

# CHURCH OF SAINT BERNARD

1160 WOODBRIDGE STREET • SAINT PAUL, MN 55117  
*One block west of Rice Street on Geranium Avenue*

**JANUARY 31, 2021**



## Parish Staff

**Pastor**

**Reverend Ivan Sant**

**Associate Priest**

**Reverend Joseph Kureh**

**Accountant**

**Jim Rice**

**Secretary**

**Gloria Nava**

**RCIA and Missionary/**

**Internship Program**

**David Neira**

**Refugee Liaison**

**Hsawreh Sharpoehtay**

**Music Director**

**Mary Beth Redmond**

**Parish Administrator**

**Ryan Thornton**

## 4<sup>th</sup> Sunday IN ORDINARY TIME

4° DOMINGO DEL TIEMPO ORDINARIO

He cried out, "What have you to do with us, Jesus of Nazareth?  
Have you come to destroy us? I know who you are—the Holy  
One of God!" - Mk 1:24

Se puso a gritar: "¿Qué quieres tú con nosotros, Jesús de  
Nazaret? ¿Has venido a acabar con nosotros? Ya sé quién eres:  
el Santo de Dios". - Mc 1, 24

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.  
Leccionario I © 1976 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano.

## Parish Office

**Phone:** (651) 488-6733

**Fax:** (651) 489-9203

**Hours:** Monday-Friday 8:30 am - 3:00 pm

**Website:** [www.stbernardstpaul.org](http://www.stbernardstpaul.org)

**Facebook Page:**

Parish Life at St. Bernard's Catholic  
Church, St. Paul, MN

## Anointing of the Sick & Communion for the Sick & Homebound

Please call the Parish Office to make arrangements  
with Fr. Ivan

## Baptism of Infants

It is recommended that parents who wish to present  
their child for Baptism make arrangements several  
months before the date with the priests.

## Marriage Preparation

Couples anticipating Christian Marriage need to contact the Parish Office at least six months prior to the wedding date they desire. After a pre-nuptial interview with a priest, a specific date will be set. Marriage preparation classes are required.

This Sunday's Gospel reading (cf. Mk 1:21-28) is part of a wider narrative called the "day in Capernaum". At the heart of today's reading is the event of the exorcism through which Jesus is presented as a *powerful prophet in word and deed*.

He enters the Synagogue of Capernaum on a Saturday and he begins teaching. The people are astonished by his *words* because they are not ordinary words. They do not sound like the ones they are accustomed to hearing. The Scribes in fact teach but without any authority. And Jesus teaches with authority. Jesus instead teaches like one who has authority, thus revealing himself as God's Emissary, and not a simple man who has to base his teaching solely on earlier traditions. Jesus has full authority. His doctrine is new and the Gospel says that the people commented: "a new teaching! With authority" (v. 27).

At the same time, Jesus reveals himself to be powerful also in *deeds*. In the Synagogue of Capernaum, there is a man who is possessed by an unclean spirit which manifests itself by shouting these words: "What have you to do with us Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God" (24). The devil tells the truth: Jesus came to destroy the devil, to ruin the demon, to defeat him. This unclean spirit knows the power of God and he also proclaims his holiness. Jesus rebukes him saying: "Be silent, and come out of him!" (v. 25). These few words from Jesus are enough to obtain victory over Satan, who comes out of that man "convulsing him and crying out in a loud voice", the Gospel says (v. 26).

This makes a strong impression on those present. Everyone is overcome by fear and asks themselves: "What is this? [...] he commands even the unclean spirits and they obey him". (v. 27). The power of Jesus confirms the authority of his teaching. He does not just speak with words, but he takes action. In this way, he manifests God's plan with words and with the power of his deeds. In the Gospel in fact, we see that in his earthly mission, Jesus reveals the love of God both through preaching and through countless gestures of attention and aid to the sick, the needy, children and sinners.

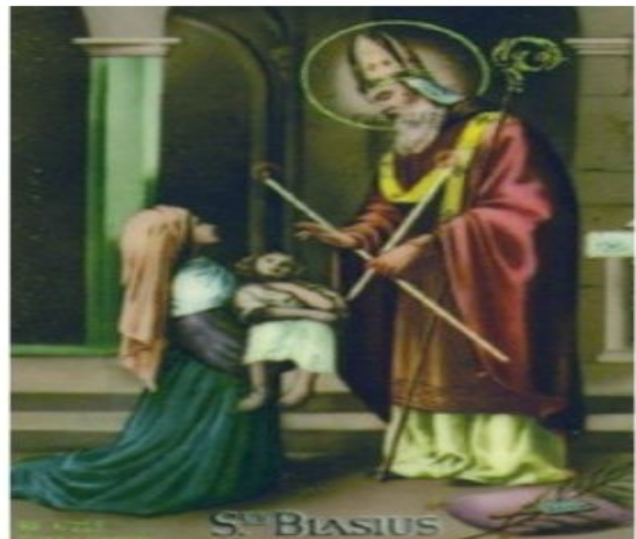
Jesus is our Teacher, powerful in word and deed. Jesus imparts to us all the light that illuminates the sometimes dark paths of our lives. He also transmits to us the necessary strength to overcome difficulties, trials and temptations. Let us consider what a great grace it is for us to have known this God who is so powerful and so good! A teacher and a friend who shows us the path and takes care of us especially when we are in need.

May the Virgin Mary, the woman of listening, help us to create silence around us and within us, in order to hear, through the din of the messages of the world, the most authoritative word that there is: that of her Son Jesus who proclaims the meaning of our existence and delivers us from all slavery, even that of the Evil one.

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## **St. Blase**

- Feast day – February 3
- Bishop and martyr
- St. Blase had been a doctor before he was ordained a priest
- A legend says that he cured a boy who had a bone stuck in his throat
- Patron of protection of the throat



## † Mass Intentions †

**Saturday January 30**

8:30am † Marilyn Rediske

4:00 pm † Marie Zimitsch

**Sunday January 31 4th Sunday in Ordinary Time**

8:00 am † Marilyn Rediske

10:30 am † Anita Seebach

2:00 pm † Parish

**Monday February 1**

8:30am † Leonard Beatty & Family

**Tuesday February 2 The Presentation of our Lord**

8:30am † Marilyn Rediske

6:30pm (Spanish)

**Wednesday February 3**

8:30am † Carol Van DeLac

**Thursday February 4 St. Blaise**

8:30am † Marilyn Rediske

**Friday February 5 St. Agatha**

8:30am † Marilyn Rediske

6:30pm (Spanish)

**Saturday February 6 St. Paul Miki and Companions**

8:30am † Edward Gunter

4:00 pm † Lisa Miller

**Sunday February 7 5th Sunday in Ordinary Time**

8:00 am † Marie Zimitsch

10:30 am † All Souls

2:00 pm † Parish

### Prayer Line Please call

Shirley Collett at (651) 488-6330

Judy Cloutier at (651) 224-2966

### WEEKLY READINGS

Readings for the week of January 31, 2021

**Sunday:** Dt 18:15-30/ 1 Cor 7:32-35/Mk 1:21-28

**Monday:** Heb 11:32-40/ Mk 5:1-20

**Tuesday:** Mai 3:1-4/Heb 2:14-18/Lk 2:22-40

**Wednesday:** Heb 12:4-7,11-15/Mk 6:1-6

**Thursday:** Heb 12:18-19,21-24/Mk 6:7-13

**Friday:** Heb 13:1-8/Mk 6:14-29

**Saturday:** Heb 13:15-17,20-21/Mk 6:30-4

**Next Sunday:** Jb 7:1-4, 6-7/1 Cor 9:16-19,22-23/Mk 1:29-39

### Weekly Collection

	<u>Last Week's Contributions</u>	Budget
Envelope Income	\$5,106	\$4,731
Plate	823	581
Gas/Lights	1	125
Campus Repair	1	70
<u>Year to Date:</u>		
Envelope Income	\$137,128	\$141,930
Plate	25,685	17,430
Gas/Lights	2,338	3,750
Campus Repair	1,303	2,100

### NOTICE ON GIVING VIA CREDIT/DEBIT CARD OR BY CHECK:

We have implemented an new way giving to our parish through online, on our website [www.stbernardstpaul.org](http://www.stbernardstpaul.org).

with a **credit or debit card**, you can make a donation on the window on our parish website entitled "**Donation to our Parish**". At this window there is also an option to set up **recurring direct deposits** on a weekly or monthly basis.

If you would like to make a donation by **check**, you can mail to the address of the Parish Office:

### Capital Campaign Update

Total Pledges: \$920,298

Payments to date: \$858,046

Amount Remaining: \$ 62,252

Boiler repair funds collected: \$45,567



### Please pray for the sick and homebound

MaryAnn Nordine

Lloyd Anderson

Theresa Griffith

Devra Shepherd

J. Harringer

Steve Lauinger

Margaret Datko

Lorraine Eheim

Bernice Labarre

Yur Reh

Delores Schloesser





## Together in Hope



The Catholic Services Appeal Foundation is an independent foundation partnering with fellow Catholics to share Christ's love with neighbors in need through ministries that serve the poor, support life and strengthen the Faith.

### Your gift brings hope.



**GIVECSAF.ORG**



## Feast of the Presentation of the Lord February 2 Candelaria

Masses English 8:30am  
Spanish 6:30pm



**Simeon took him in his arms and praised God, saying:**

*"Sovereign Lord, as you have promised, you may now dismiss your servant in peace. For my eyes have seen your salvation, which you have prepared in the sight of all nations: a light for revelation to the Gentiles, and the glory of your people Israel."*

LUKE 2:28-32  
Catholic.org

## Parish News

### Archdiocesan Synod: Virtual Faith and Culture Series

**Dates:** Four sessions, January 20 – February 9 from 7-8:30pm

**Registration:** <https://www.archspm.org/registration-for-the-archdiocesan-synod-faith-and-culture-series/>

Inspired by the thousands of participants at the Prayer and Listening Events, this series connects their stories to the story of the Church. Each virtual event includes a talk, testimonials, and a live panel discussion including Archbishop Hebda. **Registration is required to participate live.**

Topics and **updated dates** are listed below; all events begin at 7 p.m.

- **Wednesday, January 20:** Sources of Catholic Teaching (Scripture, Tradition and Magisterium), presented by Dr. Bill Stevenson
- **Wednesday, January 27:** The Church's Teaching on Sexual Morality and the Family, presented by Dave & Cathy Deavel
- **Thursday, February 4:** The Church's Understanding on the Dignity of Women, presented by Helen Alvare
- **Tuesday, February 9:** The Priesthood (Both Baptized and Ordained), presented by Sister Esther Mary Nickel

**Register online** to participate and submit your questions! Zoom links will be sent to registrants prior to each event. Registration is limited to 500 participants per event.

## 4<sup>TH</sup> SUNDAY IN ORDINARY TIME

WHEN YOU HEAR ABOUT STORMS ON THE RADIO, IT'S JUST THE NEWS



WHEN YOU HEAR ABOUT FLOODING IT'S ALWAYS SOMEWHERE ELSE



BUT WHEN THE POLICE POUND ON YOUR DOOR AND ORDER YOU TO EVACUATE RIGHT NOW, YOU PAY ATTENTION!



THINK OF JESUS' WORDS AS GOD POUNDING ON YOUR DOOR...



## EMBRACING CHANGE IN CHRIST

It's officially one month since we popped the champagne, toasted 2021 and wrote down a list of resolutions. This is usually the time when we start to take a good, hard look in the mirror to assess what we have done — or have not done — with the first month of this brand-new year.

New years can be scary, can't they? Full of promise, sure, but also full of room for failure. Full of space for our old baggage, old fears and the continuation of old mistakes.

The same can be said of Christ, and the new life he offers us, if we are brave enough to accept it. Opportunities like that can be intimidating. In that moment, we might find ourselves like the man with the unclean spirit crying out: "What

have you to do with me, Jesus of Nazareth? Have you come to destroy us?"

Jesus is a comforter of the afflicted; he is a consoling figure, but he is also a challenging one. Sometimes we have grown attached to our afflictions. The idea of correcting bad habits or forming new ones is frankly terrifying to us. We have a voice deep inside who sees Christ and his invitation to repentance, and it cries out in fear: "I know who you are!"

When we live in the present, disavowing the baggage of the past or fear of the future, we submit ourselves to the promise of redemption. Let us be brave everyday stewards and invite Christ's healing power into our lives. We won't regret it — I'm sure the demoniac never did.

—Tracy Earl Welliver, MTS

## I GET ANNOYED WITH MYSELF WHEN I AM DISTRACTED WHILE I PRAY. IS IT A SIN? HOW CAN I BE MORE ATTENTIVE?

The mind is a marvelous and complex thing, producing amazing thoughts, images, wisdom and inspiration. Yet at times it is like a two-year-old: it does not follow directions, does what it wants and loves to tell us "no!" This is probably the oldest and most common problem in the spiritual life—dealing with distraction. It comes in all forms: good intentions forgotten, wandering thoughts at Mass, daydreaming, etc. A little poem says it all: When the soul begins to pray, the brain always wants to play!

There are many ways to handle distractions. If we are distracted by thoughts about our families or friends, we should pray for them. If we lose our focus, we need just "re-collect" ourselves. If some worry or concern just won't leave our mind, then we deal with it and come back to prayer or make it part of our prayer. And when words just won't come, the only prayer we might offer is our presence, our suffering, and our desire to be close to the Lord. Most importantly, we need to be patient with ourselves. These things are not sinful, but reminders of our human frailty. Our weaknesses and good efforts are all acceptable to God, who reads the love in our hearts and the good intentions of our minds.



"SPREAD LOVE  
EVERYWHERE  
YOU GO."

– St. Teresa of Calcutta

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