

General Help-Related Resources	Resource Name & Address	Resource Website	Contact Person Name & Contact Info	List of Services Provided	Comments
<b>* indicates Catholic affiliation</b>					
<b>Parenting Assistance through Catholic Charities*</b>	Blessed Beginnings Life Center (Catholic Charities 2900 Louisiana Houston TX 77006 )	catholiccharities.org/our-services/nurturing-and-caring-for-children/pregnancy-services/	713-874-6760 713-874-6860 (713-526-4611 -- CC main no.)	Education maternal assistance, self administered pregnancy tests, individual education, and consultation	Online parenting and prenatal classes See also <b>Pregnancy Help</b> tab.
<b>Family and Parenting Education</b>	Houston Coalition for Life, 2925 TC Jester #5, Houston, TX 77018	Houstoncoalition.com	713-395-1330	Parenting and pregnancy classes	See also <b>Pregnancy Help</b> tab.
<b>Catholic Counseling Services through Catholic Charities*</b>	Counseling and Behavioral Health Clinic	catholiccharities.org/our-services/strengthening-families/counseling/	713-791-2496		Fees are assessed on a sliding scale.
<b>Counseling Organizations in the Archdiocese</b>	Gratia Plena* 10707 Corporate Dr, Ste 135, Stafford, TX 77477 (832) 532-0129	gratiaplenacounseling.org		Mental and spiritual health	
	Anchor Point	anchorpoint.us	832.632.1221	Sexual abuse support, post-abortion recovery, counseling sessions, school and medical clinic	
	see also: <a href="http://archgh.org/offices-ministries/pastoral-educational-ministries/office-of-pro-life-activities/pregnancy-help/counseling/">archgh.org/offices-ministries/pastoral-educational-ministries/office-of-pro-life-activities/pregnancy-help/counseling/</a>				

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Local Catholic Therapists	Catholic Therapists *	catholictherapists.com/united-states/houston	Website provides individual therapist's telephone no.		Fees are assessed on a sliding scale.
	Rejoice Counseling Apostolate *	rejoicecounseling.com	844.295.3167		Individual therapists working from multiple Catholic parishes (not SVDP)
Other Counseling and Mental Health	Mental Health of Harris Country (MHMRA)		713-970-7000		
Medical Services for Underserved and Uninsured Clients	CHRISTUS St. Mary's * 2002 S. Wayside Drive Houston, Texas 77023	christusfoundation.org/programs/christus-st-marys-clinic/	713.803.1840	Provides vital healthcare and mental health services	Also is home base for mobile clinics
	San Jose Clinic* 2615 Fannin St, Houston, TX 77002	sanjoseclinic.org	713-228-9411	Women's health, pediatrics and general health services	A ministry of the Archdiocese of Galveston-Houston and Texas Medical Center. SJC also has a Rosenberg location
	Casa Maria Health Clinic 6101 Edgemoor Dr. (Near Bellaire and Hillcroft) Houston, TX 77081		(713) 272-0510		No website or services description
	Legacy Community Health Care (various locations)	legacycommunityhealth.org	832-548-5000	Multiple services including ob/gyn and pediatrics	
Local Food Pantry or Food Assistance Programs (through Catholic Charities)	Guadalupe Center* 326S Jensen Houston TX 77006	Catholiccharities.org/contact-us-		Drive through food distribution	Tuesday, Wednesday, and Thursday, by appointment only, Complete appointment requests online

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Housing Eligibility Notes	<p>If the mom claims to be <b>chronically homeless</b>, some documentation of that homelessness will be required.</p> <p>If the mom is <b>suddenly on her own</b> due to violence in the home or other destabilizing factor, she should be referred to a shelter.</p>				
	<p>If the mom needs <b>affordable housing</b>, she must be employed and will be expected to pay rent up to a maximum of one-third of her income.</p>				
	<p>A mom who is not a legal citizen or legal immigrant, who is the <b>mother of a child born in the United States</b>, may be eligible for affordable housing.</p>				
Emergency and Affordable Housing	Harris County Community Services Development		Resource Navigator 832 927-4955	assist with applying for affordable housing	
	Catholic Charities		Monica Perez 713-526-4611 (main no.)	Affordable housing	Resource info in development
	Santa Maria Hostel* 2605 Parker Road Houston, TX 77093 713.691.0900	santamariahostel.org	713.691.0900	Full continuum of services for women who are pregnant or parenting	
	Magnificat Houses* 3209 Austin Street Houston, Texas 77004	mhihouston.org/what-we-do/mental-health-and-wellness/	713-529-4231 info@mhihouston.org and online form	emergency and permanent housing, meals, job training, wellness, recovery, and mental health services	May required social worker referral. Resource info in development
	Wellsprings Village*	wellspringsvillage.org/services/	(713) 529-6559 No physical address	Limited Food and Clothing, counseling, job readiness, material assistance, life skills education	Provides stable housing and supportive services to homeless and abused women as well as those who have mental health issues and are recovering from substance abuse.
	Other housing cited by archdiocese: <a href="http://www.archgh.org/offices-ministries/pastoral-educational-ministries/office-of-pro-life-activities/pregnancy-help/housing/">www.archgh.org/offices-ministries/pastoral-educational-ministries/office-of-pro-life-activities/pregnancy-help/housing/</a>				

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Basic Needs Assistnce (through Catholic Charities)	Beacon of Hope Center - Galveston* 4700 Broadway, Suite F-103 Galveston, Texas 77551	catholiccharities.org/our-services/beacon-of-hope-center/	Linda Mannen at lmannen@catholiccharities.org nroche@catholiccharities.org 409-762-2064	Food, rent, utilities, medication and financial assistance and support services	
	Beacon of Hope Center - Texas City* 712 5th Ave. North Texas City, TX 77590	Catholiccharities.org	acazares@catholiccharities.org 409-948-0405	Supplements family food supplies, and provides needy families with emergency financial assistance for expenses such as rent or utilities.	
	Mamie George Community Center* 1111 Collins Road, Richmond, Texas 77469	https://catholiccharities.org/our-services/promoting-independence-for-seniors-veterans-others/senior-services/mamie-george-community-center/	Debra at 281-202-6254 / 281-202-6200. dzagala@catholiccharities.org	Provides food and , rent, utilities, medication and financial assistance and support services aimed at returning individuals and families to self-sufficiency.	Also hosts parenting classes and "Grandparents Raising Grandchildren" workshops

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Membership/service organizations with a local presence:	SVDP Knights of Columbus Council*		Tony Delta	Provide housing, food, clothing, access, social workers, getting jobs, life and language skills	
	SVDP Society - Archdiocese of Galveston Houston 2403 Holcombe, Houston, TX*		713-741-8234	Helps with housing, food, clothing, and counseling.	
e.g. Knights of Columbus, Saint Vincent DePaul Society, Catholic Daughters of the Americas, Knights of Peter Claver Ladies Auxiliary, Daughters of Isabella, National Council of Catholic women, etc.	Catholic Daughters*	<a href="https://www.texascd.org">https://www.texascd.org</a>	Acts through its members to support, empower and educate all Catholic women in spirituality, leadership and service		Local presence as yet undetermined
	Knights of Peter Claver, Ladies Aux., Texas chapter*	<a href="http://Blackcatholicsforlife.org">Blackcatholicsforlife.org</a>	Not active locally		
	Daughters of Isabella*	<a href="http://texascd.org/texas-cda-history">texascd.org/texas-cda-history</a>			Local presence as yet undetermined
State/Local Social Services	Texas Health & Human Services	<a href="http://hhs.texas.gov">hhs.texas.gov</a> <a href="http://usa.gov/state-social-services">usa.gov/state-social-services</a>	737-867-7700		Client must call and sign up for an account
Drug/Alcohol Abuse Counseling	The Council on Recovery, Center for Recovery	<a href="http://www.councilonrecovery.org">www.councilonrecovery.org</a>	713-942-4100 713-914-0556	Counseling and treatment; substance abuse and mental health	

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Child Care Programs (including respite care, babysitting and Parent's Night Out)	Collaborative for Children 1111 North Loop W. Suite 600 Houston, TX 77008	collabforchildren.org	findchildcare.collabforchildren.org 713.600.1100	CC's child care resource service is a free online database of child care providers in 13 counties of the Greater Houston area.	
	Texas Dept. of Family and Protective Services (DFPS) Austin, TX	dfps.state.tx.us/Child_Care/Search_Texas_Child_Care/ppFacilitySearchDayCare.asp	No phone number related to child care search	Child care search which includes a filter for providers accepting govt. subsidies	"Partners with faith communities" Resource info in development.
	Workforce Solutions -see below--			Limited child care available for job seekers and those in recovering service industries	Applicants must be legal citizens or immigrants
Job Training / Employment Assistance	Workforce Solutions (nearest office: 9315 Stella Link Rd. Houston, TX 77025	wrksolutions.com	713 661 3220 See also links at website.	Assistance with resumes, soft skills development, etc. Partners with employers. Sponsors job fairs.	More than 25 offices in the Greater Houston area. Applicants must be legal citizens or immigrants. Has an affiliated child care program
Adoption Agencies	New Life	newlifeadopt.com	281-955-1001 11439 Spring Cypress Rd, Bldg C, Tomball, TX 77377	Pre- and post-adoption support	Listed on diocesan website for Project Gabriel. NL mentions abortion as an option on their website
	Annunciation Maternity Home (associated with Daughters of Isabella)*	thematernityhome.org	512-864-7755	Housing and basic needs, access to medical care, access to education, life skills and other assistance	"Only Nationally Accredited TX maternity home licensed to provide free services to young women experiencing an unplanned pregnancy"

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Other Resources	Texas Right to Life, 4500 Bissonnet #305, Bellaire, TX 77401	texasrighttolife.com	713-782-5433	Patient advocacy	
	Moran Health Center/John S. Dunn Integrated Care Building	??	??	??	A collaboration of Houston's historic San José Clinic, Catholic Charities, and CHRISTUS Foundation for HealthCare
	Casa Juan Diego*	713-869-7376	<a href="mailto:info@cjd.org">info@cjd.org</a> <u>No physical address provided.</u>	Food distribution. Immigrant services	Resource info in development

Help Available from the Parish	Resource Name & Address	Resource Website	Contact Person Name & Contact Info	List of Services Provided	Comments
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Direct help already provided by our parish, such as: baby showers, diaper drives, clothing drives, food pantry collections, friendship, accompaniment, etc.	Project Gabriel SVDP chapter*	svdp-houston.org/gabriel-project	(713) 225-5826 and online form	Items for newborns: car seats, blankets, diapers, baby clothes, and more. Prayer, spiritual guidance, and advice.	Requests are routed through the archdiocese pro-life office.
Donations already provided by our parish, such as: poor box donations, baby bottle campaigns (or other collections), pregnancy care center or agency fundraisers, etc.					Resource info in development
Other practical assistance provided by our parish	St. Vincent de Paul Society*	svdp-houston.org/society-of-st-vincent-de-paul	SVdP Church Conference Helpline: 713-664-5350	Advises on available local resources/May provide volunteer assistance	



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<b>Legal Support</b>	Pro-life Attorneys Network	prolifeattorneys.net		In development	
	National Lawyers Association P.O. Box 25362 Kansas City, MO 64119	nla.org	(844) 917-1787 info@nla.org	In development	
	American Catholic Lawyers Association*	aclainc.org	420 Rte. 46, Suite 7 PO Box 10092 Fairfield NJ 07004 973.244.9895	In development	To seek legal help, use online Legal Help Request Form.
	Thomas More Law Center 24 Frank Lloyd Wright Dr. P.O. Box 393 Ann Arbor, MI 48106	thomasmore.org	(734) 827-2001, online form	In development	
	Pro-life Legal Defence Fund, Inc.	plldf.org		In development	
<b>Adoption</b>		www.adoption.org/ best-adoption-agencies-texas			Discussion of Texas adoption agencies

Pregnancy Help-Related Resources	Resource Name & Address	Resource Website	Contact Person Name & Contact Info	List of Services Provided	Comments
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Pregnancy Help Centers, such as Heartbeat, Birthright, Care Net, or independent centers providing pregnancy testing, direct help and/or referrals	Blessed Beginnings Life Center* (Catholic Charities 2900 Louisiana Houston TX 77006 )	catholiccharities.org/our-services/nurturing-and-caring-for-children/pregnancy-services/	713-874-6760 713-874-6860 (713-526-4611 -- CC main no.)	Education maternal assistance, self administered pregnancy tests, individual education, and consultation	Provides diapers and baby items. Has online parenting and prenatal classes See also <b>General Help-Related</b> tab
	Texas Pregnancy Care Network	texaspregnancy.org		Material assistance, temporary shelter, medical referrals, confidential counseling and/or mentoring, assistance with education and career decisions, adoption information and related services.	A State of Texas Health and Human Services Commission Program. The network also relates that it offers non-judgemental support. None of TPCN's Providers charge fees of any kind.
	Heartbeat Pregnancy Ctr. 619 Russell Blvd, Nacogdoches, TX 75965	heartbeat-of-nacogdoches.org	936-569-6288 After Hours: 800-712-HELP (4371)	Information, referrals, maternity and baby items	
	Birthright- Spring 1200 Blalock, Ste. 280 Houston, Texas 77055	birthright.org	713-465-4058 800-550-4900	Information, referrals, maternity and baby items	
	Birthright- North 2189 Cypress Creek Pkwy. Ste. #100 Houston, Texas 77090	birthright.org	281-440-4910 800-550-4900	Information, referrals, maternity and baby items	

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	Care Net Pregnancy Center - Champions 14530 Wunderlich Dr, Houston, TX 77069	houstonpregnancy.com/champions-pregnancy-center/	(281) 444-8554	Information, referrals, maternity and baby items. Parenting classes.	
	Care Net Pregnancy Center - Cypress 12311 Queenston Blvd. Houston, TX 77095	houstonpregnancy.com	(832) 653-6494	Information, referrals, maternity and baby items. Parenting classes.	
	Other faith-based pregnancy centers	yelp.com/search?find_desc=Faith-based+Crisis+Pregnancy+Centers&find_loc=Houston%2C+TX			
Mobile Ultrasound Unit	Houston Coalition for Life, 2925 TC Jester #5, Houston, TX 77018	Houstoncoalition.com		Free pregnancy tests and ultrasounds	
Private Medical Practices offerin Pre-natal, Ob-Gyn,					No non-fee based resources yet identified.
Catholic Hospitals and Clinics	CHRISTUS St. Mary's * 2002 S. Wayside Drive Houston, Texas 77023				See entry on <b>General Help-Related</b> tab
Community Hospitals and Health Centers					See entry on <b>General Help-Related</b> tab
Birthing Centers					Resource info in development
Maternity Homes (short/long term housing)					See entry on <b>General Help-Related</b> tab
Other Resources					