

Cornerstone
is a simple idea, but its
impact has been profound.



Thousands have attended
Cornerstone Weekend Retreats
through their
parish communities.
Come see for yourself!

Questions?

Please contact:

Kelli McKeown 201-982-8222
Lynn Leitner 201-725-8015



Our Lady of the Lake
2026
**Women's
Cornerstone**

April 17th and 18th



You are welcome here,
Come flood this space,
And fill the atmosphere.

CONTACT INFORMATION

Name:	
Address:	
Home Phone:	
Cell Phone:	
E-mail:	

Name:	
Relationship:	
Home Phone:	
Cell Phone:	
E-mail:	

Recommended Retreat Fee: \$120

If the cost is a problem, please call the parish office
regarding "Cornerstone", for confidential assistance.

Space is limited. Please return this form,
along with your check made payable to:

Our Lady of the Lake Church
294 Sparta Avenue, Sparta, NJ 07871



<https://ourladyofthelake.org/retreats>

Parish Office: (973) 729-6107

What is Cornerstone?



Cornerstone is a 26 – hour retreat that provides the opportunity to reflect, renew and strengthen one's faith while connecting with other women of our parish.

The retreat is planned by a team of women who have previously participated in a Cornerstone weekend. Their aim is to pamper you spiritually, emotionally and physically in a casual and welcoming atmosphere. It is a gift you can give yourself.

Who should attend?

Other than being at least 21 years old, Cornerstone isn't for any specific type of woman. It is for working and non-working women, mothers and non-mothers, married, single and divorced women. It is for women who attend Mass daily, as well as those who have been away from the Church and want to reconnect. It is for anyone looking for a deeper connection to God, self, and other women within our church community.

There is a place in Cornerstone for everyone.

What is the Goal of Cornerstone?

During the retreat, some team members will speak about various aspects of our Catholic faith and share personal stories on these topics. After each talk, participants are free to join in small group discussions, or simply sit back, listen and be inspired by these stories of the "Good News" of Jesus with us today.

The goal of Cornerstone is for each participant to revitalize and deepen her spiritual development. While prayer and quiet reflection are components of the weekend, so too, are faith-sharing and fellowship. Faith-sharing reveals how Christ, the Cornerstone, has played a significant role in each participant's journey.



"The stone that the builders rejected has become the Cornerstone..."

Mathew 21:42

What do I need to bring?

You will need a pillow with pillow case; flat sheet; blanket or a sleeping bag, and toiletries.

Air mattresses will be provided.

What is the dress code?

Loose fitting, comfortable clothing in which you might also sleep. We will be attending Mass on Saturday, so you may want to bring a spare casual, but neat, change of clothing.

Cornerstone Retreat Schedule

ARRIVAL: 6pm Friday - Parish Center. Registration followed by dinner.

DEPARTURE: After Mass, on Saturday evening at approximately 9pm.

MEALS: All food, drink and snacks will be provided.