

Saint John XXIII Roman Catholic Church

3390 Portage Avenue

Winnipeg, Manitoba, Canada R3K 0Z3

Telephone: 204-832-7175 • Fax: 204-885-2447

Email: office@johnxxiii.ca • Website: www.johnxxiii.ca

Office Hours: As announced in schedule

SACRAMENT OF THE HOLY EUCHARIST

SUNDAY LITURGIES (MASSES)

Saturday 5:00 p.m., Sunday 9:00 a.m. and 11:45 a.m.

WEEKDAY LITURGIES

Check the bulletin or website for the current schedule

COMMUNION TO THE SICK AND SHUT-IN

Contact the parish office for assistance

SACRAMENT OF RECONCILIATION (CONFESSIONS)

Friday 3:15 p.m., Saturday 4:00 p.m.
and/or as announced or by appointment

PARISH BULLETIN

SEVENTH SUNDAY IN ORDINARY TIME – February 23, 2020

FIRST SUNDAY OF LENT – March 1, 2020

PARISH PASTORAL TEAM

Pastor: Reverend Fr. Robert Polz

204-832-7335 rpolz.johnxxiii@gmail.com

Pastoral Assistant: Sharon Camier

204-832-7206 sharon@johnxxiii.ca

Ministry Coordinator/Office Volunteer: Lynda Hunt

204-832-7175 lynda@johnxxiii.ca

Trustee: Loris Vendramelli

204-888-8200 loris@mymts.net

Trustee: William Gould

204-832-7175 william.d.gould@gmail.com

Parish Stewardship Committee

Facilitator: Loris Vendramelli

204-888-8200 loris@mymts.net

Administrative Assistant: Joanna Mason

204-832-7175 joanna@johnxxiii.ca

Head Custodian: José Barrera

204-888-9340

Music Ministry: Donna Vendramelli

204-888-8200 d_vendramelli@mymts.net

Building and Maintenance Chair: Claude Precourt

204-898-1893 cfp3899@gmail.com

Fundraising and Development Committee

204-832-7175 call if interested in serving

Parish Pastoral Council

Facilitator: Laurette Burch

204-885-6988 burchd@mymts.net

FAITH FORMATION: Catechism sessions for children (K to Grade 8) are held on Sunday mornings, September through May, from 10:15 to 11:15 a.m. Periodically other programs, workshops, and/or study sessions are offered for adults. Contact our Pastoral Assistant (Sharon) for further information and/or to register.

SACRAMENTS OF INITIATION (BAPTISM, CONFIRMATION, EUCHARIST): Contact the parish office for further information.

SACRAMENT OF THE ANOINTING OF THE SICK: Contact the Pastor (Fr. Robert).

SACRAMENT OF MARRIAGE: Arrangements for preparation and celebration should be made at least six months in advance.

CELEBRATION OF CHRISTIAN FUNERALS: Contact the parish office before finalizing arrangements with funeral directors.

THANK YOU to all the parishioners of Saint John XXIII who donated baking for our **3rd annual Keira's Winter Klassic bake sale** as well as those who offered support and prayers. The bake sale was a big success with proceeds of \$672.40, the most to date! We are waiting for a few more invoices, but we expect to have made just over \$22,000, which is a little more than last year. All proceeds go to CancerCare to support research into pediatric brain cancer.

Sincerely, Gary and Toni Bond and family



THANK YOU on behalf of the **St. James Knights of Columbus** to all parishioners, friends, parents and teachers who supported the **Spaghetti Dinner** held at St. John XXIII on February 8th for St. Charles Catholic School's Music Program. Your support of our various functions over the many years on behalf of the school's program is well appreciated. This year we will be presenting a cheque to the SCCS for \$1330.00

POST-SYNODAL APOSTOLIC EXHORTATION: On Wednesday, 12 February 2020, the Post-Synodal Apostolic Exhortation [Querida Amazonia](#), the final document of the Special Assembly of the Synod of Bishops for the Pan-Amazonian Region held in Rome 6-27 October 2019, was published. The Holy Father states that while the Amazon region spreads over nine specific countries, the document is equally intended for the whole world, as we all share in the responsibility for this land, and he calls on all of us to recognize that "the Church's concern for the problems of this area obliges us to discuss, however briefly, a number of other important issues that can assist other areas of our world in confronting their own challenges" (n.5). The document outlines the Pope's reflections on four key wishes or dreams for the region and its people: a **social dream** (n.8-27), a **cultural dream** (n.28-40), an **ecological dream** (n.41-60), and an **ecclesial dream** (n.61-110).

ON THE WAY: The February issue of *On the Way* will soon be available. It features key and pivotal stories from throughout our local church, including updates from our various Archdiocesan pastoral ministries. As soon as we receive copies from the Archdiocese, they will be available in the narthex or from the pamphlet rack at the south church entrance.

AS WE GO FORTH is the Archdiocese of Winnipeg's new Synod Implementation Newsletter. Be apprised of the major milestones in the journey of renewal of our local Church, including developments in our parish communities (including *Lectio Divina* and *The Sunday of the Word of God* at St. John XXIII Parish), as well as retreat and formation opportunities for leadership teams. Some copies are available in the pamphlet rack at the church entrance or go to www.archwinnipeg.ca



This Share Lent, let's stand in solidarity with the defenders of the Earth

This year, Development and Peace – Caritas Canada is encouraging us to support all those in the Amazon and the Global South who are caring for God's creation. How can we help? (1) **Donate online at devp.org/give or give during the Solidarity Sunday Collection on the Fifth Sunday of Lent, March 29, 2020.** The generosity helps support over 149 projects in 36 countries around the world! (2) **Read** Development and Peace's Share Lent literature and watch the videos to learn about and hear from the guardians of the Earth. (3) **Sign the Solidarity Letter** addressed to two embattled Brazilian communities at devp.org/act. For more information, go to www.devp.org

WINNIPEG HARVEST: Members of the community are invited to donate whatever they are able of non-perishable food items such as canned meat, canned beans, canned soup, canned fruit, rice and pasta. These items are needed on an ongoing basis to build food kits that are distributed to Manitobans who receive food from Winnipeg Harvest. **Parishioners with non-perishable food items to donate may drop them off in our Winnipeg Harvest Donation Box located under the pamphlet rack at the south entrance to the church.** Let's do our best to fill the box to the brim with food donations, especially during this Season of Lent!





LIVING WATER

A Lenten Retreat on Christ's Encounter with the Samaritan Woman

Friday, March 13, 2020

Saint John XXIII Roman Catholic Church

On the Third Sunday of Lent, we read of the mysterious encounter between Jesus and the Samaritan woman. It takes place while Jesus is resting alone near Jacob's Well and his disciples have gone into town to get some supplies before continuing their journey. That encounter is the subject of this Retreat. For those who wish, Saint John XXIII Church will be open throughout the afternoon until evening for communal and personal prayer.

Morning Mass at 11:15 a.m.; Eucharistic Adoration from 11:45 a.m. to 6:30 p.m.; Angelus Prayer at 12:00 noon; Recitation of the Chaplet of Divine Mercy at 3:00 p.m.; The Sacrament of Reconciliation available on request from 1:00 p.m. until 5:00 p.m.; Evening Prayer at 5:30 p.m.; Benediction of the Blessed Sacrament at 6:30 p.m.; Way of the Cross at 7:00 p.m.; Retreat Session from 7:45 p.m. until 9:30 p.m.; Night Prayer at approximately 9:30 p.m.

R.S.V.P. for the retreat evening at catechetics@archwinnipeg.ca
or call 204-452-2227 ext 243

LECTIO DIVINA – Wednesday evenings of Lent after Mass as announced (in the Guadalupe Room)
WAY OF THE CROSS DEVOTION – Fridays of Lent at 7:00 p.m. in the main worship space

RETREAT AND WORKSHOP for EXTRAORDINARY MINISTERS OF HOLY COMMUNION
will be held on Saturday morning/afternoon, March 28, 2020, in preparation for the commissioning and recommissioning of ministers before Easter. Please mark your calendars. Details to follow.

GENERAL MEETING: St James Assiniboia CWL will hold a general meeting on **Monday, February 24, 2020 at 7:00 p.m.** in St John XXIII parish hall. A speaker from the Joy Smith Foundation will discuss the topic of human trafficking of children, men and women in our city. What does it look like and how do we protect our loved ones from becoming victims. **ALL PARISHIONERS ARE INVITED to attend this presentation and join us for refreshments.**



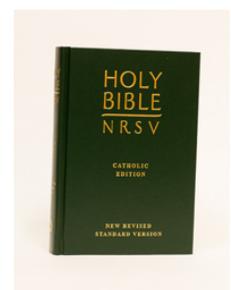
DONATIONS OF SOCKS WANTED: The Catholic Women's League is celebrating its 100th anniversary in 2020. To mark this occasion, the St. James Assiniboia Council is partnering with "End Homelessness Winnipeg". We are preparing 1,000 tote bags which will be filled with socks, brushes, combs and water bottles. **We are asking St. John XXIII parishioners to donate 1,000 pairs of new, warm, men's and women's socks.** As of February 21st, 799 pairs have been received. Please help us reach our target of 1,000 pairs! Socks may be dropped off at the St. John XXIII Parish Office before or after weekend Masses or during weekday office hours. Thank you so much for your support.

THE WORD AMONG US DAILY MEDITATIONS FOR CATHOLICS
Copies of the Lent issue are available in the parish office – Price \$5.00 each

NRSV Bible – Catholic Edition, Hardcover

Copies available at the parish office for the very reasonable price of \$20 per Bible

From the Canadian Bible Society: With the preferred order of books of the Bible for Catholics including the Deuterocanonical books; Imprimatur of the Canadian Conference of Catholic Bishops (CCCCB); Double-column text; Chapter and section headings; Footnotes; Lectionary; Prayers and Devotions of the Catholic faith; Concordance; Forest green hardcover, gold stamping; A clear, vivid and accurate translation of the Bible that today's Catholics can use with confidence. The NRSV translation is the same translation used in the celebration of the Catholic Liturgy in Canada. **Please note that on request we also can order copies of the NRSV Catholic Bible LARGE PRINT Edition. Check at the office for details.**



SCHEDULE FOR FEBRUARY 23 – MARCH 8, 2020

As circumstances suggest, the schedule published here may be subject to change.

Sunday, February 23 5:00 pm Saturday 9:00 am 10:15 am 10:15 am 11:45 am 1:15 pm – 3:00 pm approx.	SEVENTH SUNDAY IN ORDINARY TIME MASS – Deceased family members, requested by Cecilia and Julio Santos MASS – “Pro populo” / Intentions of parishioners Catechism Classes (begin in the parish hall) Sacramental Preparation Make-up Session for First Reconciliation (room 9) MASS – John Foucart (health), requested by Marina Foucart Confirmation Preparation Session (room 9)
Monday, February 24 7:00 pm	FERIAL <i>Parish office closed Monday</i> Catholic Women’s League General Meeting (parish hall)
Tuesday, February 25 10:00 am – 12:00 noon 10:00 am	FERIAL Office open in the morning Al-Anon Meeting (room 9)
Wednesday, February 26 1:00 pm – 4:00 pm 6:45 pm 7:00 pm 7:50 pm approx.	ASH WEDNESDAY – THE HOLY SEASON OF LENT BEGINS *** UNIVERSAL DAY OF FASTING AND ABSTINENCE FROM MEAT *** Office open in the afternoon Our Mother of Perpetual Help Devotions MASS – Leticia Antonio+, requested by Rea Eusebio <i>Mass this evening will include the blessing and distribution of ashes</i> LECTIO DIVINA or “Breaking Open the Word” (ALL WELCOME – in the Guadalupe Room)
Thursday, February 27 7:00 pm	THURSDAY AFTER ASH WEDNESDAY <i>Parish office closed Thursday</i> MASS – For the health of my brothers, requested by Nina Turner
Friday, February 28 10:00 am – 4:00 pm 10:45 am 3:00 pm 7:00 pm	FRIDAY AFTER ASH WEDNESDAY Office open in the morning and afternoon MASS at Sturgeon Creek I Retirement Residence , 10 Hallonquist Drive <i>Special intention for spiritual guidance, requested by a parishioner</i> Recitation of the Chaplet of Divine Mercy (Blessed Sacrament Chapel) WAY OF THE CROSS
Saturday, February 29 5:00 pm	SATURDAY AFTER ASH WEDNESDAY MASS – David Madden+, requested by Minerva family
Sunday, March 1 9:00 am 10:15 am 10:15 am 11:45 am 1:00 pm 1:30 pm	FIRST SUNDAY OF LENT MASS – Deceased family members, requested by Al and Marilyn Weimer Catechism Classes (begin in the parish hall) Sacramental Preparation Review Session for First Reconciliation (room 9) MASS – “Pro populo” / Intentions of parishioners LIVING ROSARY – all are welcome to participate (Sponsored by CFC Gift of Life Ministry) CFC West 3 Chapter Prayer Assembly (parish hall)
Monday, March 2 4:30 pm 7:00 pm 7:30 pm	FERIAL <i>Parish office closed Monday</i> <i>Fr. Robert is scheduled to attend a Board of Directors Meeting at St. Paul’s High School</i> MASS – Special intention for spiritual guidance, requested by a parishioner Knights of Columbus General Meeting (parish hall)

Tuesday, March 3	FERIAL
10:00 am – 12:00 noon	Office open in the morning
1:00 am	Al-Anon Meeting (<i>room 9</i>)
Wednesday, March 4	FERIAL
10:30 am	MASS at Golden West Centennial Lodge, 811 School Road
1:00 pm – 4:00 pm	Office open in the afternoon
6:45 pm	Our Mother of Perpetual Help Devotions
7:00 pm	MASS – <i>Special intention for spiritual guidance, requested by a parishioner</i>
7:30 pm	LECTIO DIVINA or “Breaking Open the Word” (ALL WELCOME – in the Guadalupe Room)
Thursday, March 5	FERIAL
1:00 pm – 4:00 pm	Office open in the afternoon
7:00 pm	MASS – <i>Special intention for spiritual guidance, requested by a parishioner</i>
Friday, March 6	FERIAL
9:00 am	Recitation of the Rosary
9:15 am	MASS – <i>Marcelo and Victorina Alberto+, requested by the Tualla family</i>
9:45 am	Exposition and Benediction of the Blessed Sacrament
10:00 am – 4:00 pm	Office open in the morning and afternoon
3:00 pm	Recitation of the Chaplet of Divine Mercy (<i>Blessed Sacrament Chapel</i>)
6:00 pm	FIRST RECONCILIATION CELEBRATION (for children also preparing for First Communion)
7:00 pm	WAY OF THE CROSS
Saturday, March 7	FERIAL
10:30 – 5:00 pm	CONFIRMATION PREPARATION RETREAT DAY (<i>in room 9 and/or the parish hall</i>)
5:00 pm	MASS – <i>Intentions of all family members, requested by Tina Turner</i>
REMEMBER: Tonight be sure to “SPRING FORWARD” one hour to Daylight Savings Time!	
Sunday, March 8	SECOND SUNDAY OF LENT
9:00 am	MASS – “Pro populo” / <i>Intentions of parishioners</i>
10:15 am	Catechism Classes (<i>begin in the parish hall</i>)
11:45 am	MASS – <i>Tomasa Tantay+, requested by Hermie Arguelles and family</i>

TABERNACLE LAMP OFFERING

Week of February 22 – 29, 2020 In thanksgiving for blessings received, requested by a parishioner
 Week of March 1 – 7, 2020 Carla Mignacca+, requested by the Scinocca family

If you wish to have the Tabernacle Lamp in the Blessed Sacrament Chapel of Saint John XXIII Church burn in memory of a loved one, to honour a special occasion, or for a particular intention, you may make arrangements through the Parish Office. The offering to cover one week (from Sunday through Saturday) is \$25.00.



PLEASE PRAY FOR THOSE OF OUR COMMUNITY IN NEED OF HEALING AND COMFORT

Darrell Aucoin, Gladys Barton, Annette and Maynard Bates, John Baziuk, Bill Camier, Marilyn Crakewich, René Defries, Alice Edwards, John Foucart, Helen Hallack, Darryn Hellofs, Bev and Steve Hewitt, Rosario Jequinto, Tracy Kingsland, Amanda Klaasen, Marie Mangin, Yvonne Mason, Deb McEnturff, Frances Mijker, Zonia Patson, Cynthia Patterson, Shirley Payment, James Polz, Larrie Pushka, Owen Robertson, Janice Skene, Joe Wallack and Helen Yankoski.

“Teach us to give and not to count the cost.” — Saint Ignatius of Loyola

“Both at the beginning of creation, and at the beginning of the recreation, temptation was the first event.” — Pope Francis

“One act of obedience is better than one hundred sermons.” — Dietrich Bonhoeffer

“Draw near to God, and Satan will flee from you.” — Saint Ephraem the Syrian

Reflection for Sunday, February 23, 2020

Seventh Sunday in Ordinary Time

Readings: Leviticus 19.1-2, 17-18; 1 Corinthians 3.16-23; Matthew 5.38-48

EXPLORING THE WORD

So you want to be perfect!

As children most of us believed in perfection as an attainable goal. Maybe not our own particular perfection (I was never going to get an A in science!), but the finish line was clearly marked out and someone was going to cross it. We were literally schooled into the quest for perfection: defined as an A+, or 100 percent answered correctly, or the coveted 4.0 at the end of the term. I could tell you quite dispassionately back then who was perfect and how: Patty was the kindest, Henry the smartest, Ed the fastest, Bernadette the holiest in the class.

Back when perfection came marked with a letter grade, it was a straightforward matter as to how to get there from here. But no one, as I remember, was good at everything. Henry was clearly Einstein-brilliant; he's a doctor today. But he didn't grasp poetry and wasn't a lot of fun either! My report card was evenly divided between A's and C's: Ask me if I cared about social studies or phys ed. To be perfect at everything—perfect at perfection—would be liking combining Patty, Henry, Ed, and Bernadette into one superchild! It would be like being God. That was Jesus' point exactly when he said: Don't imitate each other or compete against each other. Imitate God and make divine perfection your only standard.

Our Lord is not trying to be difficult; he only takes after his Father, if Leviticus is any indication. For there God tells Moses: "Be holy—because I am," and goes on to delineate 613 ways that perfection is measured according to Deuteronomic law. The lectionary here chooses to highlight one: Love your neighbor as yourself. That's poignant for us, because Jesus makes the same choice in his teaching: Love God and love your neighbor. Are we to embrace that as the new definition of perfection?

The summons to be perfect sounds exhausting. Just being presentable takes a lot out of me some days. Far from wanting a challenge, most of us, to be honest, are hoping for a break. Gone are the days when our progress through life was measured and recorded at every turn: how tall were we, how many tests did we pass, whether we were eligible for Confirmation that spring. We'd like to answer "present" at work these days and hope that counts for something. But the one place where our performance still counts for everything is the summons to love. Love God. Love neighbor. And prove it. — Alice Camille

*Alice Camille is a religious educator, scripture commentator, and author of many books including **This Transforming Word** and other titles found at alicecamille.com
Reprinted with permission from PrepareTheWord.com*



Reflection for Ash Wednesday, February 26, 2020

Day of Fast and Abstinence

Readings: Joel 2.12-18; 2 Corinthians 5.20 – 6.2; Matthew 6.1-6, 16-18

When we do without, we grow within

Is there any spiritual practice more tied to Lent than fasting? Forgoing creature comforts is the biblical way to express our sorrow for sin. It's a sacrifice that reminds us of what Jesus sacrificed. It also has the knack of clearing the clutter from our hearts so that our minds can focus on prayer. Make the most of your fasting this Lent by taking some advice from Saint Peter Chrysologus: "Fasting is the soul of prayer, mercy is the lifeblood of fasting. So if you pray, fast; if you fast, show mercy; if you want your petition to be heard, hear the petition of others. If you do not close your ear to others, you open God's ear to yourself."

Reprinted with permission from TakeFiveForFaith.com



Reflection for Sunday, March 1, 2020

First Sunday of Lent

Readings: Genesis 2.7-9, 16-18, 25; 3.1-7; Romans 5.12-19; Matthew 4.1-11

EXPLORING THE WORD

Conversations with the devil

When we read about them in Holy Writ, conversations with the devil seem eerie, dramatic, and singular. Consider Eve, standing naked at the tree, while the serpent insinuates itself around her heart with whispered words of unimagined greatness. Artists have found the moment irresistibly illustrative of Every-person's vulnerable ignorance, not to mention the soothingly sibilant persuasiveness of our tempter.

The next appearance of the devil is in the court of God, no less, as the fate of God's good servant Job is bandied about. Here the Satan has shed his scales and looks more like a lawyer than a snake. It may surprise us how casually the Almighty exchanges words with humanity's persecutor; God speaks to Abraham and Moses with as much ease. In this conversation, it would appear that Job's experience of unparalleled suffering is of less interest to God than the results of the wager between the divine and the diabolical. We might like God to show more discrimination, perhaps, in the celestial social life. Maybe a little knowledge is a dangerous thing, and we're better off not knowing too much of the ways of heaven.

Quite a good while later, Jesus has his own encounter with the Evil One. Here, the devil sounds more obviously like the enemy he is, taunting Jesus about his true identity, his power, his untested possibilities. In this meeting, the devil seems more nakedly untrustworthy, even as he quotes scripture like a reverend. Perhaps it is in this final manifestation, as desert parson, that we have the most reason to fear him.

The devil loves to talk

We've all had conversations with the devil, too, though they don't always seem as spectacular as the ones in the Bible. Does he come to us when we are naked, or with food in hand? Sure. If it worked once, it could work again, and sex and gluttony are by now pretty routine temptations. So are the ones that the devil presents to Jesus. The first one is a clever appeal to pride: If you are who you say you are, make a miracle! When Jesus resists that one easily, the devil tries something more complicated: If your Father is who you say he is, then make him come to your aid! Jesus doesn't bite. Finally, the devil throws a last desperate pitch: I am a great one in my own right: worship me and gain the world! Jesus, with great simplicity, tells him to go to hell.

Operating on a much lower level of resistance, I personally would often barter my soul for a pint of Häagen-Dazs Swiss Almond Vanilla. I know the result is as pure, sweet, and visceral a form of evil as there is. Super-fatted ice cream is nobody's friend, and eating a whole pint in one sitting (my preferred method) is just raising the white flag of surrender to obesity, high cholesterol, and Type 2 diabetes. It defies the basic premise of human stewardship: that we are to be guardians of the lives in our care, starting with our own. Clearly, the devil can save his more sophisticated artillery for the holy souls. Coming after me with food in hand isn't even a challenge.

The last temptation

Most of us, it might be said, have little to fear from the first two temptations the devil offers to Jesus. We rely very little on our personal authority for the manufacture of miracles, and we don't count on God to bail us out either, to be honest. But the final temptation does contain the seed of our undoing. As high-strung as it might have sounded to the ears of Jesus, this last-ditch appeal to idolatry, it is actually the most intriguing to you and me. I'll give you the world! We like the world, very much. We could well be tempted to close our ears to the first half of the deal—throw yourself down and worship me—if we could be assured of having all that shiny new stuff that only the world can give.

And it's because we each have our resistance threshold (from which we embark into a world of hurt known as sin) that we also meet back here, at about this time every year, to engage in the annual practice of Lent. I say practice rather than season, because Lent is a dynamic item on the church calendar. Liturgically speaking, Lent is a verb, and a communal one: We "lent" together as Catholics. That is, we fast, observe abstinence, give alms, examine our consciences, attend services of recollection, penitence, and reconciliation, and give our discipleship a good shaking out all around. Maybe we make a commitment to attend daily Mass or to increase our time at prayer or to take on spiritual reading. All that we do is intended to wake us up to the fact that, all year long, we are holding this casual, amiable conversation, perhaps over our morning coffee or just after dinner as we settle into a comfortable chair for the evening, with a fellow who means us no good. All of our Lenten practices are for the purposes of unmasking this dialogue so that we can hear it for what it is and back away as from a poisonous serpent.



APPLYING THE WORD

Taking the Lenten journey

I hope you're all wearing comfortable shoes, because it's a long walk between here and Jerusalem, between Ash Wednesday and the Easter Vigil. Like Jesus did, we take this journey with friends, the community of believers. Like Jesus, we also take this journey with the devil lurking not far behind, biding his time. If the devil was gracious enough to appear in costume, with pitchfork and pointy tail, we could dismiss him at once and no harm done. But the Evil One has a lot more social grace than that. He knows how to meet us where we are, and to speak our language, and to make a good case for seeing things in a practical, reasonable light. That one, he's a talker, smooth enough to chat with God when the occasion arises, and bold enough to challenge even the divine Son. But the Satan never cared much for a crowd. If we travel together on this Lenten path, that fellow won't have much chance for those one-on-ones for which he is famous. Or should we say infamous?

– Alice Camille

*Alice Camille is a religious educator, scripture commentator, and author of many books including **This Transforming Word** and other titles found at alicecamille.com
Reprinted with permission from PrepareTheWord.com*

WORLD DAY OF PRAYER 2020 – “Rise! Take Your Mat and Walk”

All are invited to participate in an Ecumenical Worship Service on **Friday, March 6th at 7:00 p.m. at Westwood Presbyterian Church, 197 Browning Boulevard at Westwood Drive.** This year's service was written by the World Day of Prayer Committee of Zimbabwe, then prepared and adapted for use in Canada by the Women's Inter-Church Council of Canada.

ANAMNESIS INNER HEALING RETREAT: Offered by Chemin Neuf Community **March 13-17, 2020.** This four-day retreat in silence is an opportunity to review our life's story in the light and the love of God in order to be reconciled with ourselves. The retreat will be held at the St. Charles Retreat Centre, Winnipeg. For more information email stcharlesretreat@hotmail.com or call 204-885-2260.

JOIN THE JOURNEY – BODY, MIND & SPIRIT: A Spiritual Care Formation Series. **Wednesday evenings from 6:00 p.m. to 8:30 p.m.** at Precious Blood Hall, 200 Kenny Street, **starting on March 18, 2020** (ending May 6, 2020). The Catholic Health Association of Manitoba is launching a new program to expand the ability of caregivers, spiritual care workers, and employees working in Long Term Care facilities to help people understand the ageing journey and the role of spirituality in an older person's life. Participants will develop a holistic understanding of an older person and be able to offer quality spiritual care, however many of the teachings are applicable to people of all ages. For more information visit www.cham.mb.ca and click on the Formation menu.

BEGINNING EXPERIENCE IN WINNIPEG: All are invited to a Beginning Experience weekend on **March 20-22, 2020** for people who are widowed, separated, and divorced. Beginning Experience Winnipeg was founded in 1974 by Sister Josephine Stewart, SSMN and Catholic school teacher Ann Lamia. Sister Josephine was a family counsellor at the Catholic Renewal Center in Fort Worth, Texas and Ann Lamia had been grieving a recent failed marriage and divorce. While their original intention was to create a program for engaged couples, Lamia's notebook became the seed for the Beginning Experience ministry. For more Information and/or to register call 204-275-3090 and leave a message or visit our website: www.beginningexperience.ca

CAN YOU FEEL THE PAIN IN MY HEART TOO? HONOURING THE MYSTERY: **Tuesday, March 24, 2020** in the lower level St. Boniface Cathedral. A workshop designed for caregivers who are supporting persons who are ill or palliative and healthcare professionals working in hospice, palliative care, and bereavement programs. One can register for the morning session, afternoon session or both. For more information visit www.cham.mb.ca.

CANA SESSION FOR COUPLES: CANA is a six-day session for couples to strengthen their marriage and deepen their spiritual life, offered by the Chemin Neuf Community at the St. Charles Retreat Centre. The live-in session includes talks, prayer, time together as a couple, relaxation and celebration. In 2020 Cana will be offered over three weekends: **April 25-26, May 15-17, and June 6-7, 2020.** Couples sleep at the Centre and must commit to all three weekends. Couples are welcome to bring their children to the May 15-17 weekend. For more information see the chemin-neuf.ca website ("Couples & Families"), Canawpg@gmail.com or call 204-885-2260.

For other news and events in and around the Archdiocese of Winnipeg, please see information posted on bulletin boards at the north and south entrances of the church and/or go to the website: www.archwinnipeg.ca