

Faith Formation is a life long journey...

From our birth until our reunion with Christ in heaven, God calls to us - to KNOW, LOVE, and SERVE Him as we navigate our own unique faith journey.

KNOW by developing a deep relationship with Him in scripture, tradition, and prayer.

LOVE by following His commandments and partaking in the sacraments, especially Mass.

SERVE by helping others as we travel together

Lifelong Faith Formation Program Mission...

Our purpose is to support you on your journey of loving, knowing, & serving God. We provide opportunities for faith-sharing, resources, and guidance for growing & nurturing a deep, lasting relationship with Him no matter where you are on your path.

We look forward to serving you on your faith journey!

Faith Sharing Groups

The following groups meet for fellowship, faith sharing, and spiritual growth. For more info, contact the Lifelong Faith Formation Program.

- ◆ **ACTS** ~ Annual retreats & bi-yearly discussions events to improve your relationship with Jesus & share with others
- ◆ **BLING** ~ 2nd & 4th Saturday of month 9-10:30a
Women of all ages gathering to grow in Christ
- ◆ **Lectio Divina** ~ Tuesdays 7-9pm, Sanford.
Wednesdays 6-8pm, Springvale
Adults of all ages exploring the Sunday Gospel
- ◆ **THAT MAN IS YOU** ~ Saturdays 7-8am
Men's fellowship & faith-sharing group
- ◆ **Theology on Tap**
Adults 21-40 gather for fun, faith-sharing, learning, & fellowship
- ◆ **WINGS** ~ Tuesdays 7-8:30pm **VIA ZOOM!
Women gathering for faith-sharing, learning, & fellowship

Contact Us



St. Matthew Parish

19 Dora Lane, Limerick, ME 04048

Phone: (207) 793-2244

Email: smstolfaithformation@portlanddiocese.org

Web: www.stmatthewlimerick.org/faith



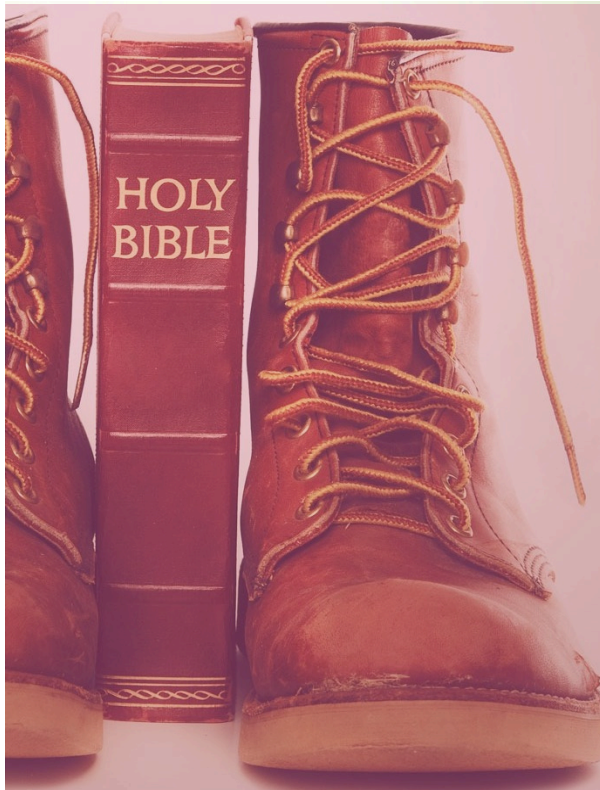
St. Thérèse of Lisieux Parish

66 North Avenue, Sanford, ME 04073

Phone: (207) 324-2420

Email: smstolfaithformation@portlanddiocese.org

Web: stthereseparishmaine.org/faith-formation



Lifelong Faith Formation Program

Adult Faith Formation Calendar ~ Spring

March to May

March

Date/Time	Location	Session
Mar 1 9:00am	SM	Splendor of Life: A Revisit of our Faith Journey
Mar 15 9:00am	SM	Splendor of Life: A Revisit of our Faith Journey
Mar 22 11:00am	SToL	Splendor of Life: A Revisit of our Faith Journey
Mar 29 9:00am	SM	Catholic Traditions: Palm Weaving

April

Date/Time	Location	Session
Apr 8 6:00pm	SToL	The Glorious Mysteries of the Rosary: The Glory of God
Apr 15 6:00pm	SToL	The Glorious Mysteries of the Rosary: The Resurrection
Apr 22 6:00pm	SToL	The Glorious Mysteries of the Rosary: The Ascension
Apr 29 6:00pm	SToL	The Glorious Mysteries of the Rosary: Descent of the Spirit

May

Date/Time	Location	Session
May 6 6:00pm	SToL	The Glorious Mysteries of the Rosary: Assumption of Mary
May 13 6:00pm	SToL	The Glorious Mysteries of the Rosary: The Coronation
May 14-17	Lyman	ACTS Women's Retreat
May 20 6:00pm	SToL	The Glorious Mysteries of the Rosary: The Triumph of the Immaculate Heart



Locations:

HF	Holy Family Church, Sanford
SM	St. Matthew Church, Limerick
SMH	St. Matthew Church Hall, Limerick
SToL	St. Therese Parish Office, Sanford
ST	St Thomas School
**Zoom	Being held via Zoom videoconference. If interested in attending, email smstolfaithformation@portlanddiocese.org , Subject: the title of session/series. You will be sent link and any handouts.

PLEASE NOTE: Formation calendars may change with additions/session topic adjustments.

Be sure to watch the bulletin and social media pages for confirmation of schedule.

**CATHOLIC TRADITIONS:
PALM WEAVING**

March 29th, 9:00am
St. Matthew church hall

Join us for some hands-on faith, fellowship, & fun!

Join us for a deep, personal encounter with Christ in discussion, prayer, and reflection

MYSTERIES of the ROSARY
The Glorious Mysteries

St. Therese Parish Office
Wednesdays
6:00 - 7:30pm
April 8 - May 20

Discover the power of the rosary with insights, theological truths, and captivating stories together with breathtaking scenery, illuminating sacred art and inspiring music.

For Questions or to Register:
smstolfaithformation@portlanddiocese.org

Splendor of Life
A Revisit of our Faith Journey

St. Therese Parish Office
after the 10am Mass
February 22nd & March 22nd

St. Matthew Church
after the 8am Mass
March 1st & 15th

*A time of spiritual renewal,
Lent provides us an opportunity to strengthen our faith*

Join Deacon Gianni for this Lenten Series.
A discussion on where we've been and where we are as we journey forward to Easter Sunday.

We welcome you to grow closer to our Lord, Jesus this Lent

ACTS®
Adoration
Community
Theology
Service

WOMEN'S RETREAT!!

Thursday, May 14
to Sunday, May 17

*Looking for time to breathe, pray, & reconnect?
Join us for an opportunity to strengthen your relationship with the Lord, refresh your soul, and connect with other great women.*

All women age 21+ are welcome to join us.