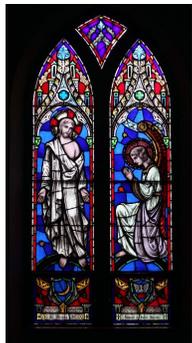


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## Prayer for the Seven Gifts of the Holy Spirit

Christ Jesus, before ascending into heaven,  
You promised to send the Holy Spirit  
to Your apostles and disciples.  
Grant that the same Spirit  
may perfect in our lives  
the work of Your grace and love.  
Grant us  
the Spirit of Fear Of The Lord  
that we may be filled with a loving reverence  
toward You;  
the Spirit of Piety  
that we may find peace and fulfillment in the  
service of God while serving others;  
the Spirit of Fortitude  
that we may bear our cross with You  
and, with courage, overcome the  
obstacles that interfere with our salvation;  
the Spirit of Knowledge  
that we may know You and know ourselves  
and grow in holiness;  
the Spirit of Understanding  
to enlighten our minds  
with the light of Your truth;  
the Spirit of Counsel  
that we may choose the surest way of doing Your  
will, seeking first the Kingdom;  
Grant us the Spirit of Wisdom  
that we may aspire to the things that last forever;  
Teach us to be Your faithful disciples and animate  
us in every way with Your Spirit. Amen.



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## Chaplet of the Holy Spirit

Pray: Sign of the Cross, Act of Contrition

**First Mystery:** Jesus is conceived by the Holy Spirit of the Virgin Mary.

*"The holy Spirit will come upon you, and the power of the Most High will overshadow you. Therefore the child to be born will be called holy, the Son of God. Luke 1:35*

Pray: Our Father, Hail Mary, 7 Glory Be

**Second Mystery:** The Spirit of the Lord rests upon Jesus.

*After Jesus was baptized, he came up from the water and behold, the heavens were opened for him, and he saw the Spirit of God descending like a dove and coming upon him. Matthew 3:16*

Pray: Our Father, Hail Mary, 7 Glory Be

**Third Mystery:** Jesus is led by the Spirit into the desert.

*Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil.*

*Luke 4:1*

Pray: Our Father, Hail Mary, 7 Glory Be

**Fourth Mystery:** The Holy Spirit in the Church.

*And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim. Acts 2:2, 4*

Pray: Our Father, Hail Mary, 7 Glory Be

**Fifth Mystery:** The Holy Spirit in the souls of the Just.

*Do you not know that your body is a temple of the Holy Spirit within you, whom you have from God, and that you are not your own. Do not quench the Spirit. And do not grieve the holy Spirit of God, with which you were sealed for the day of redemption. I Cor 6:19; I Thes 5:19; Eph 4:30*

Pray: Creed, Our Father, Hail Mary, 7 Glory Be

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# Holy Spirit Novena



Breathe into me, Holy Spirit,  
that my thoughts may all be holy.

Move in me, Holy Spirit,  
that my work, too, may be holy.

Attract my heart, Holy Spirit,  
that I may love only what is holy.

Strengthen me, Holy Spirit,  
that I may defend all that is holy.

Protect me, Holy Spirit,  
that I may always be holy.

Saint Augustine

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## Come Holy Spirit

Come, Holy Spirit, fill the hearts of Your faithful  
and enkindle in them the fire of Your love.  
Send forth Your Spirit, O Lord,  
and they shall be created;  
and You shall renew the face of the earth.

Let us pray. O God, who by the light of the Holy  
Spirit did instruct the hearts of the faithful, Grant us  
in the same Spirit to be truly wise and ever to  
rejoice in His consolation.  
Through the same Christ our Lord. Amen.

## Novena to the Holy Spirit

### Day One - Gifts of the Holy Spirit

Come, Holy Spirit:  
Come, Spirit of Light, Spirit of Strength, Spirit of  
Love. Enlighten our mind and strengthen our will.  
Inflame our heart with the love of God and send  
forth your sevenfold Spirit upon us.

### Day Two - Wisdom

Come, Holy Spirit:  
Come, **Spirit of Wisdom**, detach us from earthly  
things and infuse in us a love and taste of heavenly  
things.

### Day Three - Understanding

Come, Holy Spirit:  
Come, **Spirit of Understanding**, enlighten our  
minds with the light of your eternal truth and the  
riches of holy thoughts.

### Day Four - Counsel

Come, Holy Spirit:  
Come, **Spirit of Counsel**, make us docile to your  
inspirations and guide us in the way of salvation.

### Day Five - Fortitude

Come, Holy Spirit:  
Come, **Spirit of Fortitude**, give us strength,  
constancy and victory in the battle against our  
spiritual enemies.

### Day Six - Knowledge

Come, Holy Spirit:  
Come, **Spirit of Knowledge**, be the Master of our  
souls and help us to put into practice Your  
teachings.

### Day Seven - Piety

Come, Holy Spirit:  
Come, **Spirit of Piety**, come to live in our heart to  
possess and sanctify all of our affections.

### Day Eight - Fear of the Lord

Come, Holy Spirit:  
Come, **Spirit of Fear of the Lord**, reign over our will  
and make us always disposed to suffer every evil  
rather than to sin.

### Day Nine - Fruits of the Holy Spirit

Come, Holy Spirit:  
Come, Divine Spirit, fill the hearts of your people  
with your heavenly fruits; Love, joy, peace, patience,  
kindness, goodness, faithfulness, gentleness, and  
self-control.

### Concluding Prayer

Let us pray:  
O God, Grant that our constant prayers may make  
us deserving of the Holy Spirit. We are grateful for  
all the graces and lights we have received. With His  
continued assistance may we attain the perfection in  
the state of life to which You have called us. This we  
ask, through the merits of Jesus Christ, Your Son,  
Amen.

## Veni Creator Spiritus

Come, Holy Ghost,  
Creator blest,  
and in our hearts take up Thy rest;  
come with Thy grace  
and heavenly aid  
to fill the hearts which Thou hast made.

## Praying a Novena

**What is a Novena?** A  
novena is a traditional  
Catholic prayer  
method you can use to  
put aside time in daily  
prayer, usually nine  
days, to contemplate a  
certain intention,  
devotion, or to  
prepare for a particular  
feast day.

**Why pray the Novena to the Holy Spirit?** This  
prayer is one of the oldest novenas and was  
shared by Jesus himself. After the Ascension,  
the Apostles and the Blessed Mother stayed  
together devoting themselves to prayer as they  
waited for the gift of the Holy Spirit on the first  
Pentecost.

**How do I know what to do?** A novena does  
not have one particular formula or correct way  
to pray it. Offered here are some suggestions for  
traditional prayers that can guide you in your  
personal prayer time over the next 9 days.

God Bless! The Saint Mary's Women's Guild

