



## St. Mary School

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***St. Mary School Mission: St. Mary Catholic School will come to know God, to love God and to serve God and His people.***

Dear Parents and Staff of St. Mary School,

St. Mary School has updated the Covid 19 isolation and quarantine guidelines. Under the advice of the Diocese of Lansing, our policy will follow the recommendation of the Mid-Michigan District Health Department which includes Clinton County Health Department. These new county quarantine and isolation recommendations are included with this letter and can be found on the St. Mary School website by clicking on COVID information. Please see this information for the details regarding quarantine and isolation. These new recommendations allow for students and staff to return to school in less time but require additional safety measures. Below is an overview of some of the changes, please see the Mid-Michigan District Health Department Updated COVID Recommendations for K-12 Schools for complete description of changes.

Isolation for positive cases and quarantine for close contact continue to be for 10 days for those who are not fully vaccinated.

- Under these new recommendations for isolation and quarantine time, students may return to school after 5 days (Some may need longer than 5 days because of lingering symptoms) See the MMDHD updated COVID recommendations for K-12 Schools for details. A student must wear a mask for all indoor activities for day 6 through day 10. To allow for the student to eat, the student will eat their lunch outside of the cafeteria in a discreet location near the office.
- If your child cannot tolerate a mask or you would prefer your child to not wear a mask, your child will need to remain at home for the full 10 days.

If you choose the shortened quarantine time, please discuss with your child the need to properly wear a mask at all times while inside. Also inform your child that lunch will be eaten in a discreet location near the office. They will need to have their lunch and snacks in this area.

If someone in your household is waiting for a COVID test results, please keep your students home. If COVID is present in your home, all St. Mary School students of that household must quarantine, unless they are up to date with their COVID-19 vaccines or they had confirmed COVID-19 within the last 90 days.

If a student or staff is identified as a close contact they do not need to quarantine if they have received the recommended doses for their age group (see the MMDHD updated COVID recommendations for K-12 Schools) or have tested positive for COVID-19 using a viral test within the last 90 days.

Before your child comes to school, ask if they have any of the Signs/Symptoms of COVID:

Fever or Chills  
Cough  
Shortness of breath or difficulty breathing  
Muscle or body aches  
Headache  
New loss of taste or smell  
Sore throat  
Congestion or runny nose  
Nausea or vomiting  
Diarrhea

If the student has any of these please keep at home to monitor their health.

Students and staffs' health and safety are a top priority. Please prayerfully consider the choices you will make. The choice you make for your family members, impacts the health and safety of St. Mary School staff and families. St. Mary School will help you determine the return to school dates, quarantine and isolation guidelines and answer any questions you may have. .

Trusting in Christ,

Helen Hengesbach  
Principal, St. Mary School