

**ABORTION PILL
RESCUE NETWORK™**
FREQUENTLY ASKED QUESTIONS

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ABORTION PILL RESCUE NETWORK™

Frequently Asked Questions Abortion Pill Rescue

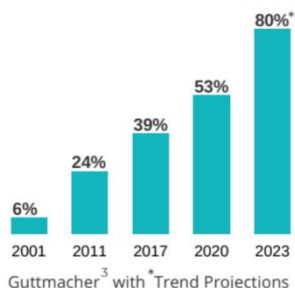
What are the primary goals of the Abortion Pill Rescue Network?

Abortion Pill Reversal stands as a safe and effective option, supported by both scientific evidence and the lived experience of women who are holding their babies in their arms today after starting a chemical abortion and experiencing a successful reversal. Women deserve to know the truth and they don't give up that right when they seek an abortion. The Abortion Pill Rescue Network works to ensure that women have the opportunity to continue their pregnancies and choose life for their children every step of the way, even after starting an abortion. Every innocent human life—whether born or not—is valuable, precious, and worthy of full protection.

The tragedy of chemical abortion-how common is it?

Growing in popularity and availability, chemical abortions (often referred to by Big Abortion and media as “medication abortion,” “medical abortion,” or “abortion pill”) is predicted to account for 80% of all abortions in the U.S. Some choose chemical abortion over surgical abortion, as it is often promised to be “less invasive”, advertised as “more natural”, and promoted as “an abortion in the privacy of your own home.” However, it is not without significant physical and emotional risks, and, for many, a lot of regret.

Growing Trend in Medication Abortions



Medication abortion is increasingly difficult to track because the data excludes international and domestic mail order, statistics from states that don't require reporting, and underreporting.⁴

What happens when a woman changes her mind after beginning a chemical abortion? Is it possible to choose again?

Women often regret their abortions and sometimes that regret sets in right away. Heartbeat International has a hotline where those who would like reversal of chemical abortions can seek help immediately. We connect callers with local providers. Every woman deserves to know the whole truth about abortion; that includes the facts about her unborn child, and the choices she can make every step of the way.

When is it too late to reverse a chemical abortion?

For those seeking to reverse a chemical abortion, the goal is to start the protocol as soon as possible. However, there have been many successful reversals when treatment was started within 72 hours of taking the first abortion pill. We are always here to help even if it's been more than 72 hours!

chat: <https://abortionpillreversal.com/>
call: 877.558.0333

How is progesterone used to save the lives of these babies?



Studies show that using progesterone to counteract an in-progress chemical abortion (Abortion Pill Reversal) can be effective since it's the very same hormone a woman's body produces to sustain her pregnancy.

Abortion Pill Reversal is an application of a time-tested, FDA approved treatment used for decades to prevent miscarriage and

preterm birth. It involves emergency, ongoing doses of progesterone to counteract the effects of the first abortion pill. The Abortion Pill Reversal protocol works by using progesterone to outcompete mifepristone for the receptor sites, creating a possibility for the pregnancy to restabilize.¹

Progesterone is a natural hormone required to support all human pregnancies, and evidence strongly supports that prescribing bio-identical progesterone is safe when used in pregnancy. Bio-identical hormones are man-made hormones that are very

¹ Delgado, G. M.D., Condly, S. Ph.D., Davenport, M.M.D., M.S., Tinnakornsisuphap, T. Ph.D., Mack, J. Ph.D., NP, RN, Khauv, J. B.S., and Zhou P., A Case Series Detailing the Successful Reversal of the Effects of Mifepristone Using Progesterone. *Issues in Law & Medicine*, Volume 33, Number 1, 2018.

similar to hormones made naturally by the human body and used as a treatment when hormones are low or out of balance.² Progesterone has the following important functions to support a pregnancy:

- Prepares the endometrium
- Develops the placenta
- Inhibits premature contractions
- Keeps the cervix closed



Why is it important women are aware that medication abortion can be reversed before they start an abortion?

Denying women the truth, denies them real choice. Statistics show that more than 5,000 lives have been saved (and counting) as women successfully stop their chemical abortions and save their children through the Abortion Pill Rescue Network. This reveals that reversal information is critically important to many women. We know that no woman should be forced to complete any medical procedure or process she no longer desires.

Is progesterone safe in pregnancy?

Progesterone support in pregnancy has been routinely and safely used in healthcare for decades, having received its start with publications dating back to the 1940s. In an observational case series of patients who decided to attempt to reverse the chemical abortion process after taking mifepristone and were prescribed progesterone to support the pregnancy, the researchers concluded that “the reversal of the effects of mifepristone using progesterone is safe and effective.”³

² Bioidentical Hormones. Cleveland Clinic WebSite: <https://my.clevelandclinic.org/health/articles/15660-bioidentical-hormones>. Updated April 15, 2022. Retrieved April 14, 2023.

³ Delgado, G. M.D., Condly, S. Ph.D., Davenport, M.M.D., M.S., Tinnakornsrisuphap, T. Ph.D., Mack, J. Ph.D., NP, RN, Khauv, J. B.S., and Zhou P., A Case Series Detailing the Successful Reversal of the Effects of Mifepristone Using Progesterone. *Issues in Law & Medicine*, Volume 33, Number 1, 2018.

A 1999 FDA review stated that *there is no risk of birth defects in pregnant women taking progesterone.*⁴

Pope Paul VI Institute states about progesterone in pregnancy: "*There is no credible evidence to suggest that its use to support pregnancy, whether that support be in the early days or months of pregnancy or later in pregnancy, is, in any way, teratogenic or responsible for any genital malformations. In fact, all of the available evidence strongly supports its safety when used in pregnancy.*"⁵

What is “off label”

The term “*off-label drug use*” (OLDU) is used extensively in medical literature, continuing medical education (CME) exercises, and the media. Since the Food and Drug Administration does not regulate the practice of medicine, OLDU has become common. It occurs in every specialty of medicine but is more common in areas of medicine in which the patient population is less likely to be included in clinical trials (eg, pregnant patients).⁶ This practice is legal and common. In fact, one in five prescriptions written today are for off-label use.⁷



Drugs are prescribed off-label because they are:

- Used for another disease or medical condition
- Provided in a different way (such as by a different route)
- Given in a different dose than in the approved label

⁴ Vaux NW and Rakoff AE: Estrogen-progesterone therapy: A new approach in the treatment of habitual abortion. Am J Obst Gynec 50:353, 1945. Jones, GES: Some newer aspects of the management of infertility. JAMA 141:1123, 1949

⁵ Progesterone Support in Pregnancy. Pope Paul VI Institute- NaPro Technology Web Site <https://naprotechnology.com/progesterone/>. Retrieved April 14, 2023

⁶ Wittich CM, Burkle CM, Lanier WL. Ten common questions (and their answers) about off-label drug use. Mayo Clin Proc. 2012;87(10):982-90.

⁷ Off-label use: what you need to know. Agency for Healthcare and Research and Quality Web Site: <https://www.ahrq.gov/patients-consumers/patient-involvement/off-label-drug-usage.html>. Retrieved April 14, 2023.

How many medical professionals, clinics, and hospitals are a part of the APR Network and how can I join?

The Abortion Pill Rescue Network currently has more than 1,400 medical professionals, clinics and hospitals assisting women who are having regret after taking the abortion pill.

- Clinics and Hospitals offer the protocol for abortion pill reversal at a private medical practice or in a Pregnancy Help Medical Clinic. They offer continued care or referrals for continuum of care.
- Individual Medical Professionals prescribe the protocol for abortion pill reversal as a physician, midwife, PA, NP. They offer continued care or referrals for continuum of care.
- Consulting PHMCs are also part of the Network and educate clients that reversal is possible, referring to the APR Hotline, providing ultrasounds, and offering continued support for these clients.

Medical professionals can go online and click [Join Our Medical Network](#) (and specify that you would like to "provide progesterone treatment.") After receiving the information, we will add the medical provider and/or clinic to the APR Provider list. This list is used by our Hotline Consultants when a client in your area requests reversal and is not published publicly.



What is the success rate of Abortion Pill Reversal?

Delgado's study from 2018 concluded:

Oral Protocol 68% Reversal Rate

Injection Protocols 64% Reversal Rate⁸

One study even shows an effective rate of 80 percent.

Using the APR protocol to reverse the effects of mifepristone roughly triples the chances of a live birth. The data that APRNetwork has been collecting and continues to collect supports the conclusion that the effects of mifepristone can be stopped by the administration of progesterone.

The collection of metrics is very important, and data drives the science. The ever-increasing number of babies

⁸ Delgado, G. M.D., Condly, S. Ph.D., Davenport, M.M.D., M.S., Tinnakornsrisuphap, T. Ph.D., Mack, J. Ph.D., NP, RN, Khauv, J. B.S., and Zhou P., A Case Series Detailing the Successful Reversal of the Effects of Mifepristone Using Progesterone. *Issues in Law & Medicine*, Volume 33, Number 1, 2018.

born whose mothers ingested the first chemical abortion pill cannot be ignored by the medical community or the media. The sharing of metrics and statistics becomes an important piece of the global puzzle of the work of life affirming organizations.

What is the birth defect rate for babies born after successful reversal?

Progesterone has been safely used with pregnant women and their babies since the 1950s. The birth defect rate of children born after reversal is no greater than the general population (2.7% vs. 3%). Mifepristone nor progesterone are known to cause birth defects.

The American College of Obstetricians and Gynecologists states: "No evidence exists to date of a teratogenic effect of mifepristone." (ACOG Practice Bulletin, Number 143, March 2014. Reaffirmed 2023). In other words, there is no evidence that mifepristone causes birth defects.

Progesterone, the medication used to reverse the effects of mifepristone, has been safely and routinely used in pregnancy for decades in early pregnancy for prevention of miscarriage and later in pregnancy to avoid preterm delivery. 1999 FDA review stated that *there is no risk of birth defects in pregnant women taking progesterone*.⁹

What is the preterm delivery rate for those who have reversed their chemical abortions?

Dr. George Delgado's study released April 2018, revealed the preterm delivery rate among those seeking reversal was lower than the general population (2.7% vs. 10%).¹⁰

Does a medical professional assisting with APR have to be an OB/GYN or any particular specialty?

The APR hotline prefers to refer women to Pregnancy Help Medical Clinics, OB/GYNs, CNMs, or family practice physicians. However, it is sometimes the case that professionals in such areas of practice are not available in the caller's local area. In that instance, physicians with other specialties are a valuable resource for the woman,

⁹ Vaux NW and Rakoff AE: Estrogen-progesterone therapy: A new approach in the treatment of habitual abortion. Am J Obst Gynec 50:353, 1945. Jones, GES: Some newer aspects of the management of infertility. JAMA 141:1123, 1949

¹⁰ Delgado, G, M.D., Condly, S. Ph.D., Davenport, M, M.D., M.S., Tinnakornsrisuphap, T Ph.D., Mack, J., Ph.D., NP, RN, Khauv, V., B.S., and Zhou, P. A Case Series Detailing the Successful Reversal of the Effects of Mifepristone Using Progesterone. *Issues in Law & Medicine, Volume 33, Number 1, 2018*



as they can start the reversal protocol to address her emergency need for progesterone and then refer the client to a trusted, local OB/GYN for continuum of care.

Can centers dispense medication directly to clients by standing order?

As with all medical programs in a clinic, it is important that all applicable local and state laws are investigated and followed. Also, all policies and procedures are at the discretion of the Medical Director of the organization, who may wish to have such policies and procedures reviewed by a local attorney.

[Here](#) is a link about how to create standing order.

Here are a couple of resources regarding state laws on the topic that might assist in that research process:

<http://coapharmacy.com/states/>

<https://www.dpcfrontier.com/dispensing-medications>

Pregnancy Help Medical Clinics should take care to ensure that they are clear on whether a non-physician (acting under a standing order) may dispense on behalf of the physician in their state, and if they can, what level of supervision by the physician is required.

What is the preferred route, oral or injection?

Oral is often preferred because it is not painful, has a much longer shelf life, and is slightly more successful in reversing the effects of chemical abortion (68% for oral progesterone, 64% for intramuscular injections). Some providers routinely prescribe vaginal route Prometrium and have seen success with reversal of mifepristone.

How can we learn more about APR as a service in a Pregnancy Help Medical Clinic?



Every woman should have the information she needs to make the healthiest choice for everyone involved in an unexpected pregnancy. You can help women who wish to reverse the effects of chemical abortion and save the lives of babies who have already been counted as an abortion statistic.

Abortion Pill Rescue Network Training:

In this training bundle, you'll receive access to five core trainings that will provide your organization with a strong understanding of the Abortion Pill Reversal protocol, including:

- Adding APR
- Progesterone Safety
- How to Identify and Assist Victims of Human Trafficking
- Identifying Fake Clients
- Pregnancy Loss at Pregnancy Centers

What is the cost? \$119.95 for non-affiliates/\$99.95 for HBI affiliates

Add-ons: The following trainings complement the Abortion Pill Rescue training and can be purchased for an additional bundle discount.

- ☐ APR Ultrasound Training (+\$50.00)
- ☐ The LOVE Approach Online (+\$20.00)

CEUs & Certificate of Completion: Nursing CEUs are offered for portions of the training and a certification of completion is offered at the completion of the training. CEUs and certificates are issued to whom the training is assigned and completes the testing.



What kind of insurance is required in a Pregnancy Help Medical Clinic for this service?

It is recommended that Pregnancy Help Centers contact their insurance provider for an estimate of coverage and cost.

Following are Insurance Companies that will assist clinics that provide APR services:

Ron Renzi

Vice President, Patriot Insurance Agency, Inc.

Office: (520)455-9252

Fax: (520)455-9358

RonRenzi@patriot-insurance.com

www.patriot-insurance.com

Kirk Thomas

Johnson Witkemper Inc.

(available in most states – contact Kirk Thomas for availability)

kirk.thomas@jwinsurance.com

812-372-7829 Office

812-341-7971 Mobile

800-552-0116 Toll Free

www.jwinsurance.com

David Pope

Barnard Donegan Insurance

dpope@bdi-insurance.com

830-303-8300 x 1405

<https://bdi-insurance.com>

Malpractice Insurance

The Doctors Company offers APR malpractice insurance as a special addendum, The broker to contact is Mr. John Kortum with the Keane Group. He may be reached at: john.kortum@keanegroup.com

Who oversees APRNetwork?

APRN's Medical Director, the Senior Director of Medical Impact and the APRN Advisory Team oversee the APR Network.

Do any professional organizations support Abortion Pill Reversal?

The American Association of Pro-Life Obstetricians and Gynecologists, a 2500-member organization, supports offering abortion pill reversal (APR) to women who regret initiating the abortion pill process, stating “Abortion Pill Rescue offers a medically sound choice to attempt to reverse the effects of Mifepristone, and to save their baby. The American Association of Pro-Life Obstetricians and Gynecologists strongly supports efforts to require all women presenting for abortion to be given information about abortion pill reversal as part of informed consent prior to abortion.”¹¹ We also have the support of Canadian Physicians for Life, Ireland Physicians for Life, and Doctors for Life Germany.



What is the preferred method of treatment should a client report a peanut allergy? Are we able to help them under these circumstances?

Some compounding pharmacies can create an oral progesterone that does not contain peanut oil. If not, intramuscular injection is typically used for reversal for those with peanut allergy.

¹¹ 2019 AAPLOG Position Statement on Abortion Pill Reversal. AAPLOG web site: <https://aaplog.org/wp-content/uploads/2019/02/2019-AAPLOG-Statement-on-Abortion-Pill-Reversal.pdf>. Published 2019. Retrieved April 14, 2023

How do we locate a compounding pharmacy for Prometrium?

These two pharmacies are familiar with APR and providing compounding progesterone for clinics:

- Central Coast Pharmacy Specialists
<https://www.ccpsrx.com/>
- Kubat Pharmacy
<https://www.kubatpharmacy.com/>

There are many others licensed per state. You can search online for local compounding pharmacies or contact us at info@apr.life.

Could you list the APRNetwork Providers in my area?

When a woman is having regret after starting a chemical abortion, this call is urgent, and she needs skilled assistance as soon as possible. Please encourage her to call the APR Hotline to speak with



a medical professional
877.558.0333.

Live chat is

available for clients on [our website](#). Also, clients can email our Hotline Consultants at help@apr.life.

These nurses will assess what medication she has taken, her symptoms, and find her the help she needs for reversal. We will assist her to find emergency assistance no matter where she is in the world.

Because of this continuous growth and for the privacy and safety of the doctors working within the network, we do not publish the medical professional's information.

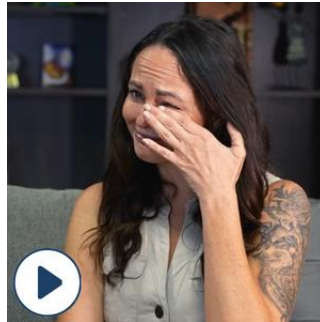
Our national helpline is available for women 24/7 and is available via phone/chat/text/email. Our trained consultants triage the calls coming in and filter them in order to move those callers seeking the reversal protocol to the medical professionals who can begin the process. This helps reduce the number of non-emergency calls (women who may be seeking a pregnancy test or, in some cases, prank callers) moving through to the emergency line. Our consultants are highly trained in working with women to ensure they receive the help they need.



What do women say after Abortion Pill Reversal?

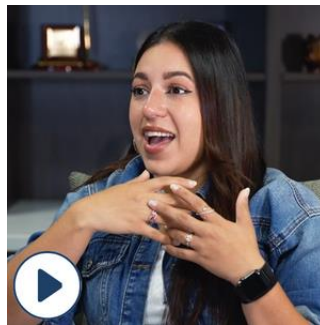
Three Stories. Three Lives Saved.

Sara & James



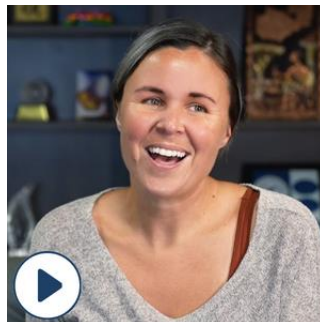
Watch Now

Krystle & Leo



Watch Now

Sara & Emilia



Watch Now

"I thought I was alone. I thought it was the end of the pregnancy. I regretted it so bad...thank you! **I prayed so hard for this.** I hope other women realize there's hope and there's God and a second chance."

- APR mom, October 2023

Here are quotes from just a few of the thousands of moms who are thankful for the opportunity to save the lives of their precious children through the Abortion Pill Rescue Network:

"I'm so glad he's here and I'm proud to be his mommy. Thank you again to the nurses for your help. So glad your organization exists. It's the best thing you can do-give second chances..."

"Thank you, Lord, and thank you APR hotline for giving me the ability to change my decision and ultimately giving baby boy life."

"I was able to save my baby with the help of APR, the love from my amazing husband, and by the grace of God Bless you all!"



"I am forever grateful that I made that phone call on Thanksgiving weekend - it was the best decision I had ever made."

"My beautiful baby girl was born today. I honestly don't know what I would've done if I didn't make the phone call to reverse the abortion pill. She is my world."

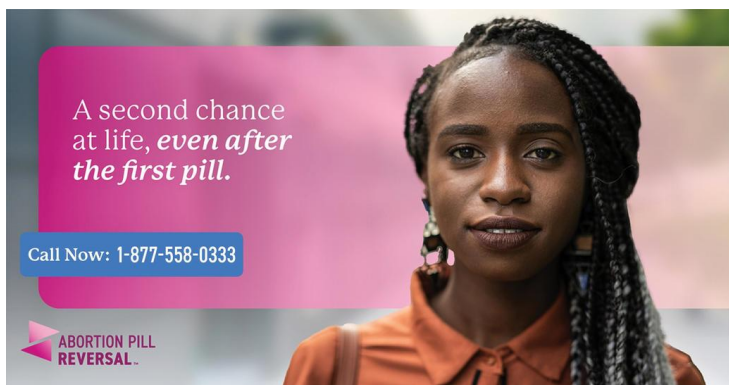
"Today my miracle turns 2 years and I can thank god for giving him the opportunity to get this far and many more years and thank you to the APR Team for helping me out!"

"My beautiful baby boy now eight months old. Best choice ever!"

"He is living proof that you can have a healthy baby even after the abortion pill and reversal."

"My sweet baby girl turned 4 today. I will forever be in debt to APR and everyone who believed in me when I couldn't believe in myself."

"She has been Gods greatest gift and I thank God for her every day. I'm so glad abortion pill reversal exists, because I was able to have the best thing that's ever happened to me. So incredibly grateful for everyone that helped me. She is truly a blessing."



Sharing about abortion pill reversal in your community

It is important that women are aware that choices are available to them even after taking the first abortion pill. No one should ever feel that they must complete a medical

process they no longer desire or consent to. However, some may not know how to get the help they need. Many women aren't looking for APR until they need it. So, it is important that you establish yourself as a positive resource in the community where a woman will know she can look for this info when/if she or a friend needs it.

For anyone in need of reversal assistance, our team is available to help 24/7 by phone, chat and email. We ask that you include our website abortionpillreversal.com and number (877.558.0333) when you share APR so the women know where to immediately reach out. Our medical staff is experienced in answering questions and explain reversal. They assess health concerns that might require immediate medical attention and quickly connect women with an Abortion Pill Rescue® Network provider and to your center for support as quickly as possible.

In addition to sharing APR through social media and other avenues, it is imperative to have APR information on your clinic's website. Contact us if you would like assistance with content. You can include a link to our [client website](http://client.website) for 24-hour nurse availability.



How do we request brochures and other materials to share APR?

APR awareness materials (including brochures, cards in English & Spanish, banners, vinyl posters, yard signs, and T-shirts) are available on the Heritage House 76 website, or you can call them at 1-800-858-3040 from 8 am to 4:30 pm MST to order. To order online go to: <https://www.pro.life/> and in the search bar type APR.

How can I help?

Please pray. Women deserve the right to try and save their pregnancies. No woman should ever be forced to complete an abortion she no longer wants. We need daily prayer support for our ministry, the women seeking reversal, the babies at risk for abortion, healthcare professionals in our network, and the Healthcare Team taking the client calls on our hotline.

Those interested in providing Abortion Pill Reversal to those in their community can go online and click [Join our Medical Network](#) tab to join our growing network. If you are not a medical professional, you can share information with medical professionals to ensure there is help available to all who request reversal of chemical abortion.

How do we make a donation to APRNetwork?

[Heartbeat International](#) is a non-profit organization dependent on the generosity of individuals like yourself to sustain the Abortion Pill Rescue program. Finances are always a need.

You can contribute on [our donation page](#).

How do we get more information about the APRNetwork?

To read more about APR, you can go to our client website [here](#). To join the network you can go to our provider website [here](#).

Please contact us with any questions at info@apr.life.

What should a woman do if she starts a chemical abortion and is having regret?

A woman who would like to learn more about reversing the effects of chemical abortion and possibly continuing her pregnancy should call the Abortion Pill Rescue hotline 877.558.0333 or go to the [APR website](#) to begin a live chat. Heartbeat International has a team of nurses waiting to answer her questions, explain reversal, and connect her with an APR Network medical professional, clinic or hospital in her area.

Thank you for supporting this good work!



The Medical Impact Team serving the APR Network



The APRN Advisory Team members