

# Our Lady of Victories Church

(serving Harrington Park, River Vale and the Pascack/Northern Valley)  
Harrington Park, New Jersey

www.olvhp.org

## WELCOME

SUNDAY, July 28, 2019 A.D.

To the Parish Family of  
**OUR LADY OF VICTORIES**  
(THE LITTLE CHURCH WITH THE BIG HEART)

## COME WORSHIP WITH US

Rev. Wojciech B. Jaskowiak  
*Pastor*

Sr. Elizabeth Holler, SC      Sr. Mary Corrigan, SC  
*In Residence-Convent*

Mr. Thomas Lagatol      Mr. Albert McLaughlin  
*Deacons*

Susan Evanela      Deacon Al McLaughlin  
*Religious Education*      *Parish Catechetical Leader*

Selena Piazza      Elizabeth Gulfo      Michael Flynn  
Lesla Rossmann      Martin Coyne II      Meagan Mullany  
*Ministers of Music*      *Parish Trustees*      *Jr. High School Ministry*

Maria Hellrigel  
*Parish Secretary*

Jorden Pedersen Esq.      Jon Fischer CFA  
*President Parish Council*      *Chairman Finance Committee*

### SPECIAL MASSES OR DEVOTIONS:

**First Friday:** 6:00pm Confessions followed by Devotions & Mass

**First Saturday:** 8:00am Mass of Immaculate Heart of Mary

**First Saturday:** 12:00pm Mass for Souls in Purgatory

**Novenas prayed after 8:00 a.m. Mass:**

**Our Lady of the Miraculous Medal:** Monday

**St. Jude and St. Anthony:** Wednesday

**Infant of Prague:** 25th of the month

**St. Peregrine:** First Friday of the Month

**Rosary:** Recited M - Sat after 8:00am & 12:00 Noon Mass.



### THE SACRAMENT OF PENANCE/CONFESSION:

Monday - Friday 7:30am - 7:50am.

First Friday at 6:00pm

Saturday at 11:00a.m.-Noon; 3:00pm - 3:40pm

### THE SACRAMENT OF BAPTISM:

To register for Baptismal preparation and Baptism, call the rectory.

### THE SACRAMENT OF CONFIRMATION:

Call the Religious Ed Office for requirements/class schedule.

### THE SACRAMENT OF MATRIMONY:

Please call the rectory for an appointment.

### THE SACRAMENT OF THE SICK/LAST RITES:

Sick calls at any time in emergency.

### THE SACRAMENT OF HOLY ORDERS AND VOCATIONS:

Anyone contemplating a vocation to the Priesthood or Religious Life should contact the Vocations Office at 973.497.4365.

**Latin Mass every Sunday 8:15AM**  
**Spanish Mass every Sunday 1PM**

DURING THE SUMMER MONTHS of JULY and AUGUST  
ADORATION of the BLESSED SACRAMENT  
WILL TAKE PLACE ONLY ON FIRST FRIDAY AND FIRST SATURDAY.  
The regular schedule will resume in September.



Address:  
Phone:  
Email:

OLV Rectory  
81 Lynn St. (Mailing)  
201-768-1706  
olvrectory.hp@gmail.com

Religious Education  
155 Parkway  
201-768-1400  
olvhpccd@gmail.com

OLV Convent  
145 Parkway  
201-768-1705

OLV Church physical address: 150 Harriot Ave.

### **Fr. Wojciech's Corner ...**

One of our parishioners asked me about my hometown and my home parish. I sent him the parish website: [www.fara.tczew.pl](http://www.fara.tczew.pl). My hometown website is [www.tczew.pl](http://www.tczew.pl). After that, the parishioner clicked google translator and learned many things about the church life in Poland and my hometown - not to mention seeing many great pictures in the gallery of the old church from XIII-XIV century. I thought that would be the easiest way for anybody who wants to know about my hometown Tczew and my home parish.

I remember you every day especially at 8AM Mass and also during adoration of the Blessed Sacrament that takes place daily after 8AM Mass until 6PM Mass in the evening. It is the only Church open in town for daily adoration. How much that reminded me of our very vibrant and open church in Harrington Park. I am impressed by so many visitors, different ones who come even for few seconds just to kneel, say a short prayer and go back to their lives - what a great example of being hospitable to the Lord in our lives. So many grandmas and grandpas come in with little ones while taking a walk and explain to the little ones so many treasures of our faith traditions and explain to them about the statues and paintings. Not only ladies, but so many men make visits as well. How I wish that one day we could have a perpetual adoration chapel where Jesus would be waiting for us. Let us not forget Him, especially these summer days.

This Monday is the feast of St. Martha - the one we heard of last Sunday. She eagerly welcomed the Lord to her home and the home of Lazarus and Mary. However, Martha had a hard time welcoming her own sister. She even criticized Mary and complained about her to the Lord. Martha is a figure of the active life of the church and Mary of the contemplative life.

The Lord had to rebuke her to not only welcome Him, but especially her sister. Let us in this time of vacations and visits be welcoming not only to the Lord, but especially to our family members.

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### **Help Feed the Homeless**

As part of our parish commitment to the community and to serving those less fortunate, OLV Knights of Columbus will be preparing and serving a lunch meal **next Saturday, August 3**, at St. John's Church Soup Kitchen in Newark. **All parish members (men, women and children) are welcome to participate**, even if not a current member of the Knights. For more info, contact Bob Tringali 201-768-0648.

### **Sisters of Charity 50/50 Raffle**

If you missed Sr. Elizabeth, 50/50 raffle tickets are available at OLV Rectory: \$20 each or 3 for \$50. 1st prize 25%, 2nd prize 15%, 3rd prize 10% of gross receipts. Drawing will be September 2, at Maris Stella. Winner need not be present. Please make checks payable to Sisters of Charity.

### **Catholic Daughters Gladys Heyliger/Mary Carley Scholarship**

CDA Court 1639 is offering a \$1000 scholarship to an 8th grade student entering a Catholic High School in September. For an application, please send a self-addressed, stamped envelope to Dr. Marie Woke, 20 Kensington Court, Norwood, NJ 07648.

### **HOW SHOULD WE DRESS??**

People generally have no real problem wearing proper clothing when entering places that demand such attire. Would you ever consider attending a formal dinner or a wedding dressed in a tee-shirt and shorts, or a tank top and swimming trunks? Why be rebellious in God's house?"

### **CLOTHING BINS**

Summertime is a time to relax. During this leisure time, would you be willing to go through your closets to clean out those unwanted heavy winter clothes and shoes? Please donate them to the Catholic Charities bin located on the Church grounds. Thank you for helping Catholic Charities continue its mission.

**FRIDAY, AUGUST 2, IS FIRST FRIDAY.** There will be Exposition of the Blessed Sacrament after 12Noon Mass until 6PM. Please sign-up to spend a half-hour or more with our Lord - a sign-up sheet is in the atrium. There will be Confessions at 6:00PM followed by devotions and Mass.

**SATURDAY, AUGUST 3, IS FIRST SATURDAY.** There will be adoration and Novena Prayers after the 12Noon Mass.

### **What about a Holy Trip?**

Discover a shrine or pilgrimage site of a saint. The family can divide the work of researching info about a saint or shrine, finding appropriate prayers and once ready - get on the road! North of here there is a great shrine, The National Shrine of the North American Martyrs, also dedicated as the Shrine of Our Lady of Martyrs, in Auriesville, New York with a great history of saints. Montreal with great Saint Joseph's Oratory of Mount Royal which is connected to the life of one of the greatest saints and devotees to St. Joseph (St. André Bessette). Travelling towards Montreal St. Marguerite d'Youville Sanctuary (near Montreal in Varennes), St. Joseph's shrine in Sterling NJ, Shrine of Mother Seton in Emmitsburg, or in NYC or in Baltimore. You can head towards Philadelphia with great saints of St. John Neuman, St. Rita, St. Katharine Drexel Tomb at the Cathedral Basilica of Saints Peter and Paul. There are several Marian shrines: National Basilica of the Immaculate Conception in Washington DC (it has many different chapels of Mary inside, and one great thing, beautiful Rosary mosaics with stories from the Old Testament that parallel the mysteries of the Holy Rosary - What a great way to (re)discover the Rosary and to fall in love with it, a great Marian Shrine of Our lady of Czestochowa in Doylestown, PA or The National Shrine of Our Lady of Mount Carmel located in the mid-Hudson region of New York state, The National Shrine of The Divine Mercy in Stockbridge, Massachusetts, The shrine of St. Frances Cabrini, or Mother Seton in New York, shrines like St. Gerard Magellan in Newark. You can also go to the Holy Face monastery on Route 3 or even to Newark Cathedral. The list could go on and on ... there are not enough pages in the bulletin to cover the richness that we have with saints. So sorry for all those who laugh at us when we pray to saints. What would we do without all the saints. This kind of vacation idea could be a great source of fun to be together with unexpected adventures and also a great source of blessing for the entire family. Even those parishioners who cannot physically make a trip due to work or family illness can make a spiritual pilgrimage; for example, devote some days or hours of your day to reading about a shrine of a saint and then praying to that saint.

**GREAT WAYS**  
**TO SPEND SUMMER** with kids  
go to **DAILY MASS** with your kids  
recite daily the **ROSARY**  
and read Bible stories from Book of Genesis,  
Exodus, Book of Judges, 1 and 2 Samuel, Book  
of Judith, Ruth, Esther and Book of prophet  
Daniel and Jonah  
Read **LIVES OF SAINTS**  
by Alban Butler, Online resources  
<http://www.sacred-texts.com/chr/lots/index.htm>  
Or online google the saint of your birth day,  
Baptism, 1st Holy Communion, Graduation day,  
Confirmation day, wedding day, etc.  
**SO MUCH FUN + INSPIRATION**

Our Lord needs from us neither great deeds nor profound thoughts.  
Neither intelligence nor talents. He cherishes simplicity.  
**St. Therese of Lisieux**

**St. Alphonsus Liguori-Bishop & Doctor of the Church**

St. Alphonsus was born Alphonsus Marie Antony John Cosmos Damien Michael Gaspard de Liguorio on September 27, 1696 in Naples, Italy. The oldest of seven children, Alphonsus was raised in a pious home, going on retreats with his father, a naval officer, and raised by a devout mother. With the education he received under the auspices of his father, aided by his own intellect, he graduated in law at the age of 16. Shortly after, he was admitted to the Neapolitan bar. As a brilliant young lawyer, he practiced law for 8 years before he lost his first case. That failure had a profound effect on him. God made use of his disappointment to wean his heart from the world. Despite opposition from his family, St. Alphonsus entered the ecclesiastical state and in 1726 was ordained a priest. In 1732 he founded the Congregation of the Most Holy Redeemer, with the object of laboring for the salvation of the most abandoned souls. Amid untold difficulties and innumerable trials, St. Alphonsus succeeded in establishing his Congregation, which became his glory and crown, but also his cross. The holy founder labored incessantly at the work of the missions until 1762 when he was appointed Bishop of St. Agatha. For 13 years Alphonsus fed the poor, instructed families, taught theology and wrote. His austerities were rigorous and he suffered daily the pain from rheumatism that was beginning to deform his body. An attack of rheumatic fever left him paralyzed. Broken by age and infirmity, he resigned this office. He died peacefully on August 1, 1787 at Nocera di Pagani near Naples as the Angelus was ringing. Pope Gregory XVI canonized him a saint in 1839; Pope Pius IX declared him Doctor of the Church in 1871.

**Looking for some good reading??** St. Alphonsus was a prolific and popular author. His writings on moral, theological and ascetic matters had a great impact and have survived through the years. Some titles are "The 12 Steps to Holiness and Salvation", "The Glories of Mary". For more titles, google "writings of St. Alphonsus Liguori".

**St. Martha-Patroness of Cooks**

St. Martha was the sister of Mary and Lazarus, with whom she lived at Bethany, a village two miles from Jerusalem. The family was intensely devoted to Our Lord, Who was frequently their guest. Martha is the prototype of the busy housewife because of the incident narrated in the Gospel when she asked Christ to rebuke her sister Mary, who was sitting at His feet leaving all the work to her. Instead she heard the sublime answer that Mary had chosen the good part. Again it was Martha who at the death of her brother had the Faith to declare that God would accomplish anything that Jesus willed, and she heard the words, "I am the Resurrection and the Life" to which she replied with a magnificent act of Faith: "I believe You Are the Messiah, the Son of God." Finally, Martha was serving at the table when Mary anointed Christ's feet with precious nard. St. Martha's feast day is July 29th.

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**SICK OR "HOMEBOUND"**

If you are sick or "homebound" (or know someone who is), and would like to have Communion, please contact the Rectory at 201-768-1706.

**Stress in Your Marriage?**

Life can be difficult, and so can the challenges you face in marriage. Retrouvaille is Christian-based and Catholic in origin. Retrouvaille can help get your relationship back on track. Weekend for Couples August 23-25 in Somerset, NJ. For more info' call Annette Colasuonno 732-672-0748.

**Rachels Vineyard Retreat**

Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer a supportive, confidential and non-judgmental environment. Next retreat weekend is Friday, Sep 13 – Sunday, Sep 15. at the Archdiocesan Retreat Center, 499 Belgrove Drive Kearny, NJ. Contact Cheryl Riley 973-497-4350 or rileyche@rcan.org.

**Mass Intentions****Monday, July 29 – St. Martha - Virgin**

8:00 James M. Walsh R/b Liz Gulfo  
12:00 Frank Harloe R/b Barbara Harloe

**Tuesday, July 30 – St. Peter Chrysologus – bishop, doctor**

8:00 Msgr. Caesar Orrico R/b the Adamcik Family  
12:00 Lydia Mohsenin R/b the Dunn Family

**Wednesday, July 31– St. Ignatius of Loyola, priest**

8:00 Hazel Obutelewicz R/b Regina Bond  
12:00 Elsie M. Ballas R/b the Zwerle Family

**Thursday, August 1–St. Alphonsus Liguori, bishop, doctor**

8:00 Mizzi Pfister R/b the Poggi Family  
12:00 Mary Farrelly R/b Ed Farrelly

**First Friday, August 2–St. Eusebius, bishop**

8:00 John Pantalon R/b Michael and Barbara Fizulich  
12:00 Intentions of Raph, Mike and Sandra Giron R/b the Giron Family  
7:00 Carmella Russo R/b the Caltabellatta Family

**First Saturday, August 3–St. Lydia – Patroness of Dyers**

8:00 Pat McNamara R/b Rita McNamara  
12:00 Souls in Purgatory  
4:00 George M. Fabiano R/b George and Gail Fabiano  
5:00 Terrence Scott R/b Paul and Mary Raineri

**Sunday, August 4 – St. John Mary Vianney, priest**

7:30 Donald Ulisse Sr. R/b Don Ulisse  
8:15 Philip Barber R/b the Bolton Family  
9:30 William Tristano R/b Josephine Tristano  
10:45 Florence Wisniewski R/b Sr. Elizabeth  
12:00 Walter Halden R/b the Smith Family  
1:00 People of the Parish  
6:00 Intentions of Fr. Wojciech Jaskowiak R/b Joan Crowley  
7:00 Anna and Patrick Maher R/b Joe and Catherine Genco

**SANCTUARY MEMORIALS**

**The Sanctuary Lamp** burns this week for the intentions of Deacon Al McLaughlin, r/b Sonny and Anita Garzino.

**The Blessed Virgin Mary Votive Lamp** burns this week for the repose of the soul of Dolly Errico, r/b Paul and Mary Raineri.

**The St. Joseph Votive Lamp** burns this week for a special intention, r/b the Werner Family.

**The Infant of Prague Votive Lamp** burns for the unemployed.

**The Pope John Paul II Votive Lamp** burns this week for those who have given their lives in defense of our country.

**Flower & Sanctuary Offerings**

If you would like to donate flowers for the Altar, BVM and St. Joseph, call the rectory. Flowers, Bread and Wine, the BVM and St. Joseph Votive Lamps and Sanctuary Lamp in the Church can be dedicated on a weekly basis.

**in your absence** ... The continuing support of all our parishioners is essential if we are to meet our current operating expenses. Remember, our expenses continue when you are not here, so please remember to support YOUR parish in your absence.

**GOING ON VACATION with God not without**

Visit [www.masstimes.org](http://www.masstimes.org) for the locations of Catholic Churches and a Mass schedule, throughout the USA.

**Pray for Those in the Military**

**US Army**

Captain Ben Clemente  
RRT Specialist James Crumb  
Specialist Peter Dipolito  
Major Michael Franson  
Sergeant First Class Charles Greene  
Captain Shawn Linn  
Lieutenant Gigi McElroy  
Colonel John McLaughlin  
Captain John G. Miele

**US Air Force**

Chief Master Sergeant Shawn Llewellyn

**US Marine Corps.**

Lance Corporal Shanna Bennett  
Corporal Matthew Brady  
1st Lieutenant Ryan Colomeo  
Lance Corporal Thomas lafrate  
Corporal Joseph Levine

**US Navy**

Lt. Commander Julia Cheringal  
Ensign Jon Clemente  
Lieutenant Joseph Jaeger  
Lieutenant Andrew Jaeger  
OS3 Daniel T. LoVecchio

**Prayer for the Safety of Soldiers**

Almighty and eternal God, those who take refuge in You will be glad and forever will shout for joy. Protect these soldiers as they discharge their duties. Protect them with the shield of Your strength and keep them safe from all evil and harm. May the power of Your love enable them to return home in safety, that with all who love them, they may ever praise You for Your loving care. We ask this through Christ our Lord.

**PRAY FOR OUR SICK:** Please **PRAY** in the name of **JESUS**, the Healer, that the **SICK** of **OLV PARISH** may be restored to health and all those who **ASSIST** and **CARE** for the sick will be given the **STRENGTH** to continue **GOD'S GOOD WILL**: baby Cordelia, Gabriella Irene, Kelly Bauerlein, Richard Bolton, Sal Cenicola, Helen Choma, Bob Cole, Kevin Columbo, Anthony Cortez, Marie D'Ascenzo, Lorraine Degerdon, Isabelle DeLeonibus, Vincent DePaola, Marge Devitt, Carl Falasca, Jay Filippone, Marie Filippone, Mary Foley, Tom Giuliano, Milan Krupa, Mary Lowe, John Pal, Joyanna Peros, John Peterson Jr., Marie Piazza, Veronica Romanchuk, Phylis Rooney, Mike Tobia, Jeremy Unanue, Brian, Carla, Chris, Dierdre, Edward, Elba, Jennifer, Joann, Lisa, Liz, Lucas, Lynn, Michael, Patrick, Paul, Peter, Robert, Sean.

**The Meaning and Use of Holy Water**

We bless ourselves with holy water for three reasons: as a sign of repentance of sin, for protection from evil and as a reminder of our Baptism. In making the sign of the cross with holy water, we are mindful that we are called to renew our Baptismal promises of rejecting Satan, his works and his empty promises, and to profess our Catholic faith.

**The Miracle of the Scarlet Thread**

With the destruction of the Second Temple in A.D. 70, the Jewish people lost the ability to perform sacrifices for the atonement of sins. Yet, according to Christianity, the efficacy of such sacrifices should already have ended at the time of the crucifixion about forty years earlier. For it was then that the Old Covenant, with its animal sacrifices for the atonement for sins, was replaced by the New Covenant, in which Jesus shed His blood once and for all for the atonement of sins.

Both the Talmud and the Zohar contain accounts of how, in the days of the Temple, the High Priest would once a year - on Yom Kippur, or the "Day of Atonement" - enter the Holy of Holies and offer sacrifice for the atonement of the sins of all Israel. Both mention the "miracle of the scarlet thread", in which a scarlet thread would miraculously turn white as the sign that God had accepted the sacrifice. From the account in the Zohar (Vayikra, Section 3, condensed):

All the sins are [taken] away on this day, the defilement of the soul and of the body... All that day ... God makes atonement for Israel and purifies them from all their sins and they are not accused before Him ... On this day the priest ... makes atonement for himself and his house and the priests and the sanctuary and all Israel ... They used to know by a certain thread of scarlet if the priest had been successful. ... (It was known by the thread changing its color to white, when there was rejoicing above and below. If it did not, however, all were distressed, knowing that their prayer had not been accepted).

The scarlet thread turning white would be the sign that God had accepted the sacrifice and had forgiven the Jewish people their sins ("though your sins be like scarlet, they may become white as snow; though they be crimson red, they may become white as wool"-Isaiah 1:18). Yet the Talmud itself reports that forty years before the Temple was destroyed, this great miracle, which gave divine confirmation that the High Priest's sacrifice had been accepted taking away the sins of the Jewish people, ceased to occur. The passage from the Talmud reads (Rosh Hashanah 31b):

Originally they used to fasten the thread of scarlet on the door of the [Temple] court on the outside. If it turned white the people used to rejoice, and if it did not turn white they were sad ... For forty years before the destruction of the Temple the thread of scarlet never turned white, but it remained red.

The Temple was destroyed about A.D. 70; hence the miracle ceased to occur about A.D. 30, which is precisely when the crucifixion took place - the crucifixion that replaced the sacrifice of the Old Covenant with that of Jesus on the Cross. According to the New Testament at the very moment that Jesus died on the Cross the curtain of the Temple that separated off the Holy of Holies was rent in two, symbolizing the end of the efficacy of the sacrifices of the Old Covenant (cf. Matthew 27:51; Mark 15:38; Luke 23:45). It is the Talmud itself that unwittingly confirms this when it recounts that from that time on - forty years before the destruction of the Temple in A.D. 70 - the scarlet thread never again turned white.

**IT'S IN THE BIBLE**

The phrase "*The way of all flesh*", is another way of saying that all people meet their earthly end, comes to us from 1Kings 2: 1-2.

**Relevant Radio—1430 AM**

Tune in to Relevant Radio, the largest Catholic radio network in the nation. Its local station 1430AM, has fast become a growing Catholic radio presence here in the Archdiocese of Newark and the greater New York/Tri-State area, sharing news and insights into our Catholic Faith. Listen online at [www.relevantradio.com](http://www.relevantradio.com) and on the FREE mobile app.

**KIDZ KORNER ANSWERS**

- 1. St. John the Baptist. 2. The Jordan River. 3. 30 years old.
- 4. He was a carpenter like St. Joseph. 5. Jesus was a Phariseetic Jew.



**Christ's Grace is Indispensable**

Blessed Luigi Novarese' charismatic gift was to realize a person's recovery does not come from the body alone, but within a person's soul. If there is not the presence of Jesus in the person's ego, his heart will not recover. The gift of Christ's grace is the first indispensable and essential medicine for those who suffer. It is not always possible to recover from physical pain, but it is possible for life without good health to be happy and fruitful, by making our sufferings positive, giving them to God for the redemption of the world.

**Not Objects of Charity, to be Pitied**

In the Apostolate of the Suffering a sick person, the bearer of a handicap, one who is physically or mentally challenged or a suffering individual is not considered an object of charity, someone to be pitied, but rather an active, responsible participant in the work of evangelization and salvation. It is recognized that their suffering has a salvific (saving) value, which gives meaning and value to their lives. It is for these special people our Apostolate of the Suffering was founded.

**Jesus Sees Our Suffering Differently**

Suffering is an inevitable part of life, but it doesn't have to be meaningless. Like so many things in life that we have little or no control over, how we respond to suffering makes all the difference. Jesus counsels us: I tell you, you will weep and mourn, but the world will rejoice; you will have pain, but your pain will turn into joy. When a woman is in labor, she has pain, because her hour has come. But when her child is born, she no longer remembers the anguish because of the joy of having brought a human being into the world. So you have pain now; but I will see you again, and your hearts will rejoice, and no one will take your joy from you. (John 16:20-22) This passage alone is proof enough that Jesus sees suffering in a completely different light than the world does, and that his conception of suffering is radically different from how I would view it if I were left to my own devices. Fortunately for us all, Jesus doesn't leave us to our own devices.

-- Excerpt from Chapter 15 of Matthew Kelly's *Rediscover Jesus*.

**Consequences of Sin**

Sin has two consequences, or punishments (CCC 1472). The first is eternal punishment, in which the soul loses heaven and is confined to an eternity in hell. This punishment is remitted through the forgiveness of sins. The second is temporal punishment, in which a person must expiate, or make reparation for, his sins. This temporal punishment remains even after sin is forgiven. Some examples include Adam and Eve getting thrown out of Paradise when they ate the forbidden fruit (Genesis), and the Israelites losing the privilege of seeing the Promised Land because they worshiped the golden bull (Exodus). Unlike eternal punishment, temporal punishment remains only for the period of time it takes for the expiation of one's sins. Temporal punishment is God's method of loving discipline: "Do not disdain the discipline of the Lord ... for whom the Lord loves, He disciplines; He scourges every son He receives" (Heb. 12:5).

How does one expiate his sins? The Catholic Church has traditionally identified three major ways—prayer, fasting, and almsgiving. Any good work or sacrifice expiates sin, as well as patiently bearing our sufferings and offering them up in satisfaction for our sins (CCC 1459-1460). We may also take it upon ourselves to do voluntary penance. Some saints have done austere penances in satisfaction for their sins, such as sleeping on bare boards, dressing scantily in cold weather, self-flagellation, and wearing a hair shirt or a necklace made of jagged items to irritate the skin. Although efficacious, most Christians should strive to follow the penitential spirit of the saints by performing penances suitable to them.

What happens if one has not fully expiated his sins before dying? Such a person, before going to heaven, would have to expiate his sins in purgatory (CCC 1030), where love for God is perfected through our sufferings there. Traditionally, the sufferings of purgatory have been compared to a "consuming fire" (1 Cor. 3:11-15). Because certain sins can be forgiven "in the age to come" (Matt. 12:32), Catholics have always prayed for the dead — for the relief of their souls, or their speedy deliverance — if they are in purgatory for "it is a holy and wholesome thought to pray for the dead, that they may be loosed from their sins" (2 Macc. 12:46). — James Hamel

**College Students ... FYI**

Founded in 1993, the mission of The Cardinal Newman Society is to promote and defend faithful Catholic education. In his 2008 address at The Catholic University of America, speaking to representatives of US Catholic schools and colleges, Pope Benedict XVI observed the Catholic identity that is and must remain at the heart of Catholic education:

*"Education is integral to the mission of the Church to proclaim the Good News. First and foremost every Catholic educational institution is a place to encounter the living God Who in Jesus Christ reveals His transforming love and truth (cf. Spe Salvi, 4). This relationship elicits a desire to grow in the knowledge and understanding of Christ and His teaching. In this way those who meet Him are drawn by the very power of the Gospel to lead a new life characterized by all that is beautiful, good, and true; a life of Christian witness nurtured and strengthened within the community of our Lord's disciples, the Church."*

This vision reflects what Pope John Paul II proposed nearly two decades earlier in the Apostolic Constitution for Catholic Universities, *Ex corde Ecclesiae*. Although it governs Catholic higher education, the constitution's core principles are relevant to any Catholic school:

*"...as Catholic, informs and carries out its research, teaching, and all other activities with Catholic ideals, principles and attitudes. ... Priority is to be given to those means which will facilitate the integration of human and professional education with religious values in the light of Catholic doctrine, in order to unite intellectual learning with the religious dimension of life."*

Both popes had been Catholic educators, and both were inspired by the work of Blessed John Henry Cardinal Newman. Blessed Newman was a lifelong advocate for education that teaches students to reason and discover truth. He came to realize that a genuine commitment to truth, including the Truth that is revealed by God, requires a strong Catholic foundation and adherence to the teachings of the Church.

Visit [newmansociety.org](http://newmansociety.org) for a list of Newman Guide recommended Catholic colleges and universities, info on available scholarships, and Newman Society National Essay Contest.

**DEAR YOUNG PEOPLE**  
**If you have never heard**  
**Jason and Crystalina Evert speak**  
**You missed great talks,**  
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**jason and crystalina evert videos**  
**U WILL NOT REGRET**

**KIDZ KORNER**

- 1. Who baptized Jesus?
- 2. In what river was Jesus baptized?
- 3. How old was Jesus when He was baptized?
- 4. Before Jesus started to preach what did He do for "a living"?
- 5. In what religion was Jesus raised?

**Answers on page four.**

The past is no longer yours;  
the future is not yet in your power.  
You have only the present wherein to do good.  
**St. Alphonsus Liguori**