

CHILD CHALLENGE

Before you go to sleep each night, say this short prayer to help you stay on the right path:

"Jesus, You are the Way: help me follow You today.

You are the Truth: help me speak words that are true.

You are the Life: help me share Your love with my family.

Amen."



FAMILY CHALLENGE

As a family, read a Bible passage together for a few minutes and discuss what you learned.



SAINT OF THE WEEK!

Saint Catherine of Siena

Saint Catherine was a joyful girl from Italy who was the 24th child in her very big family! When she was only seven years old, she saw a beautiful vision of Jesus smiling at her from a throne in the sky. Because she loved Him so much, she promised to belong only to Him forever. She taught herself to read and write so she could help the Pope and world leaders follow God's will.

She spent her life caring for the sick and helping enemies become friends again. Catherine was so close to Jesus that she even received the stigmata, which are special marks on the hands like the Lord's.

