



# Saint Hubert Catholic Parish

729 Grand Canyon, Hoffman Estates IL, 60169

[www.sainthubert.org](http://www.sainthubert.org)

Building up the Body of Christ with Welcoming Arms, Loving Hearts and Joyful Worship.

**SATURDAY VIGIL AT 4:30 PM**  
**SUNDAY MASSES AT 8:00 AM & 10:00 AM & NOON**  
**DAILY MASSES AT 8:30 AM MONDAY, TUESDAY & FRIDAY**  
**ADORATION, PRIVATE PRAYER & RECONCILIATION**  
**TUESDAY 5:00–7:00 PM**

Attendance is limited due to social distancing. To help us get ready for you, please sign up for Weekend Masses and Reconciliation on our website, [www.sainthubert.org](http://www.sainthubert.org), or if you do not have internet access, call the parish office at 847-885-7700, ext. 102. If the reconciliation time does not work for you, please contact Fr. Mike directly.



A MAN NAMED JOHN  
WAS SENT FROM  
GOD. HE CAME FOR  
TESTIMONY, TO  
TESTIFY TO THE  
LIGHT, SO THAT ALL  
MIGHT BELIEVE  
THROUGH HIM.  
— JN 1:6-7

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3<sup>RD</sup> SUNDAY  
OF ADVENT

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DECEMBER 13, 2020

## FINDING JOY

The third Sunday of Advent marks the half way point to Christmas, and so we begin to anticipate what's to come. That's why our readings today reflect a sense of the joy of knowing Christ is near.

The joy that we find doesn't depend on what's happening outside of us, but instead, it's something within; it's the joy of finding God. So even in the midst of hardship and difficult things, the joy we can find (which is different from happiness) doesn't abandon us.

When I was in the seminary, we served for three months as a chaplain in a hospital which gave us the opportunity to minister to those who were sick. We would visit patients, pray with them, provide companionship or simply listen. I'll never forget a woman I met who was struggling through cancer—very, very sick and very much in pain. On top of that, her homelife situation was particularly difficult, too.

But when we began talking about faith and about God, there was a tremendous joy and peace that radiated from her. In the midst of her pain, she held onto what she had. She didn't feel alone or abandoned. Instead, she knew that Christ was with her. That inner joy not only got her through difficulties, it had the effect of also lifting up those she met, like me.

In the gospel, the religious leaders want to know who John the Baptist is and why he's doing what he's doing. What's interesting, is that John doesn't give them his name. Instead he responds with joy about who he is: a messenger, crying out in the desert, urging people to listen. The Messiah is coming! Christmas is coming! The joy we long for can be found in the Son of God, who allows us to experience the need we all have to be noticed, loved and accompanied throughout our lives.

### THE JOY OF GIVING!

Once again, our community came together in an amazing show of generosity. We were able to provide a Christmas gift to almost 200 people who may not have received one otherwise. What was touching, is that so many of the gifts were for simple things: a robe, shoes, a sweatshirt, a toy, a sweater. We think of Jesus urging us to notice when someone needs clothing and then taking the opportunity to try to fulfill the need. It's an exchange of goodness. And something amazing happens in the process. The giver of the gift receives as much joy as the person receiving it. It's another way we experience the joy of Christmas.

### CHRISTMAS IS 8 DAYS!

As we plan for Christmas, we know that there is a limited amount of space in the church. We'll be live-streaming all the Masses so that there is an opportunity to watch as a family at home if we can't make it to the church building. Also, what's particularly helpful in a time of pandemic, is to hold onto the reality that the Church celebrates the Christmas event for 8 full days. So if you aren't able to attend Mass in person on Christmas Day, the Masses all the way to January 1 still continue the celebration of Christmas. It's another opportunity to experience the joy of Christ with us. Whatever way we celebrate we will find a way to celebrate together.

—Fr. Mike

### THE JOY OF CHRISTMAS

Based on the feedback we received from our survey, here are the Masses we hope to offer for Christmas. Please note, though, that it depends on the generosity of those who are able to volunteer to help us make it happen. In the survey, there was a very positive response that our parishioners are ready to help. So if you're able, please sign up so that we can begin the registration process on December 15. It will be more important than ever to register since we, unfortunately, have very limited space.

#### Christmas Eve:

3 PM, 4:30 PM, 6 PM  
10 PM & Midnight

#### Christmas Day:

8 AM and 10 AM

## Mass Intentions

If you are not ready to come to Mass yet, please join us in praying for the following intentions.

### Weekday Intentions

**Monday, December 14—St. John of the Cross**

8:30 AM St. Hubert Parishioners

**Tuesday, December 15**

8:30 AM Kim Noonan

**Wednesday, December 16**

No Mass

**Thursday, December 17**

No Mass

**Friday, December 18**

8:30 AM John Masen

### Weekend Intentions

**Saturday, December 19**

4:30 PM Mary & Joe Perry; Jim Garvey

**Sunday, December 20—4<sup>th</sup> Sunday of Advent**

*We will remember the following during all our Sunday Masses at 8:00 AM, 10:00 AM & Noon.*

- Clare Kanofsky (int.); James Felten; Jim Garvey
- Nick Radman; Ljubica Radman; Doug Heine; Keith Wilson



If you can't make it to church this weekend, you can still contribute to our Sunday Offering electronically by scanning this QR code or texting SUNDAY to 312-248-6203.



## Pray for...

**Sick** Lorraine Chavez, Paul Mazan, Pat Kolvek, Daniel Hahn-Boisvert, Frank Tereza, Thomas Szczech, Diana Pfeifer, Clare Kanofsky, Simone Racine, Teresa McCutchan, Sandy Heavey, Theresa Starke, Ray Garber, John Cox, Audrey Palmer, Patti Reuter, Diana Behm, Fernando Wolff, Shah Bennett-Sicilia, Mary Ann Caldarola, Eileen Stachler, Gary Reitz, Lloyd Pitts, Karim Zenile, Michael Salter, Lester Hill, Joseph McCormack, Jean Horisberger, Simon Kolasa, Dan Kutt, Jose James, Jackson Becker, Simone Racine, Ken Villamar, Jerry Goggin, Charles Kazmer, Sharon Murray, Jolanta Puzewski, Mark Kelly, Mary Stump, Mary Getto, Mary Mathews, Karen Wentzal, Mary Margaret Bregin, Nancy Pala, Helena Puzewski, Rousel Irish Tolentino, Jennifer Pfeifer, Helene Ngoy, Wyatt Frey, Diana Knight, Alina Lesnicka, Scott Bergbreiter, Tina Kaiser, Charlene Perri, Terry & Gail Hileman, Mary DeAngelis, Sharnice Cyprian, David Blumenthal, Arlene Reed, Jerry Koncel, Anna Marie Bruck, Patricia Marple, Julie Nistler, Celia Pappas, Mike Saia, Bradley Gerlach, Yumi Dupont, Nancy Early, John Norkus, Kathy Murtha, Debbie O'Connor, Romero Medina, Vivian Trainor, Nancy Stark, Janet & Bob Goldberg, Carol Ann Wolf, Richard Van Hoesen, Sondra Megrail, Joseph & Trevor Morgan, Jonalyn Soriano, Ann Weber, Stephen Weber, Rosa Maria Rangel, Michelle Molnar, Fr. Ray Dompke, Patrick Chau Qun Tan, Racine & Brigilda Base

**Others** Those who protect at home and overseas

**Deceased** Mary Moutvic

*To have a particular intention for those who are sick, recently deceased, or otherwise in need of prayers considered for inclusion in the Prayer of the Faithful during our Sunday liturgy, please go to the website, [www.sainthubert.org](http://www.sainthubert.org) and click on the Prayer Request button or call the parish office at 847-885-7700, ext. 102.*



## Poinsettias and Greens for Christmas Environment

If you would like to provide a poinsettia or greens for the environment this Christmas season, please fill out this form and bring to the Parish Ministry Center .

You can also donate online by scanning this QR code or texting FLOWERS to 312-248-6203.

Name of Honoree(s) for Poinsettias

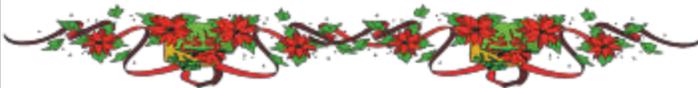


Name of Donor

Phone Number \_\_\_\_\_

Any donation is welcome and can be applied toward the seasonal decorations.

*Checks should be made out to St. Hubert Church.*



## GOSPEL MEDITATION: 3<sup>rd</sup> Sunday of Advent

Isaiah 61:1-2a, 10-11  
 Luke 1:46-48, 49-50, 51-54  
 1 Thessalonians 5:16-24  
 John 1:6-8, 19-28

### Readings for the week:

#### Monday, December 14

Nm 24:2-7, 15-17a  
 Ps 25:4-5ab, 6 and 7bc, 8-9 [4]  
 Mt 21:23-27

#### Tuesday, December 15

Zep 3:1-2, 9-13  
 Ps 34:2-3, 6-7, 17-18, 19 and 23 [7a]  
 Mt 21:28-32

#### Wednesday, December 16

Is 45:6b-8, 18, 21c-25  
 Ps 85:9ab and 10, 11-12, 13-14  
 Lk 7:18b-23

#### Thursday, December, 17

Is 45:6b-8, 18, 21c-25  
 Ps 85:9ab and 10, 11-12, 13-14  
 Lk 7:18b-23

#### Friday, December 18

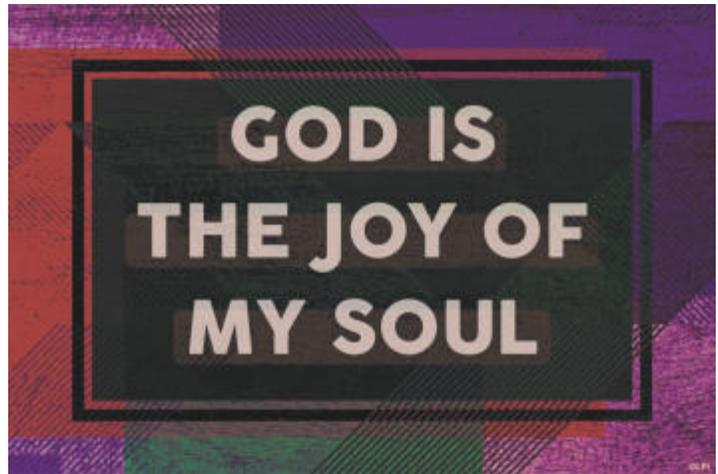
Jer 23:5-8  
 Ps 72:1-2, 12-13, 18-19 [cf. 7]  
 Mt 1:18-25

#### Saturday, December 19

Jgs 13:2-7, 24-25a  
 Ps 71:3-4a, 5-6ab, 16-17 [cf. 8]  
 Lk 1:5-25

#### Next Sunday, December 20

2 Sm 7:1-5, 8b-12, 14a, 16  
 Ps 89:2-3, 4-5, 27, 29 [2a]  
 Rom 16:25-27  
 Lk 1:26-38



*“I am the voice of one crying out in the desert,  
 ‘Make straight the way of the Lord.’”*  
 —John 1:23

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

Did you ever stop and realize that there is no earthly gain that can ever really satisfy us? Think of winning the Lotto. On this side of the winning ticket, it's all about the money, the new car, house, vacations, bank accounts, and infinite pleasures. The possibility of acquiring all of these earthly securities brings us back again and again to the purchase of a ticket. Then, one day we win! Our dreams are fulfilled, and happiness is on the horizon. Then one day, we wake up and realize that nothing has really changed, and I am not as satisfied as I thought I was or would be. I find myself living in my incompleteness and with my profound sorrow and grief. I did not find joy.

Glimpses of joy are possible but not by material means. They are brought to us through incredible experiences of connection that bring us face to face with real and authentic faith, hope, and love. And, they are glimpses and do not last. The moment we find ourselves looking back at them, they are gone, and we find ourselves remembering the moment in memory. To carry joy within us is to realize that it is not something I create, manufacture or even acquire. It is not able to be purchased. It is a gift. My need for joy mirrors my need for eternity, for a Creator

who has a claim on the very essence of who I am and desires a home within me. As C. S. Lewis discovered, joy is a surprise that speaks to my very soul and is given as gift by the God who loves me.

The beauty of Advent is found in discovering the beauty of the gift of joy. God has visited his people for no other reason than to show them where and how to find joy! All of our human and earthly joy experiences are always only glimpses. They never satisfy us, sustain us or fulfill us. It is only God who is the joy of my soul. Real, Divine experiences of joy catch us off guard, make us stop and become aware, bring a feeling of awe and rightness and have an eternal Otherness about them. Nothing created by humans can ever come close to this. We probably will not fully realize the truth of all of this until we actually meet God face to face in heaven one day. Then, in that sacred moment when our hearts leap for joy we will understand what we have been tirelessly searching for all along. Intense gratitude will most surely follow.

## A Tired, Depressed People

By Ron Rolheiser, OMI

We are a people who are losing heart. The effects of this can be seen almost everywhere.

There is a loss of heart for fidelity within relationships, as less and less people find within themselves the resiliency needed to live out the tensions that long-term family life, friendship and marriage demand. There is a loss of heart for the church, as more and more people, for every kind of reason, quietly or angrily leave their ecclesial communities.

There is a loss of heart for civic communities and the politics needed to build them as less and less people take pride in their neighborhoods, cities and countries. There is a loss of heart for children, for simple freshness, for romance, for innocence and renewed virginity.

There is a loss of heart for proper aesthetics, for manners and even for the good things of life. Finally, there is, in all of this, a loss of heart for God, both for God's mercy and for God's challenge.

Today we live lives not so much of quiet desperation, as Thoreau put it, but, in my view, of quiet, inchoate, unrecognized, denied and often highly-rationalized depression. This depression has caught us unaware because it has come upon us imperceptibly, slowly, the by-product of a certain *fin de siècle* tiredness.

The last decades of this century have been, in the Western world at least, characterized by two major moods: 1) a loss of naivete that has brought with it a debunking of almost all of our heroes and heroines and a concomitant sophistication that has wreaked havoc on our childhood faith and values, and 2) an ever-intensifying sensitivity that has polarized and politicized daily life around gender, ethnicity, ideology, hierarchy, values and power.

The combination of this, has, I believe, slowly tired us and left us hemorrhaging in the heart. Slowly our strength and resiliency is draining out of us. Our hearts are beginning to bleed and lose strength.

A wounded heart acts out: It prefers a negative tearing down over a building-up, cynicism over trust and cursing others over blessing them. In the end, devoid of trust and fatigued from constant tension, a wounded heart finds its rest in a certain emotional apartheid—"I'll find my home and niche with certain like-minded persons and avoid as much as possible dealing with those different from myself. I haven't the heart to deal with others beyond that!"

But we are not a bad people. We are only a tired, depressed one whose strength, resiliency, trust and robust will for community is hemorrhaging. And like the woman in the Gospels suffering from chronic internal bleeding, we too are slowly despairing of finding something to stop the drain. Slowly, but steadily, we are losing heart.

When I try to read the signs of the times, what seems clear is that the depression, polarization and loss of heart that is besetting us at all levels today must be recognized and addressed.

We face some radical dangers today, both in the society as a whole and within the church. Our marriages, families, homes, communities, churches and even our friendships are breaking down as, more and more, we are unable to find the heart to make them work. Given the truth of this, it is time, I submit, to seriously discern what aspects of the prophetic challenge of God that we should be emphasizing today.

My own belief is that, given a certain naivete within the church of our youth, for those of us who remember the pre-Vatican II church, certain emphases of the last quarter century, 1965-1990, were what was needed. The more liberal thinking, the openness to deconstruction, the challenge beyond individualism and piety, the uncompromising emphasis on social justice, and the strong challenge to grow beyond an infantile faith—emphases that have slowly taken over essentially the intelligentsia within ecclesial, academic, and artistic circles alike—are, I believe to a large extent, a real response to the signs of the times.

My own belief, too, is that now, for awhile at least, a new shift is needed. The shift that is required is not a conservative one, nor a fundamentalistic one (though that certainly is the temptation for many!), but it is clearly in the post-liberal, post-critical, post-modern, post-hypersensitive and post-deconstruction direction.

Liberal, critical, modernist, hypersensitive and uncompromising social justice-emphases thinking, like John the Baptist, help prepare a path for the Way, the Truth and the Life. But they are not the Christ. Eventually, they must decrease while something else must increase!

*Used with permission of the author. Oblate Father Ron Rolheiser is a theologian, teacher, and award-winning author, and is President of the Oblate School of Theology in San Antonio, TX. He can be contacted through his website [www.ronrolheiser.com](http://www.ronrolheiser.com). Reprinted from January 25, 1993.*

## Saturday December 5<sup>th</sup> we celebrated Rite of Welcome and Acceptance

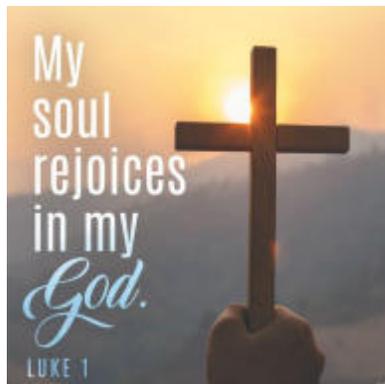


A little history.... This is the first of the public rituals celebrated in the Rite of Christian Initiation of Adults (RCIA) process. The Rite of Acceptance into the order of Catechumens (for unbaptized Catechumens) and the Rite of Welcome (for baptized adult candidates preparing to celebrate Confirmation and Eucharist in the Catholic Church).

An important moment in the Rite is when each candidate is asked if they are ready to accept the Gospel Way of Life. Their affirmation is a public expression of their intention to follow the way of Jesus Christ. The candidates were marked by the sign of the cross by Fr. Mike and their sponsors. With this ancient mark, they are claimed for Christ.

As the Church, we celebrate this ritual by blessing our Inquirers, listening to them, praying for them, giving evidence of the spirit of our Christian community, inviting them into our hearts, and passing on to them our beliefs, traditions, and all that we hold sacred and cherish. Please keep our Catechumens and Candidates in CMI and RCIA in your thoughts and prayers in the coming months.

We will soon post photos and bios of our new candidates and catechumens in CMI and RCIA in the bulletin.



### LIVE THE LITURGY INSPIRATION FOR THE WEEK

What gives you joy? Joy is discovered when we connect with something or someone very deeply and experience a dimension of ourselves that material or secular possessions cannot bring. Joy is stumbled upon when we see our newly born child for the first time, get caught up in the vastness of a mountain landscape, and are led out into infinity gazing at an ocean's horizon, or being lovingly present with someone when they are vulnerable and in need. Joy is a profound experience that in its uniqueness grounds us in ultimate truth. Did you know that all authentic, profound, and memorable moments of joy mirror the eternal joy we desire from God? We can have glimpses of this eternal Divine joy as we embark upon our earthly journey, mirrored in our human connections with joy, but experienced directly during moments of deep prayer. God is the joy of my soul. Ponder those intense words! You will know moments of true and real joy by paying attention to your response to the experience. You will find yourself rejoicing and saying thank you.

©LPI

### Have a Need for a Prayer Shawl?



**Prayer Shawls can make a wonderful Christmas Gift for a loved one!**

Members of the St Hubert Prayer Shawl Ministry will be giving out prayer shawls in the Parish Ministry Center (PMC) on **Sunday, December 20**. (For those new to our parish, it is the two story building next to the church.) You may come by the PMC between the hours of **8:45 AM and 12:15 PM**

Anyone who feels the need for the physical or spiritual comfort that these beautiful shawls can provide is welcome to take one. There is no charge for these shawls, but donations are graciously accepted to help defray the cost of the yarn. If you have questions, email Marie Staffa at [mstaffa@sainthubert.org](mailto:mstaffa@sainthubert.org).



**The New Jerusalem Prayer Group continues to meet from 7:30–9:00 PM on Friday nights through Zoom.**

We welcome anyone to join us as we praise and worship our Lord and pray for one another. Contact Judi Stein at 847-609-5785 or [NJPG@att.net](mailto:NJPG@att.net) for more information and for the login info for the meeting.



## Illinois Tax Credit!

Visit [mytax.illinois.gov](http://mytax.illinois.gov) to get started!

- Choose Region 1
- Chose Empower IL as your SGO
- Designate St. Hubert School

**Support Catholic Education while receiving a tax credit through the Illinois Tax Credit Scholarship Program!**

Donations made through February 2021 will be matched by the Archdiocese of Chicago. Every \$1 you donate is like \$2!

To get a 2020 tax credit start this soon! You will be able to make the donation at Empower Illinois for St. Hubert School roughly 2 weeks after you notify [mytax.illinois.gov](http://mytax.illinois.gov) of the donation.

Follow the above steps or contact the St. Hubert School Office if you'd like more info!



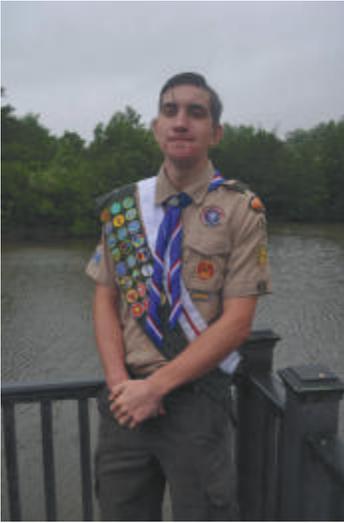
Your donations make a powerful difference in the lives of St. Hubert School current and future families. Your donations allow a student a Catholic Education who may not otherwise be able to afford one. Please read excerpts below from notes of thanks of current families receiving an Empower Illinois Scholarship to St. Hubert School.

- "Thank you for your generosity and know that a loving, caring, and well deserving family is so grateful for you. If we didn't have people like you to help us, St. Hubert wouldn't be an option and that would devastate me/us. I'm grateful one thousand times.  
- A St. Hubert Family
- "A Catholic Education is something we really wanted for our child because of its superior academics, faith formation, and the building of character." "The Empower Illinois Scholarship has enabled our child to thrive in a community that is invested in his development as a whole person." - A St. Hubert Family
- "We are thrilled to be able to continue being part of the St. Hubert family and it's all thanks to you. Thank you for your support. Your kindness has inspired us and hope one day we will be able to help students just as you have helped us. - A St. Hubert Family

To Learn more about PreK -8<sup>th</sup> Grade at St. Hubert Catholic School or to Schedule a Tour Contact 847-885-7702  
[www.sthubertschool.org](http://www.sthubertschool.org) @StHubertKnights #StHubertKnights Visit us on     
 255 Flagstaff Lane, Hoffman Estates, IL

**New Scholarships Available and Affordable Before and After School Care!**

## From A Strong Finish to a New Beginning



Scout Troop 399 is proud to announce that Jason Matker, a member of our Class of 2020 Eagle Scouts, has chosen to join the United States Marines. Jason left for San Diego this week to begin his adventure in boot camp. He carried on his Duty to God as an active member in youth ministry at his church and is now following up with his duty to his country. We ask everyone to keep

Jason and his parents, Andrea and Don in their prayers.

Support St Hubert Parish & School while shopping on Amazon!

**amazon**smile

DESIGNATE ST HUBERT PARISH & SCHOOL

Did you know that Amazon gives a percentage of your purchases to nonprofit organizations of your choice?

This is a quick and easy way to support St Hubert Parish & School at no extra cost to you.

Simply click on the button below to select St Hubert Parish & School as your nonprofit beneficiary.



DESIGNATE ST HUBERT PARISH & SCHOOL



## We'll come to you

a virtual marriage encounter



**restore**  
communication

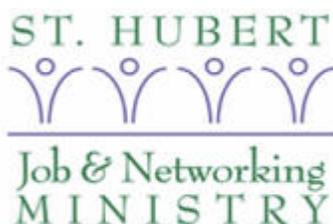
**rekindle**  
romance

**renew**  
commitment

2021 February 4, 11, 18,  
25, March 4, 11, 18, 25  
at 7PM

For more information  
call 630-577-0778 or to  
apply go to  
[www.wwme-  
Chicagoland.org](http://www.wwme-Chicagoland.org)





### **Job Support Group Meeting**

**9:30–11:00 AM Every Monday Morning**

The Saint Hubert Job and Networking Ministry continues in its mission to assist the job seeker and job changer with the introduction of “virtual” Accountability/Job Support Group meetings via Zoom. The meetings are a way to address your

career and job connection concerns with one of our team members, as well as one another, learn more about the resources available to job seekers, and to share information and support with a small group of attendees. If you would like to register for this event, send an email with the subject, “Accountability/Job Support Group,” to [sainthubertjobministry@gmail.com](mailto:sainthubertjobministry@gmail.com). You will receive an invitation to join the Zoom meeting.

### **December 12, 9:00–11:00 AM**

#### **Free Resume Review**

Consult with a Human Resources/Job Search Professional for a 20 minute review of your resume. The resume reviewer will provide you, via telephone, with suggestions and guidelines for your resume. Why not take advantage of this career-enhancing opportunity? Learn how to transform your resume. Please email a copy of your current resume to [sainthubertjnmresumereview@gmail.com](mailto:sainthubertjnmresumereview@gmail.com). You will receive an email on the day prior to the event with your scheduled time and the name of the reviewer.

### **December 14**

#### **Job Seeker’s Exchange 6:00 PM–7:00 PM**

Whether you are a newcomer to the Saint Hubert Job Support Group or one of our members, feel free to attend the meeting, for job seekers, which precedes our regular Monday meeting on the 2nd and 4th Monday of each month, where you can sit in and learn from the questions and answers of others. Stop in prior to the start of our regular meeting.

#### **All Networking Evening–7:00–8:30 PM**

This all-networking meeting gives each attendee the opportunity to give his/her 2-minute Elevator Speech. Comments and questions from the group are then followed by one-on-one networking.

If you would like to register for this event, send an email with the subject, “Job Seeker’s Exchange” or “All Networking Meeting,” to [sainthubertjobministry@gmail.com](mailto:sainthubertjobministry@gmail.com). You will receive an invitation to join the Zoom meeting.

### **December 21, 6:00–8:00 PM**

#### **Expanded Evening Exchange Group**

Whether you are a newcomer to the Saint Hubert Job Support Group or one of our members, feel free to attend our “Expanded Evening Exchange Group”, for job seekers, on the 1st and 3rd Monday of each month, where you can sit in and learn from the questions and answers of others. If you would like to register for this event, send an email with the subject “Expanded Evening Exchange Group” to [sainthubertjobministry@gmail.com](mailto:sainthubertjobministry@gmail.com). You will receive an invitation to join the Zoom meeting.

Please send any questions to  
[sainthubertjobministry@gmail.com](mailto:sainthubertjobministry@gmail.com).



## **FORMS OF DOMESTIC VIOLENCE ABUSE: PART I**



### **Physical Abuse**

Physical abuse is what most people envision when they think of domestic violence. Physical abuse may include punching, hitting, shoving or kicking. Some abusers will engage in biting, scratching or hair-pulling.

### **Psychological/Emotional Abuse**

Some abusers engage in psychological abuse to control their partners. They use intimidation to cause fear and gain control. They may threaten to hurt themselves, their partner, family members, friends or pets. Some will work to isolate their partners from loved ones or prevent them from engaging in activities they enjoy. The abuser giving the ‘silent treatment’ is also an emotional type of abuse.

### **Verbal Abuse**

Remember saying as a child, “Sticks and stones may break my bones, but words can never hurt me” to someone teasing you on the school playground? In essence, saying words can’t cause pain? But we know this isn’t true. Words can cause pain. In many ways, words cause even more pain, and often, for a longer time. Words, even the lack of words, are one of the most powerful tools for abusers to use against the abused.

Their words are meant to damage their partner’s self-esteem, making it easier for the abuser to wield power over them. Typical verbal abuse is name-calling, insulting remarks, shaming, put-downs and frequent criticism.

*Brought to you by the St. Hubert Domestic Violence Outreach Ministry Ref:*  
[www.wingsprogram.com](http://www.wingsprogram.com)

## You Can Make a Difference!

# Home-Delivered Meals Drivers Needed!



- Bring nutritious meals, peace of mind, hope, and kindness to at-risk, home-bound older adults in your community.
  - Meals Drivers use their cars to pick up and deliver weekdays (M/W and/or Fri) from about 11 AM to 2 PM
- 
- Last year **Home-Delivered Meals Volunteers** provided over 36,000 meals to people in **Elk Grove and Schaumburg Townships**.
  - 59% of Meals recipients live alone. For many of them, the **person delivering the meal** is often **the only person they will see** all day.
  - You help older adults remain more independent and safe in their own homes.

## Make A Difference...

### CALL or Email TODAY!

- Call (847) 524-8800, ext. 182 or
- Email: [colettey@kennethyoung.org](mailto:colettey@kennethyoung.org)



1001 Rohlwing Road, Elk Grove Village, IL 60007

PARISH OFFICE .....847-885-7700 Ext. 102      FAX.....847-885-4631      www.sainthubert.org

Rev. Mike Scherschel (Pastor).....Ext. 106.....mscherschel@sainthubert.org  
 Rev. Robert C. Rizzo (Pastor Emeritus)  
 Pat Aschom (Pastoral Secretary).....Ext. 104.....paschom@sainthubert.org  
 Deacon Steve Baldasti .....bjunctionb@hotmail.com  
 Deacon Larry Smith.....Ext. 105.....lsmith@sainthubert.org  
 Deacon Allen & Stephanie Tatara .....Ext. 114.....atatara@archchicago.org  
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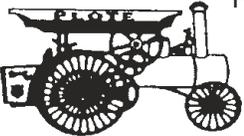
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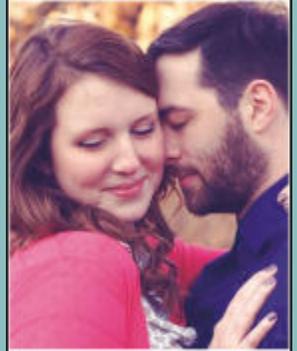
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