

Elementary School Breakfast Menu

October 2025

"Arrgh, Matey!" A healthy plate is a treasure. - Emily C, 2nd Grade @ St. Laurentius

Menu is subject to change, and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All Items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	1	2	3
315 Apple Cinnamon Texas Toast 748 Grape Juice 670 Fresh Fruit Pre-K: 346 Cinnamon Toast Crunch Bar BK Kit	328 Chocolate Chip Muffin 749 Apple Cherry Juice 648 Strawberry Gel Cup Pre-K: 335 Banana Muffin 382 Cinnamon Toast Crunch Bar BK Kit	Honey Cherrios Yom Kippur  750 Apple Juice 688 Orange Mango Applesauce 327 Maple Mini Waffles 382 Cinnamon Toast Crunch Bar BK Kit	Cinnamon Toast Crunch Bar BK Kit 753 Orange Juice 659 Watermelon Craisins Pre-K: 341 Honey Bunches of Oats Crunch 382 Cinnamon Toast Crunch Bar BK Kit	320 Corn Muffin 752 Fruit Punch Juice 670 Fresh Fruit Pre-K: 367 Cinnamon Raisin Bagel 382 Cinnamon Toast Crunch Bar BK Kit
6	7	8	9	10
334 Cinnamon Toast Crunch Cup 752 Fruit Punch Juice 670 Fresh Fruit Pre-K: 332 Apple Cinnamon Muffin 383 Cheerios Cereal Bar Kit	320 Corn Muffin 657 Strawberry Craisins 670 Fresh Fruit Pre-K: 369 Trix Mini French Toast 383 Cheerios Cereal Bar BK Kit	327 Maple Mini Waffles 670 Fresh Fruit 748 Grape Juice Pre-K: 331 Corn Muffin 383 Cheerios Cereal Bar BK Kit	311 Apple Jacks Pouch 670 Fresh Fruit 684 Strawberry Banana Applesauce Pre-K: 344 Blueberry Chex 383 Cheerios Cereal Bar BK Kit	306 Apple Baked Frudle 750 Apple Juice 649 Orange Gel Cup Pre-K: 345 Honey Scooters 383 Cheerios Cereal Bar BK Kit
13	14	15	16	17
No SCHOOL	319 Orange Cranberry Muffin 670 Fresh Fruit 750 Apple Juice Pre-K: 330 Blueberry Muffin 387 Froot Loops BK Kit	329 Honey Cheerios Cup 670 Fresh Fruit 684 Strawberry Banana Applesauce Pre-K: 327 Maple Mini Waffles 387 Froot Loops BK Kit	328 Chocolate Chip Muffin 752 Fruit Punch Juice 670 Fresh Fruit Pre-K: 346 Cinnamon Toast Crunch 387 Froot Loops BK Kit	370 Cinnamon Toast Mini French Toast 670 Fresh Fruit 656 Craisins Pre-K: 335 Banana Muffin 387 Froot Loops BK Kit
20	21	22	23	24
324 Cocoa Puffs Cup 670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 369 Trix Mini French Toast 385 Trix BK Kit	322 Blueberry Muffin 749 Apple Cherry Juice 654 Raspberry Lemonade Craisins Pre-K: 345 Honey Scooters 385 Trix BK Kit	368 Wheat Bagel 670 Fresh Fruit 748 Grape Juice Pre-K: 331 Corn Muffin 385 Trix BK Kit	333 Blueberry Chex Cup 750 Apple Juice 608 Tropical Fruit Cup Pre-K: 347 Cinnamon Chex 385 Trix BK Kit	Trix BK Kit 670 Fresh Fruit 748 Grape Juice Pre-K: 366 Blueberry Bagel 385 Trix BK Kit
27	28	29	30	31
336 Apple Churro 750 Apple Juice 654 Raspberry Lemonade Craisins Pre-K: 346 Cinnamon Toast Crunch 381 Chocolate Cherry Granola Kit	316 Maple Mini Pancakes 670 Fresh Fruit 752 Fruit Punch Juice Pre-K: 332 Apple Cinnamon Muffin 381 Chocolate Cherry Granola Kit	334 Cinnamon Toast Crunch Cup 749 Apple Cherry Juice 697 Bagged Sliced Apples Pre-K: 343 Rice Chex 381 Chocolate Cherry Granola Kit	327 Maple Mini Pancakes 748 Grape Juice 657 Strawberry Craisins Pre-K: 330 Blueberry Muffin 381 Chocolate Cherry Granola Kit	Chocolate Cherry Granola Kit  670 Fresh Fruit 750 Apple Juice Pre-K: 327 Maple Mini Waffles 381 Chocolate Cherry Granola Kit

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item which has been provided by the supplier of the food item. To request product information please call (215) 895-1470 during normal business hours.