

St. Frederic Catholic Church

175 S. 13th St., St. Helens, Oregon, 97051

Phone 503-397-0148 • Fax 503-366-3870

stfred@comcast.net

<https://stfredericchurch.org>

OFFICE HOURS: Tuesday—Friday 9:00 a.m. to 3:00 p.m.

December 17, 2023

Mission Statement

St Frederic is a Catholic Christian Community that works and prays together to deepen our love of God and to share that love by ministering to each other and the extended community in holiness and justice.

3rd Sunday of Advent



PARISH STAFF

Pastor

Rev. Fr. Nicolaus Marandu 503-397-0148

Administrative Assistant/Bookkeeper

Fatima Segovia Contreas 503-397-0148

Hall Rental

Fatima Segovia Contreas 503-397-0148

Parish Secretary/Website

Timari Prevish 503-397-0148

Hispanic Ministries

Rosa Gonzalez 503-397-0148

Sick Calls/Death/Funerals

Sally Caniparoli 503-380-9085

COUNCILS

Finance Council

Tom McMahon 503-397-2791

Pastoral Council

Mat Penziol 971-813-9506

MINISTRIES

Religious Education

Diane Larson 503-397-0148

High School Youth Group

Sally Caniparoli 503-380-9085

Confirmation/RCIA

Tom and Timari Prevish 503-397-3323

Sacristan

Sally Caniparoli 503-380-9085

St. Vincent de Paul

Julie Reilly 503-366-0787

Women's Society

Judy Valpiani 503-397-0148

St Vincent de Paul

888-375-6074

Mass Schedule:

Saturday at 5:00 p.m.

Sunday at 8:00 a.m.

11:00 a.m. (bilingual)

Tuesday at 8:30 a.m.

Wednesday at 8:30 a.m.

Thursday at 8:30

Friday at 8:30 a.m. Mass & Adoration

Reconciliation: 4:00—4:30 p.m. Saturday
or by appointment

Our Offertory Collection

December 10, 2023

The budget for July 1, 2023 through June 30, 2024 is \$4,500 per week. These are expenses to maintain our liturgy, ministries, personnel, and facilities throughout the church compound.

Week 24	Weekly	YTD
Need:	\$ 4,500.00	\$108,000.00
Immaculate Conception	\$1,823.00	\$ 75,784.15
Nov. Online	\$2,188.85	\$ 77,973.00
Collection:	\$ 6,920.05	\$ 84,893.05
	\$ 2,420.05	\$- 23,106.95

Thank you for your Support

Maintenance \$1,200.00

BEQUESTS

I give, devise, and bequeath the sum of \$_____ to the Archdiocese of Portland in Oregon for the sole benefit of St. Frederic Catholic Church located at 175th S. 13th, St. Helens, Oregon to be used under the direction of the priest at the time of my death.

Second Collections

This weekend is for St. Vincent de Paul.

Faith Formation

First Communion

12/17 Class after 11:00 a.m. Mass Parish Center
12/24—1/1 No class—Merry Christmas
1/7 Class after 11:00 a.m. Mass Parish Center

Confirmation Class (1st year)

12/17 Class 9:15—10:45 a.m. Parish Center
12/24—1/1 No class—Merry Christmas
1/7 Class 9:15—10:45 a.m. Parish Center

Confirmation Class (2nd year)

12/17 No class
12/24—1/1 No class—Merry Christmas
1/7 Class 9:15—10:45 a.m. St. Joseph's Rm

MASS OFFERINGS (\$10.00)

December 16—December 23

Sat 12/16 5:00 p.m. † Jason Steinke
Sun 12/17 8:00 a.m. For the Parishioners
11:00 a.m. † Victorico Sanchez
Tue 12/19 8:30 a.m.
Wed 12/20 8:30 a.m.
Thur 12/21 8:30 a.m.
Fri 12/22 8:30 a.m.
Sat 12/23 5:00 p.m. † Jeanette Jackson

Mass Offerings

Envelopes are available in the vestibule for all parishioners who wish to request a mass. You may put your Mass offering request in the collection basket or mail to the office. The Archdiocese has requested that all Mass offerings go through the accounting system in all parishes in the Archdiocese. Please turn in requests 1 week prior to allow for processing. **When writing a check, make it out to St. Frederic Catholic Church.** Please make sure to include your phone number in case there are questions. Offering is \$10.

High School Youth Group

12/20 Meet 6:00 Christmas Program practice
12/27 No meeting—Merry Christmas

Rite of Christian Initiation for Adults

Why pray to the Saints? Isn't that worshipping someone besides God? If you don't know the answer, come to class and find out.

12/21 Homework 4—Communion of Saints
12/21 Homework 5—Why do I Need the Church?
1/4 Class 6:00 p.m.

This week's [Formed.org](https://www.formed.org) pick of the week is **Mary of Nazareth**.

What would it have been like to have known the Mother of God? Watch this beautiful film portraying the life of Mary in order to contemplate Mary's profound faith and the mysteries of her life.

Our parish has a FORMED subscription. Visit [formed.org/signup](https://www.formed.org/signup) and select our parish.

**Congratulations to Isaiah who was Baptized on
Saturday, December 9, 2023.**



**NATIONAL
Eucharistic
Revival**

The mission is to renew the Church by enkindling a living relationship with our Lord Jesus Christ in the Holy Eucharist. Information can be found at <https://www.eucharisticrevival.org/> and on our website at <https://stfredericchurch.org/eucharistic-revival> for the latest information.

Please read the Reflections that Father Marandu has in the bulletin each week during this Advent season. It is well worth reading.

PRAYER REQUESTS

Karen Adenau, Quartney Alden, Bill Amos, Rosie Amos, Linnae Anceneaux, Chris Arnis, Janet Barker, Ken Brock, Marvel Brown, Leo Carina, Barbara Cowlin, Lori Dahlin, Mark Dahlin, Joe Davis, Rita Davis, Donna Marie DeSantis, David Douthwaite, Mary Douthwaite, Dean Ebert, Sharon Flowers, Lanis Rusty Freeman, Barbara Gordon, Clairra Grisham, Brent Hiller, Cliff Johnson, Joe Johnson, Bethany Lang, Larry Liewer, Nick Liewer, Patty Lowe, Rodney Mann, Debbie Medeiros, Dick Niece, Robin Ochoa, Bernard Offley, Manuel Painter, Keating Presnell, Patty Rodabaugh, Ronald Schaumberg, Annabelle Scheer, Melody Smith, Linda Stabb, Pauline Thompson, Margie Tomlinson, Marcy Wright, Clifford Van Loo, and Gail Norwood Young.

Children's Christmas Program Practice

- **Sunday, December 17 after the 11:00 a.m. Mass**
- **Wednesday, December 20 at 6:00 p.m.**

CHILD PROTECTION

Mandatory Online Training

For Clergy, Employees and Volunteers who work with minors.

“Foundations: Preventing Abuse on Youth-Serving Organizations”

This is a follow up course to the CASE training.

- Identify Red-Flags.
- Manage high-risk situations.
- Respond to suspected abuse with confidence.

Timeline:

DUE : December 31, 2023

Instructions:

1. Go to <https://stfredericchurch.org/>
2. Click on the button under Called to Protect
3. Log-in to Praesidium with UserID and Password
4. Find the title, Foundations: Preventing Abuse on Youth-Serving Organizations in the “Featured Content” section.
5. Choose your preferred language and start the course.

It will take approximately 45 minutes to complete.

Christmas Bazaar

What a success our Bazaar was this year. To date, we have accounted for \$8,482. This is not a final amount because expenses have not been deducted, so we will keep you informed of our final amount.

ADVERTISER this WEEK!

Peterson Cat

We would like to thank Peterson Cat for placing an ad in our bulletin! Our advertisers pay for the printing of our bulletin.

Parish Center

We have a new look at our Parish Center. In the front entry, a new light hangs there. It is in keeping with the age of the building. We have hung the old light at the back door. Our Parish Center is increasing in its beauty.

Bible Reflection from St. Paul Society

December 17, 2023 3rd Sunday of Advent

The mysterious figure of John the Baptist, introduced in last week's readings, comes into sharper focus today. Who he is, we see in today's Gospel, is best understood by who he isn't.

He is not Elijah returned from the heavens (see 2 Kings 2:11), although like him he dresses in the prophet's attire (see Mark 1:6; 2 Kings 1:8) and preaches repentance and judgment (see 1 Kings 18:21; 2 Chronicles 21:12-15).

Not Elijah in the flesh, John is nonetheless sent in the spirit and power of Elijah to fulfill his mission (see Luke 1:17; Malachi 3:23-24).

Neither is John the prophet Moses foretold, although he is a kinsman and speaks God's word (see Deuteronomy 18:15-19; John 6:14). Nor is John the Messiah, though he has been anointed by the Spirit since he was in the womb (see Luke 1:15, 44).

John prepares the way for the Lord (see Isaiah 40:3). The baptism he performs is symbolic, not sacramental. It is a sign given to stir our hearts to repentance.

John shows us the One upon whom the Spirit remains (see John 1:32), the One who fulfills the promise we hear in today's First Reading (see Luke 4:16-21). Jesus' bath of rebirth and the Spirit opens a fountain that purifies Israel and gives to all a new heart and a new Spirit (see Zechariah 13:1-3; Ezekiel 36:24-27; Mark 1:8; Titus 3:5).

John comes to us in the Advent readings to show us the light, that we might believe in the One who comes at Christmas. As we sing in today's Responsorial, the Mighty One has come to lift each of us up, to fill our hunger with bread from heaven (see John 6:33, 49-51).

And as Paul exhorts in today's Epistle, we should rejoice, give thanks, and pray without ceasing that God will make us perfectly holy in spirit, soul, and body—that we may be blameless when our Lord comes.

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Daily Readings

18 December 2023

Jer 23:5-8; Ps 72:1-2, 12-13, 18-19; Mt 1:18-25

19 December 2023

Judg 13:2-7, 24-25a; Ps 71:3-4a, 5-6ab, 16-17; Lk 1:5-25

20 December 2023

Is 7:10-14; Ps 24:1-2, 3-4ab, 5-6; Lk 1:26-38

21 December 2023 –Peter Canisius, Priest, Doctor

Song 2:8-14 or Zep 3:14-18a; Ps 33: 2-3, 11-12, 20-21; Lk 1: 39-45

22 December 2023

1 Sam 1:24-28; 1 Saml 2:1, 4-5, 6-7, 8abcd; Lk 1:46-56

23 December 2023 –John of Kanty, Priest

Mal 3:1-4, 23-24; Ps 25:4-5ab, 8-9, 10 and 14; Lk 1:57-66

24 December 2023 - 4th Sunday of Advent

2 Sam 7:1-5, 8b-12, 14a, 16; Ps 89: 2-3, 4-5, 27, 29; Rom 16: 25-27; Lk 1: 26-38

Adoration

As part of the Revival of the Eucharist, St. Frederic has added an evening Adoration on Thursday evenings from 7:00 p.m. to 8:00 p.m. All are welcome and encouraged to spend time with the Lord.

Missing

We are missing two **RED APRONS** from the Christmas Bazaar. Please bring them back to the office as soon as possible. Thanks.



Join Archbishop Sample in Rome

Archbishop Alexander Sample invites you to attend a special pilgrimage to Rome to visit the heart of the Church and celebrate vocations to the priesthood and religious life. This 11-day pilgrimage, September 25 through October 5 2024, will include stops in Siena, Florence, Assisi, and Orvieto. Pilgrims will experience private, guided tours and have the opportunity to visit magnificent churches, holy places, museums, and Roman ruins. Pilgrims will also get to attend the Diaconate Ordination of American seminarians at St. Peter's Basilica in Rome with Archbishop Sample presiding—a once in a lifetime opportunity! Go to <https://archdpdx.org/rome> for more information.

REFLECTION ON EUCHARISTIC Revival

*Advent Week 3
December 2023*

[This homily is based on the Catechism of the Catholic Church highlighting essential truths about the Holy Eucharist.]

[CCC 1411] Only validly ordained priests can preside at the Eucharist and consecrate the bread and the wine so that they become the Body and Blood of the Lord.

A priest possesses within the Church the power of Holy Orders to offer sacrifice in the person of Christ. For this reason he stands at the head of the faithful people gathered together here and now, and according to the duties assigned to him by his bishop, presides over their prayer, proclaims the message of salvation to them, associates the people with himself in the offering of sacrifice through Christ in the Holy Spirit to God the Father, gives his brothers and sisters the Bread of eternal life, and partakes of it with them. When he celebrates the Eucharist, therefore, he must serve God and the people with dignity and humility, and by his bearing and by the way he says the divine words he must convey to the faithful the living presence of Christ. [See GIRM 93]

[CCC 1391] *Holy Communion augments our union with Christ.* The principal fruit of receiving the Eucharist in Holy Communion is an intimate union with Christ Jesus. Indeed, the Lord said: “He who eats my flesh and drinks my blood abides in me, and I in him.” [John 6:56] Life in Christ has its foundation in the Eucharistic banquet: “As the living Father sent me, and I live because of the Father, so he who eats me will live because of me.” [John 6:57]

This holy communion also places me in communion with the whole Church. It places me in relationship with all the Church triumphant: His angels, His saints, His Blessed Mother. It places me in relationship with all of the Church suffering, those who have died and are undergoing purification to enter Heaven. I am closest to those I’ve loved and lost whenever I’m in communion with Jesus. Holy communion places me in

relationship with all the Church militant: the Pope, our local bishop, my pastor and everyone around me on earth. We are one family in one eternal covenant with the living God. It means I am never alone, never isolated, even when I feel like I am, even when I experience abandonment and loss. Communion with Jesus brings me into deeper communion with my spouse, my children, my coworkers, my neighbor. Do we know the people around us at Mass? Have we introduced ourselves? Communion with Jesus is an invitation to work on those relationships which have

conflict and are difficult and tense. Do we seek the intercession of the saints and do we pray for our beloved dead?

[CCC 1396] *The unity of the Mystical Body: the Eucharist makes the Church.* Those who receive the Eucharist are united more closely to Christ. Through it Christ unites them to all the faithful in one body - the Church. Communion renews, strengthens, and deepens this incorporation into the Church, already achieved by Baptism. In Baptism we have been called to form but one body. [cf. 1 Cor 12:13] The Eucharist fulfills this call: “The cup of blessing which we bless, is it not a participation in the blood of Christ? The bread which we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread:” [1 Cor 10:16]

When we enter into that one flesh union with Him in the Holy Eucharist we also enter into communion with the truth, goodness and beauty of His Mystical Body, the Church. So everything that He teaches through His Church becomes definitive of my life. When I receive Holy Communion and say “Amen,” I am saying that I believe in His Real Presence and that I believe everything the Church teaches on faith and morals. That is why we don’t practice inter-communion with other faiths. It doesn’t make sense and isn’t honest to share the Holy Eucharist with those who do not yet believe in the Real Presence and all the truths that the Church teaches on faith and morals. The Holy Eucharist calls us to pray for conversion and unity.

[CCC 1397] *The Eucharist commits us to the poor.* To receive in truth the Body and Blood of Christ given up for us, we must recognize Christ in the poorest, his brethren: “You have tasted the Blood of the Lord, yet you do not recognize your brother....” St. John Chrysostom. (cf. *Presbyterorum Ordinis* 5 “The other sacraments, as well as with every ministry of the Church and every work of the apostolate, are tied together with the Eucharist and are directed toward it.”

[CCC 1398] *The Eucharist and the unity of Christians.* Before the greatness of this mystery St. Augustine exclaims, “*O sacrament of devotion! O sign of unity! O bond of charity!*” The more painful the experience of the divisions in the Church which break the common participation in the table of the Lord, the more urgent are our prayers to the Lord that the time of complete unity among all who believe in him may return.

These are the beautiful effects of the Holy Eucharist in our lives, our individual and communal lives. In the Holy Eucharist Jesus heals relationships and brings them close to His Heart. This is reason for rejoicing. Look what God has done! That is why St. Paul can exclaim, “Rejoice always. Pray without ceasing. In all circumstances give thanks.”



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