

Spiritual Adoption Program

To help stop the anti-life push around the world, the late Archbishop Fulton J. Sheen encouraged the spiritual adoption of an unborn child. This is done by praying that one particular, but unknown child's life be spared abortion and be allowed to continue to live.

The Spiritual Adoption Program has three elements:

1. It is an opportunity to pledge a daily prayer for nine months for a baby who is in danger of abortion. This special prayer is found on the Spiritual Adoption Prayer Square and on the other side of this paper. For the parents of the baby, please pray a daily Hail Mary. Pray that God in His great mercy will grant the parents the courage to once more imitate the lives of Mary and Joseph. They gave a humble yes to bring forth the life of Jesus, our Savior, in a way that was defiant to the wisdom of their time.
2. It is an opportunity to educate others about the development of the pre-born baby. You will be able to follow the development of the baby every month in a special email sent right to you.
3. At the end of nine months (in August) we will host a baby shower as a visible means of imitating the Magi by providing assistance in the form of a donated baby item. These baby items will be donated to support moms in need.

Prayer Square: Make it a part of your home

Your Prayer Square is a daily reminder to pray for the unborn baby and their parents each day. You might want to find a prominent place to display your Prayer Square in your home, perhaps you have a home altar space.

Name the baby you are praying for; maybe you have a particular Saint you'd like to name the baby after.

You can make your dedicated space as detailed and creative as you like; adding Holy Cards, a statue of Our Blessed Mother, the Holy Family, a Crucifix, fresh flowers, to name a few!

At the end of the nine months, you will be asked to return the Prayer Square so that a baby blanket can be made from them. The blanket will be donated.

Our prayers CAN make a difference between whether a baby will be born... or aborted. Our prayers can also be a form of spiritual support for both parents. Please share the love of life given to you by the Lord of all life and join in spiritually adopting a baby. We may never meet this baby, but the Lord knows who our prayers are for and one day we might just meet them in Heaven.

Thank you for joining us on this important and inspirational adventure for the next nine months. You are a Blessing and are appreciated each day!

SPIRITUAL ADOPTION OF AN UNBORN CHILD

Jesus, Mary, and Joseph, I love
you very much.

I beg you to spare the life of the
unborn baby that I have
spiritually adopted who is in
danger of abortion.

— Archbishop Fulton J. Sheen



Spiritual Adoption Prayer

“Jesus, Mary, and Joseph, I love you very much. I beg of you to spare the life of (*give the baby a name*), the unborn baby I have spiritually adopted, who is in danger of abortion. Amen.”

—Venerable Archbishop Fulton J. Sheen

Pray this prayer every day for nine months—the whole time the baby is in the mother’s womb—asking the Holy Family to save the baby’s life. You may never meet the baby you spiritually adopted while you are on earth, but you surely will in Heaven!

Baby’s Name: _____

Date Adopted: _____

Additional Prayer

“O Mary,
Bright dawn of the new world,
Mother of the living,
To you do we entrust the cause of life:
Look down, O Mother,
Upon the vast numbers
Of babies not allowed to be born,
Of the poor whose lives are made difficult,
Of men and women
Who are victims of brutal violence,
Of the elderly and the sick killed
By indifference or out of misguided mercy.
Grant that all who believe in your Son
May proclaim the Gospel of life
With honesty and love
To the people of our time.
Obtain for them the grace
To accept that Gospel
As a gift ever new,
The joy of celebrating it with gratitude
Throughout their lives
And the courage to bear witness to it
Resolutely, in order to build,
Together with all people of good will,
A civilization of truth and love,
To the praise and glory of God,
Creator and lover of life.”

—Pope Saint John Paul II