

***Power & Powerlessness-***  
***Our Need for Control & Surrender***

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# EVERYDAY GOD — Bernadette Farrell

*Read aloud the following litany of praise and allow it to open your spirit and draw you into the realm of the miraculous. For the next five minutes concentrate on God.*

God's creator	Everyday God
Loving Maker	O Jesus
You who shaped us	O Spirit
Recreate Us	Come be with us
In your presence	Everyday God
We are gathered	Lord Jesus
You have called us	O Spirit
To restore us	Come be with Us
Life of all Lives	Everyday God
Love of all loves	Jesus
Hope of all hopes	O Spirit
Light of all lights	Come be with us
In our resting	Everyday God
In our rising	O Jesus
In our hoping	O Spirit
In our waiting	Come be with us
In our dreaming	Everyday God
In our daring	O Jesus
In our searching	O Spirit
In our sharing	Come be with us
God of Laughter	Everyday God

God of sorrow	O Jesus
Home and Shelter	O Spirit
Strong and Patient	Come be with us
Way of freedom	Everyday God
Star of Morning	O Jesus
Timeless healer	O Spirit
Flame eternal	Come be with us
God of gladness	Everyday God
Word of Mercy	O Jesus
Word of friendship	O Spirit
Word of challenge	Come be with us
Gentle father	Everyday God
Faithful brother	O Jesus
Tender sister	O Spirit
Loving mother	Come be with us
Our beginning	Everyday God
Our unfolding	O Jesus
Our enduring	O Spirit
Journeys ending	Come be with Us
Alleluia	Everyday God
Now and Always	O Jesus
Alleluia	O Spirit
Through all ages	Come be with us




**St. Hildegard**

Elizabeth Scalia: Little Sins Mean A Lot.

*...imagine being a feather, blown about by God – it would mean surrender to God's will, of course, an idea I had often found (and sometimes still do find) challenging, and for the same reasons you probably do: what if God's will is something I really, really don't want, like illness, or financial hardship or untimely death? Hildegard's words were pretty, but just beneath them lay the reality of Christ Jesus at Gethsemane, and who among us really wants Gethsemane?*

*But thinking of it further – imagining a feather blown here-and-there, up and down, what struck me was the lightness of it all: lightness of flight; lightness of descent; lightness of landing. A feather can be strewn about, in the harshest of winds, and yet it remains light; it lands lightly. Hildegard was saying that beyond being obedient to God's will, she was so confident that any event through which she was led was to her ultimate good that she could bear all things with lightness: no grimacing. Therefore, because God is Good, only good can arise from our living within his slipstream even if it looks ominous. It is a message we have heard before: Jesus tells us his yoke is easy and his burden is light.*

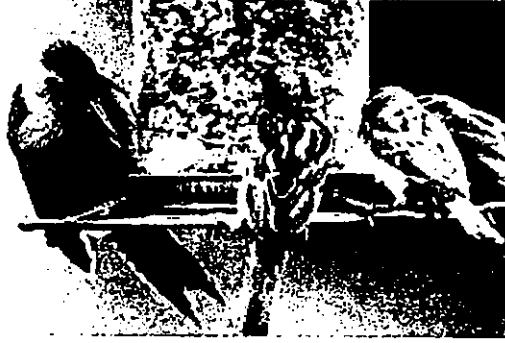




Be so completely  
yourself that everyone  
else feels safe to be  
themselves too

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A BLESSING TO TAKE WHAT YOU NEED- Kate Bowler

The feeder is empty again  
and no one is claiming that the birds are greedy  
for taking what they pleased.

Look at how the fat, pink flowers  
are weighing the end of each branch,  
sucking nutrients into each velvet petal.

How selfish.

Nature hungers, takes, and needs.

God, why can't I?

Blessed are we, learning to take what we need.

Sleeping past our alarms.

Reaching for another helping.

Staying a little longer when the evening is unwinding.

Blessed are we, ignoring the rising anxiety

that our needs are somehow silly

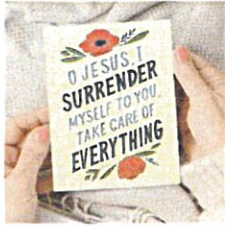
because we've survived this long

without the pleasures of this wanting.

God, let these needs be the good sign

of the greening of my life.





## The Surrender Novena

### Day 1

Why do you confuse yourselves by worrying? Leave the care of your affairs to me and everything will be peaceful. I say to you in truth that every act of true, blind, complete surrender to me produces the effect that you desire and resolves all difficult situations.

***O Jesus, I surrender myself to you, take care of everything! (10 times)***

### Day 2

Surrender to me does not mean to fret, to be upset, or to lose hope, nor does it mean offering to me a worried prayer asking me to follow you and change your worry into prayer. It is against this surrender, deeply against it, to worry, to be nervous and to desire to think about the consequences of anything.

It is like the confusion that children feel when they ask their mother to see to their needs, and then try to take care of those needs for themselves so that their childlike efforts get in their mother's way. Surrender means to placidly close the eyes of the soul, to turn away from thoughts of tribulation and to put yourself in my care, so that only I act, saying, "You take care of it."

***O Jesus, I surrender myself to you, take care of everything! (10 times)***

### Day 3

How many things I do when the soul, in so much spiritual and material need, turns to me, looks at me and says to me, "You take care of it," then closes its eyes and rests. In pain you pray for me to act, but that I act in the way you want. You do not turn to me, instead, you want me to adapt to your ideas. You are not sick people who ask the doctor to cure you, but rather sick people who tell the doctor how to. So do not act this way, but pray as I taught you in the Our Father: "Hallowed be thy Name," that is, be glorified in my need. "Thy kingdom come," that is, let all that is in us and in the world be in accord with your kingdom. "Thy will be done on Earth as it is in Heaven," that is, in our need, decide as you see fit for our temporal and eternal life. If you say to me truly: "Thy will be done," which is the same as saying: "You take care of it," I will intervene with all my omnipotence, and I will resolve the most difficult situations.

***O Jesus, I surrender myself to you, take care of everything! (10 times)***

**Day 4**

You see evil growing instead of weakening? Do not worry. Close your eyes and say to me with faith: "Thy will be done, You take care of it." I say to you that I will take care of it, and that I will intervene as does a doctor and I will accomplish miracles when they are needed. Do you see that the sick person is getting worse? Do not be upset, but close your eyes and say, "You take care of it." I say to you that I will take care of it, and that there is no medicine more powerful than my loving intervention. By my love, I promise this to you.

***O Jesus, I surrender myself to you, take care of everything! (10 times)***

**Day 5**

And when I must lead you on a path different from the one you see, I will prepare you; I will carry you in my arms; I will let you find yourself, like children who have fallen asleep in their mother's arms, on the other bank of the river. What troubles you and hurts you immensely are your reason, your thoughts and worry, and your desire at all costs to deal with what afflicts you.

***O Jesus, I surrender myself to you, take care of everything! (10 times)***

**Day 6**

You are sleepless; you want to judge everything, direct everything and see to everything and you surrender to human strength, or worse—to men themselves, trusting in their intervention—this is what hinders my words and my views. Oh, how much I wish from you this surrender, to help you; and how I suffer when I see you so agitated! Satan tries to do exactly this: to agitate you and to remove you from my protection and to throw you into the jaws of human initiative. So, trust only in me, rest in me, surrender to me in everything.

***O Jesus, I surrender myself to you, take care of everything! (10 times)***

**Day 7**

I perform miracles in proportion to your full surrender to me and to your not thinking of yourselves. I sow treasure troves of graces when you are in the deepest poverty. No person of reason, no thinker, has ever performed miracles, not even among the saints. He does divine works whosoever surrenders to God. So don't think about it any more, because your mind is acute and for you it is very hard to see evil and to trust in me and to not think of

yourself. Do this for all your needs, do this, all of you, and you will see great continual silent miracles. I will take care of things, I promise this to you.

***O Jesus, I surrender myself to you, take care of everything! (10 times)***

**Day 8**

Close your eyes and let yourself be carried away on the flowing current of my grace; close your eyes and do not think of the present, turning your thoughts away from the future just as you would from temptation. Repose in me, believing in my goodness, and I promise you by my love that if you say, "You take care of it," I will take care of it all; I will console you, liberate you and guide you.

***O Jesus, I surrender myself to you, take care of everything! (10 times)***

**Day 9**

Pray always in readiness to surrender, and you will receive from it great peace and great rewards, even when I confer on you the grace of immolation, of repentance, and of love. Then what does suffering matter? It seems impossible to you? Close your eyes and say with all your soul, "Jesus, you take care of it." Do not be afraid, I will take care of things and you will bless my name by humbling yourself. A thousand prayers cannot equal one single act of surrender, remember this well. There is no novena more effective than this.

***O Jesus, I surrender myself to you, take care of everything! (10 times)***

***Mother, I am yours now and forever.***

***Through you and with you***

***I always want to belong***

***completely to Jesus.***

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## **Scripture Quotes – Surrender to God**

2 Corinthians 12: 7-10 - My power is made perfect in weakness ( surrender )

Matthew 5:37- Yes/ NO

Philippians 1:4-6 – Jesus began a good work in you...

Luke 22: 42 – Not my will...

Psalms 40:8 -Delight in God's will

Psalms 126: 4- Put things right – restore our fortunes, bring us back to you ...

Psalm 37:7 -Be still before the Lord and wait patiently for him.

Psalm 46:10 Be still and know that I am God.

Proverbs 3: 5-6- Trust in the Lord

Perhaps the most important thing we bring to another person is the silence in us, not the sort of silence that is filled with unspoken criticism or hard withdrawal. The sort of silence that is a place of refuge, of rest, of acceptance of someone as they are. We are all hungry for this other silence. It is hard to find. In its presence we can remember something beyond the moment, a strength on which to build a life. Silence is a place of great power and healing.

**Rachel Naomi Remen**

