love from within us when we encounter others through our actions, words, and deeds.

Share the peace I find from my faith and friendship with God.

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By being a good listener! Then try to advise as our Lord would.

I believe by holding on to your faith and beliefs and praying for a better tomorrow.

By living the true Christian spirit each day.

We invite you to join us (the seniors) in daily prayer for our country and our world. Reviewing all the responses to the January question of the month, we worked together as a group to compose the following prayer.

Peaceful Presence

Gracious God and Father,
During these troubled times in our world today,
We humbly ask you to grant us the courage and strength
to live each day in a way that reflects
our Christian values and beliefs.

Empower us to radiate your love and always see the goodness in others.

Enable us to listen to opposing views with an open mind,
to treat others with kindness,
and to maintain a prayerful posture in our daily lives.

With the guidance of the Holy Spirit may our world move towards hope and peace as we strive to be your witnesses.

We ask this in Jesus' name. Amen



A peaceful presence speaks louder than thousands of wise words...