

WINTER PRACTICE

23

St. Joan of Arc

24

	Monday	Tuesday	Wednesday	Thursday	Friday
Cheerleading	5:15pm- 6:15pm	Off	5:15pm- 6:15pm	Off	Off
Instructional Boys	K: 5pm-5:45pm 1: 5:30pm-6:30pm 2: 6:15m-7:15pm 3rd:-7pm-8pm 4th: 7:45pm- 8:45pm	Off	Off	K: 4:15pm-5pm 1: 5pm-6pm 2: 6pm-7pm 3rd:7pm-8:15pm @ St. Lucy 4th: 7:15pm- 8:30pm	4 th : 4:45pm- 6pm
Instructional Girls	K/1/2: 3:30:4:15pm 3/4: 4pm-5pm	Off	Off	K/1/2: 3:30:4:15pm @ St. Lucy 3/4: 6pm- 7:15pm	Off
JV Boys #1	Off	4:45pm- 6pm	4:45pm- 6pm	Off	3:30pm- 4:45pm
JV Boys #2	Off	3:30pm- 4:45pm	7:15pm- 8:30pm	Off	@ St. Lucy 7pm- 8:15pm
JV Girls #1	Off	7:15pm- 8:30pm	3:45pm- 4:45pm	Off	7:15pm- 8:30pm
Varsity Girls	8:30pm- 9:30pm	Off	8:15pm- 9:30pm	8:15pm- 9:30pm	@ St. Lucy 4:30pm- 5:45pm
Varsity Boys	Off	6pm- 7:15pm	6pm- 7:15pm	@ St. Lucy 4:30pm-6pm	6pm- 7:15pm

Begins Week of: Monday November 13, 2023