**LITURGY OFFICE**

The February issue of *LiturgyNotes* is available at: <https://www.davenportdiocese.org/documents/2023/1/Feb2023LN.pdf> and includes information about

* Eucharistic Revival Musical Competition, Tickets for the 2024 Eucharistic Congress
* Calendar notices for February, March, and April; Rite of Election & Chrism Mass
* Formation opportunities (including webinars on the OCIA and the Eucharist)
* RCIA: Mystagogy / Liturgy preparation: Eastertime
* Resources for avoiding anti-Judaism in our preaching and teaching

**FAITH FORMATION OFFICE**

STEP Theology Online-Connecting the Catholic intellectual life to the life of the Church: Classes begin February 20.. The Diocese of Davenport has partnered with [STEP at the University of Notre Dame](https://mcgrath.nd.edu/online-courses/step/) to offer online formation for the people of the diocese. Check out the [diverse offering of attractive courses](https://www.davenportdiocese.org/ff-step) for Catechetical Leaders or even those with a desire to pursue more formal studies. With the diocesan partnership, individuals from the Diocese of Davenport who enroll in a STEP course will receive a 25% discount on the standard course fee of $99. This is an excellent opportunity to deepen and expand the knowledge of the faith. If you have any questions or would like more information, please visit our [diocesan webpage](https://davenportdiocese.org/ff-step) or contact [Trevor Pullinger](mailto:pullinger@davenportdiocese.org?subject=Question%20about%20the%20STEP%20program).

**Youth and Young Adult**

**ICYC** *(Iowa Catholic Youth Conference)* **2023 for Middle School Youth & Parents:** The second annual ICYC jointly sponsored by the Archdiocese of Dubuque and the Diocese of Davenport will be held on Sunday, March 28, 10 AM-4 PM, at Mt. Mercy University in Cedar Rapids. This year’s theme is “YOU…Matter – Belong – are Loved.” [Dana Catherine](http://www.danacatherinemusic.com/), Guest Presenter and Musician at ICYC 22 and featured artist last month at NCYC 2022 in Long Beach, CA, returns as this year’s Guest Presenter/Musician. Early-Bird Event tickets are $39/person before March 1 and $49/person after March 1. Please visit the [ICYC website](https://dbqarch.org/icyc) for registration and details.

**Totus Tuus 2023:** Due to high interest, host parish registration for 2023 **has been closed.** We do still have 1 more late July slot available if your parish is interested. In order to serve all these parishes, please help us by encouraging any young people (18-25) you know who may be interested in or benefit from the experience of being a Totus Tuus missionary. We are in urgent need of missionaries; teams are made up of two male and two female missionaries. [Applications are open](https://totustuus.church/be-missionary) for this **paid** summer experience that looks great on a resumé! Training and room & board are also provided and any other incidental expenses are reimbursed. If you have any questions, please contact [Colleen Darland](mailto:darland@davenportdiocese.org?subject=Totus%20Tuus%202023). If you would like a past Totus Tuus teacher to come speak to a group about their experience, please let us know!

**Marriage and Family**

**FOCCUS Language Updates:** In addition to English, Spanish, and Chinese, FOCCUS Pre-Marriage Inventories are now available in **Vietnamese**, **French**, and a **revised (Latin American) Spanish**. After logging into one’s FOCCUS account, certified facilitators can use the dropdown menu to select a language on the Inventory Session Management page. Contact: [Marianne Agnoli](mailto:agnolim@davenportdiocese.org)

**Celebrate National Marriage Week – February 7-14:** The observances of National Marriage Week and World Marriage Day (Sunday, February 12) are an opportunity to focus on promoting and supporting life-long, faith-centered marriages. This year’s theme, *Marriage: One Flesh, Given and Received*, highlights the significance of the Eucharist in the life of the married couple. Updated 2023 USCCB resources are now available in English and Spanish on their [webpage](https://www.usccb.org/topics/marriage-and-family-life-ministries/national-marriage-week). Additional recommended resources can be found on the diocesan [Marriage Enrichment page.](https://www.davenportdiocese.org/marriage-enrichment) Contact [Marianne Agnoli](mailto:agnolim@davenportdiocese.org) to discuss some more specific ways to support healthy Christian marriages within your particular parish or school community.

**Get Ready for Safe Haven Sunday (Year 4) – March 4-5:** This awareness weekend addresses the deep harm that is caused by pornography and offers new resources to aid you, your family, school, and parish in navigating modern technology usage. Explore the **free** training programs, articles and videos available on the [Diocese of Davenport Clean Heart webpage](https://cleanheart.online/diocese-davenport-0) and share these resources with your parish/school families and ministry leaders. Click [here](https://www.covenanteyes.com/resources/parish-resources-year-4/)for links to Year 4 **general intercessions, bulletin inserts**, social media kit, homily video and more. This year, packets of complimentary STRIVE and Restored Vows resource cards will be mailed to each parish to help individual adults and married couples with struggles they may be experiencing with pornography and digital chastity. Copies of the past three years parent books and Going Green Download Pages for the parent e-books are available through [Covenant Eyes](https://store.covenanteyes.com/)in English and Spanish. [Safe Digital Family Challenge](https://cleanheart.online/courses/safe-digital-family-challenge)[Parish Implementation Guide](file:///C:\Users\agnolim\Downloads\year4-Parish-Implementation-Guide.pdf)Contact: [Marianne Agnoli](mailto:agnolim@davenportdiocese.org)

**SOCIAL ACTION OFFICE**

[**Lunch and Learn Session (To Register Click Here)**](https://bit.ly/DioDavLunchLearn) **Connecting with Catholic Relief Services:** Thursday, February 2, 12:00-1:00 PM. We will discuss various ways to get involved in CRS, including the upcoming Lenten Rice Bowl and CRS Chapters. The many resources that CRS has to offer will be highlighted.

**February Dates to Remember**

* [World Day of Prayer for Consecrated Life February 2, 2023](https://www.usccb.org/committees/clergy-consecrated-life-vocations/world-day-consecrated-life) - In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2.
* [February 5, 2023 – National Day of Prayer for the African and African American Family.](https://www.usccb.org/committees/african-american-affairs/timely-resources-ministry-catholics-african-descent)
* [International Day of Prayer and Awareness Against Human Trafficking February 8, 2023](https://www.usccb.org/events/2022/international-day-prayer-and-awareness-against-human-trafficking) On this day, Catholics all over the world are encouraged to host or attend prayer services to create greater awareness against Human Trafficking.

**CRS Rice Bowl Collection begins** Ash Wednesday, February 22. With Lent comes the call of God to reflect on our lives and redirect them toward life in fullness. We are called to love our neighbor! CRS Rice Bowl provides resources to bring Lenten spirituality to life for families, parishes and school communities while continuing to connect Catholics in our diocese with our global human family. This year, journey with CRS to [Honduras](https://youtu.be/m2-RFXyickI), [the Philippines](https://youtu.be/4FQM5EN_9r8) and [Kenya](https://youtu.be/lJElPkDGevs) to learn about the root causes of hunger, the impact of climate change and how families —with the support of faith communities like yours—are making sure they have nutritious food to thrive.

Free Lenten materials, are available in English and Spanish. You can find all available resources at [**crsricebowl.org**](https://www.crsricebowl.org/?ms=mamema0122rbl00gen02&utm_source=ltw-gen-partner-blurb&utm_medium=email&utm_campaign=2022-rice-bowl)  or use the [Rice Bowl Media Kit](https://www.crsricebowl.org/about/mediakit) that has resources you can use to promote the program this Lent in parish bulletins, on websites and through other social media outlets.[25% of the funds collected will remain in the Diocese](http://www.catholicmessenger.net/2018/08/%C2%AD%C2%ADrice-bowl-grants-help-local-hunger-programs/) to help organizations that fight hunger and poverty. [Click here for Grant Criteria](https://www.davenportdiocese.org/crs-rice-bowl-local-grant). Applications are due May 15, 2023.

[**Diocesan Immigration Program**](https://www.davenportdiocese.org/documents/2017/8/IMMIGRATION%20Brochure%20new%20Version08-2017-3.pdf)**:** Please welcome Jennifer Perez as our new Administrative Assistant. The diocesan Immigration Program is a non-profit program that provides immigration counseling to help reunite families split by immigration, and assists immigrants in adjusting their immigration status and advocates on their behalf. The Immigration Program focuses on family reunification immigration cases. [Click here](https://www.davenportdiocese.org/immigration-program) to learn more about the program. **For a better service please call to schedule an appointment:** Direct line: 563-324-1912, ext. 4213, General phone: 563-324-1911. E-mail: [perez@davenportdiocese.org](mailto:perez@davenportdiocese.org)

[**Project Rachel**](https://www.davenportdiocese.org/project-rachel-ministry) is a confidential, post-abortion healing ministry of the Catholic Church offering hope and healing to women and men hurting from past abortions.

* Dedicated Helpline: 563-333-4107 Dedicated e-mail: [projectrachel@diodav.org](mailto:projectrachel@diodav.org)

**How to Promote** **in your parish:** For materials contact Esmeralda Guerrero, [guerrero@davenportdiocese.org](mailto:guerrero@davenportdiocese.org)

* + Distribute the free brochure, “Peace Starts Here”
  + Display banners at your parish
  + Put a link on your website to the Project Rachel website, <https://www.davenportdiocese.org/project-rachel-ministry>
  + Include weekly bulletin announcements
  + Pray for women and men that have been affected by abortion

**PROTECTING GOD’S CHILDREN**

**To report child abuse call** the Iowa Attorney General Clergy Abuse hotline at 855-620-7000 (M-F, 8 am.-4:30 pm.) to speak with a trained advocate or the Iowa Department of Human Services Child Abuse Hotline: 800-362-2178. If it involves clergy or church personnel also notify Alicia Owens, Victim Assistance Coordinator:563-349-5002, [vac@diodav.org](mailto:vac@diodav.org) or PO Box 232, Bettendorf, IA 52722-0004.

**OUR LADY OF THE PRAIRIE RETREAT, WHEATLAND**

For details and to register go to the full calendar at [www.theprairieretreat.org](https://linkprotect.cudasvc.com/url?a=https%3a%2f%2fwww.theprairieretreat.org&c=E,1,N3kJsQRdv2NgxPMIeSsrP4agETxU9w7olOFXYtRaZuF1_VttX96K9f1IfeUqxoCNet7rObwhEpszEPcBFb6fu-WfcwwriSpCJMarq6QJ_wPA2J5rRAkIkW5xQA,,&typo=1&ancr_add=1). You may also register via email, [olpretreat@gmail.com](mailto:olpretreat@gmail.com) or call 563-374-1092. Scholarships available.

* **ONLINE ONLY: Awaken to Your Cell Wisdom: A Program for healing mind, body and spirit:** Thursday, February 2, 9, 16, 23 and March 2 | 6:00-8:00 p.m. Gain a whole new understanding and appreciation for your body and feel more empowered to take better care of yourself! Sondra Barrett. Fee: $50
* **ONLINE ONLY: A Down to Earth Spirituality:** Tuesday, February 7 | 6:00-8:00 p.m. Enhance your spirituality through concrete practices that will bring you comfort. Rev. Dr. Charles Knicker. Fee: $20
* **Pathways to the Divine – Roman Catholic** with Bishop Thomas Zinkula: Monday, February 20 | 6:00-8:00 p.m., Sacred Heart Cathedral, Davenport. Zoom option available. Each month, explore the core and depth of one of the world’s religions. While we honor the differences among faiths, it is time to emphasize our similarities. Free will offering
* **ONLINE ONLY: God Does Extraordinary Things Through Ordinary People:** Tuesday, February 21 | 6:30-8:00 p.m. Hear the amazing stories of people who have overcome great circumstances in their lives to show that God is with us! Mary Potter Kenyon. Fee: $20
* **Every Day is Earth Day:** Saturday, February 25 | 8:00 a.m. - 2:00 p.m. We do not inherit Earth from our ancestors, we borrow it from our children. Presented by area experts. Fee: $35 includes lunch
* **Evangelization: Living Faith With Joy and Intentionality the Other 167 Hours Per Week:** Saturday, March 4 | 10:00 a.m.-4:00 p.m. This retreat will leave you better equipped to live faith more intentionally in daily life and in your relationships. Presenter: Patrick Schmadeke Fee: $35 includes lunch
* **Walking with Holy Women on the Lenten Journey:** Sunday, March 5 | 11:00 a.m.-4:00 p.m. The Lenten Journey, the journey of life, is filled with challenges and hardship. This retreat will help women gain strength and joy on the journey. Facilitator: Mary Pedersen, D. Min Fee: $35 includes lunch
* **The Joy of Forgiveness:** Forgiving is the only way to stop the pain and bring hope to the future. Friday, March 10 | 10:00 a.m.-4:00 p.m. Facilitator: Sandy Hoenig Fee: $35 includes lunch
* **ONLINE ONLY: The Seed Book, a Teaching Memoir:** Monday, March 13 | 6:00-8:00 p.m. A series of stories about planting seeds. These seed stories invite you to connect with your laughter, your sorrow, your joy, your dream, your hope…. your personal Pilgrim Life Journey. Presenter: Rev. Dr. Carol Vaccariello. Fee: $20
* **Pathways to the Divine - Protestant: Lutheran:** Monday, March 20 | 6:00-8:00 p.m. Each month, explore the core and depth of one of the world's religions. While we honor the differences among faiths, it is time to emphasize our similarities. Presenters are Rev. Peter Pettit and Rev. Max Franks. Location: St. Paul Lutheran Church, Davenport. Zoom option available. Fee: Free will offering
* **ONLINE ONLY: God Does Extraordinary Things Through Ordinary People:** Thursday, March 23 | 6:30-8:00 p.m. Hear the amazing stories of people who have overcome great circumstances in their lives to show that God is with us! Presenter: Kelly Ann Seastrand Fee: $20
* **Pathways to Peace: 20 Visualizations to Enhance Your Yoga Practice:** Saturday, March 25 | 9:00 a.m. – noon. Learn to integrate guided meditation and yoga to improve your overall health. Facilitator: Dianne Willging. Fee: $25
* **Sacred Grace of Aging:** Wednesday, March 29 | 10:00 a.m. - 4:00 p.m. Find grace, blessings, wisdom, excitement, meaning, growth, and maturity in the aging process. Presenter: Sr. Kathleen Sadler, OSF. Fee: $35 includes lunch

BENET HOUSE RETREAT CENTER, ROCK ISLAND, IL

[Go here to register](https://linkprotect.cudasvc.com/url?a=http%3a%2f%2fwww.smmsisters.org%2fretreats&c=E,1,dAm9JyqF1JK4FsaZywnskTHVpPEbxVRhIbgWSf2yQKoaXus8odCgBFj_DD4oc6bP2nuXGzunPRujLj6fNhgD1_d3moekUjSWddlDiJkv1J067g,,&typo=1), email [retreats@smmsisters.org](mailto:retreats@smmsisters.org) or call Sr. Jackie Walsh, OSB at 309-283-2108

* **Bookmarks: *The Whole Language* by Fr. Greg Boyle (virtual):** Final Dates: Feb. 2, 9; Time: 6:30-8 pm; Facilitator: Maureen Bennett, SMM Oblate and Volunteer; Virtual. Fee: $40.
* **A Weekly Lenten Retreat: A Transformed Life (virtual and onsite):** Thursdays: Feb. 23; Mar. 2, 9, 16, 23, and 30; 6:30-8:30 pm. Deepen your Lenten experience with this 6-week retreat that incorporates Centering Prayer with the teachings on *A Transformed Life* presented, via DVD, by Sr. Maria Tasto, OSB. Sr. Maria was on staff at Contemplative Outreach. The series will unpack the spiritual journey using images of false self and true self as taught by Fr. Thomas Keating. This Lenten retreat provides a context within which to understand both the challenges and blessings of our seeking God. Sessions begin with Centering prayer, then video reflection/discussion, and end with Centering Prayer. Retreat Leaders: Carol Mizeur, Coordinator of Mississippi Valley Centering Prayer; Sr. Bobbi Bussan, OSB. Fee: Register and pay in full: $75/series.
* **Finding Resilience While Embracing Grief to Recreate Life (virtual and onsite):** Date: Sat. Feb. 25; Time: 9 am-3:30 pm. This workshop will explore the bitterness of grief and offer ideas to discover the sweet gift of resilience and new life after a loss. Resurrection is for the living as well as the dead. During this time, participants will connect with each other and their individual stories of grief. They will engage in personal activities for reflection and learning. We will explore three insights for the work of grief and mourning, to “grieve deeply, live fully, and love greatly.” Leader: Elaine K. Olson. She recently published her memoir, *My Walk with Grief,* about her ten-year journey through grief and finding new life. Virtual Fee: $55; Onsite Fee: $70, includes lunch.
* ***Lent-Season of Transformation*:** Tuesdays: Feb. 28, Mar. 7, 14, and 21; Time: 6:30-8 pm. Location: Gathering Space at St. Paul the Apostle Catholic Church, Davenport. During Lent, we strive to free ourselves from clutter-material and spiritual-to focus on God and turn back to Him with our whole hearts. If this ‘turning back’ is genuine, it will be a reorientation, a transformation. Please join us for a four-week study of this Little RockScriptureStudy. We will be exploring three key moments in the life and ministry of Jesus, enabling us to embrace transformation by Repentance, Surrender, and Love. Retreat Leader: Lorene Knobbe, Assistant Program Director, Benet House, retired educator, Boundless Compassion Facilitator, spiritual director, St. Paul the Apostle parishioner. Fee: $30, includes study guide.

To support the ministry of your parish, school and the diocese these groups automatically receive the *Mini-Messenger*:

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