

SUNDAY GOSPEL ACTIVITIES

Family Activity Page

4th Sunday of Lent

John 9:1-41

Have you ever sat in a room that is totally and completely dark? Sometimes we lose power and our homes can be very dark. When Jesus walked the earth, there was no electricity. Oil and candles were burned to provide light. It is hard to imagine nowadays how dark the evenings must have been with no streetlights or electricity.

In today's Gospel, we hear about a blind man who lived in such darkness all the time. Jesus heals him! The man can finally see light. At first, the blind man thinks that Jesus must be a great prophet. But after being questioned by the Pharisees and speaking with Jesus again, the man understands that Jesus is the Christ. Jesus proclaims to him that He is the light of the world. Not only did He allow this man to see physical light, but He also showed him spiritual light (Jesus). Jesus alone can bring light to the darkness.

Activities:

- Have you ever been afraid of the dark? Discuss with your family how knowing that Jesus is the Light makes a difference!
- It can be hard to be faithful during Lent. How is Jesus calling you to recommit yourself to Him this Sunday?
- Today is Laetare Sunday, for rejoice! What is a tangible way you can rejoice in the Lord as a family today?

