

STEP-BY-STEP LESSON GUIDE

A GENERAL GUIDE TO CATECHESIS LESSONS

USE THIS GUIDE AS A GENERAL FORMAT FOR YOUR LESSON
DISCUSSION AND REFLECTION

OPENING PRAYER	<p>Start the lesson time with the Sign of the Cross and a prayer and/or a scripture reading.</p> <p><i>Use the prayer or scripture noted on first page of each chapter or choose your own.</i></p>
ENGAGE	<p>What is the focus of the lesson?</p> <p><i>Example: Today we are going to talk about Creation.</i></p>
EXPLORE	<p>What do you (your family) already know about the lesson topic?</p> <p><i>Ask your child(ren) - What do you know about Creation? or What is God's Creation?</i></p>
EXPLAIN	<p>Discuss, teach, and/or ask questions to help explain the meaning of the lesson topic.</p> <p><i>Ask your child(ren) – Why did God make everything? Or Have your child(ren) share the story of Creation</i></p>
EXTEND	<p>Offer a deeper understanding of the lesson topic by applying it to your life or your child(ren)'s life</p> <p><i>Example: Discuss ways your family can do something to care for God's Creation, such as take a walk as a family on the greenbelts and pick up trash.</i></p>
EVALUATE	<p>Summarize what was taught or discovered during the lesson.</p> <p><i>Example: Have your child(ren) share something new they learned about God's Creation.</i></p>
REFLECT & ACT	<p>How can your family put into action something that was discovered or discussed?</p> <p><i>Example: Plan a Saturday morning for the family to walk the greenbelt near your home to pick up trash.</i></p>
CLOSING PRAYER	<p>Close lesson time with a prayer.</p> <p><i>For example, Say "The Glory Be."</i></p>

TOOLS FOR TEACHING YOUR CHILDREN

USE THE RESOURCES AND TOOLS BELOW TO GUIDE YOU IN PREPARING FOR AND IMPLEMENTING CATECHESIS INSTRUCTION TIME WITH YOUR CHILDREN. THERE ARE A FEW OPTIONS TO CHOOSE FROM ACCORDING TO YOUR FAMILY PREFERENCE.

RESOURCES

- Catholic Bible
- OSV *Alive in Christ* Student Book and *Allelu!* Packets
- OSV *Alive in Christ* and *Allelu!* Website

CHAPTER HOME SESSION PLANS

OSV provides comprehensive lesson plans for each chapter with references to the *Alive in Christ* student books and *Allelu!* lesson sheets. Reading each chapter in the student book as a family or each child individually is suggested for better understanding.

ALLELU! (PreK and Kindergarten)

"Home Session Plans"

You can find easy-to-follow, scripted lessons for each lesson to assist you in teaching your Pre-K or Kindergarten child. If you only have one child, you can complete all lessons handouts in order and utilize these plans.

Go to Allelu.com, select "Activities and Resources", choose "Home Session Plan" under Ages 4-5 or Kindergarten. This will give you a parent guide for each lesson.

If you have children also using the *Alive in Christ* books, you can also select lessons each week that correspond to their chapters.

ALIVE IN CHRIST (1st - 5th)

INDIVIDUAL GRADE LEVELS - "Home Session Plan"

If you only have one child, or want to individualize each chapter lesson to each child according to their grade level, you can select a individual "Home Session Plan" per chapter and grade level. These step by step guides help parents teach each chapter lesson with prompts on what to say, what pages to read, activities to complete, etc.

Go to aliveinchrist.osv.com/family, select "In The Home", choose category "Home Session Plan" and then select your grade level and chapter.

MULTI-AGE SESSION HELPER

This is a quick guide to use after each child has completed work of the current chapter lesson. Come together as a family, open in prayer, share what each child learned about the topic, discuss ways to put into practice as a family the chapter lesson, and close in prayer.

Go to aliveinchrist.osv.com/family, select "In The Home", choose category "Multi-Age Family Session Plan" and then select a chapter.