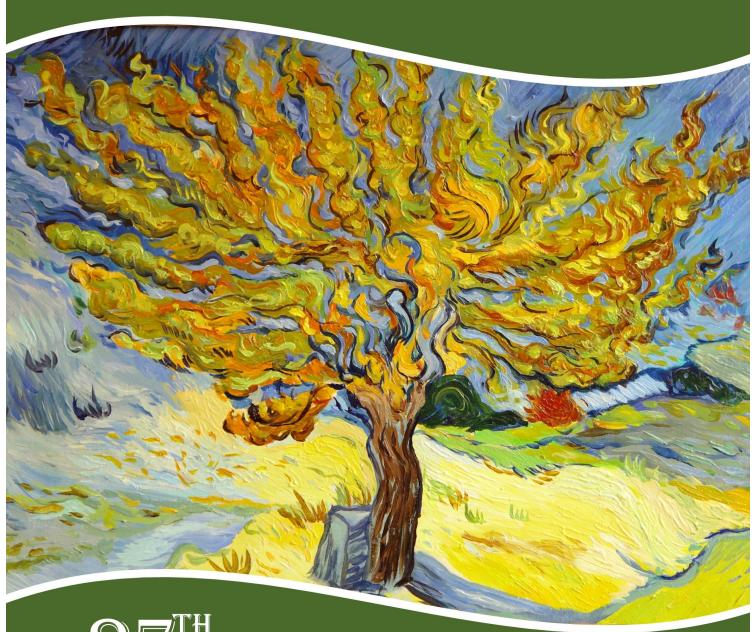
# Catholic Parishes of Millbury St. Brigid & Our Lady of the Assumption



**27**TH

SUNDAY

IN ORDINARY TIME

"If you have faith the size of a mustard seed, you would say to this mulberry tree, 'Be uprooted and planted in the sea,' and it would obey you." Luke 17:6

# THE CATHOLIC PARISHES OF MILLBURY ST. BRIGID + OUR LADY OF THE ASSUMPTION

### PARISH OFFICES ARE LOCATED AT:

St. Brigid Parish 59 Main Street, Millbury, MA 01527 Mon. - Thurs. 8:30 AM to 3:00 PM (508) 865-6624 • Fax: (508) 865-3101

Assumption Parish Phone: (508) 865-2657 St. Vincent de Paul: (774) 262-5506

> www.assumptionmillbury.org www.stbrigidparish.org

Check our websites for individual email addresses.

### MASS TIMES

### **Assumption Church** 12 Waters Street

Mon. & Thurs.: 9:00 AM Tues. & Wed.: 7:00 AM Sun.: 9:00 AM

> St. Brigid Church 59 Main Street

Sat.: 4:00 PM

Sun.: 7:00 AM & 11:00 AM (June - Sept.) Sun.: 7:00 AM & 11:30 AM (Oct. - May)

### PASTORAL & ADMINISTRATIVE STAFF

Fr. Dan Mulcahy, Pastor

Deacon Ron Buron, K.H.S., Permanent Deacon Facilities Manager Safe Env. Coordinator

Sister Jeanne Richard, S.A.S.V., Pastoral Care Ministry

Claudette Belair, Music Director **Greg Bernard,** Faith Formation (Gr. K-12) Family Ministry

### Monica Hamilton McCarthy, Bulletin & Web Editor\*

\*Bulletin items must be emailed to monica.hamilton@stbrigidparish. org in the body of the email, or as an attached Word document. Deadline is noon the preceding Thursday. We prioritize parish and local events, space is limited so items may only appear once, and are run on a firstcome, first served basis. For ad space, call Pilot Bulletins at 617.779.3771. Monica is in the office Tuesdays and Thursdays.

Ronald Marlborough, Maintenance Director

Melissa Turner, Administrative Assistant, Cantor

### SACRAMENTS OF THE CHURCH

### Reconciliation/Confession

Saturdays 3:00 PM to 3:45 PM or anytime upon request.

### **Baptism**

Baptism Gatherings, to prepare families for the sacrament of Baptism, are held 4 times a year. Baptisms are held each month.

For more information, or to make arrangements, please call the parish offices at (508) 865-6624.

### Marriage

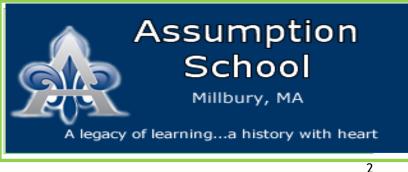
Please call the rectory at least one year in advance.

### Anointing of the Sick and **Communion Calls**

Please call the rectory when a parishioner is confined at home, is in the hospital, or placed in a nursing home or hospice. Holy Communion is brought to shut-ins upon request.

### How to Reach Us

Members of the staff may be contacted by calling the Parish Offices at (508) 865-6624. The offices are open Monday through Thursday from 8:30 AM until 3 PM, with a half-hour lunch break beginning at 12:30 PM. If the offices are closed, feel free to leave a voicemail and we will get back to you as soon as we are able.



Julie Olson, Principal **Assumption School** 17 Grove St. Millbury, MA 01527 (508) 865-5404 (voice) julie.olson@assumption-cs.org www.assumptionschoolmillbury.org

Mass Intentions

Sat., Oct. 5

4:00 PM Walter & Sophie Strenck

By: Their Daughter & Family

Sun., Oct. 6

7:00 AM George Alek

By: Janice Despres

9:00 AM The Richard Family

By: Sr. Jeanne

Lillian Dziembowski 11:30 AM

By: The Roux Family

Mon., Oct. 7

9:00 AM Philip Joseph Kunzinger

By: The Estate

Tues., Oct. 8

7:00 AM The People of the Catholic Parishes of

Millbury

Wed., Oct. 9

7:00 AM Oscar Arrell & Family,

Franklin Gillespie & Family,

Lucielle St. Martin, & Joseph Kosciusko By: Lucienne Gillespie

Thurs. Oct. 10

9:00 AM **All Souls** 

Sat., Oct. 12

Anna & Anthony Particiauone & 4:00 PM

**Gerald Vuona (Birthday Remembrance)** 

By: Debbie Vuona

Sun., Oct. 13

7:00 AM Noe LeBeau. Sr.

By: Fred & Mary Orkiseski & Family

Rita Chasseur 9:00 AM

By: Aline Bourdeau

Noe LeBeau, Sr. 11:30 AM

By: The Family

(N.B. Mass Intentions are handwritten in the official Daily Mass Record Book. Our apologies for any errors or misspelled names.)

# Scripture for the week of October 6, 2019

SUN Hb 1:2-3; 2:2-4/2 Tm 1:6-8, 13-14/Lk 17:5-10

7 Mon Jon 1:1—2:2, 11/Lk 10:25-37

8 Tue Jon 3:1-10/Lk 10:38-42

Wed Jon 4:1-11/Lk 11:1-4

10 Thu Mal 3:13-20b/Lk 11:5-13

11 Fri Jl 1:13-15; 2:1-2/Lk 11:15-26

Jl 4:12-21/Lk 11:27-28 12 Sat

13 SUN 2 Kgs 5:14-17/2 Tm 2:8-13/Lk 17:11-19



### Saturday, October 12, 4 PM at St. Brigid

AS: T. Yaz, R. Prue, J. Prue

L: C. Piorkowski

EM: J. Nietupski, F. Kroll, A. Nocchi, P. Michalak

### Sunday, October 13, 7:00 AM at St. Brigid

AS: J. Mazeika L: T. Mattus

EM: M. & B. Blunt

#### Sunday, October 13, 9:00 AM at Assumption

AS: A. Weeks, J. Giro

L:C. Brady

EM: J. Giro, R. Plamondon, G. Pothier, A. Bourdeau

#### Sunday, October 13, 11:30 AM at St. Brigid

AS: T. & F. Jakubiak

L: Joanne Geneva

EM: N. Laliberte, C. Miginni



Join us for an inspiring Bible Study at Assumption Church, 10 Waters St., beginning Wed., Oct. 9, 6:30-8 p.m. in the Church Hall. Presented by Fr. Dan and Deacon Ron. Registration is \$20. Deadline to register is this Sunday, October 6. Series dates are:

> <u> 2019</u> **2020** October 9 January 8 October 23 January 22 November 13 February 12 November 20 March 4 December 4 March 18 December 18 March 25

Contact Fr. Dan or Deacon Ron at drmjr79@yahoo.com or deaconron@stbrigidparish.org.

> Brought to you by the St. Paul Center Discover your place in the Story of Salvation

- Learn where the Bible comes from and how Catholics can better understand its story.
- Survey the principle covenants God made with figures such as Adam, Noah, Abraham, Moses, and David.
- Deepen your knowledge of Scripture and the riches of our faith.

To register, fill out and place this form in an envelope in the collection basket with payment by October 6 (cash or check):

Name:

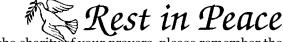
Phone:

Please Make Checks Payable to: St. Brigid

### **SANCTUARY CANDLES BURNING OCT. 5-11**

### St. Brigid

In Loving Memory of Gabrielle G. Gaboriault Requested by: The Family



In the charity of your prayers, please remember the soul of **Jessie Chunis**, **John Parsekian Betty Hamilton**, **and Albina Proko** who have gone home to God. May they rest in Christ's eternal light and peace.





# Remember in Prayer this Week:



Those who serve in our Military:

### Marc Winchester Patrick Weeks

### Emily Weagle Denzel Parker

Reminder: Forms are available at each parish to add names to the Prayer List or call the rectory at 508–865–6624 with your request. Names will be removed monthly.

### MINISTRY OF PRAYER Prayer Line 508-865-5373

If you, or someone you know, is in need of prayer, call the confidential prayer line listed above.

Reminder: Beginning this Sunday, October 6, the 11 a.m. Mass at St. Brigid will return to the 11:30 a.m. time until Sunday, June 7, when it will return back to the 11 a.m. time for the Summer Season.

Lee Aubin Maryann Auger Jeanne Augustine Larry F. Army Albina Bartkus Arthur G. Boucher Natalie Bourdeau Patricia Bourdeau Sylvio E. Bourdeau F. Joseph and Mary Brady Joseph & Rose Cataldo Frank Cammuso Philip Chabot, Sr. Albert and Helen Collette Pat and Tiff Correia Donna "Gain" Cournoyer Karen A. Courville Roland O. Couture Arthur "Archie" Cronin Gerald & Peggy Croteau

George A. D'Auteuil, Jr.

George A. D'Auteuil, Sr.

John & Julia Anger

Kathleen M. DeCillis Raymond DeRouin **Armand Desorcy** Joseph Dunn Timothy P. Eckland Jonathan Favreau Lois M. Fisher Gabrielle G. Gaboriault Joe & Jean Gagliardi William Gain, Jr. Bernice Gaudere **Ruth Gonsorcik** Daniel Guadagnoli John & Irene Guyan Robert James (Sam) Guyan Derek Hamilton Patricia Hamilton Matthew Hartline John Huchowski Paul J. Jandron Joanne Juskavitch Claire Kobel

Richard Kroll Michael P. Krumsiek Lillian Langevin Tan Le Noe R. LeBeau, Sr. Edward L. Lemoine Kevin Lemoine Rita Lemoine Lorraine Letendre Mark Lizotte William and Irene Louis Leo & Jane Metivier Kenneth Michalak Mary B. Mrozinski **Lorraine Mooney** Daniel R. Mulcahy, Sr. Joseph Noonan Albert Nikosey Charles F. O'Connor, Jr. John P. & Bridget O'Malley Richard P. Raymond Stephen Rodwill

Elaine Rov Darlene Russell **Dorothy Russell** Marshall Russell Michael W. Russell William Russell Albert & June Russo Bob & Rita Shea Lucien Sirard C. Richard Stockhaus Joseph F. Stockwell James Tabor Neal R. Thomas Connor Tronerud Chester Urban Robert E. Vaillancourt Nancy Vaillancourt Lucille Vecchione William T. Walsh Margaret Wendt Ronald Woodward Duane & Dolores Wunn

Frank J. Yaz

Would you like to remember a loved one in our Remembrance section? The cost of enrollment will be a \$50 donation for the year. Please contact the office (508) 865-6624 to enroll your loved one(s).



### SUNDAY ~ OCTOBER 6

Last Day to Register for Genesis to Jesus (see page 3) Donuts Following Outdoor 9 AM Mass/Blessing of the Animals @ OLAC (details, page 6)

Grade 2 Faith Formation @ OLAH 10-11:20 AM Baptism Prep @ SBC 10:45 AM Grades 7 & 8 Faith Formation @ OLAH 6-7:30 PM SLAA @ SBH 7:30 PM

### MONDAY ~ OCTOBER 7

Adoration & Novena for Healing @ SBC 6 PM Grades 5 & 6 Faith Formation @ OLAH 6-7:30 PM AA @ SBH 7 PM GA @ OLAH 8-9:30 PM

### TUESDAY ~ OCTOBER 8

Holy Hour/NO Confession @ SBC 6 PM OA @ SBH 6:30-8 PM Choir Rehearsal @ SBC 7 PM

### WEDNESDAY ~ 9

Rosary Makers @ SBH 6 PM Adult Faith Formation Genesis to Jesus @ OLAH 6:30 PM

### THURSDAY ~ OCTOBER 10

Rosary @ CPO 6 PM Girl Scouts @ OLAH 6-7:30 PM Cub Scouts @ SBH 6-8 PM

#### FRIDAY ~ OCTOBER 11

No School for OLAS

No Events

### SATURDAY ~ OCTOBER 12

Knights of Columbus Tootsie Roll Drive Following All Masses

### SUNDAY ~ OCTOBER 13

Knights of Columbus Tootsie Roll Drive Following All Masses Children's Liturgy @ OLAC/OLAH 9 AM SLAA @ SBH 7:30 PM

### **KEY TO LOCATIONS**

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SBC=St. Brigid Church SBH=St. Brigid Hall CPO=Catholic Parish Offices OLAC=Assumption Church OLAH=Assumption Hall OLAS=Assumption School

**☆** The Parish Offices **→** will be closed Monday, Oct. 14 for Columbus Day. Mass will be celebrated as usual that day. Enjoy your 



## Society of St. Vincent de Paul

Diocese of Worcester Catholic Parishes of Millbury Phone: 774-262-5506

### MONTHLY MEETINGS

3<sup>rd</sup> Sunday - 10:00 AM The Offices of the Catholic Parishes of Millbury New Members Welcome!

#### PARISH FOOD COLLECTION

Monthly: 1st Weekend Food Bins are located in the Main Entrance of the Church

All food donations must be dropped off on food drive dates and placed in the large blue bins only, no exceptions. NO Perishables, NO Cleanouts.

#### **FOOD DISTRIBUTION**

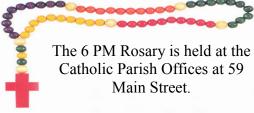
Monthly: 1st Weekend - 12:15 PM St. Brigid Church Hall

#### FOOD PANTRY NEEDS LIST

THE PANTRY IS IN NEED OF: Snacks, Soup, Cereal, Pasta, Spaghetti, Spaghetti Sauce, Paper Towels

### ST. VINCENT DE PAUL THRIFT SHOP

Monday thru Saturday: 9:00 AM - 4:00 PM 507 Park Ave., Worcester (508) 752-4232





### **ELDERLY AND HOMEBOUND**

Transportation available - 4 PM Saturday Vigil Mass at St. Brigid Church. This ministry is sponsored by both parishes utilizing a handi-capable van. For information call Deacon Ron (508) 865-6624.

### SHUTTLE INFORMATION

Saturday, October 5 Saturday, October 12 Saturday, October 19

**Chris Brady** Ted Jakubiak Jan Hanratty

If you know of a parishioner who is homebound or shutin, please contact Deacon Ron at (508) 865-6624 to set up a time to receive Communion. If you have a friend or relative who is a member of St. Brigid or Assumption and in a nursing home who would like to be visited and/or receive Communion, please call Deacon Ron at (508) 865-6624. You bringing this to our attention is the only way we can be sure that our parishioners are visited.

# STEWARDSHIP

### Catholic Parishes of Millbury

Income

Weekend of September 21-22, 2019

Regular Weekly Collection	\$7,590.00
Ordinary Collection Monthly	\$280.00
Electronic Giving (Sept. 16-22, 2019)	\$482.00
Total Regular Weekly Collection	\$8,352.00

O

Other Parish Income:	
Debt	\$728.00
Debt (Online Giving)	\$55.00
Specialty Ministries (incl. online when appl.)	\$305.00
Utilities (incl. online when applicable)	\$455.00
Mass Stipends	\$30.00
Hall Rental	\$150.00
Genesis to Jesus Adult Ed.	\$100.00
Reimbursement OLA	\$4,149.91
Catholic Schools Appeal	\$64.00
Funerals	\$300.00
In Remembrance	\$150.00
SVDP (incl. online when applicable)	\$35.00
All Souls	\$20.00
Grand Annual	\$70.00
All Saints	\$20.00

**Total Other Income** \$6,631.91

*Total Income* \$14,983.91



**SECOND COLLECTIONS:** October 6—Debt October 13—Debt

Catholic Parishes of Millbury Cash Flow Sept.19-25, 2019

Payroll (week ending 9/21)	\$4,202.88
PayChex, Inc. (Payroll Processing Fees)	\$79.10
Payroll Taxes	\$1,494.54
Eversource ( <i>Gas</i> )	\$75.70
SVDP (Donation)	\$100.00
Town of Millbury (Sewer)	\$676.50
Verizon ( <i>Phones</i> )	\$231.63
RC Bishop of Worcester (Pension)	\$462.95
RC Bishop of Worcester (Old Debt )	\$3,454.00

Total Monies Paid \$10,777.30

St. Brigid's debt figure, after the April payment and Diocesan match, is \$121,593.60.

Thank you for your continued support of The Catholic Parishes of Millbury!



# Mass in Honor of St. Francis of Assisi Blessing of the Animals

On Sunday, Oct. 6, the 9 AM Mass (Weather Permitting) will be celebrated on the parish grounds of Assumption as we celebrate God's bring your pets, real or toy, to receive a blessing and a treat. Leashes and pet carriers are most

gift of creation. We invite you to appreciated. For your comfort, bring your own lawn chairs. Donuts served in the hall after Mass. pageborders.circ

### HELP RAISE FUNDS FOR OUR ST. VINCENT DE PAUL SOCIETY, SPONSORED BY CATHOLIC FINANCIAL LIFE

Catholic Financial Life is a fraternal organization that selects various religious, educational, civic, and social events to sponsor or cosponsor with the goal of matching up to \$500 of what is raised. Each year, local chapters, we being Chapter #56, choose events that we

## Millbury Historical Society Museum



Asa Waters Mansion 123 Elm Street, Millbury, MA 01527 Free Admission

2019 Scheduled Museum Opening Dates

Thursday October 10 9 - 11 AM Saturday October 19 9:30 - Noon Wednesday October 30 6 - 8 PM Wednesday November 13 9 - 11 AM Saturday November 16 9:30 - Noon Thursday November 21 9 - 11 AM Sunday December 1 11AM-4 PM

Learn more at: www.MillburyHistory.org

will sponsor or co-sponsor. Some are repeat events and some change from year to year. Chapter #56 has been co-sponsoring Assumption School's Jog-A-Thon for the past few years. This year, with your help, the council will support our St. Vincent de Paul Society. On Oct. 26 & 27 a collection will be taken up for SVDP. Envelopes are in your packets. If you do not receive envelopes, you may also use a plain envelope and mark it St. Vincent de Paul. Catholic Financial Life will match up to \$500 of what comes in the collection. If the collection brings in less than \$500, Catholic Financial Life will match 100% of what was raised. Members of Chapter #56 will assist with this special collection. For information, contact Richard (Dick) Croteau at 774-276-0095.

# FAITH FACTS & FUN ACTIVITIES



# Saint of the Week Our Lady of the Rosary

Feast Day: Oct. 7

his feast celebrates the victory of

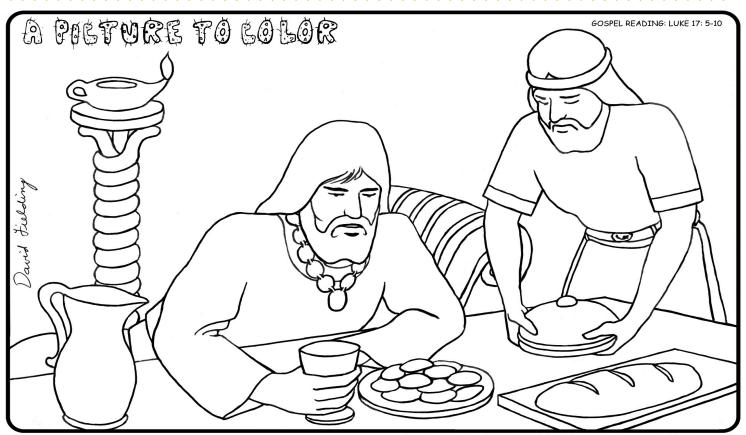
God through the intercession of Our Lady, Queen of the Rosary. This feast was formalized in the 16th century. The feast commemorates the day that the naval forces of several Christian nations defeated invading Turkish naval forces in the Gulf of Lepanto, off the west coast of Greece. The Rosary was already an established

pious practice at this time. Leading up to this battle, Pope Pius V asked Christians throughout Europe to pray the Rosary for a successful defense, and Christians throughout Europe and naval crew members on over 200 naval ships prayed. Members of the Confraternity of the Rosary were also gathered in Rome that day, praying for the victory of the naval forces. On Sunday, October 7, 1571, a naval victory was won against the invading



Ottoman Turkish fleet. Pope Pius V attributed the victory to the intercession of the Blessed Virgin Mary through the prayers of the Rosary. In 1572 the pope established a commemoration in honor of Our Lady of Victory, and in 1573 the feast was changed to Our Lady of the Rosary, celebrated on the first Sunday of October. The pope extended the feast to the universal Church in 1716, and in 1913 the feast day was fixed to October 7. The month of October is traditionally dedicated to the Holy Rosary.

"Virgin Mary, Queen of the Rosary of Fátima! Blessed among all women, you are the image of the Church robed in paschal light, you are the honor of our people, you are the victory over every assault of evil."—Pope Francis, Prayer at the Shrine of Our Lady of Fátima, May 12, 2017



Sunday Funday @ 2007 Karides Lic. to St. George Publishing

# YOUTH & FAMILY FAITH FORMATION



Flocknote is a new parish communication tool we are implementing to help keep parishioners informed and up-to-date on parish life.

TO JOIN, TEXT THE WORD MILLBURY TO 84576

# CHILDREN'S LITURGY



Our Mary's Little Lambs Children's Liturgy of the word is offered weekly at the 9:00 AM Sunday Mass at Assumption Church. This program is intended for children ages 5-8. Children under the age of 5 are welcome but must be accompanied by a parent. Registration is not required for this program.



Adult and Teen Volunteers are needed for Mary's Little Lambs. If you are interested please contact Greg Bernard at greg.bernard@stbrigidparish.org



## Grade 2 Question of the Week

What are the first two things you should do before you sit down for Mass?

# Helping Hands Needed



The Millbury Council on Aging is looking for dependable youth grades 8-12 to help Senior Citizens in our community with yard work, snow removal, house cleaning, etc.

This is a PAID service program!

Any interested youth should contact Deb Pousland or Cindy Johnson at the Council on Aging at 508-865-9154.











# Faith Formation

### **2019-20 REGISTRATION CLOSED**

Welcome all families and children to a new year of Family Faith Formation! All sessions begin in Assumption Church Hall promptly at the designated time. Attendance at weekly Mass and all classes is expected for all families in our Faith Formation program.

### **UPCOMING FAITH FORMATION SCHEDULE**

Grade 2	First Class October 6 10:00-11:20
Grades 3 & 4	October 20 10:00 - 11:20AM
Grades 5 & 6	October 7 6:00 - 7:30PM
Grades 7 & 8	October 6 6:00-7:30PM
Grade 9 & 10	January 27 6:00-7:30PM



# **APPLE PICKERS WANTED**

Teens wanted for Apple Picking the morning of Monday, October 14th at Stowe Farm in Millbury. Time is TBD.

Apples picked will be used for the Harvest Feast Dinner event on October 19th. Contact Greg Bernard to sign up.



# Assumption School Student Council 2019-2020



Top row (L to R): Cole Perea - Treasurer Maximilian Chosta -Grade 8 Class Rep. Lillian Belsito - President Jane Belsito - Grade 6 Class Rep. Jameson Laverty - Grade 7 Class Rep. Joshua Moody - Grade 7 Class Rep.

Bottom row: Noelle Champigny - Vice President Julia Saksa - Secretary Ryan Shaughnessy -Grade 5 Class Rep. Emily Stringer - Grade 5 Class Rep. Nicholas Champigny -Grade 6 Class Rep. William Savoie - Grade 8 Class Rep. 

### **Upcoming Knights of Columbus Events**

Our Tootsie Roll Drive is next weekend Oct. 12-13 to help support our Special Olympics and those with special needs. We wish to Thank You in advance for your support. The Nov. 2 4PM Mass at St. Mark's will honor our deceased members. All are welcome, especially family members. Nov. 9 will be a Comical Murder Mystery. It will be at A & D Pizza Function hall at 6 PM. For information, contact Gary at 774-276-2247 and leave a message. On Dec. 7, our food trailer will be open at Sutton's Chain of Lights at St. Mark's. Once again, I wish to thank everyone for your support in past years and look forward to serving our parishes, school and communities in the years to come.

If any Catholic man over age 18 would like information about the Knights or how to become a part of our Council, please contact Gary at 774-276-2247 and leave a message. I look forward to talking to you.

> God Bless you all, Sincerely, Gary Pothier, GK, Bishop Flanagan Council 12710

# Worldwide Marriage Encounter

Pursue righteousness, devotion, faith, love, patience, and gentleness in your life and marriage by attending a Worldwide Marriage Encounter Weekend. The next Weekends are Oct 18-20, 2019 in Laconia, NH and Dec 13-15, 2019 in Duxbury, MA. For more information, call Stephen & Michelle O'Leary at 800-710-9963 or visit them at https://wwmema.org/.



If you or someone you know has been sexually abused by a priest, religious, or lay person working for the Church, and you need a place to talk about your feelings of betrayal or hurt by the Church, call Judith Audette Office for Healing and Prevention, (508) 929-4363. A 24-hour-a-day confidential voicemail is available.

# SENIOR CENTER AND LOCAL NEWS

### **MILLBURY SENIOR CENTER ACTIVITIES**

### **RMV TRANSACTIONS**

Every Wednesday 10 AM - 2 PM
We focus on Duplicates/Renewals for License, Registration,
Mass I.D. and Placard Cards along with
Change of Address! Call us for an appointment!
(508) 865-9154

# THE MILLBURY SENIOR CENTER IS NOW ACCEPTING <u>SNAP APPLICATIONS</u>

(Food Stamps)

Our appointments are on Tuesdays & Thursdays 10 AM. – 2 PM. Call for an appointment & required documentation. 508-865-9154

# **ONGOING ACTIVITIES**

#### **ALL NEW!! MAHJONG GAME**

Join us every Monday for this new popular tile game at 12:45 P.M. – 3:35 P.M.

### **Craft Classes**

Wednesdays from 9:30-11 AM

### Pastel Dreamers Coloring Classes Thursdays 10 - 11:30 AM NO SUPPLIES NEEDED!

Bridge Club Fridays at 12:30 PM

Call 508-865-9154 for info about any program.

# Cribbage Club Join us every Monday at 1PM

for our Cribbage Club! Have Lunch ahead of time at noon to make it a fun filled day! Noon lunch every Monday - Friday. Suggested donation \$2.50. Every Friday is special treat day. A 48 hour reservation is required.

#### **Exercise Classes at the Senior Center**

Drop in for any of our ongoing health and wellness classes at the Senior Center. Call 508.865.9154 for information about any class. *Light Exercise...* Mondays & Fridays 9:30-10:15 AM (FREE)

Low Impact

*Tai Chi*... Tuesdays 9:30 - 10:15 AM (\$3)

Great for Balance!

Zumba Gold.. Tuesdays 10:45 -11:30 AM (FREE) Fun Class! Yoga... Tuesdays noon- 12:45 P.M. (FREE)

## Millbury Senior Center's MEMORY CAFÉ

Join us for a Memory Café: Tuesday, Oct. 22, 2 - 3:30 PM

A Memory Café is a monthly gathering for people with memory loss/challenges and their care partners. It's a time to socialize, make new friends, and have a good time. Fourth Tuesday of each month, refreshments are served. Outreach worker, Julie Fitzgerald, will answer questions, call to RSVP 508-865-9154!

### YOUR SMILE FOR TODAY



"I want you to scan these and put them in the next newsletter."

### SAVE THE DATE: UPCOMING HOLIDAY CRAFT FAIR

Saturday, November 9, 9 A.M. – 2 P.M.
Call or Stop by the Senior Center to reserve your table.
New Items along with Creative Crafts. Great gifts for the
Holidays! Luncheon served along with Homemade
Chicken Soup, Hotdogs and Pastries.
Also featuring food items to go.

We have Raffles!

Call 508-865-9154 for information or to reserve a table!

### FLU CLINIC AT THE MILLBURY SENIOR CENTER

Thursday, October 17, 9 A.M to noon Please call us or stop by at front desk to Register (508)865-9154 Must bring Insurance Cards when you come in for your shots!

### **Annual "SHINE OPEN ENROLLMENT" FOR 2020**

At the Millbury Senior Center, Monday, Oct. 21st at 11A.M - noon. Everyone welcome... come listen to our **SHINE** representatives! Information regarding Health Insurance for 2020. There will be a question answer period afterwards!

# <u>Road Trip! Call 508.865.9154 for info or to reserve your spot!</u>

### Foxwoods Trip

Monday, November 4 The bus leaves the Senior Center at 7 AM and returns at 4:45 PM. Cost is \$26. Call or stop by the Center to reserve your seat! (508) 865-9154. Cost is \$26.