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TCPA Lower School Athletics

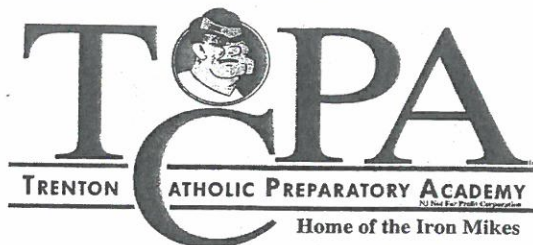
Below are the athletic guidelines established by the CYO.. Please review them to be sure the participant is in compliance as non-compliance will result in a forfeit of the games(s) played:

- *The athlete must be a current student at TCPA.
- *Birth certificates copies must be provided for all first time players to confirm age appropriate competition. This copy will kept in file at CYO for future years.
- *CYO injury waivers must be signed prior to participation for each sport.

TCPA AA Rules and Regulations:

PARENTS' RESPONSIBILITIES:

- *Parents must attend a parent meeting prior to the start of the season. Typically the meeting is held by the respective coaches at the first practice.
- ***JV and Varsity level basketball is very competitive, therefore playing time is not guaranteed. Parents need to reinforce this with their children**
- *Accurate emergency information must be provided.
- *Parents are expected to get their child to games and practices on time. Parents are also expected to pick their child up after practice and games on time. A 15 minute leeway will be given after games and practices for pick-up. After that time, the appropriate child welfare agency will be contacted.
- *Parents are expected to respect the judgment and strategy of the coaching staff, even though they may not agree with him/her. When parents respect the coaches, the players will as well.
- *Fans at the games are expected to behave in an appropriate manner at the games. Cursing and aggressive behavior will not be tolerated. Fans will be asked to leave. Should a fan refuse to leave, the team will be assessed a forfeit.



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*Uniforms MUST be returned at the end of the season. A \$50 deposit will be collected when the uniform is handed out. Should the uniform not be returned, the deposit will be forfeited and the player's report card and school records withheld until return of the uniform.

PLAYERS RESPONSIBILITIES:

- *Players will treat coaches, team members and other opponents with respect at all times.
- *Players are expected to show good sportsmanship at games and practices.
- *Players will respect the refs at all times, and will accept the calls made by the refs without argument.
- *Players are expected to play hard but fair. Follow the rules at practice and games.
- *Players are expected to let their coach know if they will be missing a game or practice.
- *Remember to have fun!

The T CPA Lower School AA welcomes volunteers to help us at home games and other activities. Most of all, we'd like to see as many parents as possible at our games to support our players.

If any parent is interested in being part of our coaching staff, please contact Renée Rogers through the school to get the CYO mandated paperwork and screening started.

Thank you for your continued support of our programs.

TCPA LOWER SCHOOL SPORTS REGISTRATION
2023-2024

FAMILY NAME _____

ADDRESS _____

Email: _____

PHONE # _____

CELL PHONE # _____

PARENT/GUARDIAN PRINTED NAME:

PARENT OR GUARDIAN SIGNATURE _____

EMERGENCY CONTACT:

NAME _____ PHONE # _____

HEALTH INFORMATION

DOCTOR'S NAME OR MEDICAL GROUP _____

TEL. # _____

I HAVE ACCIDENT AND HEALTH INSURANCE. _____

I DO NOT HAVE ANY ACCIDENT OR HEALTH INSURANCE _____

PLEASE LIST ANY ALLERGIES, INJURIES, ETC. _____

=====

BASKETBALL:

FRESHMEN GRADE 3 AND 4 _____

JV GRADES 5 AND 6 _____

VARSITY GRADES 7 AND 8 _____

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❖ PLAYER'S NAME:	GRADE:	T-SHIRT SIZE:	BIRTHDAY:

****BIRTH CERTIFICATE COPY AND CYO WAIVERS REQUIRED TO PARTICIPATE****

I AGREE TO PICK MY CHILD UP NO MORE THAN 10 MINUTES AFTER THE SCHEDULED END TIME OF EACH PRACTICE.

Parent/Guardian initials: _____

FEE: \$75 per participant / \$125 per family

PAID:

TCPA Lower School Athletics : Code of Conduct

Our Lower School Sports program is successful because of the support of our parents and their commitment to their student athletes. Most importantly, our program is based on the principal of sports with Christian values through healthy competition. We emphasize that we win with dignity, we loose with dignity. Players and parents are expected to respectful to the coaches, opposing teams as well as their coaches and the refs.

Below are TCPA's guidelines for parents and players.

School first, sports second.

Our players are student athletes. We expect them to do their best in school. Sports, as a part of their education, are second to good grades and good behavior in and out of school. Detentions and poor grades can lead to the player being benched.

Parents should remember that sport's primary value is the opportunity for development.

Children's sports experiences enable them to develop life-long values and self-respect. Organized sports teach teamwork and commitment. **Parents and players must understand that while playing time is not guaranteed at the JV and Varsity levels,** the commitment to practice and games instills valuable work ethics in a child.

Parents should communicate their concerns directly with the coach in private.

A positive working relationship is based upon clearly communicated mutual goals among parents, coaches and athletes. While a parent may not be happy with the decisions of the coach, they can speak with the coach as needed. Additionally, any parent is welcome to speak to the Athletic Director, Dan Napoleon, or his assistant, Renée Rogers, if their concerns are not addressed.

Parents should respect the differences between parental roles and coaching roles.

Parents should try to resist coaching "over the shoulder" of the coach, as well as publicly questioning the coach's decisions. Players get confused when the parent coaches from the sidelines; they're not sure who to listen to. Please let the coaches coach, the players play, and be as supportive as you can.

Parents should control negative comments and act positively.

Negative reactions to poor performance add to a player's pressure. The players want to win, but losses happen. Each facility that our players play at has rules regarding the removal of a parent for inappropriate behavior. Should a parent be asked to leave by a coach or ref and refuses to do so, it can result in our team having to forfeit the game.

Players are expected to be on time for games and practices.

Players should arrive at least 15 minutes prior to any game. Please contact the coach if the player will miss a game or practice.

Players are expected to attend practices.

While missing practice is sometimes unavoidable, every effort should be made to attend practice. Skills can only be taught and improved upon by practice. Lower School practices are open to parents, but please refrain from coaching your child during practice. It undermines the authority of the coach. Players are also expected to be picked up from practice on time. All of our coaches volunteer their time, and having to wait for a parent is unfair to them.

Parents will be given a 15 minute leeway after practice and games to pick up their child. After 15 minutes, the appropriate child welfare agency will be called.

Uniforms are the property of TCPA, and MUST be returned at the end of the season.

Uniforms are expensive. They must be returned to the coach at the end of the season. In order to receive a uniform, a \$50 deposit will be collected. That deposit will be retuned when the uniform is returned to the coach. Should the uniform not be returned, or be returned in unusable condition, the deposit will be forfeited and the player's final report card and school records will be withheld until the uniform is returned.

CYO Fees.

Please note that the \$70 registration fee goes towards the expenses of playing in the CYO League. Please see the AD or Assistant AD if you are experiencing financial difficulties. Our goal is to be able to give children the opportunity to participate.

Player Name: _____ Parent Signature: _____



DIOCESE OF TRENTON "CODE OF CONDUCT"

(TO BE READ AND SIGNED BY ALL PARENTS, GUARDIANS AND PLAYERS)

Interscholastic and youth sports programs play an important role in the promoting of the physical, social and emotional development of children. It is therefore essential for the parents, coaches, and officials to encourage young athletes to embrace the values of good sportsmanship. Moreover, adults involved in youth sports events should be models of good sportsmanship and should lead by example by demonstrating fairness, respect and self-control.

I therefore pledge to be responsible for my words and actions while attending, coaching, officiating or participating in a youth sports event and will conform my behavior to the following "Code of Conduct".

1. I will remember that children participate to have fun and that the game is for the child and not the adults.
2. I will learn and abide by the policies of the league.
3. I (and my guests) will be a positive role model for my child by encouraging sportsmanship, by showing respect and courtesy, and by demonstrating positive support for players, coaches, officials and spectators at every game, practice or other sporting event.
4. I (and my guest) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing or taunting, refusing to shake hands, or using profane language or gestures.
5. I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
6. I will demand that my child treat other players, coaches, officials, and spectators with respect regardless of race, creed, color, sex or ability.
7. I will never ridicule or yell at my child or other participant for making a mistake or losing a competition.
8. I will promote the welfare and physical well-being of the athletes ahead of my personal desire for my child to win.
9. I will respect the officials and coaches and their authority during games and will never question, discuss or confront a coach or official at the game or on the field.
10. I will demand a good sports environment for my child that is free from drugs, tobacco and alcohol and I will refrain from their use at all sports events.
11. I will refrain from coaching my child or other players during games or practices, unless I am one of the official coaches.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but not be limited to the following:

- Verbal warning by official, head coach, and/or head of league or organization
- Written warning
- Parental game suspension with written documentation of incident kept on file by organizations involved
- Game forfeit through official or coach
- Parental season suspension

Parent/Guardian Name

Date

Print Name _____

Player Name

Date

MERCER COUNTY CYO

Permission to Participate

I give permission for my child _____ to participate in CYO Athletics
for _____ school / parish.

Parent's or Guardian's Signature _____

Medical Authorization

I certify that my child's current physical condition is satisfactory for participating in CYO Athletics. I know of no reason to restrict my child's activity and give permission in CYO Athletics. In the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by the CYO of Mercer County to hospitalize, secure proper treatment for, and injection of anesthesia or surgery for my child named above.

Parent or Guardian's Signature _____

Acknowledgement of Risk/Waiver and Release

I certify that my child's physical condition is satisfactory for participating in the above CYO Program. I recognized that there are certain risks of physical injury in any athletic program and I hereby assume full responsibility for any expensed incurred as a result in my child's participation in CYO Athletics. I agree to: (A) waive and relinquish; (B) fully release and discharge; and (C) indemnify and hold harmless the Mercer County CYO and the Diocese of Trenton and their officers, agents and employees from any and all claims from injuries, damage or loss which may accrue to me on account of my child's participation in CYO Athletics.

Parent or Guardian's Signature _____

PARENT / EMERGENCY CONTACT INFORMATION

Mother / Guardian's Name: _____ Address: _____
Phone Numbers: (H) _____ (W) _____ (C) _____
E-mail Address: _____

Father / Guardian's Name: _____ Address: _____
Phone Numbers: (H) _____ (W) _____ (C) _____
E-mail Address: _____

In case we are unable to reach you, please give us two emergency contacts:

Emergency Contact Name: _____ Address: _____
Phone Numbers: (H) _____ (W) _____ (C) _____

Emergency Contact Name: _____ Address: _____
Phone Numbers: (H) _____ (W) _____ (C) _____