



THE CRADLE OF AFRICAN AMERICAN CATHOLICISM IN DELAWARE



1012 French Street
Wilm., DE 19801
302-658-4535 (Tel)
302-658-2006 (Fax)

Office Hours: 10:00 am - 3:00 pm Tuesday thru Thursday
10:00 am - 1:00 pm Friday
Parish Secretary: parishsecretary@stjosephfrenchst.org
Website: www.stjosephfrenchst.org
YouTube Channel: St Josephs Downtown Wilmington
<https://www.youtube.com/c/StJoseph'sDowntownWilmington>

SECOND SUNDAY OF LENT



If you would like to register with the parish, please access the registration form located on our website www.stjosephfrenchst.org

MARRIAGE:

All couples contemplating marriage are asked to give the Pastor at least one year prior notice in order to satisfy all diocesan requirements for marriage.

BAPTISM:

Before a child is Baptized, the parents and Godparents are asked to participate in a Pre-Baptismal program. Please call the Pastoral Center to make arrangements.

NEW PARISHIONERS:

***Welcome!** We encourage new families moving into the area to stop in or call the Parish Office and complete a registration form.*

CARE OF THE SICK AND

***HOMEBOUND:** This ministry is restricted due to the COVID-19 pandemic. However, please notify the Parish Office if any parishioner is ill or hospitalized.*

CHANGE OF ADDRESS, EMAIL, TELEPHONE

***NUMBER:** Contact the Parish Office if your personal contact information changes.*

MASS SCHEDULE

*Saturday Vigil — 5:00 pm Sunday — 10:00 am
Tuesday thru Friday — 12:10 pm*

Confessions are heard on Saturday at 4:30 pm and by appointment.

March 13, 2022

Fish Fry ~ Every Friday, 11:00 am - 2:00pm

- Monday Rosary Prayer ~ @ 12:15 pm via Conference Call
1-716-427-1572, access code 178602
- Every Wednesday during Lent — Stations of the Cross, 12:45 pm
- Friday Evening Prayer ~ Zoom Meeting @ 7pm Kateri Chaplet & Litany
(301) 715-8592 Meeting ID: 836 182 8567 Passcode: 159664
- March 15 — Parish Council Meeting, 6:30 pm
- March 28 — Book Club, 7:00 pm

More Detail Inside

March Special Collections

If you're not using a box set of collection envelopes and making your weekly contributions directly through your bank or via on-line giving, below is a list of our special collections for the month of March. We hope that you will continue supporting these important ministries and acts of charity.

- March 6 - Catholic Relief Services/Latin America •
 - March 6 - Building & Maintenance Fund •
 - March 13 - People of Ukraine via CRS •
 - March 20 - St. Vincent dePaul •
 - March 27 - Easter Flowers •

Please include a note with your contribution to be sure that it is designated as you wish. Do know, that we're grateful for your generosity and support of our ministries and aid to others.

Weekly Collection

The parish requires a weekly collection of \$4,901 to cover expenses. In addition, we estimate \$500 from on-line contributions. **Our collection for March 5/6 was \$3,740** Thank you for your faithfulness with giving back to the Lord. Please continue to be prayerful about your gifts to the parish.

Mass Intentions March 12, 2022— March 20, 2022

Saturday, 03/12/2022	5:00 pm	† Larry Roth Requested by Dana Robinson
Sunday, 03/13/2022	10:00 am	
Tuesday, 03/15/2022	12:10 pm	† Leon Antoine Requested by Delores Fountain
Wednesday, 03/16/2022	12:10 pm	† Holy Souls in Purgatory Requested by Dennis Kirlin
Thursday, 03/17/2022	12:10 pm	† Paula Williams
Friday, 03/18/2022	12:10 pm	
Saturday, 03/19/2022	5:00 pm	For the People of the Parish
Sunday, 03/20/2022	10:00 am	

PARISH STAFF

Pastor:	Vy. Rev. Glenn M. Evers
Deacon:	Robert J. Cousar
Admin. Assistant	Loretta L. Young
Receptionist:	Lavon Robinson
Coord. Religious Education:	Vacant
Dir. Music Ministry:	Brenda Burns
Bookkeeper:	Jane Putscher

Introduction to the Liturgy

God made a covenant with Abraham, promising descendants as numerous as the stars and a home as vast as they could imagine. As wonderful as the Promised Land was, Paul teaches the Philippians that God promises us that our citizenship is in heaven, where our glorified Lord awaits. Luke reports that Peter, John, and James were able to see Jesus in glory with Moses and Elijah, dazzling on the mountaintop. May these stories open our eyes to God's great glory and generosity.

PRAY

Lord Jesus, You call us to a conversion of heart during Lent, and you give us the tools to do this through prayer, fasting and almsgiving. Help us to remember the needs of our sisters and brothers. When we fast, help us offer our sacrifice in union with you. When we give, help us recognize our gifts are from you so that we are generous with others. Amen!



Sunday Morning Fellowship



We've been blessed to have the coffee and pastries donated on each Sunday of the month as indicated below.

- ♦ 1st Sunday - Ladies Sodality
- ♦ 2nd Sunday - Dana Crumety
- ♦ 3rd Sunday - Bedminster Family
- ♦ 4th Sunday - Mary Mirabeau

If you would like to be a sponsor, the cost is only \$65 per week for Dunkin Donuts, coffee, etc. *Please make checks payable to St. Joseph's Church with "Fellowship" notation.* The donuts will be ordered and delivered by our faithful parishioner Martin Willis.

Thank You!

Parish Bus - March



DATE	DRIVER
Sunday, Mar 6	Vanel Fleury
Sunday, Mar 13	Vanel Fleury
Sunday, Mar 20	Yolanda Mohammed
Sunday, Mar 27	Yolanda Mohammed

from the Office for Marriage & Family Life...

Marriage Moments

What holiday customs do you bring from your family of origin? Which ones are similar and you want to retain? Which ones clash? How do you resolve the differences? What new tradition would you like to start?

Parenting Pointers

Perhaps you bring your child(ren) to Church to pray. Perhaps your family prays before meals or at bedtime. Good. But try taking a hike this week in the woods/hills. Watch for God's presence in nature. Stop and pray.

Question of the Week

What change do I need to make in my life to be transfigured to a new self, one who more closely follows the Lord?

Good News

from the
Office of Communications



Listen to Catholic Forum each week. Next Saturday, March 19th, tune in to hear an interview with Sisters of Life, Sr. Gianna Marie and Sr. Marie Veritas, and get a preview of their upcoming Lenten mission at St. Thomas More Oratory in Newark. Catholic Forum airs on Saturday afternoons at 1:30 on Relevant Radio 640. You can listen online anytime at cdow.org/CatholicForum, or by searching "Catholic Forum" on Apple, Spotify, iHeartRadio, or Amazon Music podcasts. For photos, information regarding upcoming guests, links and more, "Like" Catholic Forum on Facebook at facebook.com/CatholicForum

"When we die to something, something comes alive within us. If we die to self, charity comes alive; if we die to pride, service comes alive; if we die to lust, reverence for personality comes alive; if we die to anger, love comes alive."

Lent

Abstinence: All who have celebrated their 14th birthday are bound to abstain from meat on Ash Wednesday, all Fridays of Lent and Good Friday.

Fasting: Everyone, from the celebration of their 18th birthday to their 59th birthday, is bound to fast on Ash Wednesday and Good Friday. Fasting means eating only one full meal each day. Two other partial meals, sufficient to maintain strength, may be taken; but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

Almsgiving: Catholics are encouraged to support generously the charitable works of the whole Church: through regular stewardship to their parish, support of charities, and their generous response to the diocesan Catholic Stewardship Appeal.

Prayer: To deepen one's love for Christ, Catholics are urged to participate in the sacramental life of the Church during Lent by attending daily Mass and frequenting the sacrament of Reconciliation.

Reconciliation Monday: Lent is also a privileged time for celebrating the **sacrament of Reconciliation**. On **Monday, April 11th 3:00—8:00 pm, Father Evers will be available for anyone wishing to celebrate the sacrament of Reconciliation before the Easter Vigil.**

PREPARE YOUR HEART FOR EASTER

**RECONCILIATION
MONDAY
APRIL 11 3-8 PM**



IN OUR THOUGHTS AND PRAYERS

PLEASE REMEMBER AND PRAY FOR OUR SICK AND SHUT-IN, AND THOSE WHO SERVE IN THE MILITARY

<i>Gerry Reybold</i>	<i>Jean Toy</i>	<i>Guissepina Fazzone</i>	<i>Gordan Sanders</i>
<i>Elizabeth Ashe</i>	<i>Michala Dash Leventry</i>	<i>Ron Toy</i>	<i>John Madison</i>
<i>Carolyn & Charles Wing</i>	<i>Lonnie Ashe</i>	<i>Avril Madison</i>	<i>Glenda Townsend</i>
<i>August Hazeur</i>	<i>Donna Scott May</i>	<i>Mary Polk</i>	<i>Mary Bossack</i>
<i>Msgr. Charlie Brown</i>			

If you would like to be added to our sick and shut-in list, please send email to parishsecretary@stjosephfrenchst.org. Names of parishioners in hospitals or facilities will remain on the list indefinitely. All others will remain for one month, unless there are extenuating circumstances.



March

Jasmine Blackwell	02
Stephen Thorpe	03
Blanche Tucker	03
Ikesha McGill	07
Lettie Williams	07
James Wesley Mobley	08
Patrick Ouedraogo	11
Kenneth Pulliam, Sr.	11
William Ray, Jr.	12
Jean Toy	12
Ron Toy	13
Elizabeth Ashe	14
Chris Wright	15
Victor Newman	17
James Corbett	18
J. Barcon Hilton	18
Mercedes Zahralbin	19
Martin Willis	20
Stella Caesar	22
Avril Madison	22
Frances David	23
D'Aviona Perrigan	27
Deidre Rogers	27
Joseph Rafter	29
Vincent Crumety	30
Bertley Wharton	31

Note: Apologies if your name does not appear on the birthday list. If this is the case, please call the parish office at 302.658.4535 or email the parish secretary at parishsecretary@stjosephfrenchst.org. Please include your name, birth month, day and year.

St. Joseph's



will meet on **Monday, March 28, 2022, 7:00 pm.** The book for discussion is ***Down the River Unto the Sea*** by Walter Mosley. All are welcome to join via Zoom
Meeting ID: 863 9339 2980 Passcode: 747542 (301) 715 8592

PUT PREVENTION INTO PRACTICE

MULTIPLE SCLEROSIS EDUCATION AND AWARENESS MONTH

Live Webinar: [The Science Behind MS](#) featuring Esther Melamed, MD, PhD

Thursday, March 17, 2022, 8:00 – 9:00 PM Eastern

Dr. Esther Melamed, neurologist at the Multiple Sclerosis and Neuroimmunology Center, Mulva Clinic for the Neurosciences, is a physician-scientist with a special interest in understanding environmental risk factors and underlying disease mechanisms in MS. During this one-hour talk, Dr. Melamed will dive into neuroimmunology, what happens to the body with MS, and the science behind MS therapeutics. [Register Now](#) for this important webinar at <https://mymsaa.org/about-msaa/ms-awareness-month-2022/>

SALT AWARENESS WEEK – MARCH 14-20

World Action on Salt, Sugar and Health (WASSH) will shine a spotlight on a simple yet effective approach that we can all take to improve our health – by shaking the salt habit! We have known for some time now that too much salt can harm our health, leading to unnecessary deaths from heart attacks and strokes. Salt reduction policies targeted specifically at the food industry are necessary and proportional: three quarters of the salt the nation eats each day is already in packaged and prepared foods. This cannot be removed by the consumer, so simply telling people to eat less salt will not work when our food is full of it. This year, join us as we ask the food industry to shake their salt habit, so that we can all live longer, healthier lives. **If you would like to get involved in the week, please email us wash@qmul.ac.uk** (Source: <https://www.worldactiononsalt.com/awarenessweek/>)

NATIONAL KIDNEY MONTH

You can protect your kidneys by preventing or managing health conditions that cause kidney damage, such as diabetes, high blood pressure, heart disease or a family history of kidney disease. Choose foods that are healthy for your heart and your entire body: fresh fruits, fresh or frozen vegetables, whole grains, and low-fat or fat-free dairy products. Eat healthy meals, and cut back on salt and added sugars. Aim for less than 2,300 milligrams of sodium each day. Try to have less than 10 percent of your daily calories come from added sugars. Learn some important ways about how you can reduce the salts and sugars in your diet on this website: (Source: <https://www.niddk.nih.gov/health-information/kidney-disease/chronic-kidney-disease-ckd/prevention>)

SLEEP AWARENESS WEEK – MARCH 13– 19

The connection between sleep and health is real. It impacts every one of us. It's why we conduct our Sleep in America® Poll and release our findings to anyone who wants to know pretty much anything about sleep. During Sleep Awareness Week, we share valuable information on how people have been sleeping the past year, while offering research-based advice on the benefits of quality sleep and how it affects health and well-being. Your eating habits can be crucial for quality sleep. Learn how your food choices and your meal timing can make a difference at the National Sleep Foundation®. (Source: <https://www.thensf.org/the-link-between-nutrition-and-sleep/>)

Stewardship

Stewardship Thought

"We make our living by what we get. We make a life by what we give."