

CHILD CHALLENGE

Every morning, ask your guardian angel to pray for you. Ask the guardian angels of people you don't like or who are mean to you to guide them, so everyone can grow closer to God!



FAMILY CHALLENGE

Choose one person outside of your home—like a grandparent, a cousin, or a neighbor—and visit him or her as a family to share Christ's love.

For example: While parents share a short story of how God has helped your family recently, children can give the person a handmade drawing of it.



SAINT OF THE WEEK!

Saint Elizabeth Ann Seton

Saint Elizabeth Ann Seton was born in New York in 1774 and grew up in a wealthy Protestant family. After losing her mother and later her husband, she learned to trust God during times of sadness.

As she searched for hope, Elizabeth was drawn to the Catholic faith and entered the Church. She later devoted her life to educating children and caring for the poor.

Known as Mother Seton, she founded a community of sisters and served the Church with love. She died in 1821 and later became the first saint born in the United States.

