

STEWARDSHIP REFLECTION

August 8, 2021

Nineteenth Sunday
in Ordinary Time

1 KGS 19:4-8; PS 34:1-2, 3-4, 5-6, 7-8;
EPH 4:30-5:2; JN 6:41-51



Our readings today continue
to educate us on the Eucharist.

Jesus tells us in our Gospel that He is this Food that sustains us as He says, “I am the living bread that came down from heaven...and the bread that I will give is my flesh for the life of the world.” This bread He is referring to is His Body, Blood, Soul and Divinity that we receive. This bread becomes the flesh of Christ Himself.

And in consuming Him, we receive every grace we need to live forever in eternal life. We are strengthened in virtue and united more closely to Christ. This is the Food that will fill us as we journey through this life.

Mistakenly we often take the Eucharist for granted. Maybe we come to Mass to “check the box” instead of actively partaking in this intimate exchange or we receive Jesus in the Eucharist and then forget about Him the second we leave the church after Mass. To receive all that God wants to give us in the Eucharistic, we must do our part in being receptive to His grace and living out active discipleship in our day-to-day lives.

Let us approach the Lord acknowledging His Divine Presence and be open to all the graces He desires to pour out on us. Then we must go forth, being attentive to the moments that the Holy Spirit is calling us to act as He acts — in total love and sacrifice. The Eucharist affects our lives more than we can comprehend. We are receiving God Himself. Let us strive to receive Him reverently and with open hearts.

– Catholic Stewardship Consultants

STEWARDSHIP OF TREASURE

Your assistance is very much appreciated – every gift, great or small, helps!

PARISH OFFERINGS: You may mail your contribution to the parish via CANADA POST. Or you may leave a message with the parish office to make arrangements with one of our parish staff to drop off your offertory donations at a safe drop off location. For donations to the parish, please make cheques payable to “St. John XXIII Parish”.

PAD OPTION: Alternatively, we encourage you to consider being an “intentional giver” by registering for PRE-AUTHORIZED DEBIT. Please leave a message at the parish office and someone will contact you and assist you.

ONLINE OPTION: If you wish to donate to the parish ONLINE, a link to CanadaHelps.org can be found on our website. Go to www.johnxxiii.ca and click on the DONATE NOW tab at the top of the *Links* column on the home page.

