

## Speakeasy

St Frederic Speakeasy

Saturday, September 18, 2021

Casino & Dinner Night

Buccini Hall doors open at 5:00 p.m.

Dinner served at 6:00 p.m. (New York Steak or Marsala Chicken)

Casino open from 7:00 p.m. to 10:00 p.m.

Music of the era

Craps, Blackjack, & Roulette

Table games & Casino prizes

Door prizes & Photo booth

No host bar & Table wine

1920s Attire with prize for best dressed

\$45 per person or Table for \$350

Call the office at (503)397-0148 or order tickets online at [stfredericchurch.org](http://stfredericchurch.org). Specify dinner choice.

## PRAYER REQUESTS

Quartney Alden, Linnae Anceneaux, Marie Anderson, Chris Arnis, Janet Barker, Joey Bates, Allen Bork, Allen Bower, Ken Brock, Marvel Brown, Ray Brown, Sandy Byers, Leo Carina, Lynn Chiotti, Barbra Cowlin, Pam Curnutt, Donna Marie DeSantis, Ralph DeSantis, Randy Dixon, Mary Douthwaite, Dominique Earl, Dean Ebert, Sharon Flowers, Lanis Rusty Freeman, Clair Grisham, Dave Innocenti, Bill Jauron, Bethany Lang, Herbert Lightner, Larry Liewer, Patty Lowe, Rodney Mann, Debbie Medeiros, Inge Miller, Dick Niece, Bernard Offley, Michelle Offley, Kathy Painter, Manuel Painter, Keating Presnell, Dennis Pruchniewski, Gretchen Robinson, Lindsee Rome, Ronald Schaumberg, Annabelle Scheer, Linda Stabb, Sunday Summer, David Tappert, Pauline Thompson, Margie Tomlinson, Robert Tracey, Tara Rose Tucker, Marcy Wright, and Gail Norwood Young.

# St. Frederic Catholic Church

175 S. 13th St., St. Helens, Oregon

## Mission Statement

*St Frederic is a Catholic Christian Community that works and prays together to deepen our love of God and to share that love by ministering to each other and the extended community in holiness and justice.*

Phone 503-397-0148 • Fax 503-366-3870

[stfred@comcast.net](mailto:stfred@comcast.net)

<https://stfredericchurch.org>

OFFICE HOURS: Available by phone

**August 29, 2021**  
**22nd Sunday of Ordinary Time**



Celine Sanchez and her parents celebrated Quinceanera Mass

## PARISH STAFF

### Pastor

Rev. Fr. Nicolaus Marandu 503-397-0148

### Bookkeeper/Office Manager/Hall Rental

Phyllis Dahlin 503-397-0148

### Parish Secretary/Website

Timari Prevish 503-397-0148

### Hispanic Ministries

Rosa Gonzalez 503-397-0148

## COUNCILS

### Finance Council

Tom McMahon 503-397-2791

### Pastoral Council

Paula Monroe 503-369-4130

## MINISTRIES

### Religious Education

Diane Larson 503-397-0148

### Funeral Arrangements

Sally Caniparoli 503-380-9085

### RCIA

Tom and Timari Prevish 503-397-3323

### Sacristan

Sally Caniparoli 503-380-9085

### St. Vincent de Paul

Julie Reilly 503-366-0787

Sick Calls or Death/Sally 503-380-9085

St Vincent de Paul 888-375-6074

## Mass Schedule:

Saturday at 5:00 p.m.

Sunday at 9:00 a.m. & 11:00 a.m.

Tuesday at 9:00 a.m.

Wednesday at 9:00 a.m.

Thursday at 9:00 a.m.

Friday at 9:00 a.m. Mass & Adoration

Reconciliation: 4:00—4:30 p.m. Saturday & by appointment

Masks are required for everyone to attend Mass.

The obligation to attend Mass on Sundays and Holy Days of obligation remain in place.

Masses can still be seen online or on TV:

Mass can be seen on EWTN at 5:00 a.m. & 9:00 a.m. 4:00 p.m., 4:45 p.m., 9:00 p.m. & 9:45 p.m.

Mass can be listened to on Mater Dei Radio (88.3 FM) at 5:00 a.m., noon & 8:00 p.m.



PART of the AVAMERE FAMILY of COMPANIES

Independent Living  
Assisted Living • Memory Care

2400 Gable Rd, St Helens OR 97051

(503) 366-8070

[www.AvamereAtStHelens.com](http://www.AvamereAtStHelens.com)



155 N. Columbia River Hwy

St Helens, OR 97051

Open: 6:00 a.m. to midnight

Download Victorico's App!

Parishioner-Owned

## St Helens Liquor Store

420 Columbia Blvd.

A family-owned local store carrying a variety of liquors and mixers

Doug Stokes • Parishioner  
503-397-1733

Tastings are back!



**KNIGHTS**  
**of COLUMBUS**  
**Council #3302**

## Member Benefits

- Life Insurance
  - Fellowship
  - IRA's Roth & Traditional
  - College Scholarships
  - Community Service
- KofC.org to sign up*



503-397-3211

2124 Columbia Blvd.

St. Helens, OR 97051



## Every Life Celebrated

The staff members of Columbia Funeral Home will guide your family in creating a meaningful ceremony to honor the life and memory of a loved one.



681 Columbia Blvd. St Helens, OR  
503.397.1154  
[www.columbiafh.com](http://www.columbiafh.com)

**Advertise Your  
Business Here**

**Call 503-397-0148**

**Or email**

**[stfred@comcast.net](mailto:stfred@comcast.net)**



**Honest Service • Fair Pricing**

- Water Heater Installation
- All Leaks/Sewer Lines
- Frozen Pipes
- Re-piping
- Radiant Floor Heating
- Bathrooms/Kitchens

<http://www.northwest-plumbing-services.com/>  
Owned & Operated by David & Mindy Sass



# Financials

**Financial Report for August 22, 2021**

The budget for July 1, 2021 through June 30, 2022 is \$4,000 per week. These are expenses to maintain our liturgy, ministries, personnel, and facilities throughout the church compound.

Week	8	<u>Weekly</u>	<u>YTD</u>
Need:		\$ 4,000.00	\$ 32,000.00
Collection:		<u>\$ 1,432.00</u>	<u>\$ 21,730.35</u>
		\$-1,568.00	\$-10,269.65

Thank you for your Support

**BEQUESTS**

I give, devise, and bequeath the sum of \$\_\_\_\_\_ to the Archdiocese of Portland in Oregon for the sole benefit of St. Frederic Catholic Church located at 175th S. 13th, St. Helens, Oregon to be used under the direction of the priest at the time of my death.

# Capital Campaign

Total Rec'd	Total Pledged	Goal
\$ 271,761.16	\$ 286,608.00	\$300,000

Dear Father Marandu,

Praised Be Jesus Christ!

Please extend my gratitude to your parishioners at St. Frederic Parish for reaching goal for the Archbishop's Catholic Appeal. Their generosity will go a long way to support our many ministries in western Oregon and I'm most appreciative of their prayerful consideration and commitment to the Appeal.

May our good and gracious God continue to bless you in faith, love and journey in Christ.

Gratefully yours in Christ,

Most Rev. Alexander K. Sample  
Archbishop of Portland in Oregon

22nd Sunday of Ordinary Time

That Which is Within

He summoned the crowd again and said to them, “Hear me, all of you, and understand. Nothing that enters one from outside can defile that person; but the things that come out from within are what defile.” [Mark 7:14–15](#)

Jesus speaks this passage after calling the Pharisees “hypocrites.” He rebukes them for being obsessively concerned about the externals and failing to be attentive to the internals. Jesus makes it clear that evil comes from within and that the heart should be our true concern.

The thing that sparked Jesus’ strong rebuke of the Pharisees was the fact that they criticized the disciples for not washing their hands and, thus, they ate their meal with “unclean hands.” What’s sad is that the Pharisees seem to make a huge deal about this fact. What this reveals is that the Pharisees seemed to think that holiness is something that you obtain by scrupulous external observance of the laws and customs of the times. But they failed to see the importance of what was within.

St. Teresa of Ávila has a couple of beautiful quotes that speak of the importance of that which is within. “Within you dwells your God. Enter within, look at Him, talk to Him, listen to Him and stay with Him in your heart.” And, “Indeed, we have heaven within ourselves for the Lord of Heaven is there.”

Jesus also points out the types of evil that come from within. “From within people, from their hearts, come evil thoughts, unchastity, theft, murder, adultery, greed, malice, deceit, licentiousness, envy, blasphemy, arrogance, folly. All these evils come from within and they defile” [Mark 7: 21–23](#).

So what’s in your heart? When you spend time alone and quietly look at your life, what do you see? What is it that makes up your interior life?

Reflect, today, upon that which is within. Know that any sin in your heart must be acknowledged, confessed and purged. Only when that is done can you meet God who dwells within. Only then can you allow God to transform your exterior from His presence in your soul.

Copyright © 2020 My Catholic Life! Inc. All rights reserved. Used with permission. www.mycatholic.life Copyright © 2021. All rights reserved.

# From the Pastor

Dear Parishioners,

This is a continuation of the understanding Penance from the Archdiocesan Liturgical Handbook, Archdiocese of Portland in Oregon. 8.2.2 to 8.2.2 continues:

The term *penance* “means the inmost change of heart under the influence of the word of God and in the perspective of the kingdom. (Mt 4: 17) Yet penance also means changing one’s life in harmony with the change of heart, and in this sense doing penance is completed by bringing forth fruits worthy of penance: (Lk 3:8) It is one’s whole existence that becomes penitential, that is to say, directed toward a continuous striving for what is better. But doing penance is something authentic and effective only if it is translated into deeds and acts of penance” and so penance also means asceticism, “the concrete daily effort of a person, supported by God’s grace, to lose his or her own life for Christ as the only means of gaining it; (Mt 16:24-26) an effort to put off the old man and put on the new; (Eph 4:23-24) an effort to overcome in oneself what is of the flesh in order that what is spiritual may prevail; (1 Cor 3:1-20) a continual effort to rise from the things of here below to the things of above, where Christ is. (Col 3:1-2) Penance is therefore a conversion that passes from the heart to deeds and then to the Christian’s whole life.”

It is, then, no wonder that this sacrament is called the Sacrament of Penance, though because of its great richness of meaning, it is also called by other names: as the “sacrament of conversion”, it accompanies the sinner with divine grace beyond initial repentance for sins; as the “sacrament of confession” it includes the moment the sinner admits to a priest those sins he has committed and also “confesses” or acknowledges the holiness and mercy of God; (Catechism) as the “sacrament of forgiveness” it brings to the penitent, through the priest’s words, “pardon and peace.” (Catechism)

This sacrament is also referred to as the “sacrament of reconciliation”, a term used in the early Church and by the Council of Trent. In fact, this sacrament renders sacramentally effective what Jesus taught in the Parable of the Prodigal Son about our being reconciled and reunited as sons and daughters with God the Father.

Yours in Christ,  
Fr. Marandu

## Class Registration

Registration forms are in the Vestibule for Youth Group, RCIA & First Holy Communion. Classes start September 12.

FORMED.org

Our subscription for Formed.org is up for renewal. If you’ve tried it, you know there are an almost limitless number of high-quality resources, including movies, programs, and online books in both English and Spanish. Please consider making a donation toward the cost of our parish subscription, which is \$500 this year. If you haven’t tried Formed.org, you should give it a try.

## Vocation Talk

WE EACH HAVE A VOCATION –“The thing to do is answer the call. We each have something to give.”  
- Dorothy Day

**This week’s FORMED.org pick of the week is**  
Into the Breach—Episode 3: Leadership.  
Among many other things, Pope St. Gregory the Great is known for his incredible pastoral presence and servant leadership. In honor of this magnanimous Saint, enjoy this episode of Into the Breach! Although primarily targeted at men, this video and its emphasis on service will be fruitful to anyone who desires sanctity and self-mastery!