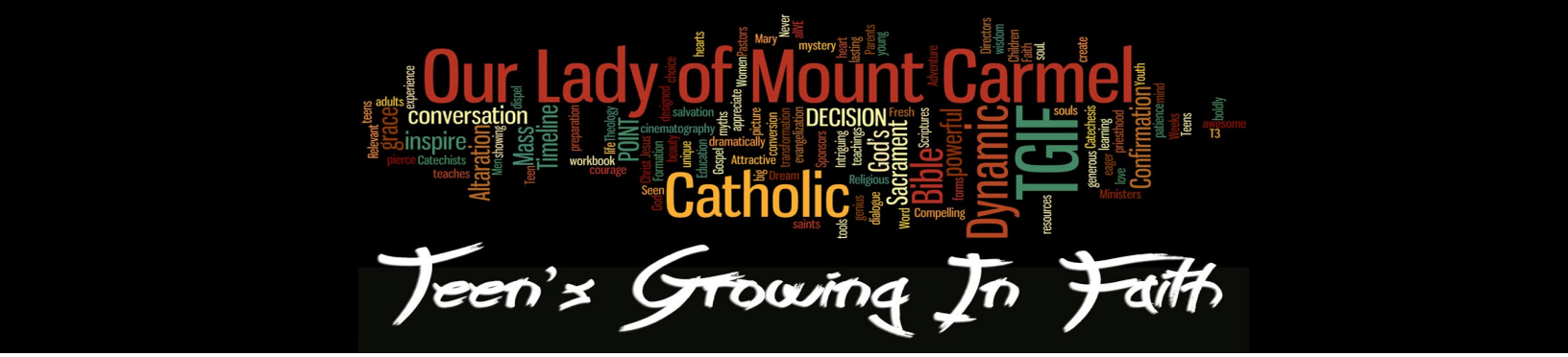


CONFIRMATION

(First year Candidates 2025-2026)

OLMC Confirmation Classes are part of our TGIF Faith Formation classes held in the Parish Hall on Sunday evenings from 6:45PM-8:30PM. Confirmation is made available for first year formation starting in 9th 10th or 11th grade and completed after 2 years of faith formation. Catholic high school students complete a first year in TGIF or their school, and those not in Catholic School are required to attend Year 1 with the parish before entering Year 2.

Attending a Catholic spiritual retreat is **mandatory** prior to Confirmation in 2nd year. **Please plan to attend (1) as soon as possible during this 1st year so to meet this requirement. (Teen Acts Retreats and Steubenville Conferences meet this requirement.)** Event opportunities will be advertised. Be sure you provide a working phone number and email address on your Registration Forms to RE Office and signed up on MyParish and Remind Apps.

All classes are mandatory. If an absence is necessary, you must inform the Confirmation Coordinators. Make-up work will be given for classes that are missed and should be turned in for credit at Class directly to your Catechist (Table Leader) or TGIF Leader, Ben Polasek.

First Year Requirements

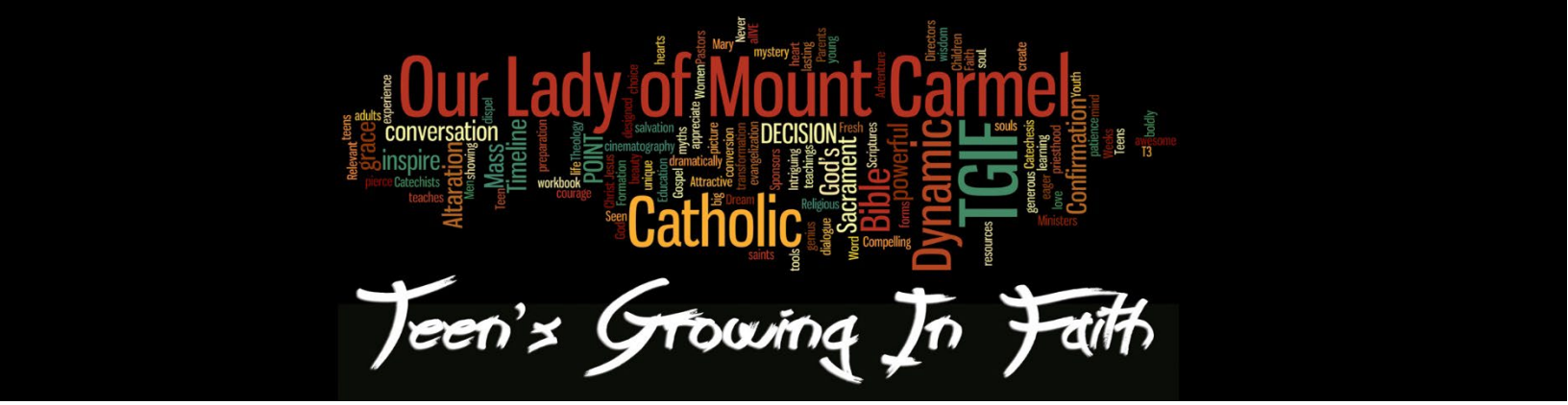
□ Attend all Faith Formation Classes **(only 6 Absences allowed with minimum of 3 made up)**
□ Attend Sunday Mass (starting Saturday after 4:30pm – Sunday) and Holy Days of Obligation
□ Complete 15 hours of Service Hours (many opportunities provided by our parish/community)
□ Attend a minimum of 1 Hour of Adoration (our parish is Blessed w/a Perpetual Adoration Chapel)
□ Complete and submit all necessary paperwork and forms on time to DRE in RE Office:

- o Parent Pledge Form (due Sept 21)
- o Candidate Commitment Form (due Sept 21)
- o Attendance Policy (due Sept 21)
- o Service and Adoration Hours Statement (due Jan 18, 2026)

Confirmation Formation

- Grow in a relationship with Jesus Christ
- Understand the teachings of the Catholic Church – the Creed, Scripture, Sacraments, Moral Life, and Prayer
- Understand that faith development is a lifelong process. **Confirmation is NOT graduation of faith formation.**
- Understand the connection between what we believe and how we live our lives
- Assesses one's readiness to be fully initiated into the life of the Church
- Experience community amongst your peers in Confirmation preparation
- Understand and participate in the Christian commitment to service

Confirmation Coordinators: TGIF Leader and Catechist, Ben Polasek and DRE, Jennifer Wicks



PARENT PLEDGE

(First year Candidates, 2025-2026)

Parent Pledge due with Candidate Commitment Form & Attendance Policy - Please Print Legibly!!

DUE: September 21, 2025

Dear Parent(s)/Guardian(s),

Our Religious Education department records indicate that your son/daughter is in their **First Year of Confirmation Formation**, therefore seeking to receive the Sacrament of Confirmation Spring 2027 after completing their required Second year of Confirmation Prep and Faith Formation.

PARENT PLEDGE

I,_____, the parent/guardian of_____ hereby renew the commitment I made on the day of my child's Baptism.

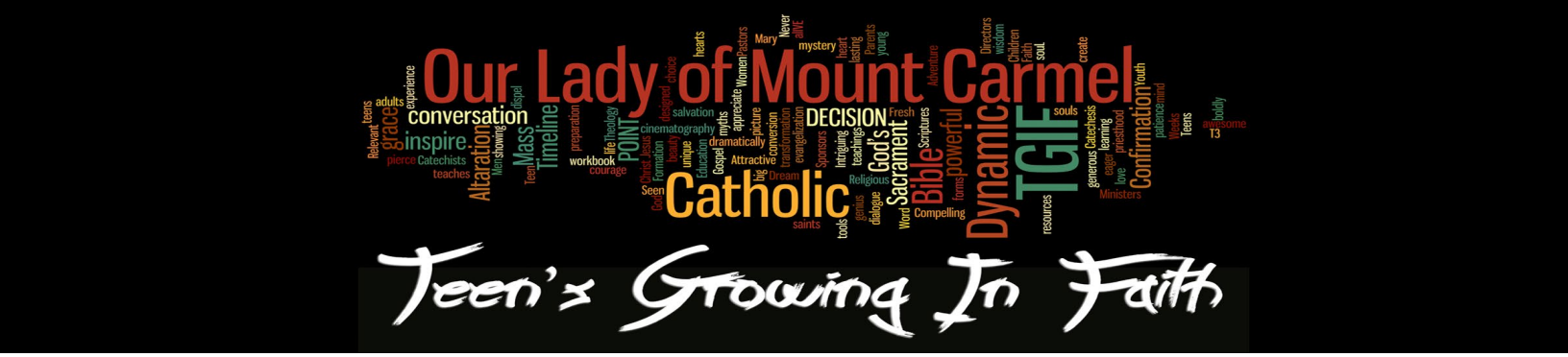
_____I accept the responsibility of training my child in the practice of the faith.
_____I accept the duty of bringing my child up to keep God's commandments, i.e., **attend Mass regularly**.
_____I reject Satan, all his works, and all his empty promises.
_____I believe in Jesus Christ, His only Son, our Lord, who was born of the Virgin Mary, was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father.
_____I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

I hereby also promise to fulfill, to the best of my ability, the expectations required of the parents of the Confirmation Candidate of the OLMC Confirmation program. By signing this document, I am truthfully saying that I have both read and understand what is expected of myself and my child. I choose to:

_____Faithfully strive to live out my sacrament covenant with God. (I will seek to be an example of Christ in their daily life.)
_____Diligently help my child to complete **ALL** the requirements of the OLMC Confirmation program in a timely and acceptable manner.
_____Meet all Parent/Guardian requirements
_____Spend time with my child helping them develop an active life of faith.

X_____ _____

(Signature of parent/guardian) Date



CONFIRMATION CANDIDATE COMMITMENT

DUE: September 21, 2025

"For I know the plans I have for you, says the Lord, plans for welfare and not for evil, to give you a future and a hope."

-Jeremiah 29:11

As a baptized Catholic, I am preparing for reception of the Sacrament of Confirmation, by which I will be more perfectly bound to the Catholic Church and enriched with a special strength of the Holy Spirit to spread and defend the Faith as a witness of Christ.

As a Candidate for Confirmation, I promise the following:

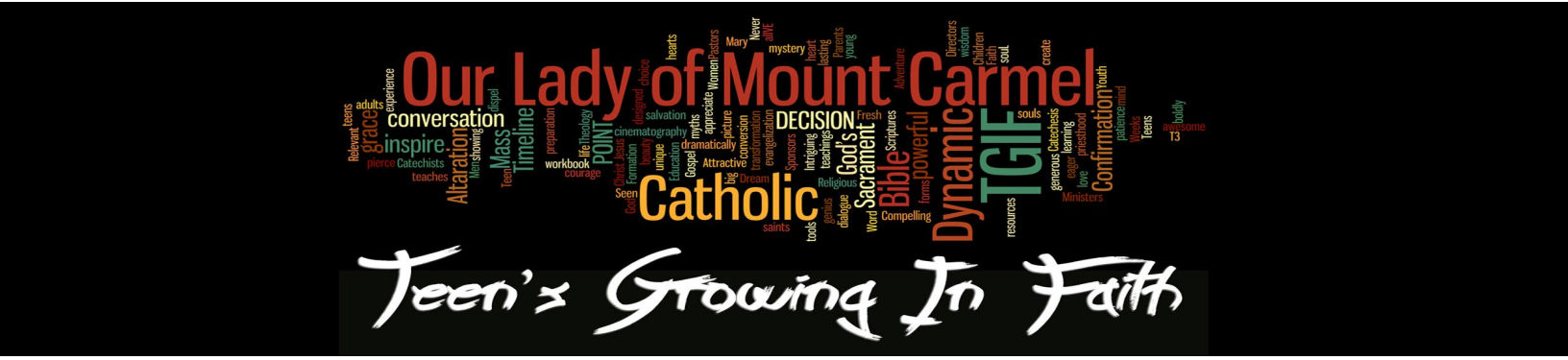
- I will approach my confirmation journey with an open mind and an open heart.
- I will attend and will fully participate in all TGIF classes.
- I will be respectful of the leaders and facilitators of the program and show appreciation for their time and effort.
- I will show respect to those in my class who are on the journey with me.
- I will attend Mass every Sunday & all Holy Days of Obligation.
- I will receive the Sacrament of Reconciliation before my Confirmation.
- I will accept more responsibility in my family, parish, and community by putting my talents and gifts at the service of others.
- I will commit to daily prayer, praying especially for growth in faith, hope and love.

As I make these promises, I ask God to give me the grace to be open to his plans for my life- plans he reveals to me in prayer, in my talents and aspirations, and in the encouragement of those who knows and loves me. I place myself in the loving embrace of the Father, Son, and Holy Spirit in asking for help in fulfilling this commitment.

_____	_____	_____
Name of Candidate (print)	**Signature of Candidate**	**Date**

Witnessed by: _____ _____

Signature(s) of Candidate's Parents(s)/Legal Guardian(s)



MASS and CLASS Attendance Policy for Confirmation Formation

DUE: September 21, 2025

As we prepare for Confirmation, two of the most important requirements are attendance at **Mass** and at Faith Formation **Class** sessions **(TGIF)**.

MASS - is the Source and Summit of our Catholic Faith. Life with Jesus in the Catholic Church is the best possible way to live. Jesus gave us The Church and The Holy Sacraments, so we are strengthened in communion with Him until we are united with Him in Heaven. We don't want to miss this. Sacrament Students are to attend Mass every Sunday (Saturday after 4:30pm through Sunday) and all Holy Days of Obligation.

CLASS - At OLMC, our Faith Formation sessions are both a combination of class with large and small group discussion so that our youth can learn and experience Christ in a variety of different settings. Attendance at all our Faith Formation sessions is vital to their preparation for the Sacrament of Confirmation and for **continuing in lifelong faith formation as we are all called to do**. As we prepare for Confirmation, it is our duty as Candidates to be present and engaged at all TGIF Faith Formation sessions so to fully be ready to make the decision to receive the Sacrament of Confirmation and enter into the life of the Church. There may be sessions during the year that our Candidates will meet when our other grades are off due to the nature of Confirmation preparation.

If a Confirmation Candidate misses a class, they must make up the class on their own time and turn it in at class directly to their Catechist (Table Leader) or TGIF Leader, Ben Polasek.

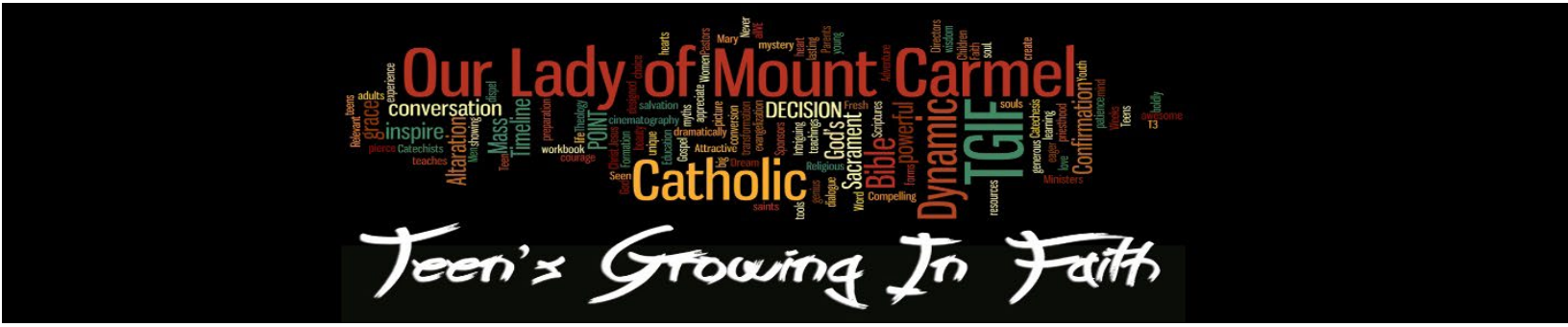
Only 6 Absences allowed <u>with</u> minimum of 3 made up.

Students that miss more than the allowed 6 Classes will be <u>INELIGIBLE</u> for Confirmation for the year of formation they are currently in. A meeting with Fr. Piotr must be set up by Candidate to discuss continuation and commitment to Confirmation formation.

_____	_____	_____
Name of Candidate (print)	**Signature of Candidate**	**Date**

Witnessed by: _____ _____

Signature(s) of Candidate's Parents(s)/Legal Guardian(s)



Service & Adoration Confirmation Hours 2025-2026

DUE: January 18, 2026

** Minimum 15 Hours of Service Required <u>each</u> year for 1st and 2nd Year Confirmation Students*
** Minimum 1 Hour of Adoration Required <u>each</u> year for 1st and 2nd Year Confirmation Students*

*** Parents, Guardians, Families are invited to join your Teen.**

Info and Ideas

ADORATION *(Adore Jesus in the Eucharist in our parish's Perpetual Adoration Chapel or other Holy Hour event) email <u>dre@olmcportland.com</u> for parish door code and info*

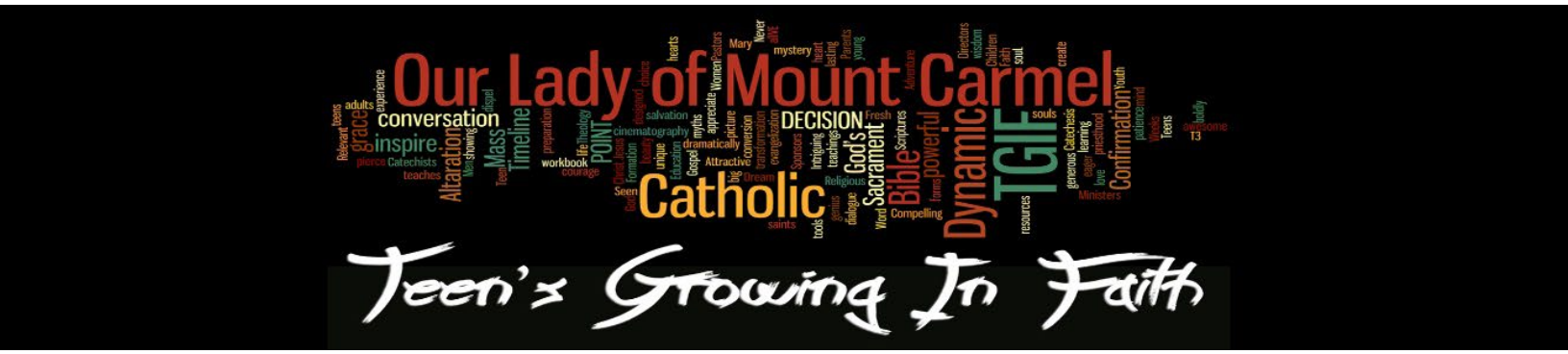
"Acts of Faith" *(Family, Friendship, Prayer, Devotion, Meditation, Spiritual Time!, Read The Bible, read daily Catholic scriptures and reflections, watch Christian movies, pray the Holy Rosary, join our Annual Public Square Rosary Rally in October, pray for those who have no one to pray for them, pray for the healing of the sick, deceased, affected or at-risk, attend Christian events, read a recommended Catholic book (ex. Authors…Matthew Kelly, Fr. Mike Schmitz, Scott Hahn, Mark Hart, Allen Hunt), watch EWTN for specials, see below for more…)*

"Acts of Love" *(homemade thank you notes, thoughtful letters/cards/crafts/artwork sent to parents; loved ones; medical/police/fire/first responder/military personnel; clergy/religious life (Bishops/Priests/Deacons/Nuns); those in assisted-living homes (you could use Catholic Holy Days/Celebrations/Saints as the design/ theme), contact DRE for penpal info; help your family with their duties, work, homework and projects, decorate to celebrate the Liturgical Calendar)*

"Acts of Hope" *(create a Journal, song, poem or story to write down your actions, thoughts, feelings, prayers - where/how have you adapted, helped, prayed, kept your faith and trust in the Lord?)*

"Works of Charity" *(clean/beautify/help & serve at your home, your Church, your community… maintain yard, handy work, chores, Volunteer at OLMC in the Religious Ed Office, Parish Events and Activities, Works of Charity and offer your help at the Hospital, Food Bank, Mother Teresa Shelter, Catholic Charities…)*

Daily Mass from Bishop Barron's chapel: https://www.wordonfire.org/daily-mass/
Check out all Fr. Mike Schmitz offers us for Catholic faith, fun, knowledge & questions answered:
Search YouTube for "Fr. Mike Schmitz"
Rosary LIVE: https://www.facebook.com/AscensionPress/live_videos/
Join The Pope for Mass, Prayers, Adoration, Rosary, Blessings: https://www.vaticannews.va/en.html
Stations of the Cross: Search YouTube for "Pray the Stations of the Cross with Fr. Mark Toups"
Movies, Studies, Videos and tons more for all Ages: formed.org *(setup your free account under our parish acct.)*



Confirmation 2025 – 2026
Service and Adoration Hours Statement

DUE: January 18, 2026

Name: _____

Address: _____ Phone: _____

_____

Date of Service (completed on or after 6/01/25)	Begin Time	End Time	Total Time	Supervisor Signature (parent/guardian may sign)	Event/Place

** Minimum 15 Hrs of Service Required <u>each</u> year for 1st and 2nd Year Confirmation Students*

** Minimum 1 Hr of Adoration Required each year for 1st and 2nd Year Confirmation Students*

Student Signature: _____