

# SUNDAY GOSPEL ACTIVITIES

## Family Activity Page

3<sup>rd</sup> Sunday of Lent

John 4:5–42

When Jesus walked the earth, people did not speak to or associate with others who were not like them in faith or community. The Samaritans and Jews were basically enemies. In this Gospel, Jesus (a Jew) meets a Samaritan woman at a well (which is where people had to go in Jesus' time to get water to drink or use for cooking). He takes her by surprise when He speaks to her and asks for a drink of water. She is very confused why He would even speak with her. When Jesus reveals to her that He knows her past (and present) situation, she is amazed. She realizes that He is either a prophet or the Christ. We learn by Jesus' example in the Gospel not to judge, but rather to invite others to share in the love of the Heavenly Father.

During His ministry, Jesus radically challenged all of the old ideas of who can be "saved." He showed how all the Old Testament prophecies that said all nations would come to be saved were coming true. He continually invited all those He encountered to believe and become His disciples. How can we follow Jesus' experience?

### Activities:

- In some parts of the world today, children still need to walk to a place to draw water. Offer up a prayer for all those in the world who are hungry and thirsty.
- Where do you find yourself judging others? How can you have more compassion for others this week?
- What stood out to you in today's Gospel reading? What impact can it have on the rest of your Lent?

