

SUNDAY GOSPEL ACTIVITIES

Family Activity Page

The Epiphany of the Lord

Matthew 2:1-12

Today the season of Christmas is drawing to a close with our celebration of the Epiphany of the Lord. We read in Matthew 2:1-12 of the magi (wise men or kings from the East). They sought Jesus by following the star so that they could pay homage to Him. When they arrived at the house, they saw the Child Jesus with Mary, His mother, and brought Him their gifts: gold, frankincense, and myrrh. These gifts point to Jesus' divinity and kingship, as well as His future death and burial for our salvation.

As we continue to celebrate the birth, life, and resurrection of Jesus, let us be like the magi who were "overjoyed" to be in the presence of Christ. This week, think about what gifts you can offer Jesus as a sign of your love. Our gifts don't need to be tangible objects; rather, caring for someone in need, offering your talents to help others, or sharing the Good News of the Gospel can be a gift too!

Activities:

- Follow the advice above and offer a gift (no matter how simple) to Jesus every day this week!
- Every time we are at Mass, we are in the presence of Jesus. How can you be "overjoyed" in His presence?
- The Magi left their homes to follow the star to find Jesus. This week, what can you leave behind (anger, guilt, etc.) in order to find Jesus in your life?

