



EQuipped for Ministry

A Certificate in Youth Ministry Studies from EQuipping the Saints



EQSAINTS

EQuipped for Ministry provides youth ministry leaders with the foundational knowledge of ministry and the practical skills needed to minister to teens today.



EQSAINTS

Over the span of eight courses, youth ministers can expect to build a community of support and receive spiritual formation as they also learn the best practices of Catholic ministry.



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Course 1: Context of Youth Ministry

Beginning with the ministry of Jesus and understanding that the Church is a sacrament of Christ, youth ministers will move from the biblical roots to the contemporary context in the following topics:

- The mission of the Church
- The Biblical roots of ministry
- Ministry in the Early Church
- The Eight components of youth ministry
- Modern adolescents



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Course 2: The Person of the Youth Minister

Recognizing that the youth minister is a disciple, care is given to the personal formation of the person. They will deepen their interior life with the Lord and understand themselves as a public minister through the following topics:

- Being a Disciple Who Disciples Others
- Authentic Witnesses to the Faith
- The Path of Self Understanding
- Praying as the Lord Created Me to Pray
- My Path to Holiness



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Course 3: Youth Ministry Management

Leadership in youth ministry requires management skills. The course seeks to raise the level of competency of youth ministers through:

- Skills in training, retaining, and maintaining volunteers
- Effective budget management
- Understanding leadership styles and practices
- Strategies for working as part of team



Course 4: Parish Infrastructure for Youth Ministry

Regardless of parish size, location, and demographics, a successful infrastructure can be recreated. The analogy of the course is that of artwork supported by the three legs of an easel seen through the follow:

- Navigating the parish dynamic
- Fostering youth leadership
- Engaging parents in discipleship
- Involving the entire parish in youth ministry
- Programming for fruitful ministry



Course 5: Forming Catholic Identity

Catholic youth ministers receive a mandate from the Church to foster a uniquely Catholic spirituality and worldview within the teens to whom they minister. The course seeks to help teens grow in both their understanding of and practice of their faith through:

- Deepening their liturgical spirituality
- Reflection on their own practice of the faith
- Examining the current cultural context
- Skills for nurturing Catholic identity
- Create experiences that are uniquely Catholic



Course 6: Prayer and Worship

Liturgical prayer is the place where our salvation is worked out and studies reveal that daily personal prayer is the most common behavior among those who remain engaged in their faith. The course will present a vision and strategies for rooting teens liturgically and in personal prayer through:

- Exploring methods for personal prayer
- Learning to plan meaningful experiences of prayer
- Instruction in ways to raise up liturgical leadership
- Preparation of liturgical celebrations
- Effective retreat preparation



Course 7: Pastoral Care

Today's youth ministers face to different realities. There is a growing need to address the state of mental health among adolescents and also a desire among other adolescents to move more deeply in their walk with the Lord. The course seeks to:

- Give an overview of the psychological development of teens
- Help youth ministers assess the needs of teens
- Aid youth ministers in the art of accompaniment
- Provide guidance in building a network of professionals



Course 8: Forming Missionary Disciples

The Church has a single mission to reconcile all things to the Father in Jesus Christ through the work of the Holy Spirit in the Church. This single mission has two aspects. One is found in the Church's evangelistic efforts and another is found in her work for justice. This course will:

- Explore the Church's evangelistic mission
- Provide evangelistic strategies for reaching teens
- Explore the Church's social teaching
- Provide strategies for engaging teens in works of justice
- Help equip teens as evangelists

**For more information about
hosting EQuipped for Ministry**

visit or call

www.eqsaunts.com

731-214-3556

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Youth Group

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Adult and Teen

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Adult Learners

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Christ Teaching

<https://www.worldhistory.org/image/13324/calling-of-the-apostles-by-domenico-ghirlandaio/>

Youth Pastor

<https://pixabay.com/photos/young-portrait-look-person-happy-1761404/>

Pen and Paper

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Easel and Canvas

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Catholic Liturgy

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Hands of Care

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Mission of the Street

<https://www.rawpixel.com/image/3283897/free-photo-image-city-blur-lantern-light>

Ambient Background

<https://pxhere.com/en/photo/32930>