

JANUARY 8, 2023



ST. BENEDICT PARISH

ST. BRIDGET'S CHURCH · ST. MARY'S CHURCH · ST. MARY'S SCHOOL
CALVARY CEMETERY · ST. BRIDGET'S CEMETERY

Striving to know, love, and serve God in all others.

The Epiphany of the Lord



Division is an accepted reality in our world today. It is accepted, but deadly to us who live in Christ. How can Christ be divided against himself!? In today's liturgy, we see again people who meet Christ and their course changes. During this time of year, we see this idea in our art and literature—from Scrooge to the Grinch, we are invited to meet Christ and be transformed.

I'm horribly saddened when division even pervades into the Church! I remain very critical of even very popular theologians or priests who online have gained large followings and do not proclaim unity. Rather, they proclaim their own ideas, sometimes deeply inconsistent with our tradition and the life we share in union with him and one another. We must understand that we are not people of Vatican II, or John Paul II, or Paul, or Peter even... We are His and our life's goal and the purpose of the Church is that we become related to him. The priesthood we share is not ours; it is Christ's alone.

This year on Epiphany, recognize who has been made manifest before you today. God became human not so we could proclaim ourselves, our own designs, but so that we could live his life and belong to him. From him flows true light and life and love. When we love, we find ourselves insufficient, but on course. And in this, life is worth living in truth. ~MC

NOW, MORE THAN EVER, we ought to understand the mission of Catholic education and Catholic educators. We need to acknowledge the truly divine call of our teachers and staff, most especially here at St. Mary's School. The call of dedication and true commitment to each and every student who walks through the doors. The call of selfless service.



ST. BRIDGET'S CHURCH
15 Church Street
Bloomfield, NY 14469



ST. MARY'S CHURCH
95 North Main Street
Canandaigua, NY 14424



ST. MARY'S SCHOOL
16 Gibson Street
Canandaigua, NY 14424

Fr. Michael Costik, Pastor • Fr. Matthew Walter, Parochial Vicar

Parish Office: (585) 394-1220 • Fax (585) 396-3230 • Emergency Number: (585) 364-2419 • Website: www.stbenedictonline.org
School Office: (585) 394-4300 • Website: www.stmaryscanandaigua.org

| DAY | MASS INTENTION | EVENTS |
|---|---|--|
| Sunday, Jan 8— The Epiphany of the Lord | Jan 7th, 5:30pm—Sunday anticipated Mass (SM) John, Elizabeth, and John DuBois by Laurie & Dennis Tepper 7:30am (SM) Morris Erdle by Anne Erdle & family 9am (SM) Nick Cutri by Pat & Tina Crowley 10:30am (SB) Doris Norman by her family 12pm (SM) Joseph Clement, Sr. by Mary Clement & family | 10am (SM) Pre-K—Grade 5 Faith Formation 10am (SMS) RCIA meeting 7pm (SM) Middle School & Teen Youth Groups |
| Monday, Jan 9— The Baptism of the Lord | 8:40am (SM) <i>Morning Prayer</i> 9am (SM) Rick Finn by Tom & Gail Schirmer | |
| Tuesday, Jan 10— Weekday (First Week in Ordinary Time) | 8:40am (SB) <i>Morning Prayer</i> 9am (SB) Alice Luisi (Anniv.) by family | 9am (SM) Stephen Minister training in Dougherty Hall 9:30am (SB) Bloomfield Bees in the Church Hall 6:30pm (SM) Social Ministry meeting in Dougherty Hall |
| Wednesday, Jan 11— Weekday | 8:40am (SM) <i>Morning Prayer</i> 9am (SM) Marcia Reynders by Dennis & Laurie Tepper | 12pm (SB) Hands of Hope free lunch in the Church Hall 1:30pm (SM) St. Vincent de Paul meeting in Dougherty Hall 5:30pm (SB) Confessions 6pm (SM) Choir practice in church |
| Thursday, Jan 12— Weekday | No Daily Mass today | 2pm (SM) Prayer Shawl Meeting in Dougherty Hall 6pm (SM) Knights of Columbus in Dougherty Hall (6pm gathering, 6:30pm meeting) |
| Friday, Jan 13— Weekday <i>St. Hilary, Bishop & Doctor of the Church</i> | 9am (SM) Evelyn Bugg by St. Vincent de Paul Society | |
| Saturday, Jan 14— Weekday <i>BVM</i> | 9am (SM) Linda Kuczma by Ellen & Matt Tempest 5:30pm (SM) Robert Hotchkiss by Anne & Bill Ranczuch | 3:45pm (SM) Confessions |
| Sunday, Jan 15— Second Sunday in Ordinary Time | 7:30am (SM) Jim Erdle, Sr. by Anne & family 9am (SM) Rick Finn by Barb Klavoon 10:30am (SB) Fr. Kevin Murphy by Pat & Tina Crowley 12pm (SM) Joseph A. Clement, Sr. by Mary & family | |
| (SB) St. Bridget's, (SM) St. Mary's, (SMS) St. Mary's School | | |

Note: The Mass schedule is subject to change due to the availability of the priest(s).

Altar Memorials

To Schedule a Sanctuary Lamp or Bread & Wine Memorial, please contact Maureen at (585) 394-1220, ext. 10 to make an appointment as our office is still open by appointment only on Tuesdays, Wednesdays, and Thursdays. Thank you.

Today's Responsorial Psalm

Lord, every nation on earth will adore you.
Psalm 72

READINGS FOR THE WEEK

Readings for the week of January 8, 2023

Sunday: Is 60:1-6/Ps 72:1-2, 7-8, 10-11, 12-13 (see 11)/Eph 3:2-3a, 5-6/Mt 2:1-12

Monday: Is 42:1-4, 6-7 or Acts 10:34-38/Ps 29:1-2, 3-4, 3, 9-10 (11b)/Mt 3:13-17

Tuesday: Heb 2:5-12/Ps 8:2ab and 5, 6-7, 8-9/Mk 1:21-28 or Heb 1:1-6 and 2:5-12/Mk 1:14-20 and 1:21-28

Wednesday: Heb 2:14-18/Ps 105:1-2, 3-4, 6-7, 8-9//Mk 1:29-39

Thursday: Heb 3:7-14/Ps 95:6-7c, 8-9, 10-11/Mk 1:40-45

Friday: Heb 4:1-5, 11/Ps 78:3 and 4bc, 6c-7, 8/Mk 2:1-12

Saturday: Heb 4:12-16/Ps 19:8, 9, 10, 15/Mk 2:13-17

Next Sunday: Is 49:3, 5-6/Ps 40:2, 4, 7-8, 8-9, 10/1 Cor 1:1-3/Jn 1:29-34

St. Mary's Church is equipped with a Hearing Loop.



Parish Procedure for Weekdays during Inclement Weather:

Ordinarily, if Bloomfield Schools are closed due to inclement weather, there will be no Masses, Confessions, or meetings, etc. held at St. Bridget's Church.

Ordinarily, if St. Mary's School is closed due to inclement weather, there will be no Masses, Confessions, meetings, etc. at St. Mary's Church. In addition, the Parish Administration Center (PAC) will be closed.

Updates will be called in to local news stations as well as posted on our website, social media, and sent via Flocknote as necessary.

Sacraments



Penance

Wednesdays at 5:30pm in St. Bridget's Church
Saturdays at 3:45pm in St. Mary's Church

Baptism

St. Benedict Parish recently celebrated the Baptisms of:

Blaise Angelo Hunt

Eli Robert Knopf

Salvatore Vincent Wheeler

Congratulations and welcome to the faith!

Eucharist

On Wednesday, January 4, 2023, our parish celebrated the First Eucharist of:

Ronan Nevis

Congratulations, Ronan, for taking this important step in your faith journey!

Sacramental Prep



RCIA: A Journey in Faith

RCIA is a process for those who are interested in becoming Catholic; those who have been baptized Catholic but have not yet been Confirmed or may not have received Eucharist; those who have been away from the church for awhile and are interested in renewing their faith, understanding, and attaining a sense of community; and even for those "cradle Catholics" that just want to learn more about their faith.

Wherever you are on your faith journey, we welcome you and your questions. For more information or to join the group, please contact Teresa at Teresa.Dunn@dor.org.



First Penance & First Eucharist Prep

will begin in early 2023. Per Diocesan guidelines, students must have been enrolled and participated in Faith Formation during the last school year as well as this current school year (or have been enrolled in Catholic school for those two years) in order to register for Sacramental Prep. Registration forms will be posted online very soon. Please go to the 'Sacraments' tab on our website (stbenedictonline.org) for more information.

Any adults willing to assist with our Sacramental Prep Programs should email Teresa at Teresa.Dunn@dor.org.



NATIONAL Eucharistic Revival

THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH

United States Conference of Catholic Bishops, ©2021

Note: This document was developed by the Committee on Doctrine of the USCCB and published in 2021. We began to include sections of document (in order from the introduction forward) in our bulletin starting on August 14th. The remainder of the text will be included in this and upcoming bulletins until the complete document has been provided.

II. OUR RESPONSE

C) Conversion

44. Christ began his public ministry by calling people to repentance and conversion: *Repent, and believe in the gospel* (Mk 1:15; cf. Mt 4:17). It is thus fitting that, at the beginning of every Mass, we are invited to acknowledge our sins in order to prepare ourselves to celebrate the sacred mysteries. We confess that we have sinned, and we implore the Lord's mercy. This is necessary since we are all sinners and sometimes fail to live up to our vocation as disciples of Jesus and to the promises of our Baptism. We need continually to heed Christ's call to conversion. We trust in his mercy, the mercy that we behold in his body broken for us and his blood poured out for us for the forgiveness of our sins. We are to approach the Lord with humble and contrite hearts and to say with sincerity: "Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed."

Eucharistic Revival Speaker Series: Eucharist is the Source and Summit of Our Faith

Upcoming guest speakers:

- **Feb 1**—Lisa Lickona: "The Saints' Devotion to the Eucharist"
- **Mar 8**—Fr. Peter Mottola: "The Hidden Roots of the Eucharist in the Old Testament"
- **Apr 19**—Fr. Bob Kennedy: "The Real Presence of the Eucharist"
- **May 3**—Christine Kvam: "Becoming Eucharistic People"

All of the speaking engagements listed above begin at 6:30pm in the worship area at St. Paul's Church, located at 783 Hard Rd in Webster. Livestream is also available. Please call (585) 671-2100 or visit stpaulsrcc.org for more information.

The Greatest Gift: The Eucharist—A New Series of Presentations

The Eucharist we receive is the Body and Blood of Jesus. It is the Sacrifice of Jesus giving his life for us on the Cross so that our sins may be forgiven. The Eucharist is the source and summit of our faith. Because the Eucharist is so important, we are in the midst of a three-year Eucharistic Revival in our country. To help you know all that God offers us in the Eucharist, Fr. Jeffrey S. Tunnicliff (Parochial Administrator, St. Mary's of the Lake in Watkins Glen and St. Benedict's in Odessa) will begin a new series of presentations called *The Greatest Gift: The Eucharist* this month.

The series begins on **Thursday, January 12** (with two more presentations following on **February 9** and **March 9**). Anyone is welcome to participate via the Internet/Zoom webinar from your own home at 6:30pm in the evening. If you would like to attend via the Zoom webinar, please register at https://us06web.zoom.us/join/register/WN_uJYopSW0SQC_6b7I0Wj08Q.

Monthly Challenge for January:



Month of Family Meals: At the Last Supper, Jesus gathered with His apostles, broke bread, and ate with them. This is the most significant example of a meal that we live out every week when we go to Mass. When we come to Mass, we commune with each other and participate in the sacrifice of Jesus Christ, our Savior. This is a life-giving meal. When we eat together as a family, it keeps the bond of love, companionship, and friendship alive.

In a world and society that focuses on being busy, can we focus this month on these two important meals—coming to Mass and receiving our Lord and Savior in the celebration of Eucharist to strengthen our family in faith; and eating together as a family in hopes of strengthening the bond of love and belonging in our families?

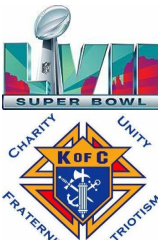
Festival/Lawn Sale Volunteer Celebration

Festival and lawn sale volunteers: we will be hosting a mid-winter celebration to thank you for all of your assistance with this past summer's lawn sale and festival. Please plan to join us on **Saturday, January 21** at 4:30pm in Dougherty Hall. Kindly RSVP to Maureen at (585) 394-1220, ext. 10 by **Wednesday, January 18** so that we can plan accordingly for food.

Team and booth captains: please spread the word to your team members! Thanks!

Super Bowl Squares

St. Mary's PTO will be selling Super Bowl Squares again this year! You can get yours following the 5:30pm Saturday Mass or the 9am and 12pm Sunday Masses on **January 14th/15th and 21st/22nd**. The board is sponsored again by our Knights of Columbus Frank A. Cutri Council #1445. Each square is \$25, payable with cash or a check made out to Knights of Columbus. If you are not able to make these Masses or attend another Mass, please contact Kristin West at (585) 748-3462 or kserinis@yahoo.com to make other arrangements to get your square(s).



Upcoming Retrouvaille Programs

Retrouvaille (pronounced retro-vi) simply means "rediscovery." This program offers the chance to rediscover yourself, your spouse and a loving relationship in your marriage.

Sometimes bad things happen in the best relationships – car accidents, depression, severe illness, death in the family. These things can affect your marriage.

Tens of thousands of couples headed for trouble have successfully rediscovered their marriages by attending Retrouvaille. This world-wide program is in 27 countries and has been in Rochester for over 35 years. It has even helped separated or divorced couples who want to try again.

Couples are never asked to share about their problems, but they will learn to communicate with their spouse about their difficulties. In 2023, we have two programs beginning with a weekend on **January 27** or **April 21**. Please call (585) 293-1552 with confidential questions or visit the web site at www.HelpOurMarriage.org

Attendance and Offertory for Christmas Eve & Day

Attendance

| | |
|---------------------------------------|--------------|
| 4pm Saturday at St. Mary's..... | 750 |
| 5:30pm Saturday at St. Bridget's..... | 171 |
| 7pm Saturday at St. Mary's..... | 320 |
| Midnight at St. Mary's..... | 280 |
| 8am Sunday at St. Mary's..... | 207 |
| 10:30am Sunday at St. Bridget's..... | 134 |
| Total in Attendance | 1,862 |

Weekly Offertory

| | |
|--|------------------|
| Total Weekly Offertory Income..... | \$19,755 |
| Weekly Needs..... | \$20,000 |
| Overage (Shortage)..... | \$(245) |
| Year To Date (new fiscal year began 7/1/2022) | |
| Offertory Income | \$548,784 |
| Year To Date Need | \$520,000 |
| Year To Date Overage (Shortage) | \$28,784 |

Christmas Offertory

| | |
|-------------------------|-----------------|
| To date..... | \$13,637 |
| Budgeted | \$20,000 |
| Overage (Shortage)..... | \$(6,363) |

for December 31, 2022 & January 1, 2023

Attendance

| | |
|--------------------------------------|------------|
| 5:30pm Saturday at St. Mary's..... | 175 |
| 7:30am Sunday at St. Mary's | 127 |
| 9am Sunday at St. Mary's..... | 200 |
| 10:30am Sunday at St. Bridget's..... | 108 |
| 12 noon Sunday at St. Mary's | 271 |
| Total in Attendance | 881 |

Weekly Offertory

| | |
|--|------------------|
| Total Weekly Offertory Income..... | \$26,703 |
| Weekly Needs..... | \$20,000 |
| Overage (Shortage)..... | \$6,703 |
| Year To Date (new fiscal year began 7/1/2022) | |
| Offertory Income | \$575,487 |
| Year To Date Need | \$540,000 |
| Year To Date Overage (Shortage) | \$35,487 |

Online Giving through OSV:

We now have a QR code that will take you right to the landing page of our online payment hub. Please scan the QR code to the right or visit <https://stbenedictonline.org/> to sign up to give online. If you are unable to give online, your offertory can be placed in the collection basket at Mass or be mailed in to the PAC. Sincere thanks!



Catholic Schools Week 2023
January 29–February 4

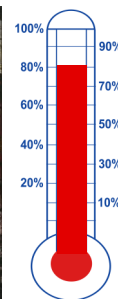
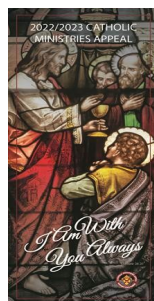
www.NCEA.org/csw
#CSW23

Help us to celebrate Catholic Schools Week!
All are welcome to join us for Coffee Hour in Dougherty Hall immediately following the 9am Mass on Sunday, January 29. A tour of St. Mary's School with principal Lisa Milano will follow at 10:30am.



Upcoming Retreats

Men of the parish are invited to a Men's Retreat Weekend at Notre Dame Retreat House from **February 3-5, 2023** and women of the parish are invited to a Women's Retreat Weekend from **March 24-26, 2023**. The theme for both will be "Keep Hope Alive!". Mark this on your calendars and watch for more information.



Catholic Ministries Appeal

As of 1/2/2023, \$141,757.30 (81%) of our \$175,000 CMA goal had been pledged by 386 donors. Of that amount, \$132,779.30 had been paid. For more information and/or make a secure online gift, please visit <https://www.dor.org/giving/catholic-ministries-appeal/>.

Our parish thanks those donors for their generosity!



KnightLine

Save the date! The Knights will be sponsoring a pancake breakfast from 8am–10am on **Saturday, February 25** at Charlie Riedel's. Watch for more information to come!



St. Vincent de Paul (SVDP) Society**Clothing & Voucher Room Information:**

120 North Main Street, Canandaigua, 14424
 Clothing Room: 10am–12:30pm on Wed, Fri, & Sat
 Voucher Room: 10am–noon on Wed & Fri

**SVDP Society Update/January Meeting:**

"If today you hear His voice, harden not your hearts." (Psalm 95)

Christ, as all-knowing and all-caring, calls us to Himself by reminding us that our heart at times often defines who we are and why we think and act the way we do. We need to remember all that we have been given through God's grace and generosity and that we need to return that favor by giving of ourselves to our most neediest sisters and brothers.

With a new year upon us and a time for New Year's resolutions, please consider joining us and attending the January meeting of the St. Vincent de Paul Society on **Wednesday, January 11** from 1:30-3pm in Dougherty Hall. Our mission is to give to and help others most in need of life's basic necessities. Listening and hearing are not necessarily easy things to do, BUT if you sense that God is reaching out to you, consider giving yourself the chance to reach out to others! Psalm 95 is truly a powerful challenge for all of us!

St. Vincent de Paul Society & Social Ministry Committee Christmas Outreach Program 2022 Update:

On Saturday morning, December 10, the St. Vincent de Paul Society and Social Ministry Committee distributed food gift cards and children's Christmas presents to over 200 needy families that included over 500 adults and children. The distribution took place in Dougherty Hall, 120 North Main Street, and 40 Wilcox Lane.

It was simply a wonderful outpouring of love, generosity and joy for all those involved that day! This tradition at St. Mary's has been in place in some shape or form for over 50 years! The facial expressions of the children were particularly heartwarming, as they struggled to help carry out their bags of gifts! In addition to toys and footwear, the children received hats, mittens and scarves; while some adults were given quilts.

The St. Vincent dePaul Society and Social Ministry Committee would like to recognize and thank Tops Friendly Markets and Wegmans for their generous donation of food gift cards, the St. Benedict Tithing Committee and St. Benedict's entire parish community for the wonderful financial support that made the 2022 Christmas Outreach Program so successful and rewarding!

"God Bless Us, Everyone!" - Tiny Tim from Charles Dickens' *A Christmas Carol*

CCIA Update

We at the CCIA Food Pantry, 120 N. Main St., wish to extend a heartfelt thank you for all the food and monetary donations we received during 2022. Your donations were a great help in keeping our shelves filled. In 2022, we served 2586 households, including 258 new families. We served 3614 adults, 1817 children, and 967 seniors. We truly appreciate your caring and generosity and pray for your continued support in 2023.

Our most immediate needs right now are spaghetti sauce, pasta, peanut butter, pork and beans, and toothpaste, but we welcome any unused, non-perishable, non-expired food item. We cannot, however, accept medicinal items. May God bless you and may you have a blessed New Year.

Don't throw this bulletin away!

Once you've read the bulletin, consider giving it to a friend or acquaintance, along with an invitation to attend Mass at either St. Bridget's Church or St. Mary's Church (or perhaps both!). Being a good steward and sharing the Good News can take many forms!

Have Someone to Add to the Prayer List?

Please contact Maureen in the Parish Administration Center at (585) 394-1220, ext. 10.

Want to Request a Mass and/or Schedule a Sanctuary Lamp or Bread & Wine Memorial?

Please contact Maureen in the Parish Administration Center at (585) 394-1220, ext. 10 to make an appointment as our office is still open by appointment only on Tuesdays, Wednesdays, and Thursdays. Thank you.

Please pray for healing & comfort for our sick and for strength & endurance for all caregivers

| | | |
|-----------------------|----------------------|------------------------------|
| A | H | |
| Mary Andolsek | Sue Hall | Corrine Pollot |
| Marisa Andrews | Jim Harvey | David Pratt |
| B | Joyce Hatcher | R |
| Marty Badger | Regina Haynes | Kathy Revier |
| Bill Batson | Shannon Haynes | Tom Revier |
| Jack Bement | Mary Hollis | Wendy Rex |
| James Bement | Ted Horrocks | Ryder Thomas Rexford |
| Constance Bennett | Steve Horwitz | Frank Robertaccio |
| Dawn Betsinger | Charles P. Hyde | Betty Rogers |
| Marian Betsinger | John W. Hyde | S |
| Christopher Black | Ruth C. Hyde | Liz Salvato |
| Anna Bomwell | J | Dave Saur |
| Leanne Bossert | Adam Jemmott | Donald, & Charles |
| David Boyle | Patt Jones | Scheibener |
| Jennifer Brady & baby | K | Nicholas Scheibener & family |
| Marie Brunner | Michael Kachmar | Joseph Schepisi |
| Marilyn Burnett | Scott Kesel | Peggy Schrader |
| Jeremy Burns | Carolyn Kless | Joanne Sciaratta |
| John Burns | Carolann Knapp | Deb Scorse |
| Sara Burns | Robert Kubiak, Jr. | Emily Scorse |
| Flo Burri | L | Phyllis Scott |
| Paul Burri | Maureen Lahue | Christina Senska |
| C | Peggy LaRocca | William Shaw |
| Pete Caffo | Angela Ligouri | Madelynn Jane Simmons |
| Robert Casella | James & Liz Lowe | John & Vinny Sinicropi |
| Eric Chester | Hope Lowman | Laurie Skinner |
| Bob Cirre | Teresa Lynch | Randy Skrypek |
| Michele Cleaves | Tom Lynch | James Smith |
| Mary Clement | Joan Lyons | Ralph & Mary Smith |
| Barbara Coats | M | Tammy Smith |
| Mark Conover | Luke, Lilly, & Jamie | Tom Socha |
| Evan & Sarah Costik | MacDonald | Lorie Stack |
| David Covell | Irene Mace | Jacob Staggett |
| Darlene Creswell | Barbara Mack | Sue Steiner |
| Susan Cristantello | Tom Macri | James Sullivan |
| Bruce Currier | Mary Malinowski | Dennis Supik |
| James Curry | Jim Marianacci | T |
| D | Stephen Martin | Brittany Tay |
| Elissa Dagel | John & Pat McCarthy | Abby Terhune |
| Robert Damato | Lori McJury | Dan Tidrick |
| Brenda D'Angelo | Barbara & James | Ethel Toner |
| Sue Dobies | McKee | Caroline Torbitt |
| Alan & Patricia | Terry McKenna | Fr. Dan Tormey |
| Donnelly | George & Vivian | Carol Turpyn |
| William Dreesen | McMahon | V |
| Mary Ellen Duncan | Kaleb McWilliams | Elaine Vanetta |
| E | Bruce Miles | Janet VanGelder |
| Terry Edmonds | Christopher Miles | JoAn Van Troost |
| Ruth Enslow | Erich Minier | Annette Vitalone |
| Wyatt Erti | Hilde Mitchell | Ann Marie Viterna |
| F | Fr. Thomas Mull | W |
| Pauline Fehrenbacher | John Mundy | Barbara Walczak |
| Steve Finnicks | Bill Murphy | Marcella Walczak |
| Marilyn Fisher | N | The Walczak Family |
| Caleb Ford | Gordon Nicholson | Barbara Wasson |
| G | Gerard Nicolay | Matthew Wasson |
| Robbie Gaiek | Joyce Niziurski | Tim Welch |
| David Garrity | O | Abbe Wildmark-Crowell |
| Adam Genazzio | Ethan O'Donnell | Lori Wolfe |
| Andrew German | Jackie O'Laughlin | Y |
| Jeff & Stacey Gibbs | Lauren Orlando | Lisa Young |
| Elizabeth Gotham | The Orlando Family | |
| Elodie Graham | P | |
| Barbara Graves | Kathy Page | |
| Chris Griffith | Don Parsons | |
| Bruno Guarnieri | Ed Pasciak | |
| Lacey Pietropaolo | Jeanetta Pharis | |
| Gulick | Rosalie Polimeni | |

...and any other unnamed individuals needing our prayers.

Need support? These ministries may be able to help.

Elizabeth Ministry: A Catholic Support Network for Miscarriage, Stillbirth, and Infant Loss



As local Catholic women who have experienced the loss of a child, our goal is to offer emotional, spiritual, and practical support to women and families suffering through a similar loss. If you or a loved one are seeking support or are interested in joining our mailing list, please contact Molly Hickey at ElizabethMinistryROC@gmail.com or Janene Loughran at (585) 329-1974.

Project Rachel in the Diocese of Rochester

Through Project Rachel, the DOR has a network of specially trained priests, religious, counselors, and laypersons who accompany anyone struggling in the aftermath of abortion. It could have been recently or several years ago. You may have experienced an abortion yourself or be the partner, parent, grandparent, sibling, other family member, friend. A trained companion is available to guide you on a confidential, nonjudgmental healing process of forgiveness and peace. It doesn't matter what faith tradition you are from or if you don't adhere to any faith. Everyone is treated with respect and consideration. All services are offered at no cost. If you or someone you know needs hope after abortion, confidential, nonjudgmental help is available through our dedicated helpline: 888-9RACHEL (888-972-2435). You can also email return2peace@rachelroc.org or visit the national Project Rachel website at hopeafterabortion.com.



project rachel

Peace starts here

Stephen Ministry



The Holidays Make Me Reflect & Feel Sad

Have the holidays changed for you? Did you lose a close family member this year? Perhaps you are alone because your children can't be with you for the holidays.

At times like this, a concerned Christian can provide a listening ear and pray for you. A Stephen Minister's care could benefit you as you work through this difficult season.

To find out more about Stephen Ministry or to receive a Stephen Minister's care, call (607) 398-0382. Leave a message and a Stephen Minister will get back to you.

Shawls Available to Those in Need

St. Benedict's Prayer Shawl Ministry has created prayer shawls, which are available at the PAC and at St. Bridget's Church Hall for anyone who feels a need in these difficult times. They are a great comfort to those suffering illnesses, grieving lost loved ones, or experiencing stress and anxiety. They are blessed and have a tag expressing their purpose. They have been created with knitting needles, crochet hooks, donated yarn, and much love and prayers. If you would like, please call the PAC at 394-1220 or visit St. Bridget's Parish Hall after Mass or during the hours that the Blessing Room is open. If you have any questions, please contact Bev at 657-7042 or Rose Anne at 657-6537.

The Prayer Shawl Ministry always welcomes new members. The ministry will meet on the 2nd and 4th Thursday of each month from 2pm-4pm in Dougherty Hall. Please call Bev or Rose Anne for details. If you are unable to join us during our meeting times, you can work at home. We can supply yarn and tools if needed. We also gladly accept any yarn that anyone can donate.



GRIEVING THE DEATH OF YOUR SPOUSE?

GRIEF SHARE

LOSS OF A SPOUSE

Join us for this encouraging seminar!

February 16, 2023

11:00 am - 1:00 pm

St. Mary's Church, Dougherty Hall & via Zoom

95 N. Main St, Canandaigua, NY 14424

For more information

call 585-999-5771 or email drgerland@gci.net

Grief Support Group



GriefShare Sessions

Starting on February 23, 2023

Thursdays from 11:00 am - 1:00 pm

St. Mary's Church, Dougherty Hall & via Zoom

95 N. Main St., Canandaigua, NY 14424

For more information

call 585-999-5771 or email drgerland@gci.net

Fee \$25 (includes workbook)

We're here for you

If you are struggling, please know that you are not alone. Our parish is here to support you through pastoral care and these and our other ministries. Please contact our parish office at (585) 394-1220 or visit our website at stbenedictonline.org if you have any questions or want more information about our ministries.



Mental Health Resources

Do you or a loved one struggle with mental health? **You're not alone.** It can be scary to reach out for help, but it is often the first step in healing, growth, and recovery. 211/LIFE LINE is available for everyone, 24 hours a day, 7 days a week, to support people in crisis and connect them with community resources. Whether you need guidance finding basic resources or are in crisis and struggling with thoughts of suicide, our experienced and compassionate tele-counselors are here to listen and to help. Just dial 211 or visit www.goodwillfingerlakes.org for free and confidential assistance.

2.1.1

LIFE LINE
Get Connected. Get Answers.

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