

# Walking with Moms in Need



**Pregnant? Help is available  
Free & Confidential**

## Residential Home for Pregnant & New Mothers

### **Good Counsel Home** – South Jersey

\*Residential home for homeless, expectant, and new mothers and their children & confidential post abortion healing and more.

Call **800-723-8331** at any time for information about [help.goodcounselhomes.org/](http://help.goodcounselhomes.org/)

## Catholic Charities Diocese of Trenton

**Help & Info Center** to connect with a variety of essential services (food, rent, housing, etc.) call 1-800-360-7711

**Domestic Violence Services** call a confidential 24-hr Hotline: 1-877-871-7551

**“For My Baby and Me”** For pregnant women who suffer from addiction; call 24-hour hotline 609-256-7801

## Abortion Pill Reversal

1-877-558-0333 (24/7) [abortionpillreversal.com](http://abortionpillreversal.com)

Are you considering the Abortion Pill, or have you already taken the first pill? If you are having second thoughts it may not be too late

## NJ's 'Safe Haven'

Free 24/7 Hotline 1-877-839-2339

Don't abandon your newborn. NJ has a Safe Haven where you can surrender your baby safely, legally, and confidentially at any hospital emergency room or police station, or those fire, ambulance or first aid stations that are staffed 24 hrs/day

## Parish Resources

## Local Pregnancy Help Centers:

Counseling support, pregnancy tests, mom/baby items and more - call for current hours

### **Birthright of Freehold**- (Monmouth Co.)

[birthright.org/freehold](http://birthright.org/freehold) | 732-462-2888

### **Birthright of Red Bank** – (Monmouth Co.)

[birthright.org/redbank](http://birthright.org/redbank) | 732-747-7600

### **Birthright of Toms River** – (Ocean Co.)

[birthright.org/tomsriver](http://birthright.org/tomsriver) | 732-349-0154

### **Madonna House, Neptune** (Monmouth Co.)

[themadonnahouse.com](http://themadonnahouse.com) | 732-775-1140

### **1st Way Burlington** - (Burlington Co.)

**\*Free ultrasound\***

[1stwaylifecenter.com](http://1stwaylifecenter.com) | 609-871-1431

### **Options for Her, Cherry Hill**- (Camden Co.)

**\*Free ultrasound\***

[optionsnj.org](http://optionsnj.org) | (856)-795-0048

### **Options for Her, Trenton** - (Mercer Co.)

**\*Free ultrasound\***

[optionsnj.org](http://optionsnj.org) | (732)-362-2256

### **Choice One, Lawrenceville** - (Mercer Co.)

**\*Free ultrasound\***

[www.mychoiceone.org](http://www.mychoiceone.org)

Text 267-217-3430; reply will be discreet

1-800-497-TEST

### **The Open Door Pregnancy Center, Toms River** (Ocean Co.)

**\*Free ultrasound\***

[theopendoor.com](http://theopendoor.com) | 732-240-5504

### **Solutions Health and Pregnancy Center, Freehold & Shrewsbury** (Monmouth Co.)

**\*Free ultrasound\***

\*transportation assistance available\*

[www.solutionshpc.com](http://www.solutionshpc.com), Call or text (732) 747-5454

Email, [info@solutionshpc.com](mailto:info@solutionshpc.com)

For more pregnancy resources scan the code

