

CONFIRMATION

(Second year Candidates 2023-2024)

OLMC Confirmation Classes are part of our TGIF Faith Formation classes held Sunday evenings in the Parish Hall from 6:45PM-8:30PM. Confirmation is made available for first year formation starting in 9th 10th or 11th grade and completed after 2 years of faith formation. Catholic high school students complete a first year in TGIF or their school, and those not in Catholic School are required to attend Year 1 with the parish before entering Year 2. In Year 2, attending a Confirmation Retreat with Teen and Sponsor (with your parish, if offered)/Teen ACTS retreat or Steubenville Conference with the parish, choosing a Confirmation Saint Name, writing a Saint Essay and choosing a Confirmation Sponsor is required. 15 service hours are also required in Year 1 and in Year 2 as well as minimum 1 hour in Adoration. Year 2 parents/guardians required to attend (1) "Class on the Sacraments" w/Deacon Robert.

*Sunday, November 5 at 5:30pm: Presentation Mass of Teens preparing for Confirmation this Spring 2024

All classes are mandatory. If an absence is necessary, you must inform the Confirmation Coordinators. Make-up work will be given for classes that are missed and it should be emailed to: bpolasek@gtek.biz

Second Year Requirements

- □ Parents/Guardians & Sponsors: Attend (1) "Class on the Sacraments" w/Dcn. Robert by Jan 28th, 2024
- □ Attend all Faith Formation Classes (only 6 Absences allowed & minimum 3 must be made up)
- ☐ Attend Mass (only 3 Bulletins allowed to not be signed by Priest and turned in to Catechist)
- ☐ Complete (15) Service Hours (many opportunities provided by the parish/community)
- ☐ Attend a minimum of (1) Hour of Adoration
- $\hfill\Box$ Attend the Confirmation Retreat along with Sponsor
- ☐ Complete and submit all necessary paperwork and forms on time to DRE at RE Office:
 - o Parent Pledge Form (due Oct 15th)
 - o Candidate Commitment Form (due Oct 15th)
 - o Attendance Policy (due Oct 15th)
 - o Copy of Baptismal Certificate to RE Office (due Oct 29th)
 - o Sponsor Form (due Nov 12th)
 - o Sponsor Proof of Sacraments to RE Office (due Nov 12th)
 - o Saint Name Form (due Nov 12th)
 - o Saint Essay (due Dec 17th)
 - o Service/Adoration Hours Statement (due Feb 4th, 2024)
 - o Retreat Registration & Consent Permission Forms (prior to event)

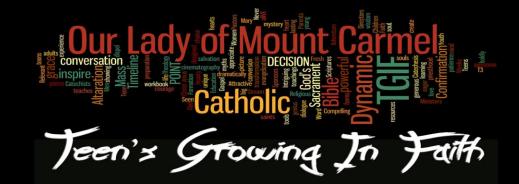
Confirmation Formation

- Grow in a relationship with Jesus Christ
- Understand the teachings of the Catholic Church the Creed, Scripture, Sacraments, Moral Life and Prayer
- Understand that faith development is a lifelong process.

Confirmation is NOT graduation of faith formation.

- Understand the connection between what we believe and how we live our lives
- Assesses one's readiness to be fully initiated into the life of the Church
- Experience community amongst your peers in Confirmation preparation
- Understand and participate in the Christian commitment to service

Confirmation Coordinators: Kyle Nohavitza and Benny Polasek

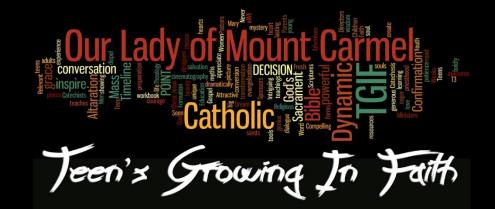


Personal Confirmation Checklist of Requirements (Second Year Candidates 2023-2024)

Due by October 15"	Parent Pledge
	Confirmation Candidate Commitment
	Attendance Policy
Due by <mark>October 29th</mark>	Baptismal Certificate copy to RE Office
Due by November 12 th	Sponsor Agreement Form
· · · · · · · · · · · · · · · · · · ·	Sponsor Proof of Sacraments to RE Office
	Saint Name Form
Due by December 17 th	Saint Essay (read & follow instructions)
Due by January 28 th , 2024	Parents/Guardians & Sponsors attend (1) "Class
Due by January 28 , 2024	on the Sacraments" with Deacon Robert Rosales.
	Classes are held once a month in the Church from
	9:30-10:30am. (If you've attended Deacon Robert's
	class within last 3 years, you do <u>not</u> have to attend
	this year.) Next class approaching is August 20.
Due by February 4 th , 2024	Service and Adoration Hours Form
TBD	OLMC Confirmation Retreat Reg. Form
	OLMC Confirmation Consent Permission Form
	OLMC Confirmation Day Retreat
TBD	OLMC Reconciliation for Candidates & Sponsors
TDD	Confirmation Mass
TBD	Confirmation Mass

WE STRONGLY RECOMMEND FAMILIES KEEP COPIES OF ALL PAPERWORK TURNED IN!!

"Preparation for Confirmation should aim at leading the Christian toward a more intimate union with Christ and a more lively familiarity with the Holy Spirit—his actions, his gifts, and his biddings—in order to be more capable of assuming the apostolic responsibilities of Christian life. To this end catechesis for Confirmation should strive to awaken a sense of belonging to the Church of Jesus Christ, the universal Church as well as the parish community. The latter bears special responsibility for the preparation of Confirmation." CCC #1309



PARENT PLEDGE

(Second year Candidates, 2023-2024)

<u>Parent Pledge due with Candidate Commitment Form & Attendance Policy</u> - Please Print Legibly!!

DUE: October 15, 2023

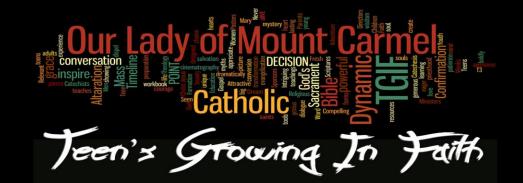
Dear Parent(s)/Guardian(s),

Our Religious Education department records indicate that your son/daughter is in their

Second Year of Confirmation Formation, therefore seeking to receive the Sacrament of Confirmation this Spring 2024.

PARENT PLEDGE

	I,, the parent/guardian of
nereb	y renew the commitment I made on the day of my child's Baptism.
	I accept the responsibility of training my child in the practice of the faith.
	I accept the duty of bringing my child up to keep God's commandments, i.e.; attend mass regularly. I reject Satan, all his works, and all his empty promises.
	I believe in Jesus Christ, His only Son, our Lord, who was born of the Virgin Mary, was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father.
	I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.
Confir	I hereby also promise to fulfill, to the best of my ability, the expectations required of the parents of the rmation Candidate of the OLMC Confirmation program. By signing this document, I am truthfully saying
hat I	have both read and understand what is expected of myself and my child. I choose to:
	Faithfully strive to live out my sacrament covenant with God. (I will seek to be an example of Christ in their daily life.)
	Diligently help my child to complete ALL the requirements of the OLMC Confirmation program in a timely and acceptable manner.
	Meet all Parent requirements (incl. attending (1) "Class on the Sacraments" with Deacon Robert by 1/28/24).
	Spend time with my child helping them develop an active life of faith.
	X
	(Signature of parent/guardian) Date



CONFIRMATION CANDIDATE COMMITMENT

DUE: October 15, 2023

"For I know the plans I have for you, says the Lord, plans for welfare and not for evil, to give you a future and a hope."

-Jeremiah 29:11

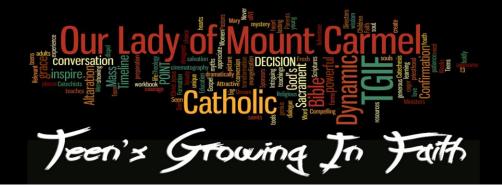
As a baptized Catholic, I am preparing for reception of the Sacrament of Confirmation, by which I will be more perfectly bound to the Catholic Church and enriched with a special strength of the Holy Spirit to spread and defend the Faith as a witness of Christ.

As a Candidate for Confirmation, I promise the following:

- I will approach my confirmation journey with an open mind and an open heart.
- I will attend and will fully participate in all TGIF classes.
- I will be respectful of the leaders and facilitators of the program and show appreciation for their time and effort.
- I will show respect to those in my class who are on the journey with me.
- I will attend Mass every Sunday & all Holy Days of obligation. I will have Bulletin signed by Priest.
- I will receive the Sacrament of Reconciliation before my Confirmation.
- I will accept more responsibility in my family, parish, and community by putting my talents and gifts at the service of others.
- I will commit to daily prayer, praying especially for growth in faith, hope and love.

As I make these promises, I ask God to give me the grace to be open to his plans for my lifeplans he reveals to me in prayer, in my talents and aspirations, and in the encouragement of those who know and love me. I place myself in the loving embrace of the Father, Son, and Holy Spirit in asking for help in fulfilling this commitment.

Name of Candidate (print)	Signature of Candidate	Date	
Witnessed by:			



MASS and CLASS Attendance Policy for Confirmation Formation

DUE: October 15, 2023

As we prepare for Confirmation, two of the most important requirements are attendance at **Mass** and at Faith Formation **Class** sessions **(TGIF)**.

MASS - is the Source and Summit of our Catholic Faith. Life with Jesus in the Catholic Church is the best possible way to live. Jesus gave us The Church and The Holy Sacraments so we are strengthened in communion with Him until we are united with Him in Heaven. We don't want to miss this. Sacrament Students are to attend Mass every Sunday and on all Holy Days of Obligation. After Mass, the Student is to have the Priest sign a Bulletin to turn in to their TGIF Catechist or TGIF Leader, Ben Polasek. Only 3 Bulletins may be missed.

CLASS - At OLMC, our Faith Formation sessions are both a combination of class with large and small group discussion so that our youth can learn and experience Christ in a variety of different settings. Attendance at all of our Faith Formation sessions is vital to their preparation for the Sacrament of Confirmation and for **continuing in lifelong faith formation as we are all called to do**. As we prepare for Confirmation, it is our duty as Candidates to be present and engaged at all TGIF Faith Formation sessions so to fully be ready to make the decision to receive the Sacrament of Confirmation and enter into the life of the Church. There may be sessions during the year that our Candidates will meet when our other grades are off due to the nature of Confirmation preparation.

If a Confirmation Candidate misses a class, they must makeup the class on their own time and turn it in at class, directly to their TGIF Catechist or TGIF Leader, Ben Polasek. Minimum of 3 classes must be made up.

Students that miss more than 3 Bulletins being turned in to their Catechist will be INELIGIBLE for Confirmation for the year of formation they are currently in. A meeting with Fr. Piotr must be set up by Candidate to discuss continuation and commitment to Confirmation formation.

Students that miss more than 6 Classes will be INELIGIBLE for Confirmation for the year of formation they are currently in. A meeting with Fr. Piotr must be set up by Candidate to discuss continuation and commitment to Confirmation formation.

Name of Candidate (print)	Signature of Candidate	Date	
Witnessed by:			



SELECTING A CONFIRMATION SAINT

(Second year Candidates, 2022-2023)

SAINT ESSAY DUE DEC. 17, 2023

Each Confirmation Candidate chooses a Saint as a patron and is confirmed under that Patron Saint's name. A <u>Patron Saint</u> is someone already in heaven with whom we feel a connection, want to imitate, and from whom we request intercession throughout life.

The tradition of taking on a new name reflects a new role in life. This is evident throughout the Scriptures, e.g. "Abram" was changed to "Abraham" which means "Father of Many Nations," and Simon was changed to "Peter" which means "Rock" because Jesus founded His Church upon him as the first pope.

When you choose a new name for your Confirmation, it should be the name of a Saint you have read and learned about, admire, and want to imitate. You should not choose a Saint because you like his/her name. You should choose a Saint that you want to be like.

The selected name for Confirmation should be the name of a Saint that has been officially canonized by the Roman Catholic Church.

Titles of Mary such as "Our Lady of ..." should not be used for Confirmation. The Candidate in this case can choose "Mary" or "Maria" as their Confirmation name.

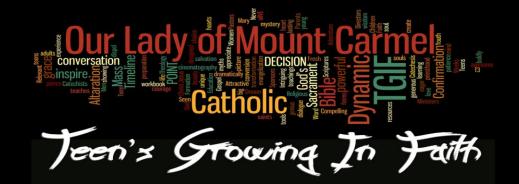
Practical Guidelines in Selecting a Saint

- -You should be familiar with this Saint's life. It is to be hoped that you see similarities between you and this Saint and/or want to aspire to be like this Saint.
- -The Saint you select should be someone you look up to as a hero.
- -You should develop a personal devotion to this Saint and build a relationship with him/her through constant prayer.
- -You should try to learn about a lot of Saints so that way you will make a better decision choosing your Patron Saint. Equally important, the more Saints you are familiar with the easier it becomes for you to request their intercession (even from the ones that are not your special Confirmation patron); the Saints are always eager and happy to help us.

The Saint Essay should be

TYPED with at least three paragraphs: (1) a brief biography of the Saint written in your own words, (2) an explanation of the reasons why you have selected this Saint and (3) ideas of how you will develop your devotion and relationship with this Saint. Try to include in your report, cool facts about the Saint, what he/she is a patron of, when they lived, and when they were canonized.

The report will be read by Fr. Piotr Koziel, TGIF Confirmation Coordinators and DRE.



SAINT NAME FORM

(Second year Candidates, 2023-2024)

DUE: November 12, 2023

Candidate's Name		
Confirmation Saint Name _		

At your Confirmation you will be confirmed with a confirmation name of your choosing. It is recommended that a Candidate choose the name of a Patron Saint. The name is a symbol of your full initiation into the Church and her mission. When you are presented to the Bishop, he will call you by the name that you have chosen and mark you with the Sign of the Cross.

In choosing a Saint name, spend some time and research a Saint that you would like to model your own life after.

Refer to document "Selecting a Confirmation Saint" to be sure to meet all requirements.

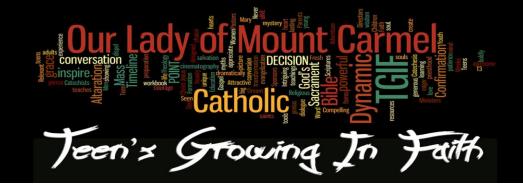
The Saint Essay should be typed with at least (3) paragraphs:

- (1) a brief biography of the Saint written in your own words
- (2) an explanation of the reasons why you have selected this Saint
- (3) ideas of how you will develop your devotion and relationship with this Saint
- *Try to include in your essay: cool facts about the Saint, what he/she is a patron of, when they lived, and when they were canonized.

Please provide <u>this</u> Saint Name form to your TGIF Catechist, TGIF Coordinator, Mr. Ben Polasek or to the DRE in RE Office by November 12, 2023.

Please provide **Saint Essay** to your TGIF Catechist, TGIF Coordinator, Mr. Ben Polasek or to the DRE in RE Office by **December 17, 2023**.

Saint Essay will be read by Fr. Piotr Koziel,
TGIF Confirmation Coordinators, Kyle Nohavitza and Ben Polasek and DRE, Jennifer Wicks



SELECTING A CONFIRMATION SPONSOR

(Second year Candidates, 2023-2024)

Each Candidate is required to have a Sponsor for their Confirmation. A Sponsor is an adult who will help the Candidate grow in and live out his or her faith, both in preparation for Confirmation AND throughout his or her life. Below are some guidelines to help you pick a Sponsor as well as questions to help discern if this person would be a good Sponsor for you.

Please take some time to think and pray about your Sponsor as they will help guide you on this journey.

Practical Guidelines in Selecting a Sponsor:

The Sponsor should strive to witness Christ by word and deed, to spread and defend the Catholic faith, and be involved in parish life.

The Sponsor must be a faithful Catholic in good standing. This includes, but is not limited to, attending Mass every Sunday, receiving the Sacrament of Reconciliation regularly, cultivating a devout prayer life, and living a model life of service.

- -The Sponsor should be someone who will help the Candidate grow into full Christian maturity. They should have the opportunity to cultivate a relationship with natural and supernatural dimensions.
- -Only one person (not two) may be selected as a Confirmation Sponsor.
- -Should be of sound mind so as to be able to spiritually direct the Candidate.
- -A child's **parent may not** be the Confirmation Sponsor. As a parent, he/she already has the role of sponsoring. The Sponsor should support and help the parent in this role.

Some questions to address when seeking a Sponsor:

Is the Sponsor baptized and confirmed and over 16 yrs. old?

If the Sponsor is married, was he/she married in the Catholic Church?

Does the Sponsor attend Mass on Sunday?

Does the Sponsor follow the teachings of the Catholic Church?

Will this person help you grow in your faith and love God and neighbor more?

Get to know your Sponsor... Where did they grow up, what did they study, what type of jobs have they worked?

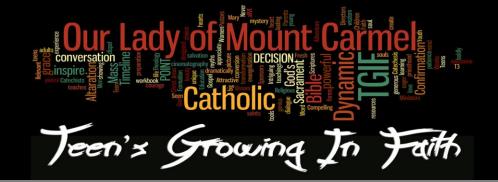
Get to know them as a person and have them share their life experiences with you.

Talk to the Sponsor about how he/she has developed his/her relationship with God.

What have been peak experiences? Moments of conversion? How have they witnessed God's presence? Talk to the Sponsor about his/her favorite ways and places to pray.

Talk to the Sponsor about how he/she witnesses Christ and proclaims the faith in word and deed.

Talk to the Sponsor about how he/she daily lives out his/her participation in the Church.



SPONSOR AGREEMENT FORM

(Second year Candidates, 2023-2024)

(Candidate's Name)

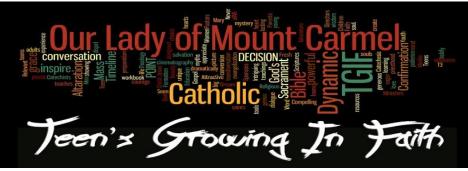
I agree to act as a Confirmation Sponsor for: ____

Eucharist regularly. I am a practicing Cath	rm that I am over 16 years of age and possess a mature Catholic faith. I have been baptized, confirmed, and celebrate the narist regularly. I am a practicing Catholic in good standing with the Church. If married, my marriage is recognized by the Churc a registered parishioner of the parish listed below. I will request my Sacrament documentation to be provided to DRE at OLN			
 My presence is requested for the I am to attend (1) "Class on the Sundays from 9:30-10:30am in the attendance. If attended Deacon Sponsors may attend class at the 	Reconciliation before the Confirmation Mass.	ign in to receive credit for your that your requirement has been met.		
Sponsor's Signature	Date			
Candidate's Signature	Date			
	SPONSOR INFORMATION			
	(Please print legibly)			
SPONSOR NAME:				
MAILING ADDRESS:				
CITY/STATE/ZIP:				
TELEPHONE:				
EMAIL ADDRESS:				
I AM A REGISTERED PARISHIONER AT:				
PARISH NAME:				
PARISH ADDRESS:				
PARISH PHONE:				

Please return this document and proof of Sacraments, no later than November 12, 2023 to DRE at OLMC:

OLMC (Our Lady of Mt. Carmel Catholic Church)

ATTN: RE Office, 1008 Austin St, Portland, TX 78374-2012 or email to dre@olmcportland.com



Service & Adoration Confirmation Hours 2023-2024

DUE: February 4, 2024

- * Minimum 15 Hours of Service Required each year for 1st and 2nd Year Confirmation Students
- * Minimum 1 Hour of Adoration Required each year for 1st and 2nd Year Confirmation Students

 * Parents, Guardians, Families are invited to join your Teen.

ADORATION (student can adore Jesus in the Eucharist at our parish's Perpetual Adoration Chapel or other Holy Hour event) email adoration @olmcportland.com to schedule your hour.

"Acts of Love" (homemade thank you notes, thoughtful letters/cards/crafts/artwork sent to parents; loved ones; medical/police/fire/first responder/military personnel; clergy/religious life: Bishop(our Bishop, Michael Mulvey)/ Priests(our Fr. Piotr)/Deacons (our Deacon Robert)/Nuns, those in nursing homes* (*please contact DRE for penpal info for those in nursing homes)... you could use Catholic Holy Days/Celebrations/Saints as the design/ theme, help your family with their duties, work, homework and projects, decorate to celebrate the Liturgical Calendar)

Mass & Reconciliation (exercise the Sacrament of Reconciliation and invite a friend or family member to go too, attend Mass regularly and on Holy Days of Obligation, receive the Eucharist regularly)

"Works of Charity" (clean/beautify/help & serve at your home, your Church, your community... maintain yard, handy work, chores, Volunteer at OLMC in the Religious Ed Office, Parish Events and Activities, Works of Charity and offer your help at the Hospital, Food Bank, Mother Teresa Shelter, Catholic Charities...)

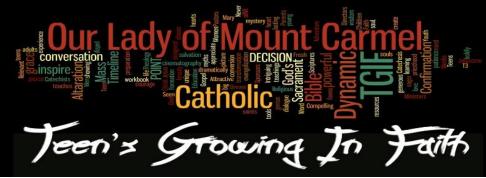
"Acts of Hope" (create a Journal, song, poem or story to write down your actions, thoughts, feelings, prayers - where/how have you adapted, helped, prayed, kept your faith and trust in the Lord?)

Family, Friendship, Prayer, Devotion, Meditation, Spiritual Time (read the Bible, read daily scriptures and reflections, watch religious movies, pray the Holy Rosary, join YGIF at their annual Public Square Rosary Crusade in October, pray for those who have no one to pray for them, pray for the healing of those sick, deceased, affected or at-risk, attend Spiritual events, read a recommended Catholic book (ex. Authors...Matthew Kelly, Fr. Mike Schmitz, Scott Hahn, Mark Hart, Allen Hunt), watch EWTN for specials, see below for more...)

Daily Mass from Bishop Barron's chapel: https://www.wordonfire.org/daily-mass/ Check out all Fr. Mike Schmitz offers us for Catholic faith, fun, knowledge & questions answered:

Search YouTube for "Fr. Mike Schmitz"

Rosary LIVE: https://www.facebook.com/AscensionPress/live_videos/
Join Pope Francis for Mass, prayers, adoration, rosary, blessings: https://www.vaticannews.va/en.html
Stations of the Cross: Search YouTube for "Pray the Stations of the Cross with Fr. Mark Toups"
Movies, Studies, Videos and tons more for all Ages: formed.org (use our parish code for free access: E7NJJQ)



Confirmation 2023 – 2024 Service and Adoration Hours Statement

DUE: February 4, 2024

Address:				Phone:	Phone:		
Date of Service (completed on or after 6/01/23)	Begin Time	End Time	Total Time	Supervisor Signature (parent/guardian may sign)	Event/Place		

* Minimum 15 Hrs of Service Required each year for 1st and 2nd Year Confirmation Students * Minimum 1 Hr of Adoration Required each year for 1st and 2nd Year Confirmation Students

Student Signature: ___