

**PULPIT ANNOUNCEMENT**  
**Personal Invitation To Join CRS Rice Bowl**

*Add your personal reflections and invite your community to participate in CRS Rice Bowl during announcements at Mass or in your school's morning or afternoon announcements.*

Good morning/afternoon. My name is \_\_\_\_\_, and I'm here to invite you to bring global solidarity into your family's Lenten journey by participating in CRS Rice Bowl this Lent.

CRS Rice Bowl was started in 1975 by Catholics in Allentown, Pennsylvania who were looking for a way to help families experiencing drought and famine in the Sahel region in Africa. Participants fasted, ate simple meatless meals and donated the money they saved through these sacrifices.

This Lent, our community is joining more than 11,000 parishes and schools across the U.S. to continue putting our faith into action to help our sisters and brothers around the world.

I invite you to take home one of these Rice Bowls and place it on your family's dinner table or in another place where you'll see it every day. Then, incorporate the daily reflections and actions found in the Lenten calendar each day.

As you pray, please pray for people facing hunger around the world and here at home.

As you fast, please remember those for whom fasting is not voluntary.

As you prayerfully discern giving alms, please consider how your gifts will support the global work of the Church through CRS Rice Bowl, particularly at this moment when so many of our sisters and brothers are experiencing hunger and poverty.

I'm excited to take this journey as a community, and to connect our prayer and reflections with other faith communities across the country to support our global family.

Please pick up your Rice Bowl for your family, located \_\_\_\_\_.

If you have any questions, please talk to me after Mass. Thank you for your time.

Thank you.