

# St. John's Childcare

## July News

### Event this month:

#### *July 4th Parade*

Will be on July 3rd @ 8:40

#### *July 4th*

We will be closed in observance of July 4th

### Summer Clothing

Please keep in mind the following: Children are actively playing all day long. For the safety of the children please have your child wear shoes and socks not flip flops or sandals.

### Immunizations

After your child has received their immunizations please make sure the office receives an updated report. Thanks for your help!

# 2018



Ms. Marvely 7/21

Ms. Nancy 7/22

Ms. Rosemary 7/30



St. John's Childcare

7341 Glenview Dr.

NRH, TX 76180

stjohnchildcare@hotmail.com

www.stjohnchildcare.org

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Facebook page: Saint John Child-care



Reference: **Zero to 3**

**Managing your own Emotions: The Key to Positive, effective Parenting by Claire Lerner**

“Research shows that when parents react harshly and with emotional intensity, children’s distress tends to escalate, and the problem is less likely to get resolved. Here are some strategies that can help.....”

“Parenting young children is an intensely emotional experience. There is pure pleasure of cuddling, playing, laughing, exploring, and delighting in your baby’s daily growth and discoveries. And then there are the challenges– the moments stress, anger, frustration, and resentment-at not knowing what a baby’s cry means and how to calm her, at the totally irrational demands of a toddler, or at the aggressive behavior of an older child toward a new baby”

(continue reading article)

<https://www.zerotothree.org/resources/521-managing-your-own-emotions-the-key-to-positive-effective-parenting>

**Director’s Corner:**

The following are some important websites that can assist you with family and parenting:

- [www.first3yearstx.org](http://www.first3yearstx.org)
- [www.zerotothree.org](http://www.zerotothree.org)
- [www.dfps.org](http://www.dfps.org)
- [www.dynamiccatholic.com](http://www.dynamiccatholic.com)
- [Www.screenourkids.org](http://Www.screenourkids.org)

**Summer Supplies:**

Each child will need to bring their own sunscreen and bug spray. We ask that you apply both of these once before coming to school and bring a separate set for us to apply before they go outside in the afternoon. Thanks for your support!

Please download the  
Remind app for updates:

