Archdiocese of New York Child Nutrition Program Pre-K - 8th Hot Lunch.

Menu



### **Available Daily**

Sun Butter & Jelly Sandwiches American Cheese Sandwiches (Mayo/Mustard)

**Assorted Fruit** Fresh Fruit-1 Piece ex (apple or orange) Frozen Fruit Cup 1/2 cup Prepared Fruit Cup 1/2 cup Ex. (pear or applesauce)

Whole Grains All grains offered on menu are whole grain.

> Choice of Milk 1% 8 OZ Fat Free White-8 oz

This Institution is an Equal Opportunity Employer and Provider

Menu items are subject to change due to recent supply chain issues.

#### MONDAY

## Grilled Cheese Sandwich Steamed Carrots & cup Seasoned French Fries. 1/2 cup Assorted Fruit & cup

Choice of Milk

Chicken Tenders **BBQ** Sauce w/WG Breadstick Baked French Fries & Cup Green Beans 1 Cup Assorted Fruit & cup Choice of Milk

Beef Meatballs Marinara on a WG Hero Oven Roasted Carrots 1 cup Green Pepper Strips 1/2 cup Assorted Fruit, 1/2 cup Choice of Milk

Teriyaki Breaded Chicken Seasoned Brown Rice ½ cup Steamed Carrots, ½ cup Roasted Broccoli, \$ cup Assorted Fruit, 1 cup Choice of Milk

### TUESDAY

Cheese Quesadilla Sweet Plantains 1 cup Black Beans ½ cup Assorted Fruit. 1 cup Choice of Milk

Beef Nachos Baked Tortilla Scoops Cheddar Cheese, Salsa Black Beans 1 cup Sweet Corn 1 cup Assorted Fruit, ½ cup Choice of Milk

Chicken Fajita Nachos Baked Tortilla Scoops Cheddar Cheese, Salsa Mexican-Style Corn 1 cup Kidney Beans ½ cup Assorted Fruit, ½ cup Choice of Milk

Try Something New Cheese Enchiladas w/Brown Rice 1 cup Black Bean Salad, 1 cup Roasted Corn. 1 cup Salsa 1 cup Choice of Milk

#### WEDNESDAY

Chicken Sandwich on WG Bun Baked Potato Wedges Steamed Zucchini Assorted Fruit 1 cup Choice of Milk

Beef Cheeseburger on Bun Sweet Potato Fries 1 cup Vegetarian Beans 1 cup Assorted Fruit 1 cup Choice of Milk

Mozzarella Sticks Marinara Sauce 202 Rotini Pasta Broccoli Florets 1 cup Cucumber Coins 1 cup Assorted Fruit 1 cup Choice of Milk

Homemade Baked Macaroni & Cheese Carrot Coins, 1 cup Assorted Fruit 1 cup

### THURSDAY

Chicken Alfredo Penne Pasta Steamed Broccoli & cup Assorted Fruit & cup Choice of Milk

Breaded Chicken w/WG Breadstick Brown Rice 1 cup Steamed Broccoli, & cup Assorted Fruit, 1 cup Choice of Milk

Easter Meal! sted Turkey w/Mashed Potatoes and Gravy Steamed Green Beans, Cranberry Sauce Warm Dinner Roll Assorted Fruit, 1/2 cup Choice of Milk

Penne Pasta with Beef Meatballs and Marinara Sauce 202 WG Breadstick Green Beans, & cup

# FRIDAY

Penne Pasta with Fish Sticks Marinara Sauce 202 w/WG Breadstick Green Beans, 3 cup Assorted Fruit, 1 cup Choice of Milk

Cheese Pizza Sauteed Spinach 1 cup Chickpea Salad, ½ cup Assorted Fruit 1 cup Choice of Milk

Penne Pasta with Fish Nuggets Marinara Sauce 202 w/WG Breadstick Green Beans, 2 cup Assorted Fruit & cup Choice of Milk

Cheese Pizza Sauteed Spinach 1 cup Chickpea Salad, ½ cup Assorted Fruit 1 cup Choice of Milk



Roasted Broccoli, 2 cup Assorted Fruit & cup Choice of Milk Assorted Fruit, ½ cup Choice of Milk