

### Lunch Includes:

- \*Main Item
- \*Choice of Vegetable Side
- \*Choice of Fruit Side
- \*1/2 Pint Milk

Catholic Diocese of Cleveland

### Nutrition Services

Nourishing Tomorrow, Today



Price per lunch:

\$3.00

If writing a check,  
please make payable to:  
**DOC Nutrition Services**

## LUNCH Menu

Correspond the cycle week to the  
color-coordinated calendar below.

January-  
May 2024

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Chicken Nuggets with a Roll  Seasoned Potato Wedges  Mixed Fruit or Seasonal Fresh Fruit	Riblet with a Breadstick  Baked Beans or Tossed Garden Salad  Peaches	Meatball Sub  Broccoli  Pears or Seasonal Fresh Fruit	Chicken Tenders  French Fries or Tossed Garden Salad  Fruit Cup	Mozzarella Sticks with Dipping Sauce  Carrots  Applesauce or Seasonal Fresh Fruit  Cookie Treat!
2	Hamburger or Cheeseburger on a Bun  Broccoli  Pineapple or Seasonal Fresh Fruit	Pasta with Meat Sauce & Garlic Toast  Green Beans or Tossed Garden Salad  Fruit Cup	Meatballs in Gravy and a Breadstick  Mashed Potatoes with Gravy  Applesauce or Seasonal Fresh Fruit	Chicken Drumstick with a Roll  Baked Beans or Tossed Garden Salad  Fruit Yogurt Parfait  Cookie Treat!	Cheese Quesadilla  Carrot Sticks with Dip  Peaches or Seasonal Fresh Fruit
3	Pepperoni Pizza  Carrot Sticks with Dip  Pears or Seasonal Fresh Fruit	Walking Taco (Taco Meat, Cheddar Cheese, Tostitos Chips)  Black Bean and Corn Salsa or Tossed Garden Salad  Frozen Juice Cup	French Toast Sticks with Syrup  Tater Tots  100% Fruit Juice or Seasonal Fresh Fruit	Chicken Tenders  Potato Smiles or Tossed Garden Salad  Fruit Yogurt Parfait	Cheese Stuffed Breadsticks with Dipping Sauce  Green Beans  Applesauce or Seasonal Fresh Fruit  Cookie Treat!
4	Chicken Patty on a Bun  Baked Beans  Frozen Juice Cup or Seasonal Fresh Fruit	Fiestada Pizza  Corn or Tossed Garden Salad  Mixed Fruit	Popcorn Chicken with a Breadstick  Mashed Potatoes with Gravy  Applesauce or Seasonal Fresh Fruit	Hamburger or Cheeseburger on a Bun  Broccoli or Tossed Garden Salad  Mandarin Oranges	Cheese Pizza  Carrots  Fruit Cup or Seasonal Fresh Fruit

Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch.

Substitutions of items may be necessary.

**This institution is an equal opportunity provider.**

January 2024						
S	M	T	W	T	F	S
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

April 2024						
S	M	T	W	T	F	S
31						
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan