

## SCRIPTURE READINGS

### THIRD SUNDAY OF LENT



#### First Reading: Exodus 17:3-7

This story from Exodus reveals that the Israelites, after their escape from Egypt, cast all blame for their sufferings on Moses. In this instance, they were dying of thirst. When Moses appealed to the Lord, the Lord directed Moses to strike a rock and water would gush forth.

#### Second Reading: Romans 5:1-2, 5-8

Paul reminds the Romans that because Christ died for all people, they are acceptable in God's sight.

#### Gospel: John 4:5-42

Jesus converses with the Samaritan woman at Jacob's Well. When Jesus indicates that whoever drinks from the water He gives will never be thirsty again, the woman immediately answers, "Give me this water, sir..." Jesus then reveals that she has had five husbands and tells her that He is the Messiah. The woman believes Jesus and proclaims this news to all the townspeople, who believe her and come to see Jesus.



For the Week of March 19<sup>th</sup> through  
March 25<sup>th</sup>

#### Sunday

Ex 17:3-7; Rom 5:1-2, 5-8; Jn 4:5-42 or  
4:5-15, 19b-26, 39a, 40-42

#### Monday

2 Sm 7:4-5a, 12-14a, 16;  
Rom 4:13, 16-18, 22;  
Mt 1:16, 18-21, 24a or Lk 2:41-  
51a

#### Tuesday

Dn 3:25, 34-43; Mt 18:21-35

#### Wednesday

Dt 4:1, 5-9; Mt 5:17-19

#### Thursday

Jer 7:23-28; Lk 11:14-23

#### Friday

Hos 14:2-10; Mk 12:28-34

#### Saturday

Is 7:10-14, 8-10; Heb 10:4-10; Lk 1:26-38



The US Council of Catholic Bishops (USCCB) provides a full listing of the Sunday and Daily Readings, in print and audio format, on its website, <http://www.usccb.org/bible/readings>.

## MASS INTENTIONS

Saturday, March 18<sup>th</sup>

4:00 p.m.

Anita Gelderman

Sunday, March 19<sup>th</sup>

8:00 a.m.

For our Parishioners, Living  
And Deceased

10:00 a.m.

Frederick McCall

Monday March 20<sup>th</sup>

8:30 a.m.

The Dorney and O'Connor  
Families (living)

Tuesday, March 21<sup>st</sup>

8:30 a.m.

Wednesday March 22<sup>nd</sup>

8:30 a.m.

For our Parishioners, Living  
And Deceased

Thursday, March 23<sup>rd</sup>

8:30 a.m.

Communion Service

Friday, March 24<sup>th</sup>

8:30 a.m.

Communion Service

Saturday, March 25<sup>th</sup>

4:00 p.m.

Marie Gruber

Sunday, March 26<sup>th</sup>

8:00 a.m.

For our Parishioners,  
Living and Deceased

10:00 a.m.

Kurt Maloney

### REMEMBERING THE SICK OF THE

PARISH: Remember in  
your prayers the sick of  
the parish: *John*

*Troffo, Valerie*

*Lindyberg, Patricia*

*Dana, Bob Dunn,*

*Elizabeth Montague,*

*Angela Wilmer, Faith King, Jennifer Willis, Delores*

*Carmen, Ed Kolsun, Laurenson Ward, and all*

those whose names appear in the PARISH BOOK  
OF INTENTIONS located in the front foyer.



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**NEW TO THE PARISH:** Please be sure to register with the Parish Office and introduce yourself to Father Grasing after Mass. Registration forms are available at the doors of the Church, the Parish Office, or online. For additional information, please call 410-778-3160, or go to [sacredparish.org](http://sacredparish.org).

## PREP

### Parish Religious Education Program

#### Bringing the Gospel Home



Third Sunday of Lent

John 4:5-42

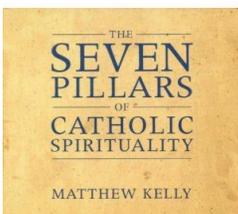
**Reflection for Families:** Jesus offers us living water just as he did the woman at the well. It is the water of salvation so when we stumble, we know that Jesus refreshes us with forgiveness. This is helpful to remember on days when we are disappointed by our anger, impatience, and discouragement.

**Bringing the Gospel into your Family** – When you go to mass this weekend, be sure to invite the whole family to bless themselves at the baptismal font. On the way home, share your ideas about “living water” and how the holy water of the font is living water for each person. Invite every member of the family to offer a way in which they can refresh someone at school, at work, or in the neighborhood by being living water for that person.

#### Discussion Starters

1. I know Jesus is living water in my life because...
2. I was surprised when someone unexpected offered me living water...
3. This reading calls me to evangelization. I will respond (or have already responded) by...

## A LENTEN JOURNEY



**SEVEN PILLARS OF CATHOLIC SPIRITUALITY:**  
On Friday, **March 24<sup>th</sup> at 6:30 p.m.**, in the Sacred Heart Church Hall, Matthew Kelly, author of *Rediscovering Catholicism*,

challenges you to become the-best-version-of-yourself, inspires you to live life to the fullest, encourages you to act purposefully, and directs you to a deeper conversation with the creator of the universe in this one hour DVD presentation.

## SAINTS OF MARCH



### **JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY**

**Solemnity: March 19**

The Gospels of Matthew, Luke, and John tell us everything we know about

Joseph, the husband of Jesus' mother, Mary. But the importance of Joseph's part in God's plan is first found in the Book of Isaiah in the Old Testament. Through the prophet Isaiah, God promises to send a Messiah to save all people. The Savior will come from the “house of David,” which means that he will be an ancestor of King David. Both Matthew and Luke Gospels tell us that Joseph was from the family of David.

In Matthew's Gospel, we learn that the angel Gabriel appeared to Joseph and told him the child Mary would have was from the Holy Spirit. The angel told Joseph to name the child “Jesus,” which means “God saves.”

The Gospel tells us that Joseph was a “just” man. That means that he was faithful. He was faithful to God and said yes to God's plan for him to be Mary's husband and Jesus' foster father. He was faithful to Mary, caring for her while they waited for her baby to be born. He was faithful to Jesus, protecting him when he learned of King Herod's plan to kill him, and when the danger passed, helping Mary to raise Jesus with love in the small town of Nazareth. We honor Joseph's faithfulness to God, Mary, and Jesus on March 19<sup>th</sup> each year. We pray that we, too, can be obedient to God's plan for us.

On May 1<sup>st</sup>, we celebrate the feast of St. Joseph the Worker. Joseph was a carpenter and he taught Jesus his trade. Celebrating the work that Joseph did to support his family helps us to remember to pray that God watches over all workers and protects them from accidents. We honor St. Joseph the Worker when we respect and appreciate all workers. We can also ask God to help unemployed people to find satisfying work.



# PARISH NEWS

## Offertory - Week Ending 03/12/16 - Week 37

Thank you for your offering. It is with your continued support and the sharing of your time and talent that the ministries, programs and activities at Sacred Heart and St. John's are made possible. "Whatever you give to the Lord, He will return to you a hundred fold."

	Received	ACH	Budgeted	Diff.
Offertory 3/12-Wk.37	\$	\$465	\$6,346	\$
YTD Wk. 37	\$	\$35,840	\$234,802	-\$



One in three people worldwide are adversely affected by vitamin and mineral deficiencies. Rise Against Hunger meals are designed to provide a comprehensive array of micronutrients. Rise Against Hunger meals include enriched rice, soy protein, dried vegetables and 23 essential vitamins and nutrients. Each meal costs .29 cents and can feed 6 people.

For the cost of a Starbucks coffee (\$2.10), you can provide 7 meals and positively affect the lives of 42 hungry people, many of them children.

**At last year's meal packaging event, 70 volunteers from Sacred Heart Parish and Christ United Methodist Church were able to package 15,124 meals -- you do the math!**

We need to raise \$1,500.00 towards the cost of the meals we will package this year. Donations for this project should be placed in the regular collection in an envelope marked "Rise Against Hunger".

**Save the date: Meal packaging event in Chestertown: Saturday, October 20, 2017**

If you would like to help with fundraising, volunteer for the meal packaging, or have questions, please, contact Ann Anderson at 410-778-4243 or [wmandersonfamily@verizon.net](mailto:wmandersonfamily@verizon.net) or visit the website: [www.riseagainsthunger.org](http://www.riseagainsthunger.org).

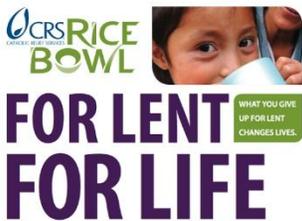
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**KNIGHTS OF COLUMBUS COLLEGE SCHOLARSHIP:** The Father Bradford Council of the Knights of Columbus will be awarding its Charter Member Scholarship to a deserving high school senior or seniors to assist with their college educational needs. The application forms are located in the front areas of Sacred Heart or St. John's. **The completed application forms must be received by May 22, 2017.**

If you have any questions, please contact Steve Sappey at (443) 480-4368.

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**LET'S DANCE** for fun, smiles and exercise!! Zumba Gold® is being offered at Sacred Heart - for the active, older adult/beginner. There is no fee to our Sacred Heart & St. John's parishioners. The class is led by a certified Zumba Gold® instructor. **Classes are every Thursday morning at 9:30 a.m.** in the Church Hall. Please contact Sharon Burritt at 410-708-8048 with any questions.



### CATHOLIC RELIEF SERVICES RICE BOWL - FOR LENT, FOR LIFE

The season of Lent is marked by many traditions among Catholics in the United States. Symbolized by its ubiquitous cardboard box, CRS Rice Bowl has been a tradition for generations of Catholics. Beginning in 1975 as a response to a growing famine in Africa, CRS Rice Bowl today shines a light on the Catholic community's commitment to poor and vulnerable families - our brothers and sisters. Their lives are improving in meaningful, measurable ways through the humanitarian programs and services provided by Catholic Relief Services (CRS) and the Catholic Church around the world.

This year, CRS Rice Bowl provides a path for Catholics in the United States to build, what Pope Francis calls "a culture of encounter". By following the daily Lenten calendar, sharing the weekly stories of hope, and making the meatless meals, participants will follow a personal journey that leads to us seeing ourselves in the faces of our neighbors, cultivating a spirit of global solidarity and encountering God's love anew.

**Please take a CRS Rice Bowl home with you this week!**

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**BREAKFAST AT ST. JOHN'S:** If you have joined us for breakfast before you know how good it is. If you have not, you are in for a surprise. Bring your family to breakfast following the 8:00 a.m. Mass on this **Sunday March 19<sup>th</sup>** in the Hall at St. John, and enjoy a delicious menu of fresh scrambled eggs, fried Kielbasa with eggs, peppers and cheese, crispy bacon, South Philly sausage links, 'old fashioned' home fries with caramelized onions, creamed chip beef with toast, grandmas' fluffy pancakes, fruit, juice, coffee and tea.



