

## Joanne Russell

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**From:** Joanne Russell <joanne.russell@stmarysimsbury.org>  
**Sent:** Wednesday, November 2, 2022 9:28 PM  
**To:** joanne.russell@stmarysimsbury.org  
**Cc:** reled7-8@stmarysimsbury.org  
**Subject:** Faith Formation (Grade 10) - Make Up Work (10/30)  
**Attachments:** Grade 10\_Class 3\_Catholic Adult Make Up Work.pdf; Grade 10\_Class 3\_CatholicAdult\_SmallGroupStudentHandout-Part1.pdf; Grade 10\_Class 3\_CatholicAdult\_SmallGroupStudentHandout-Part2.pdf

Dear Parents,

The 9<sup>th</sup> and 10<sup>th</sup> grade Faith Formation program is essential in preparing your child for the Sacrament of Confirmation. We have put together a comprehensive program that covers many important topics. **You are receiving this email because your child was absent from the Faith Formation class on 10/30. I have provided information on how to make up this class.**

This class was based on a presentation by **Chris Becker** called “**What it Means to be a Catholic Adult**”. I have provided a link below of the video of Chris’ talk. I have also attached a question sheet that can be used as your teen watches the video. Please note that the slides are difficult to see in the video. The questions can be answered without seeing the slides and in some cases I have provided the slide on the worksheet.

### **Video Link**

The video link can be found on our parish website in the livestreaming section.

- Go to St. Mary’s Website ([www.stmarysimsbury.org](http://www.stmarysimsbury.org))
- On the horizontal menu, select HOME > LIVESTREAMING
- Click the PLAY BUTTON and then select “Previous Broadcasts”
- Scroll through the broadcasts and find “Confirmation Class – Chris Becker Presentation; Sunday 10/30/22”

Please have your teen complete this make-up work before the next class so they are caught up with the rest of the class. The completed sheet can be brought to the next class or can be emailed back to me.

Feel free to reach out to me if you have any questions.

Thanks in advance for your support.

Blessings,  
Joanne Russell

**Grades 9 & 10 – Lesson 2**  
**Mr. Becker Talk:**  
**“What It Means To Be A Catholic Adult”**  
**Make-Up Work**

In this class Mr. Becker spoke to the students on **“What it Means to be a Catholic Adult”**. To make up this class, please watch Mr. Becker’s talk and answer the questions below. This sheet should be turned in to Mrs. Russell at the next class or emailed to [joanne.russell@stmarysimsbury.org](mailto:joanne.russell@stmarysimsbury.org).

**Video Link**

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➤ **13:28 Opening Prayer**

1. What was the take-away from Deacon Art’s presentation about last week?

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2. According to Mr. Becker, what are some of Deacon Art’s accomplishments?

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3. What is the 11<sup>th</sup> Commandment that Mr. Becker talks about?

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4. This year we are trying to do things a little differently in Faith Formation classes. What are we trying to show you?

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5. What did Mr. Lombardi talk about in class #1?

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6. Who’s choice is it for you to be a Catholic Adult?

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7. Is “adult” a noun or verb?

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8. Mr. Becker talks about the many stages of your life. Note each stage below:

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_
- f. \_\_\_\_\_
- g. \_\_\_\_\_
- h. \_\_\_\_\_
- i. \_\_\_\_\_

9. An adult is someone who makes what kind of choices?

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10. Why did the North Star save humanity?

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11. What is a mission statement?

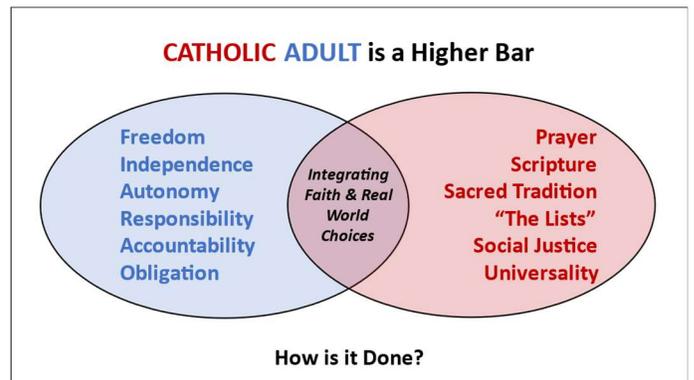
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12. Mr. Becker reads the mission statements of 5 companies. What are those 5 companies?

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

13. (40:47) Look at the slide to the right and listen to Mr. Becker talk about why being a Catholic Adult is a higher bar.

*Notice how you need to bring in the values that make you an adult (blue area) as well as the Catholic values (red area) that you have been taught over the past 10 years.*



14. A creed is a statement of our beliefs. The Creed we recite at Sunday Mass summarizes all of our beliefs that we have as Catholics. List 3 things that are listed in the creed we recite at Mass.

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### With a Creed...

**I believe in one God, the Father almighty** maker of heaven and earth, of all things visible and invisible.

**I believe in one Lord Jesus Christ, the Only Begotten Son of God** born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

**I believe in the Holy Spirit, the Lord, the giver of life** who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

**I believe in one, holy, catholic and apostolic Church** I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

15. Over the past 10 years, we have given you lots of teachings and guidance. See the slide that Mr. Becker puts up at this point in his talk.

Which of these teachings does Mr. Becker like the best?

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Which of these teachings do you think you could learn more about?

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### With Teachings & Guidance...

- 73 Books of the Bible
  - 4 Gospels & 22 Epistles
  - 10 Commandments
  - 8 Beatitudes
- 7 Sacraments
- 7 Gifts of the Holy Spirit
- 12 Fruits of the Holy Spirit
- 14 Works of Mercy
- 20 Mysteries of the Rosary
- 14 Stations of the Cross
- 52 Sunday Masses / Year
- Countless Saints
- 10 Years of Faith Formation

16. As much as we (your parents) make you come to Faith Formation classes . . . whose choice is it to become a Catholic Adult?

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17. Why do parents make their children learn about their Catholic Faith?

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18. See Mr. Becker's personal mission statement:

What is Mr. Becker's profession?

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What does Mr. Becker tutor?

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<p>Pursuing and Promulgating Truth and Innovation, with Integrity, in Ways that Connect &amp; Benefit Each of the Stakeholders in My Life:</p> <ul style="list-style-type: none"><li>My Family,</li><li>My Customers,</li><li>My Colleagues,</li><li>My Students,</li><li>My Friends,</li><li>My Communities, and</li><li>My Self</li></ul>	 <p>Why I Got My Education in Astrophysics Why I Am Dedicated to My Family Why I Left Certain Professional Roles Why I Tutor in STEM Why I Attend "Fearless Conversations on Race" Why I Am a Catechist</p>
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19. Mr. Becker is a catechist. Does Mr. Becker believe the following?

That Jesus loves you. \_\_\_\_\_

Jesus died for our sins. \_\_\_\_\_

You should leave a good life so you can be with Jesus I heaven. \_\_\_\_\_

20. Mr. Becker asked everyone to think about what topics they would like to cover in future classes. Please note below a topic you think you would like to learn more about:

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21. Mr. Becker invites you to create your own personal mission statement. Write a first draft of your mission statement in your Prayer Journal. Use the resources Mr. Becker provided (see email attachment).

## Corporate Mission Statements

“To Revolutionize Space Technology, with the Ultimate Goal of Enabling People to Live on Other Planets.” **SpaceX**

“To give everyone the power to create and share ideas and information instantly, without barriers.” **Twitter**

“To organize the world’s information and make it universally accessible and useful.” **Google**

“To refresh the world...To inspire moments of optimism and happiness...To create value and make a difference.”  
**Coca-Cola**

“Create more smiles with every sip and every bite. By creating joyful moments through our delicious and nourishing products and unique brand experiences. By being the best possible partner, driving game-changing innovation and delivering a level of growth unmatched in our industry” **PepsiCo**

“Bring inspiration and innovation to every athlete\* in the world.

\*If you have a body, you are an athlete.” **Nike**

“Build the best product, cause no unnecessary harm, use business to inspire and implement solutions to the environmental crisis.” **Patagonia**

“To be a company that inspires and fulfills your curiosity.” **Sony**

“We inspire, educate and outfit for a lifetime of adventure and stewardship” **REI**

“Dedication to the highest quality of Customer Service delivered with a sense of warmth, friendliness, individual pride, and Company Spirit.” **Southwest Airlines**

“To help people around the world plan and have the perfect trip.” **TripAdvisor**

“To inspire & nurture the human spirit – one person, one cup & one neighborhood at a time” **Starbucks**

## Non-Profit / NGO Mission Statements

“The maintenance of international peace and security.” **United Nations**

“To prevent and alleviate human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.” **American Red Cross**

“To preserve the natural systems on which all life depends” **Environmental Defense Fund**

“To empower people to choose how they live as they age” **AARP**

“Our mission is to inspire, empower, and connect people to change their world” **Obama Foundation**

“Build girls of courage, confidence, and character, who make the world a better place” **Girl Scouts**

“Our mission is to provide a free, world-class education for anyone, anywhere.” **Khan Academy**

“To help people worldwide where the need is greatest, delivering emergency medical aid to people affected by conflict, epidemics, disasters or health care exclusion.” **Doctors Without Borders**

“To collect, preserve, study, exhibit, and stimulate appreciation for and advance knowledge of works of art that collectively represent the broadest spectrum of human achievement at the highest level of quality, all in the service of the public and in accordance with the highest professional standards.” **Museum of Modern Art (MoMA)**

“Advancing human and environmental health, offering access to professional culinary training, and improving food security for the people we serve” **World Central Kitchen**

## Catholic Mission Statements

"We are a faith-filled community centered in Christ that gathers in our Father's love to celebrate in Word and Sacrament. We seek to grow in that love, to be guided by the Holy Spirit and to share an atmosphere of warmth and hospitality with all." **St. Mary's Parish**

"By Baptism to be living signs of communion with God, and to be his instruments for the redemption of the world."  
**Archdiocese of Hartford**

"To work for reconciliation every day: with God, with human beings & with the environment." **Jesuits**

"We, the people of St. Cecilia Parish, brothers and sisters in Christ, accept as our mission:  
to know our faith  
to live by truth and love  
to serve the needs of others  
to teach by example  
and thereby strengthen and inspire the Parish family." **St Cecilia's Parish (Beaverton, OR)**

"St. Augustine Church is the oldest Black Catholic church in the Nation's Capital. As the Mother Church of Black Catholics, St. Augustine Church continues in the tradition in which it was founded, as a strong Black Catholic institution which witnesses in faith to the Living God, His Son, and the Holy Spirit. St. Augustine will continue to be a center which recognizes, proclaims and preserves our Black Roman Catholic Heritage. It will expand and improve all activities to advance the education of our children; to continue work in evangelization, liturgy, music, ecumenism and in efforts toward the achievement of a spiritual, economic and social development of all people. This is our call." **St Augustine (Washington DC)**

"May you find Christ here... May you bring Christ to the world." **Assumption Parish (O'Fallon, MO)**

"THIS IS OUR CALL AND OUR BLESSING:  
TO PROCLAIM AND TEACH THE GOOD NEWS;  
TO WORSHIP IN JOY AND GRATITUDE;  
TO WELCOME THE STRANGER AND THE OUTCAST;  
TO SERVE THE NEEDS OF THE PEOPLE, BODY AND SPIRIT;  
TO LABOR FOR SOCIAL JUSTICE, SO THAT ALL MAY HAVE WHAT THEY NEED."  
**St Mary's Parish (Grand Rapids, MI)**

## Personal Mission Statements

"To make people happy" **Walt Disney**

"Not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style."  
**Maya Angelou**

"To be a teacher. And to be known for inspiring my students to be more than they thought they could be."  
**Oprah Winfrey**

"I want to serve the people. And I want every girl, every child to be educated" **Malala Yousafzai**

"I shall not fear anyone on Earth. I shall fear only God. I shall not bear ill will toward anyone. I shall not submit to injustice from anyone. I shall conquer untruth by truth. And in resisting untruth, I shall put up with all suffering."  
**Mahatma Gandhi**

## **The Ten Commandments**

1. I am the Lord, your God.  
You shall not have other gods besides me.
2. You shall not take the name of the Lord,  
your God, in vain.
3. Remember to keep holy the Lord's day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness  
against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods

## **The Beatitudes**

Blessed are the Poor in Spirit,  
for theirs is the Kingdom of Heaven

Blessed are they who Mourn,  
For they shall be Comforted

Blessed are the Meek,  
For they shall Inherit the Earth

Blessed are those who Hunger and Thirst  
for Righteousness, for they Shall be Filled

Blessed are the Merciful,  
for they shall be shown Mercy

Blessed are the pure in Heart,  
For they will See God

Blessed are the Peacemakers,  
For they will be Called the Children of God

Blessed are they which are Persecuted for  
Righteousness Sake, for theirs is the  
Kingdom of Heaven

## **Gifts of the Holy Spirit**

1. Wisdom
2. Understanding
3. Right Counsel
4. Fortitude
5. Knowledge
6. Reverence (Piety)
7. Wonder & Awe of the Lord

## **Fruits of the Holy Spirit (what comes from embracing His Gifts)**

Love	Generosity
Joy	Gentleness
Peace	Faithfulness
Patience	Modesty
Kindness	Self-Control
Goodness	Chastity

## **The Nicene Creed**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.