

St. Frederic Catholic Church

175 S. 13th St., St. Helens, Oregon, 97051

Phone 503-397-0148 • Fax 503-366-3870

stfred@comcast.net

<https://stfredericchurch.org>

OFFICE HOURS: Tuesday—Friday 9:00 a.m. to 3:00 p.m.

February 1, 2026

4th Sunday in Ordinary Time

PARISH STAFF

Pastor

Rev. Fr. Nicolaus Marandu 503-397-0148

Administrative Assistant

Joyce Beckman 503-397-0148

Hall Rental

Joyce Beckman 503-397-0148

Office Support

Phyllis Dahlin 503-397-0148

Hispanic Ministries/Ministerio Hispano

Rosa Gonzalez 971-225-3577

Sick Calls/Death/Funerals

Sally Caniparoli 503-380-9085

COUNCILS

Finance Council

Mat Penziol 971-813-9506

Pastoral Council

Carlos Sanchez 503-410-0177

MINISTRIES

Religious Education

Yesenia Sanchez Chan 503-397-0148

High School Youth Group

Sally Caniparoli 503-380-9085

Confirmation/OCIA

Tom and Timari Prevish 503-397-3323

Sacristan

Sally Caniparoli 503-380-9085

St. Vincent de Paul

Julie Reilly 503-366-0787

Women's Society

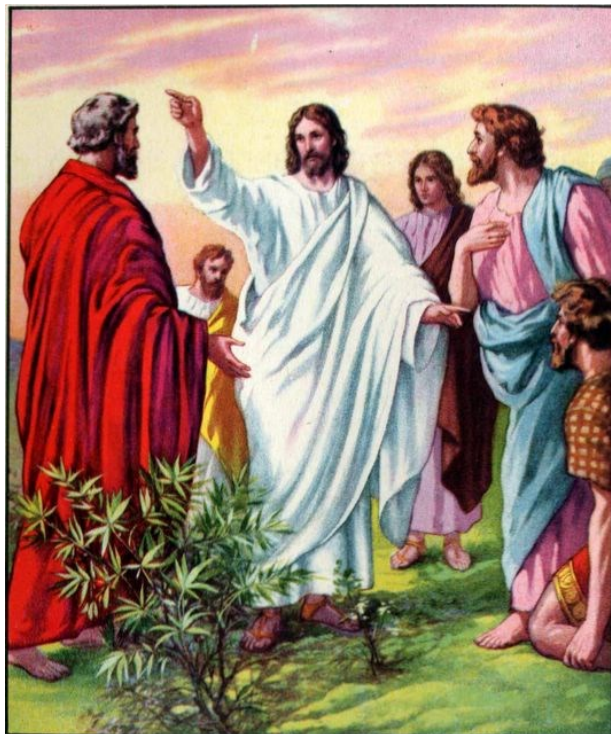
Paula Monroe 503-397-0148

St Vincent de Paul

888-375-6074

Mission Statement

St Frederic is a Catholic Christian Community that works and prays together to deepen our love of God and to share that love by ministering to each other and the extended community in holiness and justice.



This weekend focuses on the Beatitudes
(Matthew 5:1-12a)

Mass Schedule:

Saturday at 5:00 p.m.

Sunday at 8:00 a.m.

11:00 a.m. (bilingual)

Tuesday at 8:30 a.m.

Wednesday at 8:30 a.m.

Thursday at 8:30

Friday at 8:30 a.m. Mass & Adoration

Reconciliation: 4:00—4:30 p.m. Saturday
or by appointment

Our Offertory Collection

January 25, 2026

The budget for July 1, 2025 through June 30, 2026 is \$4,500 per week. These are expenses to maintain our liturgy, ministries, personnel, and facilities throughout the church compound.

Week 30	Weekly	YTD
Need:	\$ 4,500.00	\$135,000.00
Weekly Collection:	\$ 2,103.00	\$126,687.00
Total:	\$ -2,397.00	\$ -8,313.00

Second Collection

Last Weekend: St. Vincent de Paul \$1940.15

Next Weekend: Maintenance

Thank you for your Continued Support!

Daily Readings

2 February 2026 - Monday

Mal 3: 1-4; Ps 24: 7, 8, 9, 10; Heb 2: 14-18; Lk 2: 22-40 or Lk 2: 22-32

3 February 2026 - Tuesday

2 Sam 18: 9-10, 14, 24-25a, 30 – 19: 3; Ps 86: 1-2, 3-4, 5-6; Mk 5: 21-43

4 February 2026 - Wednesday

2 Sam 24: 2, 9-17; Ps 32: 1-2, 5, 6, 7; Mk 6: 1-6

5 February 2026 - Thursday

1 Kings 2: 1-4, 10-12; 1 Chron 29: 10, 11ab, 11d-12a, 12bcd; Mk 6: 7-13

6 February 2026 - Friday

Sir 47: 2-11; Ps 18: 31, 47 and 50, 51; Mk 6: 14-29

7 February 2026 - Saturday

1 Kings 3: 4-13; Ps 119: 9, 10, 11, 12, 13, 14; Mk 6: 30-34

8 February 2026 - Sunday

Isa 58: 7-10; Ps 112: 4-5, 6-7, 8-9; 1 Cor 2: 1-5; Mat 5: 13-16

MASS OFFERINGS (\$10.00)

Sat	1/31	5:00 p.m.	Maureen Proffitt
Sun	2/01	8:00 a.m.	For the Parishioners
		11:00 a.m.	† Monica Leal & † Agustin Amador
Tues	2/03	8:30 a.m.	
Wed	2/04	8:30 a.m.	Prayer Service
Thur	2/05	8:30 a.m.	Prayer Service
Fri	2/06	8:00 a.m.	

Pray for your brothers and sisters in Christ

‘Therefore I tell you, all that you ask for in prayer, believe that you will receive it and it shall be yours’ Mark 11:24

Rosie Amos, Chris Arnis, Janet Barker, Ken Brock, Margaret Brock, Grant Brown, Leo Carina, Diane Chiotti, Ron Chiotti, Stan and Lynn Chiotti, James Cowles, Lori Dahlin, Mark Dahlin, Joe Davis, Donna Marie DeSantis, Pat Dolan, David Douthwaite, Mary Douthwaite, Sharon Flowers, Lanis Rusty Freeman, Barbara Gordon, Clair Grisham, Tim Harman, Cliff Johnson, Bethany Lang, Patty Lowe, Cary Lucas, Rodney Mann, Karen Nabehet, Debbie Medeiros, Chris Mincher, James Morgan, Esther Niece, Bernard Offley, Manuel Painter, Jeremy Perrin, Keating Presnell, Maureen Proffitt, Patty Rismoen, Gretchen Robinson, Ronald Schaumberg, Bruce Schnell, Maureen Sloan, Melody Smith, Dave Sutherland, Roman Tkach, Pauline Thompson, Margie Tomlinson, Darlene Tracey, Clifford Van Loo, Holly Vader, Shirley Walker, Marcy Wright, , and Gail Norwood Young.

Faith Formation Classes

Youth Group—Wednesdays @ 7pm in Parish Center

1st Comm (young kids) - Sundays after the 11am Mass in the Parish Center

1st Comm (older youth) - Sundays at 9:15 in the Parish Center

Confirmation— Wednesdays @ 6-7:00pm in Room 5 (St. Joseph’s room)

OCIA (RCIA)— Thursdays @ 6:30pm in Rm 5

The Blessed Path: St. Paul Society Reflects on the Fourth Sunday in Ordinary Time

Readings: Zephaniah 2:3; 3:12-13; Psalm 146:6-10
1 Corinthians 1:26-31; Matthew 5:1-12

In the readings since Christmas, Jesus has been revealed as the new royal son of David and Son of God.

He is sent to lead a new exodus that brings Israel out of captivity to the nations and brings all the nations to God.

As Moses led Israel from Egypt through the sea to give them God's law on Mount Sinai, Jesus too has passed through the waters in baptism. Now, in today's Gospel, He goes to the mountain to proclaim a new law—the law of His Kingdom.

The Beatitudes mark the fulfillment of God's covenant promise to Abraham—that through his descendants all the nations of the world would receive God's blessings (see Genesis 12:3; 22:18).

Jesus is the son of Abraham (see Matthew 1:1). And through the wisdom He speaks today, He bestows the Father's blessings upon "the poor in spirit."

God has chosen to bless the weak and lowly, those foolish and despised in the eyes of the world, Paul says in today's Epistle. The poor in spirit are those who know that nothing they do can merit God's mercy and grace. These are the humble remnant in today's First Reading, taught to seek refuge in the name of the Lord.

The Beatitudes reveal the divine path and purpose for our lives. All our striving should be for these virtues—to be poor in spirit; meek and clean of heart; merciful and makers of peace; seekers of the righteousness that comes from living by the law of Kingdom.

The path the Lord sets before us today is one of trials and persecution. But He promises comfort in our mourning and a great reward.

The Kingdom we have inherited is no earthly territory but the promised land of heaven. It is Zion where the Lord reigns forever. And, as we sing in today's Psalm, its blessings are for those whose hope is in the Lord.

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Archdiocese Announcement regarding 2nd Collections

Universal Church Appeal — Your Gift, Your Choice, Our Shared Mission.

Beginning this year, the Archdiocese is combining the former national second collections into one streamlined Universal Church Appeal. They have moved all 2nd collections to be taken up at Mass the weekend of July 12, 2026.

St. Frederic's Maintenance & St. Vincent de Paul 2nd Collections will remain the same each month.

To make participation easier, online giving is now open at <https://osd.archdpx.org/universal-church-appeal>.

Prefer to give directly? While the portal makes it easy to support multiple causes with one gift, you're always welcome to donate straight to the source (links are provided on the Archdiocese webpage).

Please recycle any older national collection envelopes you may receive in the mail—we will not distribute or promote those at the parish level; official archdiocesan materials will come closer to July.

St. Frederic's Widows Group

Please join us for lunch on Monday,

**February 2, 2026 at 12:00 pm
at the Kozy Korner in St. Helens.**

All widows are Welcome.

St. Frederic

Women's Society Meeting

Will be on Tuesday,

February 3, 2026

in St. Joseph's Rm 5

at 10:00 a.m.



503-397-3211

2124 Columbia Blvd.

St. Helens, OR 97051



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(across 13th street)

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**Your Business Could
be Here**

Call 503-397-0148

Or email

stfred@comcast.net

Youth Group Bake Sale will be
on the weekend of February
14&15, 2026 after all Masses.
Mark your Calendar!

Advertise with Us

Call 503-397-0148



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World Day of Prayer

Mark your Calendar for World Day of Prayer for
Friday, March 6th, 2026. It will be at the First
Lutheran Church at 360 Wyeth St., St. Helens,
Or. The country of focus for WDP 2026 is
Nigeria, and the theme "I Will Give You Rest:
Come" is drawn from Matthew 11:28-30.

ST VINCENT DE PAUL NEEDS YOUR HELP!

One of our long-time volunteers was hospitalized last
week with serious problems. She will not be returning
anytime soon. We desperately need another volunteer
in order to continue serving the needy in our
community. We are able to double-duty for a short
time, but like the rest of you we have other life tasks to
deal with.

This is not a difficult job, and rarely takes more than a
few hours to accomplish. Please, oh please! Find it in
your heart to help our small conference!
Call Julie Reilly at 503-708-9715.

Women's Society Garage Sale

March 13th & 14th, 9am-3pm

In Buccini Hall

Need items for Parish Garage Sale
to earn money for Parish Liturgical
needs. Clean out those store
rooms, closets, drawers and
donate your items. We are
accepting furniture, appliances,
decorations, pictures, décor,
kitchen, household, craft, hobby,
and garage items. No Clothing.
Bring items priced and clean to
Buccini Hall during Office hours
starting on Tuesday, February 10th.
Thank you!