

# Elementary School Hot Lunch Menu

## September 2025

"Eating good food helps you think and do your best."- Emma C. 1<sup>st</sup> Grade @ Roxborough Christian School

Menu is subject to change and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 	<b>2</b> 215 Beef & Cheese Taco Stick  620 Salsa 631 Cherry Star Veggie Juice 752 Fruit Punch Juice 941 Tostitos Scoops	<b>3</b> 257 Mozzarella Sticks <b>V</b>  622 Marinara Sauce 630 Dragon Punch Veggie Juice 654 Raspberry Lemonade Craisins	<b>4</b> 200 Hamburger  611 Bagged Baby Carrots 541 Chocolate Hummus 750 Apple Sauce	<b>5</b> 263 5" Round Cheese Pizza <b>V</b> 708 Spinach Salad w. Chickpeas 7670 Fresh Fruit
<b>8</b> 284 Chicken Alfredo, Penne and Broccoli  630 Dragon Punch Veggie Juice 608 Tropical Fruit Cup	<b>9</b> 212 Taco Triangles  611 Bagged Baby Carrots 543 Red Pepper Hummus 752 Fruit Punch Juice	<b>10</b> 205 Popcorn Chicken  623 Tater Tot 631 Cherry Star Veggie Juice 670 Fresh Fruit	<b>11</b> 264 4x6 Cheese Pizza <b>V</b>  706 Spinach Salad w. Tomatoes 670 Fresh Fruit OR 682 Bananas 	<b>12</b> Mini Pepperoni Calzone  546 Cheesy Pizza Hummus 685 Rosati "School S'cool" Water Ice 948 Pretzel Goldfish
<b>15</b> 209 Taco Meat & 941 Tostitos Scoops  611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 750 Apple Juice 	<b>16</b> 269 Cheese Pizza Calzone <b>V</b>  702 Potato Smiles 670 Fresh Fruit	<b>17</b> 207 Cheese Ravioli & 637 Dragon Punch Veggie Juice <b>V</b>  621 Celery Sticks 670 Fresh Fruit	<b>18</b> 204 Chicken Nuggets  708 Spinach Salad w. Chickpeas 670 Fresh Fruit OR 682 Bananas	<b>19</b> 268 French Bread Cheese Pizza <b>V</b>  622 Marinara Sauce 631 Cherry Star Veggie Juice 659 Watermelon Craisins
<b>22</b> 251 Grilled Cheese <b>V</b> 630 Dragon Punch Veggie Juice 543 Red Pepper Hummus 670 Fresh Fruit 937 Apple Cinnamon Bear Grahams	<b>23</b> 200 Hamburger  611 Bagged Baby Carrots 541 Chocolate Hummus 750 Apple Juice	<b>24</b> 206 French Toast w. Sausage  702 Potato Smiles 670 Fresh Fruit	<b>25</b> 263 5" Round Cheese Pizza <b>V</b> 706 Spinach Salad w. Tomatoes 670 Fresh Fruit OR 682 Bananas	<b>26</b> 225 Ciabatta Cheese Melt Sandwich <b>V</b>  622 Marinara Cup 632 Wango Mango Veggie Juice 670 Fresh Fruit

**V= Vegetarian Options**

**PLEASE READ CAREFULLY** - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business.

