

CHURCH OF CORPUS CHRISTI

1919 North 2nd Street, Bismarck, ND 58501-1735

email: info@corpuschristibismarck.com

website: www.corpuschristibismarck.com

facebook: www.facebook.com/CorpusBismarck

Parish Office255-4600

Parish Fax..... 255-4616

Summer Schedule through September 10, 2021

Parish Office is open 8:00 a.m.-4:30 p.m.

Monday-Thursday

Parish Office is open 8:00 a.m. - 1:00 p.m.

Friday

***For Sacramental Emergencies after office hours,
please call 701-425-1483 and leave a message.***

We will return your call in a timely manner.

WEEKLY LITURGY SCHEDULE

Saturday (Vigil of Sunday)4:00 p.m.

Sunday 8:30 & 10:45 a.m. and 5:30 p.m.

Monday-Friday.....12:10 p.m.

MISSION STATEMENT

***As disciples of Jesus, we live our faith
through Word, Sacrament, and Service.***

Msgr. Patrick Schumacher, Pastor 255-4600

Rev. Mark Aune, Parochial Vicar255-4600 (ext. 218)

Rev. Paul Becker, Pastor Emeritus 255-4600

Tracy Kraft, Parish Manager.....255-4600 (ext. 212)

PASTORAL MINISTERS

Cindy Anderst, Adult Formation255-4600 (ext. 205)

Sarah Bengtson, Pastoral Care255-4600 (ext. 220)

Jennifer Braun, Music Ministry.....255-4600 (ext. 209)

Melanie Konieczka, Faith Formation ...255-4600 (ext. 219)

Sr. Idelle Badt, Pastoral Care255-4600 (ext. 207)

Sr. Ivo Schoch, Outreach Ministry255-4600 (ext. 208)

DEACONS: Michael Fix, Lonnie Grabowska, Rex McDowall

PARISH SUPPORT STAFF

Jane Bosch, Kitchen Manager..... 255-4600

Niel Heinze, Maintenance Technician 255-4600

Bridget Johnson, Accounting Coordinator 255-4600

Kathy Silbernagel, Receptionist..... 255-4600



July 4, 2021

SACRAMENTS

Reconciliation - Reconciliation will be offered weekdays from 11:45 a.m. - 12:00 p.m. and from 3:00-3:30 p.m. on Saturday behind a screen or by appointment by calling the parish office at 701-255-4600.

Baptism - The Baptism Preparation Program and Schedule are by arrangement. Please call the office at 255-4600 to register or register online at corpuschristibismarck.com/baptism prior to your delivery date and the program director will return your call. Parents must be registered at Corpus Christi or have permission from their parish.

Marriage - Couples planning to be married should contact Sarah in the parish office at 255-4600 at least **12 months** in advance. Completion of required paperwork and taking the FOCCUS premarital inventory is also needed this early.

Natural Family Planning Classes are offered by the Bismarck Diocese. The methods offered are Billings Ovulation Method, Creighton Model Fertility Care System, Marquette Model and Sympto-Thermal Methods. If you have questions about NFP please contact the Diocese of Bismarck at 222-3035 or www.bismarckdiocese.com/nfp.

RCIA Classes - Persons wishing to learn more about the Catholic faith may call Tracy Kraft at 255-4600.

PARISH BULLETIN DEADLINE: Articles must be received by noon on Wednesdays (*typed format*).

PRAYER TREE: 255-4600

LIVESTREAMING OPTIONS

We are offering 2 different options to watch our Masses: Facebook Live and YouTube Live.

You can go to our website at:

www.corpuschristibismarck.com

Livestreaming Schedule:**WEEKDAY MASSES**

Monday - Friday: 12:10 p.m.

WEEKEND MASSES

Saturday: 4:00 p.m.

Sunday: 10:45 a.m.

CONTRIBUTIONS (GENERAL FUND) - (2,299 households)

Adult Envelopes (204).....	\$13,153.00
Youth Envelopes	\$ 87.50
TOTAL RECEIVED (June 27)	\$13,240.50
<i>1st Sunday</i>	<i>\$15,869.41</i>
<i>Online Giving Week 1 (May 31-June 6) ...</i>	<i>\$ 4,257.00</i>
<i>Electronic Contributions (142).....</i>	<i>\$14,993.68</i>
<i>2nd Sunday</i>	<i>\$16,444.63</i>
<i>Online Giving Week 2 (June 7-13)</i>	<i>\$ 2,715.00</i>
<i>3rd Sunday</i>	<i>\$14,254.35</i>
<i>Online Giving Week 3 (June 14-20)</i>	<i>\$ 4,535.00</i>
<i>Electronic Contributions (105).....</i>	<i>\$11,505.68</i>
<i>4th Sunday</i>	<i>\$13,240.50</i>
<i>Online Giving Week 4 (June 21-27)</i>	<i>\$ 3,585.00</i>

We appreciate your generosity which is part of being faithful stewards of Corpus Christi.

The Parish Office will be closed on Monday, July 5th in honor of Independence Day.



We will still have our 12:10 p.m. Mass.

EUCCHARISTIC ADORATION

Tuesdays 1:00-7:00 p.m. (private, quiet time, incense free). All are welcome to spend time in Jesus' awesome Eucharistic presence.

EUCCHARISTIC ADORATION



Check out our Website:
corpuschristibismarck.com

On our home page, you can access:

*Homily Podcasts



*Parish Bulletin



*Mass Schedule



*Online Giving



*Facebook Live



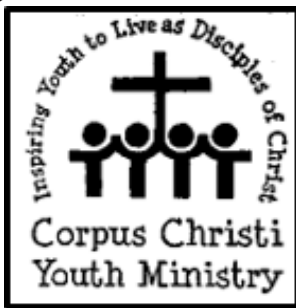
*YouTube Channel



FOOD PANTRY NEEDS FOR JULY:
CEREAL & PANCAKE MIX

**Peter's Pence Collection - Be a Witness of Charity**

Thank you for your generous support in last week's Peter's Pence Collection! Our contributions, combined with those from our brothers and sisters around the world, provide essential support for the Holy See's activities and help Pope Francis relieve the victims of wars, oppression, and natural disaster around the world. If you missed the collection, it is not too late to give. For more information, visit www.peterspence.va/en.html.



SNAC YOUTH MINISTRY

SNAC - "Sunday Nights After Church" Youth Ministry meets every Sunday night at 6:30 p.m. All students (grades 9-12) are welcome.

July 4th: NO SNAC

Weekly Mass Intentions

Monday, July 5- †Eugene Gerhardt (12:10 p.m.)

Tuesday, July 6- †Darlene Schuller (12:10 p.m.)

Wednesday, July 7- †Clement Brandner (12:10 p.m.)

Thursday, July 8- †Debbie Erling (12:10 p.m.)

Friday, July 9- †Anthony & †Rosalia Weigel (12:10 p.m.)

Saturday, July 10- †Barbara Klein (4:00 p.m.)

Sunday, July 11- †Mary Leddige (8:30 a.m.)

†Rick Kaufman (10:45 a.m.)

Marriage Moments: Independence and dependence are interrelated. Certainly each spouse should bring a free, unique spirit to marriage. Still, we need each other to help us when one or the other is in need and to complement each other's strengths. What are your differences?

Parenting Pointers: If you live in the USA, how will your family celebrate Independence Day? Kids usually love fireworks (but babies don't). Many enjoy a meal with family and friends. But, independence does not mean freedom from work. What do you depend on each other in your family to do? (www.susanvogt.net)

Stewardship Thoughts: Whatever time we have is a gift from God and we are asked to use it wisely, to serve God and others.

Vocation Views: Are there people you know who you would like to encourage to think about a religious vocation? What would people think if you became a priest/brother/sister? (Mark 6:1-6)



The office will be closed on Fridays at 1:00 p.m. through September 10.

What's Going on Here This Week

Tues. 7/6

Quilters, 9:00 a.m., Community Room
Eucharistic Adoration, 1:00-7:00 p.m., Church

Sun. 7/11

SNAC, 6:30-8:00 p.m., Room 140

Would you like to be a registered member of our parish? You may scan this QR code with your phone and fill out the registration form from your phone.



We have set up a dedicated space during the 4:00 p.m. and 10:45 a.m. Mass in our Community Room for those who are immunocompromised or in fragile health and still desire to return to Mass. Masks will be required.



Assistant Groundskeeper for St. Mary's Cemetery

St. Mary's Cemetery is seeking an assistant groundskeeper to help maintain the cemetery. This is a full-time seasonal position (up to 40 hours per week, working from August 01 until October 15). Main duties will include lawn maintenance, mechanical repairs, and general maintenance and operations of the cemetery. The individual must be 18 years or older and will be required to complete a background check. Interested applicants should contact Deacon Michael Marback, Cemetery Manager, at 701-223-5562.



Parish Mission

Steve Angrisano & Sarah Hart
August 28-29, 2021

Men's Retreat, Women's Retreat
and Combined Retreat.

Pre-registration coming soon!

FROM THE PASTOR'S DESK: Happy Fourth of July! I hosted my Real Presence Radio show on Friday, July 02, rather than Thursday, because RPR likes to schedule me nearest to the Fourth of July. If you missed the show, you can always listen to the past show podcast on the RPR website: **yourcatholicradiostation.com**. Independence Day is my favorite holiday and I enjoy celebrating in many ways. My annual tradition typically includes the Mandan Rodeo, often with Bishop Kagan. However, this year (weather permitting), I have the honor of joining the Bismarck-Mandan Symphony Orchestra for their Fourth of July Symphony Spectacular at the North Dakota State Capitol. I will join many other trombonists for a special rendition of 76 Trombones. I started playing trombone in the 3rd Grade at my elementary school in Williston and played throughout high school, as well as my college years with the NDSU Gold Star Marching Band. I enjoy a good challenge and an opportunity to dust off my trombone. I invite you to join me for a fun and patriotic event at the Capitol grounds; live music begins around 8:00 p.m. and the Symphony Orchestra starts around 9:00 p.m.

As you know, clergy assignments typically begin July 01. While we didn't have any priest changes this year, I do want to welcome Deacon Robert "Bob" Wingenbach to the Corpus Christi clergy. Deacon Bob and his wife Deb live here in Bismarck and will join our already excellent deacon team: Rex (Joyce) McDowall, Mike (Coralie) Fix and Lonnie (Kathy) Grabowska. Parishioner Brian (Tammy) Lardy is soon to complete the Diaconate Formation Program in October and will be assigned to Corpus Christi. The ministry of our deacons is vital to the mission of the Church as a whole, and to our parish family. I thank them for all that they do and encourage everyone to pray in gratitude for the gift of our deacons.

Have a great week! Msgr. Patrick A. Schumacher



Please know that our priests/clergy will never send out emails/texts asking for gift cards, money, etc....

If you get a message, delete it.

DO NOT RESPOND!



LITURGICAL MINISTRY

Please review the schedule below and contact the office to let us know if you are willing and able to serve as a minister next weekend. If you are not scheduled but would be willing to help, call Tracy at 701-255-4600.

Date: July 10-11		July 10, 2021 4:00 PM		July 11, 2021 8:30 AM		July 11, 2021 10:45 AM		July 11, 2021 5:30 PM
Hospitality	1	Mary Ann Grossman	1	Helen Dauenhauer	1	Beverly Larson	1	
	2	Evelyn Spangler	2		2	Rita Mastel	2	
	3		3		3		3	
	4		4		4		4	
Ushers	1	Helen Berger*	1	Bob Dauenhauer*	1	Chuck Holzer*	1	Tim Rivinius
	2	Derek Theurer	2	Melvin Schoepp	2	Bernie Holzer	2	Bernie Rivinius
	3	Ron Hopfauf	3	George Simek	3	Nancy Haunz	3	
	4		4	Pius Ternes	4	Dennis Mastel	4	
	5		5	John Saiki	5		5	
	6		6		6			
Lectors	1	Nikki Ferderer	1	Dale Kasowski	1	Christine Elzenga	1	Christopher Knudson
	2	Sarah Bengtson	2	Mary Kasowski	2	Claudia Dietrich	2	Annie Paulson
Servers	1	Conner Lundeen	1	Adriana Thein	1	Charlie Holzer	1	Joelle Kundson
	2	Olivia Lundeen	2		2		2	Kyan Knudson
Eucharistic Min		BODY OF CHRIST		BODY OF CHRIST		BODY OF CHRIST		BODY OF CHRIST
	R-1		R-1	Dale Kasowski	R-1	Gary Feist	R-1	Maureen Vosberg
	2	Father	2	Father	2	Father	2	Father
	3	Bob Clooten	3	Mary Kasowski	3	Laverne Kaufman	3	Myles Vosberg
	4	Sandy Wald Clooten	4	Kathy Knudson	4	Steve Mittelsteadt	4	Tim Bohan
	5		5	William Knudson	5	Kathy Zahn	5	
	6		6	Gerard Mathern	6	Karen Stahl	6	
	7	Deacon	7	Deacon	7	Deacon	7	Deacon
	8		8	Pam Mathern	8		8	
	9		9	Helen Werlinger	9		11	
	10		10	Jerome Werlinger	10		12	
	11				11			
	12				12			
	LG		LG		LG		LG	



Make your weekly envelopes disappear! Choose online giving. Give weekly, monthly, or even annually!

Check it out at: www.corpuschristibismarck.com and click on the "**Online Giving Button**" on the home page.



If you have questions call the office at 701-255-4600.

We have a QR Code for your convenience, just scan with your cell phone camera and click on the message link.

*** You can also Text "GIVE" to 701-212-4469!!

Stewardship Opportunity:

We are in need of a **camera operator** who would be willing to run the camera during the 4:00 p.m. and 5:30 p.m. weekend Masses. This would be on a rotating schedule and training would be provided. Please call the office and talk to Tracy Kraft at 701-255-4600.



Light of Christ Catholic Schools is seeking great people for the following positions:

Instructional Aides

Food Service Cooks/Assistants

Custodian

To complete an application, please go to lightofchristschools.org/employment or contact Randy George at 701-425-0793 for more information.



Your stepping stones back into life...



SOS (Sounds of Silence) is a suicide support group which provides compassionate support and grief education with the hope that family members and friends will find guidance on the path of healing. *SOS meets on the 1st and 3rd Tuesday every month at 7:00 p.m. at Parkway Funeral Service, 2330 Tyler Parkway.*

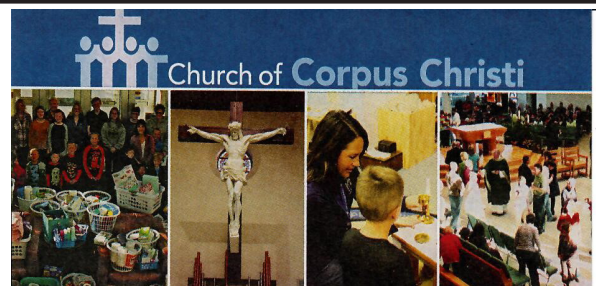


SEA GLASS, a support group for youth and teens. *Sea Glass meets on the 1st and 3rd Tuesday of the month at 7:00 p.m. at Parkway Funeral Service, 2330 Tyler Parkway. (Registration for Sea Glass is required by calling Brenda Bergan at 701-426-1021)*

LOTUS (Looking Onward to Understanding and Serenity) is a group for men, women and young adults who have experienced a death. *This group will meet during the summer on July 27th and August 24th at 1:00 and 7:00 p.m. at Parkway Funeral Service, 2330 Tyler Parkway.*



Corpus Christi supplies each registered family with collection envelopes at a cost of roughly \$1,100 per month to the parish. If you give online or by automatic contributions, and are no longer using your envelopes, please call the office and we can cancel your envelope delivery.



Sunday, Jul 04, 2021

FOURTEENTH SUNDAY IN ORDINARY TIME

Get Jesus right and get right with Jesus

With so many Christian "brands" out there—Catholic and Protestant, evangelical and contemplative, high church or pop church—it's easy to wonder who's got Jesus right. Interpreting his significance is key to the church's mission. Still, Jesus' identity has been debated since his own generation. Mark's gospel, the earliest written, betrays a perceived shadow on Jesus' paternity: He's identified as Mary's son rather than the son of Joseph, as would have been customary. Later gospels replace what was seen at the time as a less-than-honorable reference by calling Jesus the "carpenter's son." The question remains: Is Jesus more than a human sage? Is he Lord of your life?

TODAY'S READINGS: Ezekiel 2:2-5; 2 Corinthians 12:7-10; Mark 6:1-6a (101). *"Is he not the carpenter, the son of Mary, and the brother of James and Joses and Judas and Simon?"*

Monday, Jul 05, 2021

MEMORIAL OF ELIZABETH OF PORTUGAL

Seek the common ground of reconciliation

The world is rife with conflict. Many friends, family, coworkers, and neighbors are at odds over politics, racial strife, and pandemic behavior and vaccines. After all this, it can be hard to ever feel the same way about certain people in our lives. But we're called to be peacemakers nonetheless—and that starts with our personal relationships. Saint Elizabeth of Portugal brokered peace in her family to stop civil war. We've never needed her brand of reconciliation more.

TODAY'S READINGS: Genesis 28:10-22a; Matthew 9:18-26 (383). *"Courage, daughter! Your faith has saved you."*

Tuesday, Jul 06, 2021

MEMORIAL OF MARIA GORETTI, VIRGIN, MARTYR

A mission of mercy

Pope Francis proclaimed an extraordinary Year of Mercy in 2015, but it was one of the Catholic Church's youngest saints—11-year-old Maria Goretti—who took the message abroad. The Pilgrimage of Mercy, featuring Maria's major relics, traveled across the United States that year, attracting multitudes to veneration, prayer, and the sacrament of Reconciliation. Canonized a modern-day "virgin martyr," dying at the hands of a would-be rapist in 1902, this humble Italian girl became "The Little Saint of Great Mercy" for forgiving her murderer upon her deathbed. Who do you need to forgive? Let Maria's example be a reminder of what is possible.

TODAY'S READINGS: Genesis 32:23-33; Matthew 9:32-38 (384). *"His heart was moved with pity for them."*

Wednesday, Jul 07, 2021

Harden not your heart

In 2018, the United States Conference of Catholic Bishops (USCCB) issued a pastoral letter against racism: *Open Wide Our Hearts: The Enduring Call to Love*. In that letter, the bishops remind us that as a nation "we have never sufficiently contended with the impact of racism." In a week when the United States honors the founding principles of this country and that all are created equal, people of faith are called to examine their own

perceptions and practices and do their part to ensure equality for all people. Embrace the bishops' invitation to fight the evil of racism and take time this week to read and reflect on their letter:

Open Wide Our Hearts: The Enduring Call to Love.

TODAY'S READINGS: Genesis 41:55-57; 42:5-7a, 17-24a; Matthew 10:1-7 (385). *"As you go, make this proclamation: 'The Kingdom of heaven is at hand.' "*

Thursday, Jul 08, 2021

Sometimes the miracle is endurance

The gospel for today refers to the amazing powers Jesus conferred upon his followers to cure and revive. But we know many people in Jesus' day and today do not experience a miracle cure but instead must bear a cross. Our faith gives us the wisdom to know how and when to bear suffering when a solution is absent and when to struggle against injustice; both can be paths to God. Indeed, miracles themselves, the church teaches, are not merely wondrous events; they are meant to transform us and bring us closer to God. Which way are you being called right now? To struggle against suffering and injustice? Or to bow to a cross in your life? Over a lifetime, we may be called to both paths.

TODAY'S READINGS: Genesis 44:18-21, 23b-29; 45:1-5; Matthew 10:7-15 (386). *"Cure the sick, raise the dead, cleanse the lepers, drive out demons."*

Friday, Jul 09, 2021

Hang in there

Each of us will be put to the test when it comes to our faith. How we react to tragedy, scorn, injustice, boredom, betrayal, illness, and loss will present moments of truth for us. Will our faith endure? Saint Paul tells the Romans that "tribulation brings about perseverance; and perseverance, proven character; and proven character, hope." Paul knew a thing or two about perseverance. His lengthy missionizing sea journeys covered something on the magnitude of 10,000 miles and many months on often rough seas. When you feel tested, turn to Paul for inspiration. Stay the course!

TODAY'S READINGS: Genesis 46:1-7, 28-30; Matthew 10:16-23 (387). *"Whoever endures to the end will be saved."*

Saturday, Jul 10, 2021

OPTIONAL MEMORIAL OF THE BLESSED VIRGIN MARY

Ever Virgin, ever esteemed

It is ironic but true that the Blessed Virgin Mary is mentioned more times in Islam's Qur'an than in the Christian New Testament. Parts of two chapters of the Qur'an are devoted to Mary. Much like in the gospel of Luke, one chapter tells the story of the events leading up to the birth of Jesus. The other speculates about Mary's family, her parents and siblings, making linguistic parallels to the family of Moses. As in Catholic tradition, Islam considers the Mother of Jesus the greatest of all women of faith. The spiritual influence of the Virgin Mary transcends even religious differences.

TODAY'S READINGS: Genesis 49:29-32; 50:15-26a; Matthew 10:24-33 (388). *"Nothing is concealed that will not be revealed, nor secret that will not be known."*

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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Growing in FAITH™

Discovering **hope** and **joy** in the Catholic faith.

July 2021

Church of Corpus Christi

One Minute Meditations

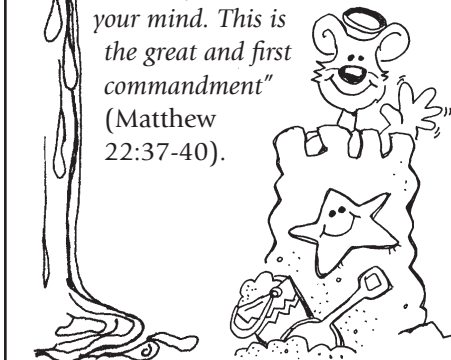
God is the current of life

"Each one of us is merely a small instrument. When you look at the inner workings of electrical things, often you see small and big wires, new and old, cheap and expensive lined up. Until the current passes through them there will be no light. That wire is you and me. The current is God."
Mother Teresa

Saying "no" is not a sin

Saying "no" is hard for many of us. Not wanting to let anyone down, we say "yes" until we are overburdened, frustrated, and unhappy. Remember it is not a sin to say "no." God needs workers, but He wants the willing, joyful kind. Our "yes" should come from a heart enthusiastic about doing His work.

"You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the great and first commandment" (Matthew 22:37-40).



Love one another, especially those who are different

In a time of widening political and cultural divides, it can be easy to lose sight of the dignity of people different from ourselves. Yet, as Catholic Christians, we know that Jesus asks that we see everyone as family.

"Love one another with brotherly affection; outdo one another in showing honor"

(Romans 12:10).

Treat others with kindness, not because they are kind, but because you are. It's easy to be kind to those we love and respect. It's critical to be kind to people we don't like or don't know. Kindness is best offered when nothing is expected in return.

Don't build yourself up by making others look small. No one is impressed

by a bully. Treat all of God's children with honor, love, and respect.

Practice empathy. People's reactions tend to reflect their circumstances.

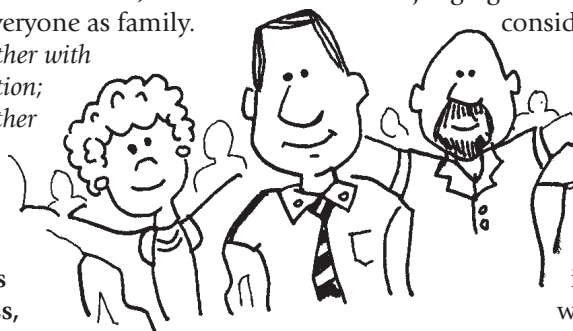
Avoid judging and instead offer the consideration you'd like to receive.

Meet in person instead of online.

Social media makes it easy to stay in touch but it's also the quickest way to damage

relationships. Choose to meet in person when possible. In person or online, we must be wise in the words we use.

Forgive those who have hurt you, help those who need you. Treat all people – including yourself – with love and compassion. When we treat people the way we want to be treated, life will instantly get better.



Why Do Catholics Do That?

Prayer is our response to God's invitation: "Whether we realize it or not, prayer is the encounter of God's thirst with ours. God thirsts that we may thirst for him" (Catechism of the Catholic Church (CCC), #2560).

That encounter is our connection to God, who

Why do Catholics pray?



created us and wants to have a close, personal relationship with us. Our relationship with Him is nurtured and strengthened through prayer - raising our hearts and minds to God ..." (CCC, #2559).

It is through prayer and in prayer that we come to know and love Him best.

Welcome back to Mass!

Now that many dioceses across the country have reinstated the obligation to attend Mass, we once again honor Sunday as a celebration of the living presence of Jesus in the midst of His people.

Meet Him in the flesh. The Eucharist is the body, blood, soul and divinity of Jesus Christ. There is no substitute for taking Him into our bodies to feed our souls.

Receive His protection. Divine love and protection are showered on God's children through the supernatural gift of grace. The



more open we are to it – by actively participating in Mass – the more we enjoy the benefits.

Love Him back. The Third Commandment requires that we designate Sunday as our day to honor God. Mass is the most important way we fulfill our obligation to show gratitude to God. *"If you love me you will keep my commandments"* (John 15:15).

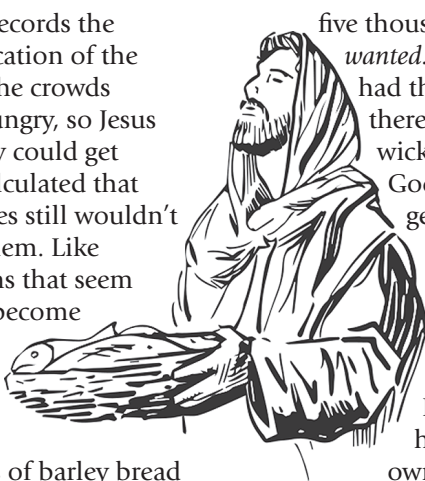
If you are worried about your exposure to disease in church, consult your physician and your pastor for advice on extra protections you can take.

from Scripture

John 6:1-15; Loaves and fishes

This Gospel passage records the miracle of the multiplication of the loaves and the fishes. The crowds following Jesus were hungry, so Jesus asked Philip where they could get enough food. Philip calculated that two hundred days' wages still wouldn't buy enough food for them. Like Philip, we face problems that seem too big for us and can become intimidated.

The Apostle, Andrew, went a step further than Philip; he found the boy with five loaves of barley bread and two fish. The boy, in turn, offered to Jesus what little he brought – all of it. What a surprise when Jesus fed the



five thousand *"as much...as they wanted."* Even after they'd had their fill of bread, there were still twelve wicker baskets left over! God can't be outdone in generosity.

When we are faced with many problems at once, it can be overwhelming. It's easy to react like Philip and give up hope. While on our own, we may not have much to offer, if we offer what we have to God, He can do something amazing with it.

Q What is expected of Catholics?

Every household has basic ground rules: "Be respectful," "Clean up your messes," etc. This way, everybody benefits. Like every family, the Catholic Church has "house rules" as well:

Come home every weekend: "You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor." God wants to see us back in person – often!

Take responsibility: "You shall confess your sins at least once a year." Since we are prone to sin, we're obligated to reconcile with God at least once a year.

Reconnect: "You shall receive the sacrament of the Eucharist at least during the Easter season." In the Eucharist, Jesus nourishes us with his Body and Blood at every Mass!

Practice detachment: "You shall observe the days of fasting and abstinence established by the Church." Fasting helps us free our hearts for God's love.

Help around the house: "You shall help to provide for the needs of the Church." Whether we donate money, time or resources, every little bit helps. (CCC, #2042-2043)

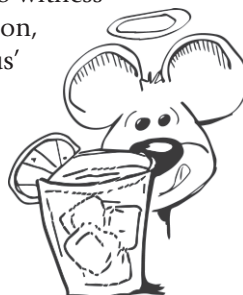
Feasts & Celebrations

July 16 – Our Lady of Mount Carmel (1251). Carmelite tradition holds that Our Lady appeared to St. Simon on Mount Carmel and gave him a scapular. Wearing one has become a popular way to honor the Blessed Mother.

July 22 – St. Mary Magdalene (1st century). Mary Magdalene was the woman from whom Jesus expelled seven demons in St. Luke's gospel (Luke 8:2). She helped to support Jesus' ministry out of her own money and stood by the Cross of Jesus with his mother. Known as the "Apostle to

the Apostles," Mary was the one who first informed the Apostles of Jesus' Resurrection.

July 25 – St. James (1st Century). When Jesus called St. James and his brother, John, to become apostles, they left their father in a fishing boat on the Sea of Galilee. St. James was one of three apostles to witness Jesus' transfiguration, the raising of Jairus' daughter, and the agony in Gethsemane. St. James was the first of the apostles to be martyred.



Our Mission

To provide practical ideas that promote faithful Catholic living.

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