

# SUNDAY GOSPEL ACTIVITIES

## Family Activity Page

2nd Sunday in Ordinary Time

John 1:29-34

In this week's Gospel, John the Baptist tells his followers that Jesus is truly the "Lamb of God," the one who has come to take away the sins of the world. John recalls that he had seen the Holy Spirit come down like a dove and remain above Jesus. Do you remember when this happened?

John the Baptist knew that this was a sign from God. He believed in his heart that Jesus was truly the Son of God. How can we come to have a faith like John's, truly believing that Jesus is the Son of God? We can learn more about Jesus' life and his teachings by reading our Bibles and by paying close attention each time we attend Mass and hear the Word of God proclaimed. We can prepare our hearts to receive Jesus in the Eucharist!

### Activities:

- We know that nothing is impossible with God on our side. Take time to sit in silence this week and speak to God about something that seems impossible. Offer it up to God in prayer!
- An important part of understanding Jesus as the Son of God is by reading our Bibles. Add five minutes of reading the Bible (or having an adult read Bible stories out loud) each day this week.
- Go to Mass an extra day this week and pay special attention to the Gospel and to receiving Jesus in the Eucharist.



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"The Family That Prays Together, Stays Together." - Venerable Patrick Peyton